

Class Synopses of the Living Light Philosophy

The spiritual teachings of the Living Light Philosophy were given through the mediumship of the spiritual teacher who founded the Serenity Association, Mr. Richard P. Goodwin. Those spiritual awareness classes were transcribed, word for word, and published in the many volumes of *The Living Light Dialogue*. This document contains the synopses for those spiritual teachings.

Class synopses are organized by volume, and the volumes are presented sequentially. As of January 2023, eighteen volumes of spiritual teachings have been published. If you are interested in the synopses of a particular volume, it will be necessary to use the navigation bar to move in this document to the correct volume. The volume number is located in the page header. Using the page header and the class number or name, users will be able to quickly locate any synopsis. (The search function available via Internet Archive is limited to the page that is displayed; so, it is not particularly useful in a larger document.)

For those who are new to these teachings, it may be helpful to have some information regarding these classes.

The Consciousness Classes (CC-1 through CC-246) were given to students of the Living Light Philosophy who enrolled in those classes and are published in Volumes 1 through 8.

The Church Lectures series of classes (CL-1 through CL-101) as well as the Church Questions and Answers (CQA-1 through CQA-57) were given to the congregation of the Serenity Spiritualist Church as part of its devotional services and are published in Volumes 9 through 11.

The A/V Seminars were given to a small group of students and are published in Volumes 12 and 13. A/V Special Seminar was not part of a series of classes. The use of the word *special* in a class title may indicate that the class is not part of a series of classes, was held on an atypical day, or it may refer to the subject matter discussed. A/V Seminar 1 and 2 were also not part of a series of classes. Once a year the American Legion used the log cabin where Serenity Spiritualist Church held services. Initially, on those Sundays, church services were moved from the morning to the evening. But later, services were held at the Serenity temple. So, A/V Seminar 1 and 2 are the classes that were given when the log cabin was unavailable. A/V Seminar 3 is the first of the Thursday evening classes that were held intermittently, but often once a month. This series of spiritual teachings include classes that were given to the public and classes that were given only to a small group of students.

The A/V Class Private series were given at the Serenity temple to a group of about twelve students and are published in Volumes 14 through 17. As the name suggests, these classes were private at the time they were given and were not to be discussed with anyone who was not present in class. These are more advanced spiritual teachings and it may benefit the student to have some understanding of the previously published teachings prior to studying these volumes. Before he passed on to the higher life, Mr. Goodwin made it clear that all teachings, even the private teachings, were to be published after his passing.

Volume 18 includes the annual world forecasts as well as thirty-nine individual spiritual awareness classes. The forecasts were typically given late in December and revealed the events and trends of the upcoming year. The earliest forecasts were not recorded and cannot be published. The individual classes cover a very wide range of topics. In addition, because these are individual classes, the tone of the different classes is often very disparate: some are very formal; others, quite informal. Some were given to the public; some were given to a small group of dedicated students. Several of the classes have not been available in any form since the day they were given. One class is an example of what is known, in Spiritualism, as rescue work, during which a person who has passed on and is trapped in the lower realms is permitted to express through the medium in order to be helped.

The Living Light Dialogue, Volume 1 includes transcriptions for the Discourses and the Seminars, as well as Consciousness Classes 1 through 21, that is CC-1 through CC-21, and those synopses follow. (Although the Discourses and Seminars were the earliest spiritual teachings given, synopses for those classes are not yet available.)

CC-1

The spiritual teacher offers: An explanation of peace and the importance of concentrating upon it; the effect of thought or directed energy as related to the process of visualization in touching or feeling en rapport with a person or thing; individual responsibility to the soul and to the Divine; states of consciousness and how we reach so-called “heaven,” with mention of the elementals and astral realms; spirit guides; prayer and the Law of Protection and faith; definition of clairvoyance, clairsaudience, and clairsentience and the purpose of the “fountain” and “ocean” exercises; discussion of belief, faith, truth, God as power and Divine Love as energy; how the spirit body is built through the awakening of the soul faculties with emphasis on unfolding tolerance and understanding.

CC-2

The spiritual teacher offers: A discussion of the meaning of numbers and colors; how energy is directed through the soul faculties and the counterbalancing sense functions with particular emphasis on understanding duty, gratitude, tolerance, faith, poise, humility and reason; an explanation of the difference between soul and spirit, “thy” will and “my” will, to think and to look, principle and personality, brain and mind; also, a discussion about confusion, silence, void, love, life, and light.

CC-3

The spiritual teacher offers: The meaning of gratitude; the nature of attachment; the soul faculty of aspiration; capital punishment viewed spiritually; numbers and their practical application; light or spiritual understanding and growth with an explanation of the Law of What Can Be Borne; meditation, prayer, and dreams; the art of giving described as the Law of Living; the merit system in relation to spiritual gifts and talents; description of individualized soul as found in all of nature; incarnations and the eternal moment of now.

CC-4

The spiritual teacher offers: Importance of organizing meditation in a systematized way, time, place, and length; explanation of the relationship between the Law of Adversity and the Law of Beginning or Attachment; the difference between

attachment and indifference; working through adversities; the infinite universal cycle of constant evolution; levels of awareness, spheres, and planes and the soul's evolution; discussion of the conscious, subconscious, and superconscious minds; selfless service and attaining peace; learning spiritual discernment; difference between the Law of Opulence and delusions of grandeur; how to release the pent-up energy of desire.

CC-5

The spiritual teacher offers: Understanding of credulity and suspicion as the balancing points of logic and their relationship to anger and resentment; the manifestation of peace and the spirit of spontaneity; discussion of the faculties of duty, gratitude, and tolerance and the functions of self, pity, and friendship; triune and inseparable quality of faculties and functions; balancing the faculties with the functions; neutrality as the Law of Love in operation; the Law of Cause and Effect using the Law of Stealing as an example; the concept of the neutrality of God and its effect upon religions; astrology and the Age of Aquarius; Law of Disassociation and clairaudience—directing energy to ears to improve hearing; refining our attachments.

CC-6

The spiritual teacher offers: The three types of thoughts—magnetic, electric, and neutral; how the soul sets laws into motion to guarantee the experiences necessary for its own unfoldment; concentrating during meditation; imagination and the Creative Principle; states of consciousness with an explanation of the second state of slave; advisability of meditating in a sitting position; fear, faith, and understanding; discussion upon neutrality of God and the Creative Principle and whatever happens to us is caused by us; “testing” and the Law of Personal Responsibility.

CC-7

The spiritual teacher offers: Explanation of how names and titles are outgrown in other dimensions; understanding of the statement “Won’t you learn to be the observer and not the observed?”; discussion of the parable in Discourse 45 of *The Living Light*, “If a man is born without feet, etc.”; comment upon “fountain” exercise; protecting self from the emotional realm; bringing balance between the soul faculties and the sense functions; spiritualizing the sense functions; suspicion; comparison between logic and reason; balancing self-preservation with selflessness; mantra; part of anatomy through which soul leaves at transition; location of the air center; relationship of disease and part of anatomy affected by being out of harmony, using resentment and

forgiveness as examples; reason as a key to meditation; progression of the form; relationship of awareness and duality to form; explanation of “I am Spirit, formless and free; Whatever I think, that will I be”; why reaching one’s goal is contrary to progression.

CC-8

The spiritual teacher offers: Introductory remarks regarding change, progression, and success; the missing link between the two-legged and four-legged animal and the difference in their experiencing free will; suggestion for learning to visualize; visualizing wisdom; difference in reaction to being emotionally high and experiencing a spiritual fullness; how discussion of spiritual matters on a mental level depletes us; soul; explanation of eternal progression of the form; faith as the bridge between dimensions; the “fountain” exercise reveals level of awareness; discussion about truth; elaboration of the terms, electrical, magnetic, odic, energy, force, and power; are those from other dimensions attracted to spiritual classes given here; application of spiritual teachings is a must for spiritual enfoldment; Law of Disassociation and how to practice it; difference between wisdom and knowledge; explanation that many do not need spiritual teachings because they are already applying them; all forms are limited; all form is illusion; severing sanguinary ties; where does thought come from; attachment to thought; difference between faith and belief; cosmic consciousness.

CC-9

The spiritual teacher offers: Laws governing health, wealth, and happiness; Allsoul and individuality; clarification about the spheres and planes and levels of awareness as well as a comparison with other universes; explanation of the solar plexus as the main circuit system and how this affects mediumship; spiritual discernment, spiritual responsibility, and the Law of Merit; growing out of personality and into principle; Spiritualism and the Bible; the purpose of the ego; educating ego to work in principle and accomplish soul’s purpose in life; the size of ego and the soul’s merit system; racial differences; awakening the spirit within; rejuvenation of the vital body; why some people are confused at time of transition; meaning of “thy will” and the fact people have only 10 percent chance of changing; validity of 72-hour waiting period after transition for embalming, cremation, etc.; paganism of funerals; Law of Merit governs incarnation; setting laws into motion to make changes in self; relationship of law set into motion to level of awareness; giving energy to problems in the psychiatric treatment process; choosing wisely one’s associates; how to test the spirit; the purpose of trance mediumship.

CC-10

The spiritual teacher offers: Harmony, rhythm, and unity; health, wealth, and happiness; balancing the soul faculties with the sense functions—considering value; discussion of evolutionary incarnation; explanation for glimpses of so-called past lives; the eternal now; attachments; belief and faith in becoming receptive to the Divine Power; explanation of the mental being; comment about planets; why the aging process takes place; the thought process; motive for service indicates level of awareness; garnering up spiritual substance to build a spiritual body and how few accomplish this prior to transition from the earth plane; aspiration and inspiration in serving the Divine; the teaching of the neutrality of God and its implications for liberty or license; the power of prayer and our guides and teachers acting as ministering angels of a neutral God; incarnation of animals; exercise to truly look at self and gain awareness.

CC-11

These spiritual teachings include: The purpose and direction of the evolutionary path of soul incarnation, including a discussion on the Law of Merit and Allsoul; commentary upon the teaching that whatever happens to us is caused by us; clarification of the terms plane and sphere; the Law of Expansion and Contraction with respect to population on the planets; the relationship of sound and color to vibrations; how to spiritualize one's thinking through awareness; perceiving truth; the wisdom of patience; soul consciousness or clairsentience.

CC-12

These spiritual teachings include: Several statements contained in Discourse 2 of *The Living Light* are explained in terms of the Law of Cause and Effect, the Law of Personal Responsibility, the expression of duality; the astral, mental, and spiritual realms and our bodies of expression related to them; the connection between desire and sadness; other discussions include the Law of Attraction or desire and the Law of Attachment; self-pity and the Law of Attachment; balance as an expression of Divine neutrality; Divine Wisdom; expectations of another versus expectations from the Divine; a definition of memory par excellence and how it works cooperatively with the conscience in the Law of Fulfillment; joy defined as fulfillment; the process of setting laws into motion and how they are directed to either freedom or limitation; the transgression of the Law of Commitment; an expression of the cause of causes with a statement as to how the soul perceives and the mind conceives; evolutionary incarnation; becoming aware of past incarnations and lessons to learn now; exercise given to become aware of one's plane of consciousness and sphere of action; clarification of the soul faculty of duty, gratitude, and tolerance; insight into the

statement, “Think, my children, and think more deeply”; an understanding of soul mates and an explanation of the cause of senility.

CC-13

These spiritual teachings include: Introductory remarks about demonstrating the Law of Continuity and our responsibility to the laws that we have set into motion; comment upon meditation; explanation of why going into the unconscious trance was difficult for Mr. Goodwin for the first few discourses in *The Living Light*; understanding of “patience’s pain” and its relationship to desire; experiencing fear when attachments are threatened; false or created security versus eternal security; programmed desires; the “need” cycle or demands of the uneducated ego; discussion of giving stemming from statement “God bless you in accordance to the law”; explanation of memory par excellence (akashic records) as a soul faculty and how its awakening permits the viewing of the eternal journey of the soul; difference between race mind and mass mind; the spoken word as life-giving energy and thought forms or elementals; nature spirits; what is there in nature that brings us closer to God; discussion that everything exists inside of us first before we know it outside; life is a mirror; by what laws does prophecy work; spiritual and magnetic healing and how spirit doctors work through the channel; difference between neutrality and indifference; is man the highest form expressing in all the universes; discussion about euthanasia and prolonging life; expansion of the Law of Identity; awareness and its relationship to selfless thoughts; sustaining a spiritual body and overidentification with the present; neutralizing a law set into motion.

CC-14

These spiritual teachings include: Discussion that peace is the power; “predestination” and 10 percent free will; reason versus self-preservation; tolerance and freeing self from adversities; elaboration upon statement that “whatever happens to us is caused by us”; definition of conscience; discussion of logic, reason, and peace; releasing to the Divine and how this relates to the art of giving; why parables are used; comment upon “truth needs no defense,” freedom is perfect control and “if the light is too bright”; discussion of suicide in relation to both the Law of Merit and self-preservation as a divine right and motive for suicide prevention; awakening the mind to the spirit and an exercise to educate the ego; comment upon intuition and suppressed desire; explanation as to why unsolicited help is ever to no avail; how to exercise discrimination and avoid scattering energy; receptivity to the spirit of art media gained through recognition that one is only a channel; spirit guides and teachers; meaning of the colors brick red, turquoise, and silver; meaning of parable in Discourse 5 of *The Living Light*, “As the frog croaked and the wolf howled, etc.”;

love all life and know the light; cosmic consciousness; statement that all questions are personal and answers are given from the level of principle; explanation of angels “above” us; a discussion on electrical and magnetic thoughts.

CC-15

These spiritual teachings include: Soul faculty of giving and where represented in the human anatomy; soul faculties of peace, poise, power, patience, perseverance, and promise; learning to practice and demonstrate disassociation; balancing the electric and magnetic vibratory waves to express from the odic; explanation as to the difference between magnetic and vibratory waves; importance of using both the electric and magnetic in concentrating; educating the ego; comparison of the exercise in Discourse 6 to visualize a cloud with “reflections from within”; an understanding about the power we have over this moment; discussion about conscious, subconscious, and the mass minds; trance; how to reprogram the subconscious mind; talking to the other person inside of us; the purpose of dreams; why all forms dream; exercise to become consciously aware of our dreams; why dream analysis is not beneficial to soul’s awakening; why we remember some dreams and not others; explanation of why imagination is the doorway to the world of spirit; exercise of “why this and why now” given to understand our experiences; explanation that all form is the effect of image and that the gift of the self is the gift of the image; did Jesus give the gift of himself and other discussions on Jesus; discussion about expressing 10 percent free will; definition of sacrifice; the purpose of acupuncture; how superstition affects the acceptance of spiritual healing; concept of time in other dimensions; the meaning of “For what the mind may know today, the heart shall close and know not tomorrow.”

CC-16

These spiritual teachings include: Soul level—patience, peace, individuality, principle; mind level—perseverance, poise, personality, detachment; body level—promise, power, materiality, acceptance; explanation that in us the superconscious flows through the soul level; also given, the levels through which duty, gratitude, and tolerance flow; comments upon the properties of soul faculties; math is the key to the universes; Law of Expression; concentrating upon perception; the astral body; animals and how the Law of Progression applies; explanation of Divine Grace or spiritual bank accounts; the eternal moment of now, over which we have power; how difficulties relate to lessons not passed at another time; comment upon the parable in Discourse 7 in *The Living Light*, “For as the moon sets, etc.”; distinction between “I” of the eternal spirit and the “me” of the form; discussion of parable in Discourse 5 of *The Living Light*; directing energy into either fear or faith and how to talk to the subconscious and reprogram fear thoughts so one will not give power to them and be

controlled by them; comment on first statement of the Total Consideration Affirmation, as a declaration of truth that nothing outside has power over us; discussion regarding one cannot give without gaining and one cannot gain without giving; conscious choice and how the progress of another can be held back by permitting the magnetic powers to be drawn and depleted; balancing self through awareness; drugs and lack of conscious control; what is fate; do we have soul talents; difference between will, free choice, and controlled choice; will as the motivator in the Creative Principle; if the spiritual, mental and physical are not balanced, one experiences a loss in the dimension in which he is not expressing; there is no beginning or ending to the universe; concept of man as a miniature universe; discussions on “thy” will, Divine Order, Divine Grace, Divine Time or Priority and Divine Wisdom; definition of desire; comment upon vegetarianism versus eating meat and food prepared through violence.

CC-17

These spiritual teachings include: Students express as to what they have gained from the Spiritual Awareness classes; short lecture upon awareness of only one light in life; it is the nature of the form to ever strive but in order to be free, one must accept that one will never have it all no matter what the effort; elaboration about Plane of Ozone and its importance as a plane of expression prior to soul’s incarnation into the physical form—preview of incarnation; difference between Divine Love and cooperation; discussion as to how the sense of feeling precedes the thought of mind; ruts of the mind and what controls us; understanding that soul’s awakening is dependent upon its individualized merit system and awakens on different planes of consciousness; how the mind resents and tries to reject its own struggle of awakening; distinction between soul and spirit; how intuition is sensed and how it flows through the faculty of reason; why reality cannot be defined; the importance of the faculty of tolerance; “fountain” exercise and the importance of choosing light green in which to visualize it; thought forms; faculty of serenity; symphony of the spheres; the need to open to the soul faculty of humility, as it is the inability to control self that disturbs us.

CC-18

These spiritual teachings include: Understanding about the function of jealousy, envy, and greed—the recognition within one’s being of unfulfilled desire and how to handle another’s expression of it; explanation as to why truth needs no defense; truth likened to a river, the importance of flowing with it to find freedom; using aspiration and desire to break out of mental prison and flow again should mind compute it “has it”; how understanding will change from level to level as perception expands;

understanding that personality is expressed through the mental body and individuality through the soul; discussion as to why it is a releasing of feelings to the Divine that frees us, not a denial or annihilation of expression; learning how to release, give, and express gratitude to the Divine; bringing the conscious and subconscious into balance through kindness; the bridge between the electric and the magnetic; discussion about which minds create thought forms; definition of brain and its relationship to the minds; explanation of Law of What Can Be Borne; simplicity and complexity; intellect and intelligence; clarification of statement in Discourse 10 of *The Living Light* that “over-activity of the mental body causes a very strong pressure,” and how to free self through service and why similar condition does not occur in spiritual body; serving selflessly as gratitude to the Divine; clairsentience and testing the spirit; definition of psychic realm and importance of awakening the spirit rather than seeking phenomena; interdimensional communication and communicant’s giving a communication and not lingering and being pulled into level of recipient; how to distinguish between impression from spirit and from subconscious.

CC-19

These spiritual teachings include: Introductory remarks cover resentment to making necessary changes to free ourselves; all experience is inside of us; encouragement gained through faith; pulling the good of experiences into our lives; giving away your divinity; Divine Love is the energy that sustains all things; students drop out of class when no longer receptive to the Divine flow; when you prepare, you limit it to your preparation and stop telling God the way anything is to come; students’ questions about Ladder of Progress and Law of What Can Be Borne; comment upon levels of awareness; Divine lifeline—how one rises to higher states of consciousness through the direction of will to the Divine; directing Divine Love; Total Consideration and the expression of reason and freedom; the function of the subconscious—becoming consciously aware of its levels—reflections from within—the goals of reprogramming it; seek first God or an illumination of the levels of mind will not be possible; the astral body and the astral shell; memory par excellence; discussion about the function of attachment, progressive pattern of the mind in expressing attachment—expanding consciousness to attaching to the soul faculties and then to the Divine; explanation that sense functions are protection and soul faculties are expression; understanding that whatever you need exists in your thought and that he who experiences need experiences limitation and constant unfulfilled desire; the motive of one’s question reveals the level of awareness upon which one is expressing; learning to question the familiar; discussion regarding the balance point of the 10 percent free will and at what point receptivity occurs; directing energy to that which you wish to become, so it will manifest through the Law of Faith; discussing spiritual classwork in a social setting; explanation of why unsolicited help is to no avail.

CC-20

These spiritual teachings include: Introductory remarks: the repetition of the lessons of life; changing the habit patterns of thought; exercising patience to attain what we desire; the difficulty in expressing patience because of the ego; removing thought from the limitation of the mind and releasing it to a Divine Intelligence in order to fulfill one's desire. Student questions: meaning of "invisible" powers; discussion upon the meaning and the expression of subjectivity and objectivity rising above action and reaction, out of the duality of creation, to the principle of truth; comment upon fact that without discipline, there is no principle; discussion about ego—ego in relation to the Divine Spirit or Power that is driving and expanding itself in its expression in all forms, bringing this drive or energy into balance through the faculty of reason and by broadening our horizons; how ego expands out of proportion when the drive is narrowed to self-related experiences and results in mental imbalance; education of the ego or contraction of the expression of personality in order that principle may expand to find the Divine Light of the Spirit; the importance of seeing a horizon while yet in form and why a horizon is not limitation; the meaning of The Living Light; conversing with the superconscious by bringing the conscious and subconscious minds into balance; the many levels of the subconscious awareness—area where experiences of present incarnation are recorded, race consciousness, solar consciousness, universal consciousness, etc.; meaning of "there is nothing new under the sun"; flight of the astral and mental bodies and how through daily effort if man seeks the kingdom of God within, he will find the many mansions or have conscious awareness of the bodies through which the soul is expressing; definition of memory par excellence; an explanation of "giving"; service as the way to release energy more into principle and less into personality; understanding that Divine Intelligence requires form to express itself, for without form there is no awareness; the spoken word as an expression of form; how one grows through thought forms when there is no longer an attachment to them; the fact that all people when making their transition experience their creations; explanation of "progression shall cleanse the path"; understanding of why conscience expresses itself so differently in people; discussion upon fact that individuals themselves dictate their own moral responsibility and how this relates to the individual's merit system in incarnating into a particular society with certain moral standards; the Law of Identity and how it brings us energy; everything is relative except the divine void; truth is taught through indirection, demonstration, and example—although lesson may be repeated in different ways, the principle is ever the same.

CC-21

These spiritual teachings include: Discussion about subject of feeling being in one dimension and thought being in another dimension; exercise on choice to see how the minds—conscious, subconscious, and superconscious—work through the Laws of

Association; mathematical and spiritual connection to each word; discussion of the relationship between will, intellect, and feeling; what the human intellect is, why it is an expression of our spirit in this dimension but also why it is not designed to express truth; how we lose awareness when we try to put the spiritual into the human intellect, where duality exists; how the spirit knows but the intellect questions and doubts; why it is wise during unfoldment to silently have spiritual experiences; comment upon fact that each individual's path is not identically the same as another's path; clarification as to the soul faculty of intelligence and the human intellect; how the merit system affects IQ; the science of Spiritualism as serving the purpose of going beyond barrier of the mental; discussion of mental retardation and the reversal of this limitation in terms of the soul's merit system; the difference between mind and brain; the definition of indecision; discussion of the vital body and its reactor or vibration mind—part it plays in relation to stimuli, health, revitalization, and healing.

The Living Light Dialogue, Volume 2 includes transcriptions for the Consciousness Classes 22 through 44, or CC-22 through CC-44, and their synopses follow.

CC-22

Discussion of the statement from *The Living Light*, “As the Light can never shine without its so-called opposite of darkness, which is only light in lesser degree”; that which seems to be destructive is not under the control and the discipline of reason; importance of putting heart, soul, and faith into prayer; clarification of meaning of statements from Discourse 40 in *The Living Light*, “Continue on with the raising of your vibration,” and “We are working each day in every way to remove from your lives the obstacles on the path”; keeping eyes single—directing energy to what you want to become and never wavering; dual decision or indecision; the practice of disassociation; how to share with another soul the Divine peace that you are experiencing; concentration, visualization, and releasing an image; difference between intuition and premonition; difference between conscious awareness and the principle of intuitive knowing or awareness; how meditation and spiritual discipline will increase awareness of intuition; meaning of spiritual discipline in organizing one’s being, to meditate and to make constant effort and become consciously aware of the source of one’s thoughts; discussion upon the levels of consciousness; spiritual healing—what is the healing energy, how is it concentrated by healer and spirit doctor; why some people are more receptive than others; part that faith plays in healer’s being receptive to the healing power; how disturbance dissipates this energy; how there is a harmonious flow throughout entire body when subconscious is peaceful; colors emanated by the various parts of the body; comments about cancer; how disease may be related to need for attention; directing energy away from illness; the application of these principles of healing and health to animals and other forms; the Law of Responsibility—to whom and for what are we responsible; how present day psychiatry differs from Serenity’s approach in directing energy to a review of emotional traumas and Serenity’s method of reprogramming tapes of the subconscious in both human and animal; how to meditate; the danger of placing mental energies on the kundalini and how to raise it without negative experiences; discussion of self-confidence and over-confidence; how to release to the Divine to bring about what is right for us; discussion regarding how to change where you are; final comments upon the fact we are here to live and enjoy this life.

CC-23

Concentrating upon peace during meditation; discussion of solar plexus; explanation of evolutionary incarnation; relationship between effect in the body and

a state of consciousness that exists in the mind, using a sore elbow and conscience, stubbing the toe and indecision as examples; negligence and accidents; discussion of man as a law unto himself; expansion upon the understanding that kindness is the bridge between electrical and magnetic fields; comparison of Law of Karma, reincarnation and Divine Grace with the teachings of Serenity; comment upon the Law of Contradiction and how it guides the soul to the realms of confusion; attention-getting devices; the function or purpose of the conscious, subconscious and superconscious minds; conception—the Law of Merit, and soul's preview of experiences prior to incarnation; suicide and free will; definition of words “study” and “investigation”; clarification of word “growth”; comment that each cell has a mind; evolution of the form; understanding of forgiveness; capital punishment; emotional reactions of a plant to pruning.

CC-24

Comment about a statement in Discourse 56 of *The Living Light*, “He who does what is to be done without thought or interest in results, is ever free to do the work of the Divine”; response to question, “Is there a time in our meditation when we reach a state of perfect balance?”; understanding of the difference between concern and consideration; relationship between understanding, consideration, and awareness; definition of instinct (energy) and its expression in both man and animal with a discussion of suppressed desires; conscious awareness during passing to the hereafter; awakening the light within us; is there a hierarchy that sends us to serve from the realms of Light; kundalini; how the form limits the expression of the soul faculties in children and handicapped persons; discussion of disease in relation to attitude of mind and unreleased energy from suppressed desires; overabundance of energy in some people; thoughts and attitudes of mind form and deform the astral body; rescue work; what parents can do to help their children in their spiritual unfoldment; the difference between a psychic and a medium; the nine minds and forms; an understanding of the Divine merit system; expanding tolerance; medical doctors work on bodily effect while a student should be working upon the cause; principle of healing in reference to the Law of Solicitation—motive for help; discussion of rocks - the nature of their soul; the responsibility of humans to help the lower forms of the kingdom in their evolution; the Law of Merit with respect to the Law of Descent and Ascent; the soul's experiences; the importance of understanding the levels of the subconscious to gain truth and freedom—becoming aware of one's thoughts and feelings in order to control what tape is playing; a discussion of hypnosis and self-hypnosis in altering the tapes of the subconscious.

CC-25

Comments about concentrating upon peace during meditation; how to gauge the depth of one's understanding in any area with examples of criticism, tolerance, and

understanding; how to tell where we are spiritually; prenatal influences upon a child; explanation that the Divine Intelligence which flows through the soul, sustains the form that the soul creates; how faculty of tolerance corresponds to function of friendship; how vibrations are created; comment about the nine bodies; when the soul and the other bodies leave the physical body at transition; discussion upon the deposition of the physical body; what happens when parts of the physical body are donated for transplant; identifying self with peace; evolution of the physical form; explanation of how to send absent healing to those on earth and the other side of life; hunting and killing animals for sport—the killer instinct; human sports—wrestling and boxing; perceiving auras; self-preservation as the basic instinct in both animals and man; self-preservation and ego; faith, and awareness; principles involved in Divine Abundance Affirmation; understanding cruelty to animals and prevention and the responsibility of man in the evolution of the animal's soul; waste and how an adversity of the mind created by the mind attracts the experience; definition of marriage—does it and can it serve a spiritual purpose?

CC-26

Concentration upon peace during meditation; affirmations; questioning about levels of confirmation or information; does the soul have awareness of its next form and how the mind blocks awareness of the soul; discussion upon judgment, forgiveness, and awareness; visualization and the Law of Supply; prayer as aspiration and affirmation; Spiritualism, its science, religion, and philosophy; intuition; is conscience affected by our values; addiction to tapes in the subconscious; The Lord's Prayer; true duty or fabrication of mind; paraphernalia, psychic experiences, and communing with God; unsolicited healing - motivation and desire for seeking healing for another or sharing spiritual understanding; the relationship of a white aura to healing; sensing odors and colors during healing; color emanations of the planets; how perception of color varies according to levels of consciousness; color and the senses; compassion and interference; soul faculties and sense functions with respect to animals; the hereafter and awareness of our motives.

CC-27

Application of the laws and disciplining the mind to control self and free the soul; explanation of Total Consideration Affirmation; direction of will to change state of consciousness; understanding regarding the faculty of awareness, attention, and appreciation; levels of awareness; how reason and consideration reveal the cause of our experiences; taking stock of desires in order to contact the faculty of reason; meaning of power; attachment to and spiritual rapport with loved ones in the here and hereafter; discussion of sense of lack and its relationship to attachment; pros-

perity and the Divine Flow Affirmation; directing energy to and away from concern; releasing to the Divine; humility; gratitude, the Law of Harmony.

CC-28

Remarks about concentrating upon peace; understanding oneself and freeing the soul; destiny and the eternal now; letting go in order to gain; viewing the soul; the aging process of the physical body; reproduction and the cyclic pattern of creation; destiny, the battle between creation and truth; what affects one mind affects all minds—universal mind; understanding principle and how to apply it; clarification of electrical, magnetic, and odic fields, refinement or transformation of the form; how desire can become grounded.

CC-29

A special class about the Creative Principle, in which directions are given for drawing a diagram which is traced, point by point, to clarify the student's understanding of the steps included in the principle of creation. This is followed by further discussion on the various points.

CC-30

A review of Class CC-29 and the Creative Principle; an in-depth discussion of how the mind works, using success as an example of how the Creative Principle may be applied; also, an in-depth discussion as to the reason why peace is the power.

CC-31

Discussion about belief, the meaning of the word and its interrelationship with skepticism, suspicion, value, and Acceptance, the Divine Will; how our beliefs reveal the experiences we encounter; the pitfall of being concerned about effect; a definition of loneliness; how serving fulfills the soul; self-awareness and freedom; continuity of desire and its dependence upon recognition; the origin of personality; the beginning of form and its relationship to belief and faith; why tolerance precedes acceptance and motive; importance of putting attention upon what one wants to become; finding and recognizing our individual purpose in life; discussion of how all things respond to God's love; why some children are geniuses; how ego affects our communication with babies and animals; the experience of solitary confinement; the lunatic fringe; reneging on a spiritual commitment.

CC-32

Opening class remarks center around the importance of becoming aware of our thoughts and feelings and facing our frailties in order to free ourselves in both the here and the hereafter; the difference between aspire and desire; patience and gratitude in relation to destiny; student questions concern the Laws of Continuity and Commitment as they affect personal responsibility for one's creations; how these creations govern conditions of incarnations; Law of Creation; imperfection in form; the illusion of time consciousness; an explanation of the Law of Harmony as being faith, poise, and humility; a discussion of the soul faculty of organization; broken promises; how to affect cyclic rhythms; recognizing that God is the true source of supply; a discussion of marriage; coming into rapport with vibrations in the atmosphere and how to change one's receptivity to them.

CC-33

Introductory remarks present a summary of many of the basic teachings of The Living Light; instructions about meditating upon peace; an expression about the understanding of God; lengthy discussion upon the great importance of seeking first the Kingdom of God, so that whatever is necessary for the unfoldment of one's soul will be added unto one, rather than seeking the science of communication in and of itself; understanding is given as to the purpose of soul expansion: Discussion of universal laws, laws governing consciousness, and created or limited laws; the creative principle of the mind and the necessity to exert mental-spiritual discipline to go beyond the limits of the mind to find truth itself; exercise regarding the importance of thinking before we speak in order to become aware of the scale of expression upon which the word vibrates; an explanation of the purpose of comets; discussion of how addiction to emotional levels, alcohol, and drugs affects one's spiritual growth and how to change habit patterns; vehicles of the form used for expression of the Divine and color of soul; developing conscious awareness of the feeling accompanying the spoken word; creating opportunities to gain attention.

CC-34

The purpose of an affirmation as setting the Law of the Self into harmony with natural law; the Total Consideration Affirmation as an expression of the superconscious; practicing the Law of Disassociation; the Law of Harmony; the understanding of courage and its relationship to patience and faith; illumination and reincarnation of so-called savior Gods; the difference between reincarnation and evolutionary incarnation; cosmic consciousness; the Healing Prayer of the National

Spiritualist Association of Churches; spiritual healing; love as an expression of Divine energy; the soul in relation to addiction; apology explained with comment about forgiveness; the Law of Evolution; discussion of joy and bliss; an understanding of the laws involved in an experience where one is being drained of energy by another.

CC-35

Introductory comments regarding the obstructions to good communication with others; the direction the soul takes in its evolutionary process through forms; a discussion upon opening one's spiritual vision; how to change one's aura to the purity of white; selfless service; an explanation of how the soul is responsible for all its thoughts, acts, and activities; definition of the soul faculty of strength; how to discern whether one is being impressed by spirit guides, astral entities, or expressing suppressed desires of the subconscious; the importance of associating with spiritually-minded people when one is seeking awareness of oneself; how to become aware of one's suppressed desires; the reason for the cyclic recurrence of a situation or problem; discussion of love as Divine energy and its many channels of expression; an explanation of how the consciousness descends into a level of self through uncontrollable desire and how one can rise to a higher level of consciousness; a clarification of the statement, "Divine Wisdom in action is spirit," and the colors of its vibration; affirmation to raise one's level of consciousness; recognizing ambivalent feelings as a part of the animal form through which the soul is expressing and how to bring about a balance.

CC-36

Comment about total consideration; discussion of energy and tiredness as related to levels of consciousness and developing awareness of those levels; definition of reasonable control and self-control; clarification of the Law that Like Attracts Like and becomes the Law of Attachment and that opposite poles attract the opposite in creation; instruction as to how to meditate and remove the obstructions to still the mind during meditation; interpretation of the soul's review of previous incarnation and preview of the lessons to be learned in the next incarnation; discussion of awareness and understanding as it relates to the soul faculty of duty, gratitude, and tolerance; also, covered in this class are the topics of evolutionary incarnation; astral and spiritual vehicles of expression, the influence of the mass mind; matrimony and spiritual awakening; the giving up of attachments in order to make spiritual gains.

CC-37

Expansion of the teaching in Discourse 44 that God is a Divine neutral power which neutralizes or perfectly balances anything and everything that comes in

contact with it and the value and benefit of attaining peace or perfect balance periodically throughout the day; explanation of biblical quotations of “many are called and few are chosen,” and “the sins or the errors of the parents shall be invested unto the third generation”; understanding of the soul faculties and the sense functions with the particular examples of duty, gratitude, and tolerance; reason, continuity, and greed and also an exercise to determine the extent of one’s gratitude; the meaning of selfless service and using service as a device; discussion of the illness of a child as being a reflection or effect of parents’ imbalance and how to help; the difference between the thinking process and the soul faculty of reason; discussion of the teaching that what we entertain in thought, we experience in life and how we give power to others; preparing for the here and now, not only on the physical plane but also in the astral, mental, vital, and spiritual worlds by facing ourselves, our thought and feeling forms.

CC-38

Remarks concerning facing oneself objectively and making the effort to grow in order to fulfill the purpose of the soul’s incarnation; much discussion upon the meaning, great importance, and various aspects of selfless service as the path to finding the God within—God as the greatest servant of all, examination of true motivation for doing service, joy in effort and not in recognition, and an awareness exercise to determine whether our thoughts and acts are selflessly or selfishly oriented; how to tell what work is right for a particular individual; the golden rule discussed in terms of levels of consciousness; organization and how it affects our lives; the meaning of spirituality; the relationship between individuality and personality; expressing through the soul faculties of duty, gratitude, and tolerance; understanding that thoughts of lack and limitation are a denial of our own divinity; expressing principle versus personality and how to stay in principle through receptivity to the Divine intelligence when acting as a channel to help another to help himself; explanation of the Divine flow as working through the principle of givingness; using a magnetic principle and calling upon spirit guides to rise to another level of consciousness; the relationship of attitudes of mind to parts of the anatomy and the electromagnetic field with example of how shoulder ache is related to not understanding or expressing courage; how to become aware that one is in a level of intellect when discussing things of a spiritual nature; how fear from the subconscious level discourages one from following through on an inner feeling to take a particular action.

CC-39

Commentary upon the fact that The Living Light is patterned after life herself, in that there is nothing stagnant upon which the student can rest; the teachings are a guideline to show the student a way to use the faculty of reason; discussion of the

Divine merit system and the soul's evolutionary incarnation into form; explanation that on Earth one uses soul faculty of faith to learn lessons; how to determine one's lessons of life; what determines whether a particular soul returns to a certain expression, especially after reaching total awareness and becoming aware of the errors of the universes; what determines the rapidity with which we experience the effects of a law set into motion and how do we counterbalance a law; discussion upon retardation; the wisdom of charity; the principle of duality; the principle of change; success and failure; the duty of the soul to produce in a world of creation.

CC-40

Discussion regarding the level of consciousness which is highly susceptible to thoughts and influences, from both outside and within, and the value of making the conscious and constant effort to stay at peace in order to be unaffected by these influences; understanding of duty, gratitude, and tolerance, self, pity, and friendship, with particular emphasis upon gratitude and pity; explanation of how our spiritual efforts may attract persons who are indifferent; expression regarding the limitation we place upon consciousness; the value of the affirmation, "Thank You, God, I Am At Peace"; interpretation of the biblical quotation, "suffer the little children to come unto me"; understanding the difference between self and ego; counsel about participating in promiscuous sittings; the power of the attitude of mind in causing illness; understanding that the joy of living is the Law of Giving.

CC-41

The meaning of the teaching regarding "reflections from within"—the illusion and delusion of the mind that the cause of an experience is outside of ourselves and how one can change one's own universe and its relationship and view of another's universe; dreams and the importance of using the soul faculty of reason in making the conscious effort to understand the conscious dream prior to trying to understand the subconscious dream; explanation that accidents and life span, etc., are the effects of laws that the individual has established; difference between judgment and choice and how this relates to a review, upon passing from this dimension, of all the experiences we have encountered during the soul's incarnation; color and level of reason; discussion of how we can interfere with the Divine right of another individual soul to express itself when we open the door through the mouth and how faith can close that door; the importance of teaching a child that "whatever happens to us is caused by us" in order to free the soul; the spirit of spontaneity and how to distinguish it from impulsive desire expression; discussion of prejudice and how it relates to concern and understanding; a definition of the statement, "love all life and know the light"; an understanding of the soul faculty of consideration; explanation of the line

from Total Consideration Affirmation, “eternity is my true awareness and sees the tides of creation as a captain sees his ship”; Law of Cause and Effect as related to the level of timelessness and reaction to experiences; significance of the words “heavy cross”; how to know the difference between what is a duty to our own spirit and what is an illusion or fabrication of the mind.

CC-42

Discussion led by Mr. Goodwin about the raising of money to build Serenity’s new church, which is tied to the lessons of life—helping the students to face themselves in demonstrating the Law of Giving and in recognizing that a pledge is a commitment to the soul and spirit within; an explanation of “as freely as I receive do I give”; an understanding of the difference of giving and knowing that it returns and giving and being concerned with how much returns; an explanation of the number nine as the number of service and how it can be applied; a discussion of harmony as it pertains to understanding; a definition of computerized thinking and how to break the pattern.

CC-43

Starting with the premise that man is a microcosm of the macrocosm of the universe, an understanding is given of the magnetic principle of the moon (reflector of the electrical sun) and its influence on emotions (reflections from within) and how, by directing energy to the faculty of reason, an electrical, positive vibration, we will be transfigured; an expression regarding the parable contained in Discourse 45 of *The Living Light*; an answer is provided to the questions: is righteous anger ever justifiable? What is understanding? What is the relationship of acceptance to understanding? Are we responsible on the other side for the transgressions we were not consciously aware of on this plane? Discussion of putting the teachings into application; learning to view spiritual principles from a spiritual level of consciousness; discussion of the process of self-realization and how a student may reach a point of choosing between continuing to awaken the soul or returning to illusion; clarification regarding the “fountain” exercise; an explanation of how the soul merits its experiences; the relationship of cause to effect and feeding energy to obstructions.

CC-44

Review of the meaning of the sense functions and the soul faculties; explanation of how Divine abundance flows through the faculty of duty, gratitude, and tolerance; a definition of gratitude given as a key to understanding a spiritual law; expression

as to the fact that the majority have unfolded intellectually and sensually but are out of balance spiritually; bringing life into balance through an exercise of mental objectivity and application of teachings; why The Living Light teachings are given in bits and pieces; explanation that physical defect does not affect the gaining of spiritual understanding; how lack of control over thoughts affects energy depletion and initiative; distinction between daydreaming and imaging, relating it to “dreamer, dream a life of beauty before your dream starts dreaming you.”

The Living Light Dialogue, Volume 3 includes transcriptions for the Consciousness Classes 45 through 68, or CC-45 through CC-68, and their synopses follow.

CC-45

Concentration; expressing reason and consideration; developing self-awareness; suicide; selfless service, and being a channel for the light; forming and deforming of the mental and astral bodies; distinction between the higher self, lower self, and inner self; understanding of the word “confession”; discussion upon the evolution of forms; comments about how one knows when a change needs to be made for one’s own spiritual progression; the eternal now and reaching an illumined stage which recognizes that we are an inseparable part of the Divine whole; clarification of The Living Light saying, “patience is the only path to truth”; an explanation of the difference between confession and courage; learning to release thoughts from the subconscious mind

CC-46

A short lecture about concentration upon peace and why the spoken word is life-giving energy; boredom and becoming aware of what controls us. Student questions: The meaning of the words “control” and “receptive”; principle and personality in relation to giving; understanding; anger and judgment; self-will and Divine will; procrastination and grounding of self; hereditary and environmental influences; choice and responsibility; a definition of creation.

CC-47

Under the general topic of self-control, the introductory remarks include comments on the following: spiritual freedom is the direct effect of self-control; purpose of class is to share an understanding once applied that will free the student; the difference between knowledge and wisdom; rejection and retaliation; distractions along the path to awakening; how our sensitivity during unfoldment tends to magnify the gross as well as the finer vibrations; the meaning of struggle and suffering and willingly accepting the process of letting go and changing; how irritation awakens the soul; the exercise of questioning “why this” and “why now” as a start on an inward journey through the mind to find out what laws one has set into motion. Student questions: Commitment and the principles involved; the relationship of judgment and conscience to the circle of logic in the expression of anger; the importance of self-control in permitting a beneficial expression of anger; frustration as the effect of suppressed desire; principle of cohesion (like attracts like) and adhesion (opposites attract); how a sense function properly applied becomes a soul faculty with the example that applied knowledge constitutes wisdom; explanation of the principle of

guilt; understanding of the statement, “Be ever the observer and not the observed”; clarification of the conscious, subconscious, and superconscious minds and soul mates or guardian angels; what it means to “speak on a soul level”; explanation of the meaning of nature’s physical and spiritual laws as contained in Spiritualism’s Declaration of Principles; definition of body with discussion on different kinds of bodies including the primitive mind; bowing the ego in humility to an authority greater than one’s brain; comment about a cause of our difficulties as not wanting to accept change, and discussion about demonstrating blind faith.

CC-48

Short lecture on the difficulties students experience in applying the spiritual teachings despite the many ways shown to free themselves—knowledge without application is of no value; need to make effort to find out what true attitudes, motives, and values are; life is constantly revealing to us that we are getting what we want according to the laws we have set into motion; there is a crossroad of decision on the path to spiritual awakening when we must face the truth or continue on in a sleep of satisfaction; we must give up self-motivation in order to receive Divine inspiration. Student questions are directed toward an understanding of Acceptance, the Divine Will; the Law of Duality or Creation as guaranteeing choice or variety; perception and ego and the potential danger of loss of hearing when we “tune out”; difference between the sense function of self-will and the soul faculty of initiative which demonstrates consideration, reason, and responsibility; comparison between meekness and weakness; discussion of motivation and perspective; the eternal moment and the possibility of perceiving a conversation before it takes place in the physical dimension; the true purpose of meditation; how communication with other dimensions reveals one’s level of consciousness in that like attracts like and guides and teachers are en rapport with the aspiration of one’s soul; caution not to seek mediumship in and of itself; clarification of understanding as the foundation of all the soul faculties and that of having a foundation of reason; feelings of wealth and poverty as an attitude of mind—“You don’t need money, it needs you”—being emotional when we accept that we are short of cash as a revelation of denial of our divinity; how responsibility is the direct effect of desire; releasing the energy through the Creative Principle.

CC-49

Introductory remarks are a sharing of the understanding about the process of death or transition; the importance of concentration; attitudes of mind and the critical importance of self-control; clarification of difference between perception and awareness and the relationship to ego; discussion on faith and fear and the wisdom

of the Divine Will of Acceptance; comments on promise and commitment; man's will determines the form which he merits; discussion of the vital body; the symbol of determination; difference between determination and will; explanation that a slow growth is usually a healthy growth—progression is very individual to each soul; how the spoken word, which is life-giving energy, makes a law unto ourselves; choice, once having been made, becomes destiny; discussion on every problem being a lack of receptivity to the Divine Intelligence known as the spirit; comment on the Divine great void having no experience until it enters the principle of duality; man's greatest problem is his refusal to accept an intelligence greater than his brain; directing energy and attention to releasing so-called problems; facing east during meditation to receive natural illumination; dealing with the question of whether man is affected only by past incarnation or does it go back further; vibrations and how not to scatter thoughts or dissipate energy; discussion of generosity, givingness, and gratitude; relationship of sense functions and soul faculties and states of consciousness; finding out what is of value in your life; understanding of the word "repentance"; an explanation of the Law of Grace or one's spiritual bank account.

CC-50

The Law of Repetition; discussion of the importance of bringing into harmony the conscious and subconscious minds and the relationship of these minds to the brain and the vital mind; the bridge of kindness; cause of tiredness; how the soul merits a certain country or a particular race through which to express; how one knows when the soul has passed a lesson; difference between evolutionary incarnation and reincarnation; basic animal instinct or vibration of the human being; soul's journey through space; lessons of faith offered by Earth; levels of consciousness and motive; the spoken word as life-giving energy; communication within higher realms of life; learning through experience rather than study; why difficulties are experienced when only one faculty of a triune soul faculty is singled out to focus attention upon; Divine Love—noun or verb; meaning of "Love all life and know the light"; service in relation to givingness, acceptance, non-addictable patterns and motivation.

CC-51

Discussion about the soul faculty of peace, poise, and power; comment upon why teachings are given in "bits and pieces"; the question of why love wants to become aware of itself, if God is the perfect void; symbol of toes; expansion upon soul faculty of reason and how it relates to peace, poise, and power; indirection and its purpose as a method of teaching; connection between acceptance and the experiencing of the soul faculties; resentment, rejection, retaliation, judgment, vengeance, and forgiveness; difficulty of application; liberty and license; does the psychic serve any spiritual

purpose, discussion about understanding the solar plexus but not concentrating upon it; difference between self-will and self-assertion; expansion regarding the meaning of the faculty of surrender; surrender and repentance; spiritual responsibility; difference between conscience and guardian angel; principle of universality; a comment upon the level of consciousness of the class.

CC-52

Acceptance, the Divine Will, and how it relates to manifestation, desire, harmony, Law of Repetition, total consideration, reason, and understanding; “The Law of Ascent is the Law of Descent”; understanding about clairsentience; responsibility in relation to the sense functions; comment upon the statement, “God helps those who help themselves”; discussion about why the material world cannot feed the soul; the importance of awakening the faculty of awareness before experiencing clairsentience; when filial ties are broken in the evolutionary process; humility discussed in relation to acceptance, Divine Grace, ego, tolerance, and judgment; motive and acceptance; lack and total acceptance; the sense function of emotion; loss and gain.

CC-53

Introductory remarks regarding the power of the spoken word—the importance of feeling the word and the application of the exercises given; the soul faculty of freedom; understanding of the statement in *The Living Light*, “Through free will man binds himself to the karmic circle of cause and effect”; Law of Identity; explanation that all experience takes place within our own mind; clairsentience, clairvoyance, and clairaudience between spiritual realms and on other planets; discussion about self-control and its relationship to self-punishment and self-destruction; relationship between soul faculty of humility and sense function of procreation; explanation of statement in the Total Consideration Affirmation, “and sees the tides of creation as a captain sees his ship”; Law of Dreams—awake and sleep states; the meaning of reality; rejuvenation of the body; soul travel; judgment and learning to discern between true spiritual conscience and the patterns of the subconscious; why it is necessary to communicate with intermediaries rather than directly with God; finding God through the path of service; physical organs and their counterpart in the spiritual body; relationship of communion with past, present, and future to the Divine light; learning how to better serve through the expression of the soul faculties; importance of unfolding tolerance; “tolerance testers”; how we become qualified to help another to rise their level of consciousness; the astral body and the astral shell; discussion about the path to awakening the spirit within that one may know all things; soul aspiration and perceiving truth.

CC-54

Experiences we may expect after leaving the physical dimension; learning the process necessary to build a home in other dimensions; the creative principle and the first soul faculty, and how one's thought and feeling must be in balance in order for their desire to manifest; how visualization can help one to rise from despair, discouragement, and hurt feelings; how to stay in higher levels of consciousness through self-control; how to become the master of our ship of destiny; discussion about the eternity through which we have been expressing; how to pray for another individual; the true purpose of mediumship and communication; spiritual guides and their purpose.

CC-55

What the ears represent in the functions and faculties; patterns of mind and how they are controlled by the ego; adapting to change, and how we become the obstruction of truth and goodness in our lives; how we free ourselves from being victimized by patterns of acceptance; how fear closes the door to understanding and perception; accepting changes without fear; comparison of sympathy vs. compassion and understanding; how the Law of Association works; evidence of communication with other dimensions; spiritual healing; difference between continuity and patterns; understanding character, principle, and personality; organization in relation to one's personal life; how to control one's experiences; what is need; becoming receptive to the things we desire; hope and acceptance; communicating with God on a personal level.

CC-56

The process of spiritual unfoldment; finding God through the soul faculties; the power of thought; peace and freedom; evolutionary incarnation; law governing form; Law of Gain and loss; acceptance, the Divine Will; the Law of Attraction; humility and acceptance, the unobstructed flow; who creates life?; accepting a greater authority than oneself; giving help through understanding and wisdom; meaning of "Cleanliness is next to Godliness"; conscience vs. suppressed desires; desire vs. reason; looking to the years through awareness, why we accept or reject; relationship of our inner free spirit and the limitation in our profession; knowing oneself, the inward journey; understanding our motivation; Law of Repetition; delusion of self-importance; clarification and the superconscious; simplicity related to clarification; perceiving color; electric and magnetic fields of consciousness; emanations from within; awareness of our true motivation; attitudes and color; fulfillment or suppression of desire; the spirit of the law and the letter of the law.

CC-57

Introduction to the teachings of Serenity; evolutionary incarnation vs. reincarnation; the eternal moment; Law of personal responsibility; awareness of laws that govern our life; the aura; awareness through concentration and meditation; logic, suspicion and credulity; acceptance, Divine Will or man's will; broadening one's horizons; clairsentience, the inner knowing; nature's demonstration, the process of evolution; finding your own truth and freedom; concentration and awareness; Law of repetition; discouragement, self-orientation and limitation; gratitude, the Law of supply; Law of patience and soul faculties; perceiving colors and vibrations; the awakening of humility; the God within our own being; seeking wisdom; spirit of the law; meditation and simple truth; understanding the universal laws of life; humbleness, expressing our own godliness; habit patterns vs. continuity; concentration, meditation and peace; where do life's lessons (experiences) come from?; looking for the good in every experience; Law of magnetism; time consciousness and the Law of continuity; adapting to change; Law of evolution; spiritual arrogance; power of the spoken word; meditation, peace and good health; balancing the electric and magnetic fields of consciousness; time, energy and healing; knowledge, or awareness, and asserting the will; finding one's true motive; how healing takes place; growth through a change in attitude; faith, belief, acceptance and receiving; being as little children.

CC-58

What desire is; desire and belief; faith and reason; giving power to another; regaining one's Divine right to perfect peace and freedom; importance of asking a question; psychic surgery; what the aura is; science of vibration; universal thinking; reason and understanding; total consideration, balance and reason; how healing takes place; understanding on eighty-one levels of consciousness; the mind and its patterns; acceptance, Divine Will; how to get into balance; becoming aware of our subconscious patterns; electric and magnetic fields of the mind; receptivity to the Divine Intelligence through balance; the accuracy of clairsentience; putting our soul consciousness into the spoken word; Divine love vs. conjugal love; belief and our acceptances; truth vs. facts; perception and subconscious acceptance; making choices with 10 percent free will; intuition; theory, fact, and truth; knowledge, intellect, and wisdom; humbleness, the God level; purpose of expression in form; Law of Harmony; the inward journey; Divine Intelligence vs. human intellect; seeking wisdom; freedom and truth on the inward journey; why lessons are easier in the material world; astral body, earth-bound spirits, and the spiritual body; habits and reformers; spiritual arrogance.

CC-59

The first soul faculty of duty, gratitude, and tolerance; the cause of intolerance; judgment; acceptance, the Divine Will; experiences and understanding; forgiveness; freedom from karmic justice; Divine law, true justice; Law of Personal Responsibility; blame, personality, and principle; Law of Evolution, the process of progression; reliance upon Infinite Intelligence; emotions and change; balancing electric and magnetic fields of consciousness; Law of What Can Be Borne; perception, reason, and total acceptance; thought forms and energy; transmuting thoughts to something beneficial; Divine right of self-control; mind - the vehicle of the Divine Spirit; acceptance and visualization; releasing desire to the Divine; desire, fulfillment, and soul gratitude; visualization and the dream of life; goal and desire; freedom, awareness, and fulfillment of our soul's journey; obedience to patterns we have accepted; loyalty to desire; Divine right of choice; Divine equality for all souls.

CC-60

Security, pleasure, and satisfaction; what desire is; reason and transfiguration; becoming aware; Spiritualism and communication; coming into rapport with Infinite Intelligence; first and second soul faculties; self-control and the first soul faculty; testing ourselves; friends and friendship; true friendship, a soul faculty; gratitude, the Law of Supply; acceptance, Divine Will; soul faculties and lessons to be learned; experiences and understanding; adversities and attachments; duty and responsibility; peace; what conscience is; desire, recognition, and acceptance; the importance of thoughts of peace; blessing the food that we eat; man's responsibility to all God's creation; releasing thoughts of peace and love; choosing where to place our faith; how a thought forms; rainbow of promise; doves of peace; what takes place with thoughts of true peace; the importance of thought and using it wisely; what acceptance is; Law of Opulence and divine abundance; the finite mind and the infinite spirit; the primitive mind; the eternal moment; Law of Cause and Effect; what greed is; hearing the symphony of the spheres through peace; how we set a law into motion; awareness of motive; Law of Payment and Attainment; principle of the Law of Application; five steps of creation; irritation and satisfaction.

CC-61

Harmony, health, and peace; how harmony is directly related to health; body temperatures and levels of consciousness; how creation, the created body, really works; reason and understanding; building our spiritual body; faith, poise, and humility; man's will and Divine Will; repetition and acceptance; how temperature affects the body; the spiritual responsibility of maintaining a healthy body; working with the cause to make necessary changes; living in the moment; transformation to

health through acceptance; the duality of creation known as faith and fear; balance and self-control; concentration; overcoming fear through understanding; what resentment is; forgiving; moment of awareness; benefit of total consideration affirmation; gratitude and peace; how to discern whether we are expressing through sense functions or soul faculties; how to move from negative to positive expressions; desire vs. reason; realm of satisfaction and regret; the value of human suffering; what the human will is; vital body; the healing balm of enthusiasm; educating desire; receiving information from a higher power; the Law of Evolution; thoughts and where they come from; controlling our thoughts; truth and control; experiences at transition; man's need for acceptance; transition, what we take with us.

CC-62

Understanding, the foundation of all soul faculties; consideration, acceptance and expression; the Law of consideration, acceptance and expression; Divine Love; Divine Will; Divine Action; duty, gratitude and tolerance; How our soul faculties are obstructed; suffering, an instrument of growth; the astral body, the desire body and their worlds; self-awareness, the effect of self-control; ego and the Law of justification; learning to listen to ourselves; creating our spiritual body through the soul faculties; thought and our experiences; organization, the effect of our priorities; repetition, the Law of change; power of the spoken word, the vehicle of thought; The Lord's Meditation; gaining attention to get energy; contradictory thoughts and energy depletion; the power of peace; becoming receptive to Divine energy; choice and judgment; the eternal journey inward to God; total consideration and acceptance at the moment of choice; denial and destiny; expression, the Divine life principle; imagination and expression; the creative principle; Divine desire; understanding and wisdom.

CC-63

The function of concern and its counterbalance; the foundation of understanding, acceptance, consideration, and expression; what expression is; growing through an experience; procrastination and unity, how to bring unity into your being; overcoming procrastination; what takes place when we are in concern; bringing about a transformation in our lives; gaining self-control through understanding; what we accept; forgiving oneself; seeking wisdom; becoming aware of our needs and desires; educating desire; how we become the living obstruction to Divine flow; freedom and understanding; the difference between the word "expression" and Divine right action; compassion vs. pity; selfless service, the path to illumination and freedom; how conscience speaks through man; energy and emotions; making others your god; health and harmony; the principle of "ignore"; justification and logic; the meaning of

principle; law, directed energy; becoming aware of our beliefs; growing to higher levels of consciousness.

CC-64

Motive, the soul of action; actions and our true motive; defending our justifications; being in the world and not a part of it; the universal spirit and the individualized soul; expression and form; relying upon Divine Intelligence; satisfaction and regret; self-awareness through freedom from judgment; viewing your patterns through self-awareness; how to remove obstructions in our lives; seeking balance through peace; letting go and accepting God; Divine right, the right of expression; peace, poise, and power, the true expression of the Divine; peace, the perfect balance; changing experiences by changing levels of consciousness; repetition, the Law of Change; making choices between desire patterns and reason; man's difficulty in finding God; man's addiction to satisfaction; understanding and appreciation; how to rid oneself of concern; acceptance, faith, and Divine will; man's responsibility for his own transgressions; mental conceptions and spiritual perceptions; sympathy and pity; compassion, light, and understanding.

CC-65

Taking the essence out of an experience; application of self-control to experience peace, serenity, and freedom; spiritual unfoldment and self-control; experiences, the effect of laws set into motion; the meaning of spiritual unfoldment; becoming aware of what causes one's feelings; controlling the mind during concentration and meditation; unity through the Law of Harmony; harmony, unity, and good health; repetition, the Law of Change; suppressing desire out of fear; the superego; forgetfulness and our priorities; the meaning of "you are your brother's keeper"; compassion and understanding; accepting what we already are; choice, our Divine right.

CC-66

Law of Attachment; Law of Like Attracts Like; the importance of maintaining a balance between the philosophy and science of Spiritualism; clear channels and free channels; understanding the laws that govern the science of Spiritualism; abundance of understanding; thinking or being; health and harmony; Law of Association; freedom, the effect of self-control; self-control, the conscious choice of all one's experiences; faith, poise, and humility; patience, total consideration, and acceptance; patience, perseverance, and promise; the expansion and contraction principle;

understanding all levels of consciousness; becoming spiritually aware; the meaning of self-preservation; the true meaning of love; correlation between dreams and our soul expression; healing through self-control; the cycles of life; “In all your getting, get understanding.”

CC-67

The soul’s evolving process; dying to old attitudes of mind; quitting just before the victory; crossing the threshold to the next level of consciousness; encouragement, enthusiasm, and care; the meaning of enthusiasm; respecting the rights of difference; consideration, acceptance, and understanding; duty, gratitude, and tolerance; there’s a time to say “no”; self-preservation, the first law of the form; opportunity; the destructiveness of guilt; the Law of Attachment; reflections from within; becoming aware of our divinity; encouraging ourselves; poverty or Divine abundance; duty, gratitude, and tolerance; the world is ever as we are within.

CC-68

Personal messages to students; acceptance, awareness, and freedom; impatience, the denial of truth; faith, poise, and humility; the destructive force of guilt; explanation of forgiveness; freeing the mind from concern; explanation of conscience; Divine peace; encouragement and patience; belief, intuition, and acceptance; organization; freeing the soul through selfless service; how to attain and sustain reason; total consideration; contribution, its meaning; appreciation, application, and gratitude; changing and evolving; the letter of the law and the spirit of the law.

The Living Light Dialogue, Volume 4 includes transcriptions for the Consciousness Classes 69 through 92, or CC-69 through CC-92, and their synopses follow.

CC-69

The inward journey; evolution of the soul; soul's merit of parents and experiences; Divine Intelligence, the pure and perfect energy; freedom, the direct effect of self-control; the meaning of selfless service; being at one with the Divine Intelligence; the impartiality of God; the Divine right to health, wealth, and happiness; Law of Cause and Effect; organization explained; meaning of fascination; difference between conjugal love and Divine love; compassion vs. pity; difference between soul and spirit; the purpose of meditation; responsibility and duty; the origin of medicine; acceptance, the Divine Will; the eternal moment; the human ego and its purpose; accepting the possibility; faith and fear; truth vs. justification and defense; understanding the laws that govern what we desire; finding the good in all experiences; how thinking effects our health.

CC-70

The human mind and how it relates to health; how thoughts and feelings effect our lives; learning the patterns of our mind; the purpose of spiritual awareness classes; how to be free in any given situation; the destructiveness of guilt; freedom through forgiveness; the Law of Continuity; reforming habit patterns through imaging; changing a feeling of rejection to one of acceptance; acceptance, the Divine Will; opportunity and tolerance; understanding—duty, gratitude, and tolerance; service, faith, and acceptance through humility; humor, the salvation of our soul; explanation of faculties and functions; understanding our purpose in life; our responsibility to serve in the talent we have earned; the difference between reincarnation and evolutionary incarnation; peace, poise, and power, our birthright; directing the power of Divine Intelligence through free will; responsibility to our creations; the tree of life; responsibility and duty; spiritual, mental, and physical grooming; going on the inward journey to find truth; the level of self-preservation; understanding imitation; motive and solicitation.

CC-71

Fear and faith; Spiritualism vs. spiritism; the difference between a psychic and a medium; the Law of Like Attracts Like; free will and the Law of Cause and Effect; enthusiasm and faith; poverty and abundance; love, faith, and reliance; Law of Personal Responsibility; awareness; soul faculty of compassion; Law of Creation, the

duality and the balance; functions, faculties, and frequencies; protecting through fear; truth vs. perceptions of truth; humbleness in search of truth; defining forgiveness; the neutrality of forgiveness; the Creative Principle; teachers, students, and responsibility; how a captain sees his ship; separating truth from creation; auric pollution; growth through communication.

CC-72

Hearing or perceiving; Law of Choice; Law of Personal Responsibility; acceptance, Divine Will; letter of the law vs. spirit of the law; serving God in spirit and in truth; self-awareness, self-control, and total consideration; explanation of parable, “the ears of ego heard not for the door was locked by the key of fear”; explanation of “physician heal thyself”; healing oneself by removing the obstructions; awareness; will; Law of Attachment; Law of Duality; Law of Comparison; discerning spiritual things with our soul vs. analyzing them with our mind; faith, poise, and humility; how an imbalance between soul faculties and sense functions affects the body; Law of Temptation; principle and personality; broadening our respect; Divine Grace; accepting authority; learning to say “no”; creating a kingdom of heaven on earth; fear, irritation, and awakening; purpose of Spiritualism; life after death.

CC-73

The Law of Association and the Law of Creation; forgiving and forgetting; application of the laws of nature; the principle and application of faith; awakening to our own Divinity; controlling the thought process; how a thought becomes a habit; the unlimited resource of Will; the Law of Interference; the Law of Solicitation; explanation of “going through the forces;” the difference between “force” and “will”; comparison and the Law of Duality; Law of Temptation; Law of Total Consideration; principle and the eighty-one levels of consciousness; balance; how judgment works; the Golden Rule; responsibility of setting a law into motion; repetition, the Law of Change; freedom through self-control; outward manifestations, a reflection of inner attitudes of mind; the power of imagination; “I am spirit, formless and free, whatever I think, that will I be.”

CC-74

Life, the limit of one’s experience; evolution of the soul; individualization of Divine Spirit; experiences of the mind; use or abuse of the human ego; Total Consideration; educating the ego; Divine Law; making the effort to grow in the Light; accepting something greater; duty, gratitude, and tolerance; faith, poise, and humility; gaining

freedom from money, ego, and sex; acceptance, Divine Will; distinguishing between voices of the subconscious and the Divine Spirit within us; laws, levels, and principle; electromagnetic fields of the body; peace, the power of God; the Law of Life; curiosity, the father of frustration; what true love is; humor, the salvation of the soul; mistakes, a lack of understanding ourselves; what addiction is; breaking the back of addiction; finding the good within.

CC-75

Life, the limit of one's experiences; why we always get what we really want; how the magnetic field of consciousness controls our life; self-will or Divine Will; total acceptance; how to release a disturbing thought to the Divine; qualifying oneself to use reason in life; the importance of affirmations; how we give away our Divinity; what the superconscious is; asking a question of the Divinity within us; basic patterns of the mind; facts vs. truth; becoming aware of what causes our feelings; the child within us; the mirror of our mind; Law of Attraction; attention, the vehicle that directs energy; the door of receptivity; unfolding the soul faculties; the true purpose of life; finding the good in all situations; principle vs. personality; the truth about suicide; changing our thoughts; the illusion of time; where life exists; curiosity, a sense function; why familiarity breeds contempt.

CC-76

Becoming aware of our true Divinity; considering the motives of our expression; why people react negatively to our expression; power of the spoken word; balancing our electromagnetic field; our Divine right of freedom of expression; the inward journey; self-awareness and self-growth; the desire body and what it controls; making the effort to see why life is the way it is; identification, individuality, and personality; taking control of that which controls all experiences in our life; finding the cause and effecting the cure; pure motive and total consideration; emotions and reason; what spiritual freedom is; how to find our true motive; levels of justification; total consideration; truth vs. facts; the need for expression; desire, the Divine expression; the creative principle; Law of Attachment; inspiration; compulsion, and the constant need for eating; explanation of soul talent; how to find our soul talent; the meaning of affection; dangers involved in over-meditation; the crossroads of life; using the soul faculty of reason and the sense function of common sense.

CC-77

The Law of Continuity explained; the purpose of spiritual awareness classes; clarification of self-will and Divine Will; understanding the first soul faculty of tolerance; Law of Attachment; making changes to control our experiences; the destiny

of denial; what is meant by “denial”; how to keep faith with reason; total consideration; discord and disease, harmony and health; the great importance of peace; expression, the Divine desire; how to help an animal out of rejection and frustration; the continuity of life; rising to higher levels of consciousness within our own being; how to free oneself from an intolerable situation; the benefit of affirmations; the meaning of names; identification in the higher realms; the meaning of character; intuition vs. instinct; evolutionary incarnation; overcoming fascination through self-control; the spirit of spontaneity vs. impulsiveness.

CC-78

Hearing and the law governing communication; the image of words; becoming aware of how words affect our emotions; Law of Association; Law of Disassociation; the meaning of “license”; the Law of Understanding; difference between force and power; balancing our electromagnetic field; explanation of *The Living Light* cover design; power of the spoken word and the written word; the Law of Visualization and Imagination; what raising the level of consciousness means to us; finding the light of reason; the thin line between hypnosis and meditation; how our subconscious controls our life; understanding hypnosis; explanation of “Dreamer, dream a life of beauty before your dream starts dreaming you”; becoming the observer and not the observed; Law of Attachment; duty, gratitude, and tolerance and how it affects our life; difference between tolerate and tolerance; Law of Total Consideration; Law of Creation, duality and change; the purpose of meditation; educating our desires.

CC-79

The power of the word; the eternal moment of now; finding the levels of reason and Divine Love within ourselves; Total Consideration, respect and acceptance; the Divine right to express; Law of Attachment; why the soul enters earth; the Law of Faith; faith, poise, and humility; Spiritualism as a science, philosophy, and religion; Law of Identity; discerning between impulsiveness and inspiration; the cause of embarrassment or worry; logic and reason; solicitation and desire; how to recognize the spirit; meriting and inheriting our last name; responsibility and the Law of Merit; setting a law into motion; the universality of mind; babies in the spirit world; laws and predestination, our 10 percent; repetition and the Law of Change.

CC-80

[This class is one of the most important in its entirety.]

Respect and the Law of Commitment; understanding, consideration, and acceptance; duty, gratitude, and tolerance; personal responsibility, the foundation and teaching of The Living Light Philosophy; selfless service, the path to spiritual illumination; the meaning of selfless service; awareness, understanding, and freedom; self-control and organization; peace, the effect of all soul faculties; the Law of Willingness; Divine Law of Acceptance; spiritual fulfillment; acceptance, Divine Will; continuity of principle; expressing total consideration; choosing freedom or dependence; soul joy, the effect of freedom; reason and the universal laws of life; the power of the spoken word; balancing the energy of the word and the feeling of the heart; forgiveness and compassion; the unfolding process; the impartiality of the Law of Merit; Law of Solicitation; getting understanding; the universal, Divine Law of Supply; how spiritual healing works; finding God within our own consciousness.

CC-81

Our understanding of God; the Divine right of choice; Law of Cause and Effect; evolution of the soul; creating a soul body; duty, gratitude, and tolerance; faith, poise, and humility; the battle between the conscious awareness and the habit patterned mind; explanation of frustration; Law of Payment and Attainment; Law of Attachment; gaining freedom through self-control; turning to the Light, the Divine Law of Nature; choosing how to view life; Divine right of all forms' expression, the right of free choice; Law of Divine Desire; finding our purpose in life; the human ego and the superego; the Law of Commitment; total consideration; demonstration of The Living Light Philosophy through application; guardian angels; physical, mental and spiritual bodies and how each affects the other; physical characteristics, the effect of laws; putting God, or goodness, into all we do; working in quality, completeness, and wholeness; expressing the Divine right of peace and happiness; "good enough," the law that descends our soul; procreation and the Law of Attraction; being the captain of our ship and the master of our destiny; declaring our Divinity.

CC-82

Commitment, change, and the Law of Creation; repetition, the Law of Change; Law of Descent and Ascent; self-will vs. Divine will; parental responsibilities; self-preservation and self-will; being controlled by our acceptances; man's law or Divine Law; experience, the mirror of our state of consciousness; need and fear; man, the doer, and God, the sustainer; looking for the good; why we want to change others; can expression exist without form; Law of Cause and Effect; Law of Divine Grace; Law of Forgiveness; Law of Bondage; removing our obstructions to Divine Law; fatalism vs. acceptance; Law of Creation; relationship of acceptance and satisfaction; evolutionary incarnation vs. reincarnation; Law of Form; Law of Faith; establishing the Law of

Forgiveness; responsibility and strength; self-control and freedom; how rapport is established; programming the mind with affirmative thoughts before going to sleep; energy sappers; desire, the Divine expression, and the Law of Change; finding the cause guarantees its own cure.

CC-83

Meditation, what it is and how it works; repetition, the Law of Change; Law of Continuity; free will vs. controlled will; acceptance, Divine Will; how to still the mind; selfless service, the only path to spiritual illumination; Law of Personal Responsibility; understanding and forgiveness; Law of Evolution; Law of Freedom, the effect of forgiveness; soul, mind, and body, the three parts of man; spiritual poverty; man, society, and the Law of Merit; total consideration and Divine Love; Law of Cause and Effect; God, the Divine Neutrality; discussion on the parable, “. . . the ears of ego heard not for they were locked by the key of fear;” the destructiveness of guilt; man’s law vs. Divine Law; how man sets laws into motion.

CC-84

The crossroads of life; acceptance, Divine Will; consideration, Divine Love; desire, Divine Expression; the creative principle; explanation of rejection and where it leads; faith, poise, and humility and the corresponding sense functions; expression, the Divine Desire; Divine Love, Divine Will, and freedom; self-will vs. Divine Will; suppressing desire or educating desire; Divine Law; understanding; learning to love; the womb of satisfaction; discussion on self-will vs. Divine Will; Law of Payment and Attainment; explanation of fear; adversity, the denial of your own Divinity; the eternal reject; how our denials become our destiny; discussion of procreation; understanding the cause and finding the cure; principle of faith; Law of Identity.

CC-85

Adaptability, the Law of Evolution; explanation of adversity and attachment; acceptance vs. rejection; Law of Repetition; the inward journey; “Adapt and survive. Deny and die”; sleep of satisfaction; discussion on fear and rejection; Divine will vs. self-will; liberty, the effect of total consideration and total acceptance of Divine Law; Law of Merit and personal responsibility; man’s degree of rejection as compared with other forms on this planet; discussion about judging whether a conversation is, or is not, of a spiritual nature; affirmation given to help free the soul; understanding God; God, the Divine silence, the great void, and the great expression; the door to

understanding; explanation of confusion, unawareness, understanding, and the electromagnetic fields of consciousness; what controls the desire body.

CC-86

Divine will, self-will, and the Law of Fulfillment; going home to God; man's law and the limit of fulfillment; the race mind, a demonstration of man's law; discussion on conducting one's life to create a spiritual body while yet on earth; thought forms; the wall of pride; how man gains awareness; the need for sleep; spiritual commitment; the meaning of humility.

CC-87

Forgiveness, the Law of Freedom; meaning of the letter of the law and the spirit of the law; consideration, acceptance, and understanding; man, the microcosm of the macrocosm; pride and rejection; man's law and where it takes him; humility and freedom; life's teaching of the eternal journey of our soul; commitment and the Law of Justification; guilt, the cancer of the soul; explanation of forgiveness; repetition, the Law of Change; continuity, the salvation of the soul; adversities and attachments; gratitude, the Divine Law of Increase; the judgment seat; the Law of Transformation; the worker and his tools; Law of Givingness; becoming the living demonstration of God's Law; Law of Salvation, the Law of Continuity; the inward journey; evolutionary incarnation as it relates to our progression; hope, truth, and eternity; how to let something enter your heart.

CC-88

The games of life and how we play them; parents, the mirror of the soul's eons of experiences; trusting oneself; trust vs. suspicion; the control of self-will; learning to surrender; freedom, the Divine principle; the difference between freedom and license; how we become the victims; what we are really seeking; the aging process; consideration and motivation; encouragement, the way to freedom; Divine conscience—what it is; man, the borrower; the law, personality, and principle; the benefit of irritation.

CC-89

Going beyond creation to the fullness of God; facing faith with the soul faculty of reason; finding one's path to freedom through effort; guilt, fear, and self-preservation; freedom vs. illusion and delusion; what stands between our peace, prosperity, and

true joy of life; looking at creation from a vantage point of freedom; applying the law that frees us; explanation of the allegory about the Garden of Eden; going from self-will to Divine will; law—what man receives in spiritual truth, man bears a spiritual responsibility to share; acceptance, total consideration and Divine love; taking value of our greatest asset; the journey of the soul; being the puppet; accepting our losses as we do our gains so that balance may reign supreme; “When the lips speak as the heart feels, words become the savior of the wise.”

CC-90

How to attain the truth that sets us free; Law of Cause and Effect; security and self-preservation; motive, the key that opens the heart; fear and faith; why many religions of the world continue to teach fear; reflections from within; the meaning of true friendship; man’s Law of Adversity and Attachment; finding the true motive within an experience; putting your house in order, to view the beauty and joy of life.

CC-91

The formless and the form; freedom and fulfillment; the moment of conscious awareness; boredom, the effect of fascination; explanation of reason, the power that transforms us; the meaning and importance of numbers, the key of the universes; choosing between the light of reason or the lesser light of emotion and fascination; conscience, principle, and personality; Law of Duality; surrendering our adversities and attachments to God to experience truth and freedom; the sleep of satisfaction and regret; desire, servant or slave; standing at the gates of victory; revelation of the games we play; encouragement, a soul faculty; elementals and thought forces; going beyond creation to be free.

CC-92

The Law of Self-Preservation; how fear, the Law of Self-Preservation, works; soul awakening; the inward journey; the principle of life; self-preservation, the magnetic field of our universe; rebirth in the light of reason; the bondage of our created gods; the meaning behind, “Put God in it or forget it;” how we know God’s love.

The Living Light Dialogue, Volume 5 includes transcriptions for the Consciousness Classes 93 through 139, or CC-93 through CC-139, and their synopses follow.

CC-93

The dream of life, the Law of Life; the Law of Evolution, the Law of Change; the eternal call of the soul; understanding from the heart, not the mind; following the Divine Principles of God; becoming receptive to the Laws of Joy, Health, Wealth, or their opposites; how we support our illusions and delusions by agreement; discussion on rejection, retaliation, and man's law of revenge; the mind's quest to capture the power of God; explanation of the cause of deception; making the effort to surrender to God.

CC-94

Obstructions that stand in the way of truth's expression; the mind, the great deceiver; listening for the soul to whisper the eternal truth to your mind; principle, the essence of truth; becoming aware of the separation between the mind and the soul; duty, gratitude, and tolerance; faith, poise, and humility; how to "Put God in it or forget it"; explanation of what takes place with the electrical and the magnetic bodies when there are no dreams to deal with a conscious experience; neutrality, soul perception, the superconscious, and total consideration; spiritual responsibility and the taking of life; educated conscience, spiritual conscience, and the golden rule; dreams and the Law of Life; ideas, thoughts, and spiritual awareness; evolution, the eternal Law of Life; maturity, man's true security; becoming receptive to God; the process of transference; discussion on babies who leave the earth realm to the realms of spirit, who cares for them, and how they learn about their true earth parents; pain, its reasons and manifestations, and how to free oneself from it.

CC-95

The Laws of Justification and Excuse; the bondage of suppression vs. the freedom of expression and total consideration; nine bodies in which the soul is encased and their direct relationship to planets in the solar system; freeing the energy through selfless service; the Law of Giving; finding freedom from jealousy, envy, and greed; comparison of logic and reason; a spiritual understanding of lying; rejection, retaliation, and the emotional body; the call of the soul.

CC-96

Responsibility, sanity, and surrender, a triune soul faculty, the handmaiden of the first and second soul faculties; balancing the electromagnetic field; responsibility, the

ability to respond; negative receptivity, known as failure and frustration; how the mind uses negativity to gain attention; understanding the vehicles through which our soul expresses; honesty, the only way to freedom; man's responsibility for polluting earth's atmosphere; animals, plants, and rocks are spirit, have mental, emotional, and physical bodies; learning faith through surrender; explanation of the level of consciousness known as universal motherhood, and the brotherhood of man; attachments and adversities; the plane of ozone, the protective shield of earth.

CC-97

Evolution, universal consciousness, gods and goddesses, and the cloak of creation; the nine spheres of expression and nine planes of consciousness in each sphere; astral, spiritual, mental, and physical bodies, and how we direct energy to them; universal consciousness, what it means and how to attain it; evolution, the Law of Life; courage, the unwavering commitment of the eternal soul to principle; the beauty of surrendering to God; gods and goddesses of creation, their duties and responsibilities; nature spirits, who they are and what they do; how nature spirits and man are affected by balanced and unbalanced thoughts; leaving the body according to Divine plan; "Love all life and know the light;" we are never alone, so choose your friends carefully.

CC-98

Faith, the rainbow over which the soul must pass to reach its fulfillment, freedom, and eternal destiny; the effect of abuse of the power of faith; the power of surrender; the understanding of motive; self-will vs. truth; why we use justification; communication between the dimensions; colorization of communication; raising one's consciousness to receive the light; criteria for weighing spiritual communication; sentiment; cryogenics and the soul; discussion on cloning; how to protect oneself from disturbing vibrations.

CC-99

The nine spheres, nine planes, and the nine energy fields (centers of consciousness) in the human being; fascination and the sleep of satisfaction; the simplicity of truth; crossing the bridge of reason to the eternal shores of light, freedom, and faith; reason and the power of faith; expansion of consciousness, what it is and where it leads; the principle of effort; facts and the letter of the law; the Law of Attachment; the laws of the universes; the great importance of the spoken word; the power of directed energy; surrender of the magnetic energy field within one's own

consciousness; repetition and the Law of Change; procrastination vs. responsibility; respecting the right of God to express in all forms at all times; caring for those less fortunate moment by moment; the effect of forgiving oneself.

CC-100

The principle of life and the idea called creation; good and evil; the Law of Duality; the Law of Negativity; directing faith through the soul faculties or sense functions; the cause of fear; what negative thoughts and feelings create; how to protect oneself from the bombardment of negative forms; the principle of effort; the hand of greed; logic vs. reason; security, individuality, and self-importance; finding freedom from the realms of darkness; what humility brings; seeing the good in all things; the bondage of attachment to form; the judgment seat of conscience; choosing between the light of surrender and the darkness of self-concern; how man's mind dictates his time of expression on earth; encouragement, the soul faculty on which you ascend; gaining freedom through balance; gratitude, the Law of Appreciation; Divine will, total acceptance; the telephone used as an instrument of descent; the cause of auric pollution.

CC-101

The river of consciousness, the stream of life; Law of Identity; Law of Satisfaction and Regret; Law of Self; Law of Irritation; the Law of Evolution; Law of Personal Responsibility; faith, poise, and humility; the foundation of the faculties; duty, gratitude, and tolerance; Law of Duality; Law of Comparison; remaining free and at peace by balancing the electromagnetic fields of consciousness; Divine Will; viewing objectively; wall of rejection; surrendering the level of consciousness to God; function of money, ego, and sex; explanation of greed; self-concern; the necessity of feeling good; hypnosis.

CC-102

The obstructions in consciousness that keep us from our joy, our peace, and our happiness; the absolute necessity of balancing the soul faculties with the corresponding sense functions; essence, principle, and immutable law; accepting experiences as revelations of the laws we have established; flowing harmoniously with God's natural, Divine laws; accepting the Divine right of the infallible laws of God; repetition and the eternal school of life; the effect of breaking the immutable laws; man's will or Divine Will and freedom; adversities and attachments; honesty, the principle through which truth and freedom flows; choosing to be happy and

fulfilled; man's mind does not evolve, only the soul; the world's simplest truth, "Love all life and know the Light."

CC-103

The laws established that govern one's eternal soul journey; how the soul consciousness expresses itself through the mind; identity, the Law of Bondage; total acceptance, the Law of Freedom; why man identifies with some things and not with others; the Law of Identity; what is principle; why man cannot perceive principle; how we can know our future, make a list of our adversities and attachments; Law of Adversity and Attachment; Law of Like Attracts Like; the necessity of broadening one's horizons and expanding one's consciousness; there is no escape from established law; the Divine Law of Freedom; questioning "Why this and why now?"; the promise of God is the fulfillment of God's laws; what it means to rise in consciousness; how fear controls the experiences that return to us; the letter of the law vs. the spirit of the law; "Not my way, but thy way, O God" is the path of true Light; becoming the example of freedom, joy, and reliance upon God; perceiving our motives by becoming honest with our soul; seeing the beauty and wonder of God's infallible laws; why the mind wonders about tomorrow; superstition; the Age of Aquarius, its spiritual, political, and social implications; explanation of knowledge and reason.

CC-104

The king of man's law and his children, fear, frustration, and fascination; the emotional state of trauma; negative faith and the laws of ego; explanation of fascination; the Law of Evolution is the Law of Eternal Progression; whatever in truth happens to us has been caused by us; how the soul faculties begin to awaken; gaining understanding; learning to trace in consciousness the true cause of each of our experiences; blessings are shared, not sheltered; think and think and think more deeply; explanation of man's Law of Deception; Law of Example; how confession frees the soul; becoming the living demonstration of eternal truth and freedom; education, an obstruction to unfoldment.

CC-105

The business of common sense and how it works in our life; what is the principle of effort; how to live a life of success; what happens when a person chooses the Law of Negativity; reflections from within; controlling our mind; success and failure; how we establish laws that govern all our experiences; the principle difference between humans and animals; the principle of choice; the dual Law of Joy and Sadness; the

dual Law of Pain and Pleasure; the dual laws of creation; expanding our consciousness to find the true wonder and beauty of life; to knock another is to knock oneself; the realms of satisfaction and regret; the Law of Fascination; “Dreamer, dream a life of beauty before your dream starts dreaming you.”

CC-106

Auric pollution and the Law of Disassociation; Law of Association; God, the Infinite Law; Law of Personal Responsibility; how to become the master of our ship and the captain of our destiny; soul faculty of duty, gratitude, and tolerance; “He who insists upon seeing the obstruction shall never find the way”; accepting that God alone is guiding our ship; the forces of frustration and emotionalism; need and denial; gratitude, the Law of Supply; continued supply through the Law of Acceptance; the light of reason and total consideration; Law of Success; becoming the rainbow of promise; the effect of griping, complaining, and blaming others; “Man’s needs are Divinity’s denials;” explanation of asthma; spiritual debt; automatic writing; application through communication; how one can discern between laws established by the mind and laws established by the soul; reformers and intolerance; neutrality, the perfect balance between attachment and adversity; granting unto God that which is God’s.

CC-107

Energy, the Source, and how it works for you; man, the receiver and transmitter; becoming aware of the energy fields and how its use controls our experiences; the Law of Division, the Law of Delusion; Law of Multiplication, the Law of Complexity; Law of Addition, the Law of God; Law of Subtraction, the Law of Evolution; Law of Gratitude; frequencies and how they relate to levels of consciousness; how to remove “difficulty” from attainment; explanation of, “Put God in it or forget it;” Law of Identity; freeing oneself from the Law of Creation, the Law of Duality; the forms of delusion; the Law of Acceptance; unity of life; Divine Will, total acceptance; example of how principal is the essence of truth and law; Law of Like Attracts Like and becomes the Law of Attachment; revelation and illumination; how man alleviates pain through acceptance; food and spiritual evolution; discussion on cigarettes and judgment; answer to a question on expanding one’s consciousness.

CC-108

Discussion on the function of decision, denial, and destiny, and the soul faculty of acceptance, consideration, and expression; negative faith, the magnetic law; the Law

of Bondage vs. the Law of Freedom; joy, the expression of peace; complexity or simplicity, our choice; gratitude vs. greed; explanation of why the past seems so wonderful to us; choosing judgment or the eternal moment; the true conscience and the educated conscience; Law of Personal Responsibility; the difference between judgment and acceptance; peace, the Divine neutrality, the perfect balance; how man knows which level of consciousness he is expressing; the necessity of the healer being well-balanced; acceptance, something good is happening; question on beings from outer space; the difference between sharing the Light and trying to change another; reason, harmony, and unity, as related to the respiratory system; why the meek shall inherit the earth; selfless service; what the shoulders and lower back represent; recognizing a greater authority.

CC-109

Discussion on humor and what it is in truth; the Law of Happiness; love, the language of the eternal soul; Law of Duality; how to guide a child; discipline, what it is and how it works; viewing children from the soul faculty of reason; balance, the effect of discipline; the realms of satisfaction and regret; guilt, rejected desire; spirituality, sexuality, and the Divine principle of exchange of energy; allegory of Adam and Eve and the Garden of Eden, and how it relates to each moment in our lives; balancing our universe through the faculty of reason.

CC-110

The Law of Delusion; the nature of the human mind and how it works in its identification process; the laws of evolution; freedom, the effect of self-control; laws of duality and the laws of creation; what it means when the mind desires to control; Law of Identity; why the need for sleep; Law of Personal Responsibility; finding Truth within ourselves; the difference between freedom and salvation; explanation of hypnosis; how curiosity leads to frustration; the bondage of fascination; the golden Age of Aquarius, the Age of Wisdom; how one may unfold the soul faculty of strength; the Law of Total Consideration and what it dictates; the Law of Unity; taking control of one's emotional body.

CC-111

The magnetic principle of life, the power of believing; the importance of affirmations; life, the dream of dreams; the wisdom of speaking less about our struggles and more about our positive experiences; the greatest magnet of all, the thought of I; clarification of the statement, "Presence is the Law of Solicitation;" the

origin of thought; explanation of the cause of claustrophobia; the difference between illusion and delusion; self-will or Divine will; the effect of expanding our beliefs under the light of reason; humility and the principle of discipline; the Law of Balance, known as reason.

CC-112

The teacher relates his experiences in the realms of satisfaction and regret; desire and the thought of I; the effect of surrendering the thought of I; the freedom of forgiving; commitment and the Law of Duality; Law of Identity; denial and fear; resignation vs. acceptance; revelations of inner attitudes of mind; explanation of addictive patterns; choosing freedom or despair; Laws of Give and Gain, effort and reward; how to free oneself from temptation.

CC-113

The teacher continues to relate his experiences from the realms of regret to the realms of pride and pity; why people allow their ego to obstruct the Divine flow of peace and happiness; how The Living Light Philosophy is composed to awaken within one's consciousness the soul and its true potential; spiritualizing psychology through demonstrable laws to help free the mind from its own limitation; the many garments Truth wears that it may enter the consciousness of man; the "goddess game" and humility; the Law of Continuity; soul talent; doubt, the force of fear; an explanation of, "That which is mine knows my face and is already on its way to my heart;" middle C, balance and reason; musical notes and the soul; boredom, selfishness, and where it can lead.

CC-114

The teacher explains the purpose for revealing his personal experiences to the class and continues with more of his history in the realm of pride and pity; the Law of Identity; the necessity of facing change with courage and the spirit of joy; the power of the soul and the force of the mind; the cause of high blood pressure and how to control it; facing the tapes of our subconscious mind; irritation, an indispensable ingredient to freeing the soul; the benefits of expressing one's soul talent; testing the spirit; principle vs. license; the Law of Unity; the Law of Merit; clarification of the statement, "The caution of reason brings the joy of understanding and the wisdom of consideration."

CC-115

The teacher reveals more of the journey of the soul; spiritual significance of baptism and sacraments; evolution of soul talent; Law of Continuity and the faculty of reason; fairy tales, elves, and nature spirits; Law of Personal Responsibility; gaining control of the negative-positive poles of our being; what happens when we entertain in consciousness that the cause of our experiences is outside of our own domain; discipline and continuity; the jewels of life.

CC-116

Continuing journey on the continent of conscience; the spiritual significance of crucifixion; Law of the Evolving Soul; faith, the principle lesson of the earth realm; comparison of the animal ego to the human ego; simplicity, complexity, and the Law of Division; male chauvinism, what it is; the purpose and duty of the ego; Law of Temptation; deception and fascination; feeding the level of self-importance; Law of Attachment; commitment and total consideration; personal responsibility and the Law of Continuity; guiding desire in the light of reason; learning to view the faculty of reason; Law of Balance and Good; discussion on reformers, vengeance, and surrender; the dream of life; the soul conscience; becoming attuned to the universality of God; peace, the precious jewel of life; freedom through acceptance of Divine Will; eternity, the moment of now; rising in consciousness to love all life and know the light.

CC-117

The teacher reveals a bit more of his journey on the continent of conscience; why the mind equates time with money and security; discussion on time and money pressures in relation to frustration or fulfillment of desires; how to free oneself from the emotional or guilt-ridden tapes of an image-shattering experience; Law of Suppression; Law of Adversity; the freedom of making greater effort to expose the things that cause our emotional disturbance; gossip, what it means to us; encouragement and criticism; the illusion of time; the eternal moment; love, the great magnet; how to be receptive to spiritual guidance; concentration, the key to all power; duty, gratitude, and tolerance; explanation of the Lord's Prayer; the Law of Temptation.

CC-118

Discussion on the evolving soul as it passes through creation; the eternal journey; Law of Payment and Attainment; shedding the garments of creation; the Law of Freedom, the Supreme Law; Law of Change; Law of Evolving; using affirmations and

breathing exercises as a means of gaining greater objectivity; Law of Application; why thoughts that we hold become the Laws of Rejection; concentration, the key to all power; gaining control of our magnetic field to bring it into balance with our electrical expression; symphony of the spheres, perfect balance in all levels of consciousness; the cathedral of the eternal soul; passing through the door of honesty to find the perfect note of balance; duty, gratitude, and tolerance; faith, poise, and humility; gaining the courage of our convictions; why the mind registers need; Law of Receiving; Law of Giving; the wisdom of valuing priorities of our eternal soul above temporal things of creation; standing firmly on the rock of principle; the Law of Commitment; the purpose of life.

CC-119

The relationship of mental patterns and physical disturbances, and how to take corrective measures; how to use pressure points to redirect one's energy in times of emotional stress; choosing the path of the Divine Spirit over the path of the created mind; more of the teacher's experiences along the river of consciousness; strength of character, great determination, and a total absence of fear — the tools to rise within oneself.

CC-120

A bit more of the teacher's personal history; how to balance compassion with reason; the dangers in indiscriminate sittings for meditation; Law of Continuity; Law of Respect; Law of Consideration; explanation of the affirmation, "O compassion of my soul, gratitude has shown life's goal;" why the sins of the father are visited upon the third generation; Law of the Trinity of Truth; time consciousness and the Law of Identity; the Divine right of choice to identify; how to free oneself from the delusion of lack; directing one's attention to the way, rather than the obstruction.

CC-121

The teacher continues his story; the key of surrender; discussion on need and practicality; the Divine principle of generosity; fear, the force and control of our mind over our eternal being; the true meaning of poise; indirection, demonstration, and acceptance—the path of truth; the universality of consciousness; precognitive experiences, and how to help another soul; why the principle of effort is a lack of concern and guarantees success; Law of Duality; Law of Concern, Law of Effort and Reward; the Divine Law and principle of neutrality, known as joy; selfless service, the path to spiritual illumination, good mental and physical health.

CC-122

More of the teacher's journey in the realms of self-preservation; objectivity vs. concern; how to bring balance into one's life; making the constant effort to entertain thoughts of peace and beauty; discernment, the awakening within one's own being; perceiving the difference between the mind and the eternal soul; unity vs. judgment; explanation of the teaching to never leave a soul worse than you found them; change, the eternal Law of Progression; desire, the Divine expression; the level of universal being; pride vs. gratitude; aspiration and desire; the benefits of daily meditation; the meaning of faculties and functions; the power of the spoken word; discussion on sex and sexual relationships; how Serenity became a school; inner growth through the process of duty, gratitude, and tolerance; viewing the mirror of ourselves in those around us; the realms of the Divine Spirit.

CC-123

Accepting that life is the way we choose to make it; wanderings in the realm of self-preservation; freeing oneself through faith, poise, and humility; how to transform our thought forms into forms of beauty and light; teasing and tempting, a method of control; vengeance and revenge, and where it leads; alchemy and the laws that govern formation; attitudes and thoughts, and the chemical reactions and changes they cause within the physical body; healing by lifting the soul consciousness to a level of Divine neutrality; why we are "our brothers' keeper;" repetition, the Law of Change; the process of the soul's rising in consciousness; gaining understanding, dignity, consideration and Divine love.

CC-124

The teacher reveals more of his experiences in the realms of self-preservation; repetition and the Law of Change; the true value of the five principal steps of creation; Law of Seeking; why a variety of diseases can affect the same organ of the body; description of the animal realms, the training they receive to face their responsibilities and their duties in the realms of Light; Law of Attachment; awareness, perception, truth, and aspiration; freedom, the direct effect of self-control.

CC-125

The teacher explains how he ultimately freed himself from the realms of self-preservation; being in creation and not a part of creation, being with a thing and not a part of the thing; freedom, the effect of self-control; how the teacher qualified

himself to serve the Light; detailed response to the question, “When a medium is in trance, what effect does movement of the sitters have on the physical condition of the medium?” How to create angelic forms of goodness, beauty, and joy; graciousness, the joy of dignity; how we establish the mental law which causes our denials to become our destinies; soul faculty of duty, gratitude, and tolerance; remembering the Divine source with regard to material possessions; attaining the golden key of wisdom through the efforts of gaining understanding; acceptance, the will of God.

CC-126

Change, the Law of Repetition, the path of evolution; surrendering to the Divine Law of Acceptance; demonstrating the Law of Personal Responsibility through the second soul faculty of faith, poise, and humility; how self-related thoughts keep the soul bound in creation; how to flow in an unobstructed stream of life known as heavenly consciousness; reason, the power that transfigures; response to a question about chakras; lack and limitation vs. Divine abundant flow; motive, the true essence, the true cause of all our experiences; making the choice between the Law of Payment and Attainment or the Law of Divine Flow; recognizing the benefit of directing the mind to selfless endeavors; discussion on the White Light and meditation; concentration, the key to all power; the Law of Association.

CC-127

The great White Light, the essence of all life; the benefits of meditation; readjusting our priority values; mental realms vs. spiritual realms of consciousness; attachment to form; why it is difficult to release a thought; how to save centuries in the so-called hereafter; the teacher explains the motive of bringing The Living Light Philosophy to the students; the value of applying what has been given using the light of reason and total consideration; the consequences of applying the teachings only with the mind and without the heart; the importance of motive; discussion on the detriments of meditation; placing the work of the Divine first; the greatest truth ever brought to earth: surrender; giving vs. loaning; our Law of Personal Responsibility to be the instrument through which the evolutionary process takes place harmoniously, peacefully, and joyfully, to blend with all of life; taking control of the process of identification by identifying with balance and reason.

CC-128

Meditation, a total surrender of the mental process that stands between you and your eternal being; the teacher continues on with discussion and expansion of the

process of meditation; total acceptance, Divine will; viewing our priorities and desires as an observer; accepting our lessons and opportunities in joyful surrender; moving through the emotional realms of consciousness; accepting personal responsibility for our thoughts and our acts; demonstrating the Law of Gratitude from the heart; the Law of Divine Flow, known as gratitude; controlling the thought of I; moving through our destiny to our home which is eternal.

CC-129

In the first class of a new semester, the teacher explains the basis of The Living Light Philosophy, about the evolution of the soul, the Law of Personal Responsibility, and that God, the Infinite Intelligence that holds the planets in space, is a God of Principle in keeping with demonstrable, natural law; how man creates his own Law of Judgment; how to truly enjoy what life has to offer; the method of freeing oneself from the experiences of yesterday; emotions, the rigid judgments of yesteryear; acceptance, the will of God; concentration, the key to all power; concentration, meditation, and manifestation; surrendering to the Divine authority; desire, the Divine expression; why man experiences need; recognizing opportunity through the faculty of tolerance; seeking the cause of effects and not the effects themselves; experiencing the fullness of life by placing God in consciousness at the moment of desire.

CC-130

Discussion on the Divine trinity of love, will, and expression, total consideration, total acceptance, and Divine desire; the process of Divine Grace; explanation of desire, the Divine expression; the value of encouragement and constant prayer; judgments and the thought of I; the teacher speaks on the advantages of attending class over merely listening to class recordings; explanation of how familiarity breeds contempt; how one is affected by the whole and how the whole is affected by one; unity, the way out of procrastination; the responsibility of the spiritual healer.

CC-131

Discussion on the physical, material world, which is an effect of the mental and spiritual realms; how we are deluded by the stepping-stones to the attainment of our desires; accepting the true cause of things; the teacher speaks on the groundbreaking for Serenity's new home; how to reach the soul of an individual through motivation, consideration, and understanding; the benefits of the Law of Giving; flowing with

Divine Law; our demonstration of faith in bringing God's home into the world; the benefit of acceptance of Divine will over the acceptance of poverty.

CC-132

Identity and the Law of Destiny; identifying with freedom; peace, the way to keep from being bound and controlled by one's experiences and identifications; discussion of the eternal journey and destiny of the soul; destiny, the direct effect of mental thought processes; creation, a mental attitude of mind; attitude, the Law of Vibration; viewing what the throne of judgment truly has to offer; accepting our right to an attitude that is beneficial to us; how man frees himself from laws he established through errors of ignorance; being the witness of eternal life; possession, denial, and rejection vs. goodness, happiness, and joy; taking an example from animals; freeing oneself from the dictates of the human mind.

CC-133

The function of reliance, the expression of self-will, and the faculty of acceptance, the expression of Divine will; separating truth from creation; the Law of Reliance and the experience of loss; broadening our reliance to view other dimensions in which we are expressing; accepting the possibility of something greater; man's eternal right to know the cause of all things; understanding the cause of discouragement; freeing oneself through self-control; physical characteristics and attitudes of mind; communication with the plant and animal kingdom; love, the language of the soul; accepting the right of Infinite Intelligence to express through everything; explanation of the gift of self.

CC-134

Discussion on possession, a mental illness known as fascination; the value and importance of affirming the divinity of the eternal soul over the dictates and demands of changing creation; how to be freed from the disease known as fascination; standing at the threshold of eternal Light; expressing the totality of acceptance through the heart, the vehicle of the soul; making effort to free oneself from the functions of jealousy, envy, greed, and fear; love, the language of the soul; repetition, the law through which change is made possible; discussion on the spiritual laws transgressed by writing checks with insufficient funds in the bank; Law of Intent; the Law of Deception; the Law of Personal Responsibility; praying for God's compassion and forgiveness for our errors of ignorance.

CC-135

Procrastination, the Law of Obstruction; discouragement, the last effort made by the patterns of yesterday to keep control of our lives; finding the way toward the principle of joy and eternal freedom in the moment of now; disciplining the mind, an integral part of illumination; the conscience of the educated mind vs. the conscience of the eternal soul; a step-by-step explanation of the Divine Healing Prayer, the affirmation of the eternal soul; identifying with universality; how we establish the Law of Separatism by identification with self; self-will, judgment, and the Law of Temptation.

CC-136

Destiny and how it works for you; how we establish the Law of Denial; accepting that we and we alone are the cause and the effect of all our experiences; becoming the actor and not the reactor; searching for the cause with the discipline of reason; temptation, fascination, and procrastination; forgiving the attitudes of mind that we entertain to gain a greater understanding of ourselves; the effect of understanding; the moment of now, your eternal moment and greatest asset; revelation and reason; how to open the first two soul faculties; response to a question about a child being fearful of the dark; response to a question about the use of narcotics or alcohol; accepting how we set the Law of Stealing into motion; in accepting all things, we are bound by no thing.

CC-137

Progress report on the building of Serenity's temple.

CC-138

A short briefing about building Serenity's new home; accepting our right to experience the goodness of life; how denying the right of another denies the right of our own soul; discussion on the beginning of form; the laws of expanding identity and how we evolved to our present form; experiencing the peace that passeth all understanding; the path of freedom, the path of Divine will; the process of transformation; the Law of Judgment vs. the Law of Forgiveness; learning to prosper in all our endeavors in life by putting peace, the power of God in all our thoughts, acts, and activities; learning how to awaken within ourselves; response to a question on acceptance and denial; freedom, the direct effect of self-control; looking at life as an observer, a witness of all that passes before our view; looking beyond the illusion

of form to view the eternal Light within all form; discovering the power of the Light through the Law of Total Acceptance; there is only one Light, one Life, and one Love.

CC-139

A short progress report on the construction of Serenity's new home; discussion on the Divine principle of giving; the gift and the giver; Law of Receiving; broadening our horizon to grant Divine goodness to all of life; how our rejections eventually become our acceptances, and the foundation stones on which to rise higher in consciousness; the cause and effect of fascination and procrastination, and how to free oneself therefrom; how the superiority of the human mind over the eternal soul is established; why we identify with denial.

The Living Light Dialogue, Volume 6 includes transcriptions for the Consciousness Classes 140 through 186, or CC-140 through CC-186, and their synopses follow.

CC-140

Explanation of why one fascinates and procrastinates; the battle between the created mind and the eternal spirit; knowing what one must do in life; healing through the power of peace; spiritual healing and one's receptivity to it; freeing oneself from judgment by accepting the small things in life as well as the great; how God's healing power works through the human temple of God; going beyond duality within your own consciousness to look at life, the dream; the deception of identity and individuality; uniting oneself in consciousness to become the whole, the oneness, the truth that frees; life, the principle and essence of the Light itself; the Law of Change, the Law of Evolution; becoming receptive to the vibratory wave of peace to hear the symphony of the spheres; how we establish an opposition to that which we seek; why the Law of Opposition is stronger than the Law of Seeking; whatever you seek, place peace first, place God in front of your desire.

CC-141

Discussion on the wheel of experience created by the thought of I; the value and importance of peace; accepting personal responsibility for all of our experiences, and finding the good therein; how the Law of Repetition brings about the necessary changes in our life; how to fulfill the purpose of life; what blinds us from the cosmic consciousness; what causes us to fear, and how to overcome it; how all life serves a good and useful purpose, even the flea; discussion on the principle of marriage; response to a question on competition; aspiration and determination.

CC-142

Standing at the crossroads of consciousness; discussion on our journey in time; awakening in consciousness to the other bodies that we are inhabiting; becoming more alert to the power of our thought; how to live a life more joyous, more happy, and more peaceful than you have yet known; accepting the beauty and the clarity, the infallibility and the perfect balance of Divine Law; the delusion of the thought of I; the Law of Personal Responsibility; man, the creator of mental worlds of consciousness; how the thoughts of men affect the weather of the planets and all of life; becoming an instrument through which a perfect balance, a perfect harmony flows unobstructed through you into the universe, and thereby moves you into the Divine flow of God; why patience is painful to the mind; explanation of cancer, how it

occurs, and how to bring about a healing balm; discussion of the obstructions to one's desires in life, their cause, and how to remove them; bringing the positive and negative, the power and the force, into perfect balance so that God and you become a majority.

CC-143

Discussion on how to free oneself from repetitive experiences caused by unbeneficial thought patterns; how certain thought patterns dissipate the Divine energy and stand as obstructions to the fullness of one's life; establishing new laws through the power of peace; the Law of Continuity; friction, experiences, and our reality; friction and the Law of Duality; freeing oneself from the Law of Friction to evolve to higher realms of consciousness; how the mind views everything in dual aspect; how every gain is a loss, and every loss is a gain; dethroning the false gods of creation; recognizing that one is healed through the heart, never the head; using the Law of Continuity to rise to the paradise that is your true home; the parallel laws of life vs. the vertical laws of life.

CC-144

Discussion on the Rulers of Judgment; the image of judgment; becoming aware of a thought bombarding one's consciousness; choosing the horizontal path or the vertical path of life; time, the greatest illusion known to man; the power of eternity that is in the moment of one's awareness; the false gods of man, the rulers of the mental realms; concentration, the key to all power; man is a Law unto himself, and that Law is used or it is abused; the gift of life; spiritual awakening, the effect of mental control; "Put God in it or forget it," the means by which all things are made possible; the reason why man refuses to give his thoughts to God; separating truth from creation; living in the universality which in truth we are; accepting the wisdom of the Intelligence that sustains all life, in order to be freed from the control of the false gods of creation; the rise and fall of thought forms; the purpose of man's incarnation; how to educate one's thought forms; man's personal duty and responsibility to educate the vehicles through which his soul is expressing; God's Law of Perfect Balance; the heart, the home of your soul; going beyond "good and evil" to the sublime peace and joy of true living.

CC-145

Unfulfilled desires, man's most common ailment; discussion on the balance that brings peace over the Divine expression known as desire; how desire becomes a

creative force; how to educate the human senses in order to bring balance to our lives; learning the wisdom of patience; how to awaken unity within us; discovering how we limit acceptance; fear, insecurity, and the search for security; how we develop fear; the Law of Solicitation; awakening the soul faculty of reason; faith, poise, and humility; duty, gratitude, and tolerance; how to know whether or not your faith is directed to the Light; educating the human ego through acceptance; changing our destiny; the effect of the payment of pride; response to a question on humbleness and humility; explanation of the saying, "Fear is the fulfillment of desire;" how the functions protect through denial; self, the cause of man's great pain and suffering; becoming aware of the force of thought and the form of thought; promise, the effect of Divine Law; reaching the end of our search to find our beginning.

CC-146

Discussion on service and survival; how Intelligent Energy becomes the creative force; becoming the strength of our eternal being; accepting the possibility of something greater; the effect of flooding the consciousness with the power of peace; viewing life's passing panorama with objective reason; presence, the Law of Solicitation; life, the stream of consciousness that sustains ever-changing form; response to a question on what happens to the soul in the process of cryogenics; the meaning of universal consciousness; relating our desire to the Divine Intelligence that it may be fulfilled; imagination vs. fascination; freedom through giving; forgetting the thought of I.

CC-147

The teacher continues on with the discussion of thought forms and how they are created; directing the thought on the upward path, through the power of peace, to freedom; Divine equality vs. judgment and duality; directing thought on the upward path or the horizontal path, our choice; how to awaken to the truth of eternal existence and consciousness; fear, the mind's control of the eternal you; patience, the wisdom of the Divine; destiny (our denials) at our command; the Law of Evolution, constant change; freedom from reliance upon form by broadening our acceptance; educating the human ego; discussion about the Garden of Eden; the benefit and meaning of *selfless service*; awakening through your heart.

CC-148

Energy and thought, and our choice to direct it; explanation of what happens when thought is sent upward on the vertical path or when it is sent on the horizontal path

of creation; the power of peace vs. the call of creation; the Law of Self-Preservation; an idea, the effect of inspiration; the importance of nurturing an idea; the Law of Identity; the struggle between identity and universality; broadening our horizons to encompass the allness and goodness of the Divine; the totality of acceptance; the value of spending more time encouraging ourselves; how to remove fear from our being; taking charge over all creation; tracing the causes of disease to a pattern of mind that has transgressed the Law of Harmony; instantaneous healing through the light of reason; peace, the epitome of harmony; opening the doors of heaven through acceptance, the Divine will; the plane of purification; response to a question about muscular tension; distinguishing between interest and fascination; the difference between being the observer or the observed; the spiritual significance of the eyes; viewing life through your heart; awareness vs. deception; taking a new perspective about life and what it truly is.

CC-149

Personal messages from the spirit to individual class students.

CC-150

The expanding consciousness, the Law of Evolution; the creative principle, the Law of Identity; how resistance creates our problems; the Law of Ignore; working our way to freedom; standing on the demarcation line between principle and personality, faith and fear; becoming aware of the world as it truly is; the Law of Total Acceptance; how to broaden and truly expand your consciousness; how lack of resistance brings freedom; understanding how denial and resistance are born from the same principle; what the Divine principle of nonresistance implies; the work of the angels of Light and the angels of the lesser light.

CC-151

Identity and the Law of Evolution; how the affirmation, "I accept," helps to separate truth from creation; the value of acceptance; fear, the great ruler of the human mind; what causes the experience of fear; accepting the responsibility of being a creator; choosing wisely what you shall create; the nine bodies through which we in truth express; how everything is an effect of directed energy; force, the power of the mind; what takes place in the human mind whenever you challenge anything or anyone; accepting the goodness of life; remembering that you and God are a majority; lifting our soul through the faculty of encouragement; finding our heaven while yet on earth.

CC-152

Beginning a new semester, an explanation is given to the new students about the philosophy and how the class unfolds; how movement during the class is detrimental to the student as well as to the channel; discussion on the eighty-one levels of consciousness; thought, a vehicle through which God moves in a plane of consciousness; the process of thought, the creative principle for which we bear a great responsibility; understanding the value and benefit of simple and sincere prayer; moving through awareness to objectivity through detachment and on to universal consciousness and freedom; allowing ourselves to let go graciously and freely so that we may graciously and freely receive; the path of evolution, its beauty, light, and spirit of joy; melting away the barriers of identity through the efforts of peace; using the forms of creation as vehicles through which man may express as an instrument of the light for the refinement of the forms; how we contaminate the purpose of our evolution; auric pollution, its cause and effect; work, the manifestation of the Divine Intelligence called love; forgiveness, the true blessing that brings us the freedom we are seeking; giving or loaning; going home in consciousness to be healed; total acceptance, the will of God; total consideration, the love of God, Divine love; God's will is the evolution of all his children; expanding the soul faculty of humility; how to experience the fullness, abundance, and goodness of perfect health, perfect wealth, and perfect happiness.

CC-153

Discussion on the concept of holistic health; why healing is only necessary for the body and mind, not the soul, which is uncontaminated; the mental body, the true cause or lack of rapport between soul and the fullness of the soul's expression; correcting the errors and patterns of mental substance which builds discord or disease; why the process of awakening is necessary for the vehicles and not the true being; correcting the impression that all great religious figures and prophets are men; response to a question which asks whether the women's liberation movement is a step forward or a step backward spiritually for women and for society; the two causes of dreams; becoming aware that there is a body for each level of consciousness; the necessity of having the vehicle of our spiritual body sufficiently formed that we may see, hear, know, and feel spiritually; the Law of Constant Change; principle vs. personality; the true meaning of understanding; finding the principle upon which all creation rests; the Law of Recommendation; how to best prepare oneself for a peaceful night's sleep; the lessons of the planet Earth which offer to us the great truth of where we have directed our faith; what happens when we desire the effect, and no longer desire the awakening of the cause within our consciousness; seeking the good in each experience, for in each experience God is there; reeducating the mind to accept what we already know; understanding the Divine flow of expression; what it means to be in charge of all creation; belief and identification; the effect of believing in the fullness

of life; the Law of Identity; bowing the pride to accept the right of peace, abundance, goodness, health, wealth, and happiness; the imbalance between scientific advancement and spiritual awakening on our planet; destruction and pollution of the planet; what is meant by a sterling character; motive vs. temptation.

CC-154

The Law of Life, expression and experience; the unfoldment of the soul through forms; the Law of Change; how our obstructions are being removed through the evolutionary process of refinement; bringing the faculties and functions into balance; perfect balance, the awakening of the faculty of reason; discussion on the experiences taking place in other realms of consciousness in our daily activities; the laws of creation, the responsibility of the mental realms; awakening to spiritual levels of consciousness by a conscious effort of directing energy through the soul faculties; the way to bring oneself easily and quickly into balance; becoming aware of our true purpose in life; the battle between truth and creation; the Law of Building and the Law of Constant Change; learning to accept, without reservation, our right to the fullness of life; see what takes place in the moment that you declare, "I accept;" uniting in consciousness through the power of peace; how we establish the Law of Sadness and guarantee the experience thereof; response to a question about the importance of work; discussion on the subject of naiveté; tranquility, serenity, peace; response to a question about prayer; how we can give a desire back to God; desire, the Divine expression; God, the epitome of total acceptance; becoming an instrument of the Divine.

CC-155

A journey to the realms of idea; how an idea is made manifest; returning to the Allness, the unity of all of life; individuality, the effect of the principle known as idea; expanding our acceptances and the Divine right of all of life; standing firm on principle through the soul faculty of courage; the importance of a moment to pause in consciousness; how our thoughts affect the universe; learning the wisdom of patience; looking for the good, the essence of God, in all of life's experiences; the transmutation process of mental substance; how to place the thoughts we entertain before the light of reason; the throne of judgment, the effect of the thought of I; the thought of I, the maker of the laws of our mental universe; fear, the weapon that controls us; freedom from fear by faith in the eternal light called God; the benefits of the soul faculty of patience; the Law of Patience; separating truth from creation in the moment we pause; the opportunity to grow and expand our consciousness; the beauty of change; the fountain of youth; harmonious thought, the way to health and youthfulness; how to find the cause of all our experiences; the faculty of gratitude, through which God's

love flows unceasingly; gaining Divine will by giving up self-will; the fantasy realm; pride, sex, and the soul faculty of humility; finding peace through harmony, balance and reason; overcoming attachment.

CC-156

The Law of Application, its use and misuse; accepting the possibility of something better; why positive thought does not work for everyone; uniting positive thought with the soul faculty of reason; how to recognize opportunity when it knocks; the path of possibility; the paths of joy, abundance, goodness, and peace; the benefit of thinking humble yet well of ourselves; change, the joy of life; learning the greatest of all lessons, to be with a thing and not a part of it; the realms of beauty available to all; becoming the captain of our destiny; the three steps of creation; believing in our right to the fullness and goodness of life; work, the manifestation of love.

CC-157

Repetition, the Law of Change and the Law of Form; moving beyond the realms of duality; finding freedom in the moment we pause to experience the joy that is truly life; the path of nonresistance, the path of peace; becoming the captain of our ship of destiny and not the ship itself; the power of peace; identification and belief; the Law of Refining Evolution; consciously choosing to identify with the fullness and abundant good in life; insects as ancient symbols, what they represent and their spiritual meaning; response to a question about serving on a jury to judge another soul; flooding the mental realms with the power of peace; moving beyond time and space and limitation; cosmic consciousness, the true inner awakening; the Law of Repetition and Identity.

CC-158

Viewing the form of the spoken word; concentration, the key to all power; learning to choose wisely our spoken words; looking to the contradiction that takes place within our own mind to learn why we are unsuccessful; reason, the key to success; how we can best express the Divine neutrality that flows through us; how to demonstrate the Divine will of total acceptance; the necessity of learning to separate our eternal being from the many created forms, attitudes, and levels of consciousness; making the daily effort to find our way through the realms of dual creation; peace, the power of change; self, ego, and mind; the Law of Evolution of Form; the function of hunger and the soul faculty of patience; what happens when we identify with self; selfless service, the true and only path to spiritual illumination; response to a

question on what takes place when someone requests spiritual healing; the constant process of movement by form vs. the light of perfect stillness; the great void; tolerance and friendship, logic and reason; conceit vs. acceptance; the necessity of educating the human ego; explanation of the expansion and contraction principle; personal responsibility for all of the forms we have created; the Law of Self-Preservation; educating the forms with the soul faculties of compassion, reason, and love.

CC-159

The difference between knowledge and application; freedom from the throne of judgment; pride and judgment vs. freedom of the soul; response to a question on cloning; the reason why organ transplants in the human body are often rejected; the difference between understanding and wisdom; how to deal with financial problems on a spiritual level of consciousness; accepting a greater authority in our lives; asking for guidance in the light of reason; tolerance, the first step in acceptance; God, the impartial sustainer of all; negativity, judgment, and pride; self, a suffering entity unwilling to change; the importance of forgiveness in unfolding tolerance; the underlying cause of anxiety; the illusion of time and money pressure; acceptance, the will of God; rejection, retaliation, revenge; the cause of frustration; “And so physician, heal thyself and ye shall be the demonstration of the healer of God;” explanation of how things that seem contradictory are often the same in principle; freedom here and hereafter; the spirit of spontaneity; evolving our acceptance of truth; truth, the spirit of life itself; explanation of what is meant by the “Holy Ghost” in many religions; procreation; how an actor in a play can set laws into motion that affect his personal life; music and color, the language of the soul; living the fullness of your life by being in the Divine infinite moment of neutrality.

CC-160

Identity and the Law of Responsibility; locating the control center for the vehicle of thought; controlling one’s thoughts by control of the breath; the thought of I, the Law of Identity; the Law of Return; peace, the power of God; awakening to the intelligent beings in the universe; the future of the earth’s religions; the Divine right to change our identification; freedom to move in the realms of peace, harmony, and abundant good; growth and expansion through movement; willingly accepting the new; taking control of identity that there may be a flexibility in one’s life to enjoy life; health, wealth, and happiness, and inseparable triune soul faculty; application, a soul faculty through which the Divine being moves; application means total expression of the being; success and the soul faculty of tolerance; the freedom of forgiveness; duty gratitude, and tolerance, a triune soul faculty; accepting the broader horizons that are before us this moment; becoming aware of what we identify with.

CC-161

Discussion on the thought of the lack of money; how we deny the abundance which is waiting to manifest in our lives; how we establish the Law of Denial; acceptance, the will of God; how to free oneself from mental experiences; the heart, the vehicle through which the soul expresses; life, the effect of directed energy; standing at the crossroads on the planet of faith; learning to recognize the masters of our soul; the eternal moment; facing the masters of the sense world; making the choice that all people must make, to choose the path of light or to stay in the shadows of the night; the three masters that stand between us and the eternal light; communicating on levels of consciousness to which we are receptive; how to communicate with levels of peace and harmony, reason and common sense; the thought of I and the house of self; friction and the creative principle; what happens when we direct our faith to the mental world; experiencing peace, the power of God, in neutrality; fear and friction; controlling the mind; the Law of Evolution; accepting the right of the thought; the necessity of controlling all vehicles of expression through which our soul is moving.

CC-162

The Divine Law of Acceptance; how we are controlled by that which we reject; how to gain control over our experiences; improving oneself by forgetting oneself; the Law of Creation; how to rise our consciousness and lift up our soul to realms of peace and harmony, and experience the goodness and fullness of life; how to free ourselves from judgment; how our spirit guides and teachers work with us; response to a question about why people are persecuted; need and the thought of self; using the tools of life wisely; the process by which a sense function becomes a soul faculty; courage and how faith bolsters it; God's promise, the fullness of life; the moment of now, a moving stream of consciousness; fascination, the demonstration of the Law of Greed; learning to pause and experience all of life.

CC-163

In concluding the semester, the teacher discusses how we came to be; the illusion of time as it relates to experience; the purpose of being; awakening to the reality and the totality of life herself; form and the Law of Resistance; balancing loss and gain; division, the Law of Form; presence, the Law of Solicitation; soul mates and guardian angels; how to rise above limitation; viewing circumstances as an effect of laws that we have established; accepting the illusion of time and space; the payment of denial; our power to apply a better way in our lives; expression, the nature of the Light; boredom vs. enthusiasm; repetition, the law through which change is made possible; how we deny our divinity and build the walls of obstruction; accepting the abundant goodness of life; experiencing the will of God.

CC-164

Beginning a new semester; the Law that quality, not quantity, and unity, not dissension, is in truth the key and the path to success; applying The Living Light Philosophy from the levels of reason and consideration to find our success in life; accidents and experiences; making a change within our consciousness that we may direct intelligent energy to our present desires; the freedom of forgiveness; the great value of acceptance, freedom from judgment and the path of denial; desire, the expression of God, the Infinite Intelligence; the Law of Directed Energy; the allegory of the Garden of Eden; knowledge and the Law of Duality; how we establish the path of denial; life: movement, motion, and expression; patience, the path of freedom; how to make changes in our lives; the incomparable realms of spiritual light, peace, and beauty; acceptance, the will of God and the freedom of the soul; fear, the force of the mental world; how to free ourselves from fear; identifying through total acceptance with the infinite light; the value of flooding our consciousness with the will of God; how to experience the joy that is our infinite divine birthright; the blessing of return in keeping with the original motivation; the path of pain and pleasure; joy vs. pleasure; reason vs. pain; the value of exposure to the light of reason.

CC-165

Discussion on the planes of consciousness known as discouragement; understanding the true cause of discouragement; patience, the open door with a light of reason that never goes out; the wisdom of patience; how the mind controls the true being; how the power of faith, directed in a positive way, can move all obstructions; how fear creates with directed energy; the benefit of staying free from self; becoming a part of the Divine Intelligence through disassociation; the Law of Fear; the Law of Separation; applying the Law of Disassociation; accepting the possibility in our heart; the forty functions of the form and the forty faculties of the soul; self-preservation and the natural force of creation, fear; the function of humiliation and the faculty of humility; joy, the expression of harmony in all levels of consciousness; response to a student's question: A man in desire; the cause of weight problems; knowing your real motive; the solar conscious; mathematics, the key of the universe; how to communicate with other forms of life.

CC-166

Personal messages to the students' questions about their earthly journey.

CC-167

Applying the laws and reaping the harvest; experience and effects; how to bring about a change in our life; beginnings and endings in a mental world; direction and redirection; consciously choosing our beginnings and endings; how to bring about balance between the functions and the faculties; opening our heart to the great wonders of life; becoming aware of the echoes of the mind; experiencing what God can do through the power of faith; life's response to the broadcast of our mind; all experience, a return of a level of consciousness; fear, the effect of judgment; becoming once again a unit of the whole; moving from universal consciousness to limited consciousness by the Law of Identity; how we maintain the illusion of individuality; casting the light of reason over the Law of Identity; how the human mind truly works in relation to need.

CC-168

Bringing about the necessary changes in our life that we are seeking; the spirit of unity; the Law of Evolution and the cycle of repetition; facing our true purpose; the cause of the great imbalance with the nature spirits, and the detrimental effect out into the universes; the importance of stemming the tide of discord and bringing about a greater harmony on earth; facing our universal responsibility.

CC-169

The process of awakening; the Law of Irritation and Change; the principle of evolution; the Law of Destiny, the effect of our own denials; our true destiny, the fullness of life; imagination, the gateway to heaven; the effect of directed energy; facing the Law of Personal Responsibility; freeing oneself by acceptance; identification and acceptance; descending from universal consciousness to limited consciousness; following the path of neutrality; the importance of daily moments of silence to keep on a path of reason and balance; the path of nonresistance and an ancient teaching; separating truth from creation to find the way; experiencing a much happier life by considering more than the limited self.

CC-170

Cherishing our beginnings; uniting levels of consciousness for the purpose of accomplishing good in our lives; the Law of Beginnings; sharing vs. controlling; the prompting of motivation; attachment vs. the freedom of true understanding; freeing oneself from the level of control; why we attach to things and people; the purpose for

life expression, to serve; becoming aware of what we are serving; the necessity of flooding the consciousness with peace, the power of God; the purpose of the soul; the Law of Choice; reclaiming our divine birthright, our right of choice; the force of the spoken word and the power of silence; how we establish the Law of Debt; the right of choice, a moving, Divine principle.

CC-171

Finding the good in our experiences; viewing the stepping-stones to the attainments we desire; using adversity to serve a good purpose; standing firm in facing the duality of creation; giving up the mental judge that stands between you and your heart's desire for fulfillment in life; the impartiality of change; desire and suppression; the importance of the faculty of care; separating the levels of mind from our eternal soul; the infallibility of the divine scales of balance; why we have so much fear; declaring our right to life's goodness; moving on in consciousness to have a much better life.

CC-172

How we attain universal consciousness; becoming the strength of a united whole through acceptance; the importance of directing our energy to the attainment and not the way of its accomplishment; how we build obstructions to that which we wish to attain; impurities in our motive, the obstruction in consciousness to our desires; experiencing through the Law of Identity; working within, the Law of Building Without; the crumbs of life, the essence upon which the loaves of life are built; the Law of Supply which flows through the open door of gratitude; what happens when we don't demonstrate gratitude for the crumbs of life; transgressing the Law of Supply; the effort of constant prayer, a demonstration of the Law of Gratitude; how to become a clearer channel of the Divine Power.

CC-173

How events relate to inner attitudes of mind; demonstrating the philosophy that there is good in all experience; explanation by the teacher of the laws set into motion that caused adverse publicity to Serenity Association; doing our part through prayers for peace; unification through persecution and prosecution; learning how to take control of our mind; understanding that the thing we fear befalls us; discussion on the function of money, ego, and sex.

CC-174

Questions directed by the teacher to the students regarding their efforts in application of the philosophy that they are studying, and the resulting benefits; how the soul faculty of gratitude attracts like vibrations in the universe; the importance of becoming aware of our thoughts, and to make the effort to control a thought that doesn't bring a feeling of goodness into our life; the benefit of daily prayer; life, the effect of the release of energy on one of the many levels of consciousness; accepting the divine right of the levels to exist, while identifying with something greater; applying the divine Law of Acceptance the divine right of identification; being strengthened by the Law of Continuity through unity in our own consciousness; the divine Law of Choice; remembering the good in our life; how we create a continuous wheel of experiences we do not appreciate; attracting helpers from the other side of life equal to our soul's aspiration; directing divine energy to the faculty of reason to bring about a perfect balance; demonstrating wisdom and patience; moving toward the divine neutrality, the home of our soul; peace, the power of God; demonstrating the Law of Disassociation.

CC-175

Accepting the wonderful opportunity, through prayer and meditation, to rise above the realms of fear and demonstrate our faith; understanding that for every attainment in life there is a payment; finding the good in all experience; what fear can create, and our responsibility for the creations; relating the outward manifestations in our lives to the inner attitudes that we entertain; how temper can serve a good purpose; our own ability to change our experiences; the benefit of prayer; effective prayer through changes in consciousness; our mental body and the Law of Identification; how we build our spiritual body, and how it depends upon our own efforts; making sincere effort to do the work our soul has come to earth to do; making our job the beauty of life; moving a judgment to remove the obstruction in our path.

CC-176

Beginning a new semester, students are instructed how to find their personal message for that day in *The Living Light* book, and how to apply the philosophy to find the cause of their experiences; personal responsibility, the basis of the philosophy of the Living Light; the teacher shares his understanding on the biblical story of Adam and Eve; the Law of Identity; the realms of illusion; forgiving the illusion known as the thought of I; birth and death of thought forms; peace, the power of all the universes; casting the light of reason upon the shadows of our mind to live a more abundant life; judgment and denial; how to free oneself from judgment; total consideration, understanding, wisdom, and discernment; standing firmly on the rock

of principle; the importance of rhythm and movement in our lives, and how to bring it into our world; forgiveness, freedom, and forgetting.

CC-177

The descent from peace and freedom to the duality of creation; becoming aware that we are not the vehicles we are using; separating truth from creation to return to the realms of peace and harmony; freedom, the effect of self-control; the meaning of freedom; justification, the defense of a judgment made by the human mind; finding the cause of discord and disease; perfect health, our duty and responsibility to the vehicle our soul is using; peace, the power of God, and how it brings balance and harmony into our lives; accepting that we are part of one united whole, inseparable from the Divine Intelligence; the importance of the faculty of objectivity; understanding that each person attracted into our universe is not there by accident; broadening our horizons about life, and expanding our faculty of tolerance; how complaining establishes the Law of Greed; the faculty of gratitude, and how it relates to abundance, or supply; broadening our awareness of who we truly are.

CC-178

The fullness of life and the success of living; how to put the power of the Divine Intelligence into your life through the spoken word; becoming aware of impartial universal laws, and using them wisely for your greater good; demonstrating the Law of Unity to experience success; our true purpose in life, to flow with the natural laws that govern the universes; awakening to who you are and what you are through visualization; broadening your horizon to free yourself from the bondage of the Law of Identification; refining the laws of creation; acceptance, the Divine will; pausing in the moment and experiencing the fullness of life; facing the light of reason and humbly accepting the infallible Law of Personal Responsibility; why we experience regret and guilt; divine love vs. conjugal love; love, the cohesive element that holds all things together; learning to live the new that is yet to come; the importance of visualization and imagination; becoming aware of the image, the form, that is related to the word we speak; explanation of the difference between the word “hear” and the word “listen;” taking the necessary measures to bring the fullness, the goodness, and the successful joy of living into our lives.

CC-179

Why exposure frees the soul; fear, the mind’s control over the eternal soul, and how it works; how our priorities are controlled by our judgments; learning to

understand the mind so that we are in a position to control it; “but” and “because” and how these words relate to fear; tracing our experiences in life back to the throne of judgment; the importance of accepting ourselves; how to free ourselves from the destiny of denial; accepting responsibility for all experience in our life to a make change for the better; repetition, the Law of Change; why the human mind retaliates; programming the mind to see the goodness in all; the importance of flooding our mind with positive thoughts; how we establish our Law of Destiny; filling our lives with the goodness that we are truly seeking through the faculties of tolerance and understanding; the reason why we make such effort to please the people we are attached to.

CC-180

The Law of Payment and Attainment; the connection between the spirit world, the nervous system and the Law of Vibration and Harmony; the principle of spiritual healing; fascination and the function of frustration; rising to a level of peace through the power of concentration; the Law of Attraction, as it relates to the spiritual healer; how to experience the fullness, the abundance, and the goodness of life; the Law of Habit; making choices in the light of reason; fulfillment through the Law of Effort and the Law of Continuity; passing through the gates of victory with a positive attitude of mind; the Law of Life; facing the tests of life that lie on our spiritual path; living in the three worlds which are in truth our home; the importance of establishing a law with a full awakening of our spirit, mind, and body; reuniting with the source of life; wisdom, the faculty of the soul that opens the doors of reason and understanding, and transfigures our whole life; using creation as the tool for which it was designed; separating truth from creation; serving the true purpose of our soul's incarnation; the importance of remembering that energy follows attention, be it positive or negative.

CC-181

History of the planet Earth and the inhabitants upon it; birth of the planet; the Law of Return, the Law of Evolution, the Law of Expansion and Contraction, and how they relate to the planets; the colonization of the Earth planet in eons past; the benefit of constructive and positive attitudes of mind; gaining the wisdom of patience to view the results of beneficial attitudes of mind, and how they affect the world; how we limit our view of life; facing the responsibility and the reason for our journey on earth joyously, in the spirit of true gratitude; man, the instrument through which the Law of Vibration is established; man, the instrument through which the Law of Harmony may flow on Earth; the cause of our struggle and battle against the tides of eternity; demonstrating that we are still the master and captain of our ship of destiny;

revealing our own maturity by making changes graciously; letting the divine Law of Peace take control of our being; how the throne of judgment stands between us and our destiny; the power to change the laws we have established; gaining wisdom from the pain of patience; how our life is ever in keeping with our view, and our view is ever in keeping with our attitude of mind; discussion on cloning of the human species; how we lose control of our life through overidentification; separating truth from creation; the Law of Balance; pausing to identify with the gain, rather than what we judge we are losing; how we deny the experience of evolution; the difference between giving and loaning, and how it relates to the gift of self; recognizing that through our evolution we have been given the intelligence to use the powerful, peaceful energy that ever waits to serve; experiencing the greatness of the power that sustains us; expressing the willingness to accept a better way.

CC-182

Becoming aware, through objectivity, of the war within us; the importance of becoming more consciously aware of what we are identifying with; learning why experiences continue to repeat themselves in our lives; the necessity of bringing the mental world of functions and faculties into balance so that we may experience higher levels of consciousness; how to make the philosophy of the Living Light work for you; the potent forces of money, ego, and sex; flooding our consciousness with positive and constructive affirmations to enable us to have positive experiences in life; understanding the Law of Giving; the difference between a gift and a loan; how to free ourselves from worry about money and other problems; why some people quit before the victory; why many minds feed on negativity and disaster rather than peace, harmony, and joy; recognizing the stepping-stones in life; the purpose of evolution, the refinement of all form; why rules, regulations, and laws of the land are established; the good that gets accomplished when there is consideration being expressed; how uncontrolled desire leads us to slip off the rock of principle; understanding that we are given in life exactly what we can bear and not one iota more; the importance of making more effort to work on our mind more often that we may enjoy more good in life; how to recognize what degree of control the “money” level has over us; how to work on the “money” level of consciousness and get freed from it; getting free from the control of the judgment that all the goodness in life is dependent upon the green paper that is created by man; changing our experiences by changing our attitude.

CC-183

Discussion on priorities and how they influence our commitments; the necessity of gaining control of our mind, to be successful in our endeavors; the Law of Giving

and what it means; the importance of sticking to our commitments; conflicting desires and the realm of justification; recognizing that God does not grant to one and deny another; how to open the door of opportunity in our lives; learning how we closed the door of opportunity in the first place; the Law of Attention; the Law of Payment and Attainment as it relates to spiritual matters; how we keep searching for that which is already within us; the Law of Personal Responsibility; how exposure frees the soul; recognizing that our judgments keep us from what we want in life; making the effort to accept that we already have what we're searching for; understanding the Law of Temptation; promptness, the true mark of one's character; how establishing a "close-to-the-wire" principle in one area of our life can interfere with the fulfillment of our desires; the necessity of clear communication; communication and the soul faculty of care; total consideration and the love of God; the importance of taking the time to encourage ourselves; prayer, the soul's aspiration to the Oversoul; how man gets free from insatiable need; false pride and the delusion of superiority; gratitude for the goodness that is within us.

CC-184

The benefit of removing from our consciousness the thought of I; how man establishes the Law of Identity, the destiny of denial; what is lost when the Law of Denial is expressed; the importance of constantly standing guardian at the portal of one's thoughts; freedom through the lack of fear; acceptance, the will of God; gaining opportunity by giving up judgmental patterns of mind; educating the human mind with the faculty of reason; what the abundant good in life is dependent upon; adjusting our priorities in life; using our functions as they were designed to be used, for balance and good in our life; response to a question about biofeedback; discussion on nature spirits of the elements, their work, and the effect our thoughts have upon them; Divine Love, the great healing balm; remembering that we alone choose the thought, that God sustains it, beneficial or otherwise, the choice is ever up to us; choosing the path of peace, the light of reason, and the choice to experience something greater and better in our lives.

CC-185

Application and the principle of personal responsibility; the meaning of personal responsibility; denying the truth by blaming outside for what is going on in our own mind; becoming aware that we are the victims and slaves of the bondage of our prejudice; the meaning of prejudice; how we establish the Law of Denial in our lives, which becomes our destiny; accepting the Law of Personal Responsibility; how the Law of Abuse returns to the sender; the meaning of the phrase "Divine right"; thoughts, thought patterns, and attitudes of mind; the Law of Attachment; quality,

not quantity—the foundation upon which Serenity Church was built; remembering the wisdom of patience as we apply the beneficial laws we have learned; how to know which attitudes we must change; the meaning of the word “discipline”; allowing the faculties of the soul to open by disciplining our mind; freeing ourselves from worry, illness, and discord by remaining in the moment of now; the responsibility we have to speak up when someone is blaming outside for their problems.

CC-186

Encouragement, the lifeline to lift our soul to realms of light and reason; courage and the control of the human mind; how the mind, in keeping with the Law of Duality, expresses doubt and fear in order to support itself; expressing courage and controlling the mind through a state of concentration; the meaning of concentration; how to direct our life through the mental realms in a more peaceful and harmonious way; reaching the spiritual realms of essence; essence, the spirit of whatever we choose to direct our consciousness to; the meaning of “keep thine eye single”; the difference between an apology and forgiveness; expanding the soul faculty of care to get understanding; the foundation stone of understanding—the underlying principle of all of the faculties and functions; how to effectively help someone in a negative vibration; explanation of “kindness”; letting go graciously so that we may receive graciously; moving through the great beauty of evolution with dignity and the spirit of joy; freeing ourselves from the bondage of the mental realm to enter the door of wisdom, which leads to the chambers of our own heart; how to experience the eternal moment of truth; lifting the veil of the illusion of time.

The Living Light Dialogue, Volume 7 includes transcriptions for the Consciousness Classes 187 through 218, or CC-187 through CC-218, and their synopses follow.

CC-187

Beginning a new semester, the teacher explains some of the class procedures; personal responsibility and the Law of Application; evolution through the Law of Change; how we give up our freedom and our truth by placing responsibility for our life outside of our own universe; discussion on the Law of Life; the parallel Law of Creation and the Law of Identity; the necessity of creating a balance between the Law of Life and the Law of Form, or Creation; making changes in a more gracious and harmonious way; recognizing the gate of victory; why the students are encouraged to think and think and think more deeply; understanding the demonstrable teaching, hold not to form for form shall pass; man, the triune being; response to a question about the illusion of time; the connection between time and mental judgments; creation, a vehicle to be used by the eternal soul that it may express through form; the benefit of removing our consciousness from the things that disturb us; learning what deprives us of the beauty and goodness of life; our divine right to control that which we create; completing that which we came to earth to do; changing our Law of Destiny.

CC-188

Affirmations and how they work; the Law of Evolution, of which we are an inseparable part; test-tube babies and the cloning of the form; awakening to intelligent life that is everywhere present in all the universes; the importance of making the small but sure effort to encourage ourselves; the Law of Continuity, the lifeline to the goodness of all experience; how the Law of Continuity becomes firmly established in our life; how we establish the Law of Judgment; how to know when you are standing at the gate of victory; viewing the book of life; declaring and demonstrating our birthright to abundant goodness in our life; discussion on first impressions; overcoming the Law of Judgment; how to serve our true purpose in life; how the divine Law of Acceptance heals both present and absent ones who are in need of help; the eternal flame, the spiritual flame, and our own acceptance; the Law of Attraction; attention, the door through which intelligent energy flows; accepting the return of our “chickens that have come home to roost” to face the personal responsibility that we have created them; acceptance of the Law of Personal Responsibility; insight, looking within to find that all things precious to us are waiting for us; the circle of karma; removing ourselves from the karmic wheel by becoming the observer.

CC-189

Response to a question, "Does the soul express in the same gender in each incarnation?" The Law of Evolution and the Law of Refinement; freedom from the limits of judgment by broadening our horizons; aspiration, the balance of the divine expression known as desire; art, the essence of life; the inseparability of growth, expansion and evolution; how we experience our own heaven; acceptance, the will of God; denial, the will of man; the Law of Balance; the importance of reminding ourselves each day that we are the peace that passeth all understanding; reeducating the mind in order to find the true purpose of our being; form, the effect of love; life, the movement or expression of the divine eternal light; the principle of form; man, the greatest borrower known in the universes; rulers of the realms and their responsibility; practicing the exercise of disassociation to slowly wrench ourselves free from the bondage of form; discouragement, a device of the patterns of yesteryear; encouragement, the handmaiden of the faculty of reason; remembering that we will always be the principle of life; learning the great blessing of self-control; how to speak to the mind in order for it to fulfill a good purpose in life; directing our own evolution.

CC-190

The difference between the faculties and functions and the purpose that they serve; how imbalance creates the war within; how we become the victims of our own created forms; why the Law of Personal Responsibility is the only path to freedom of the eternal soul; why attachment is our greatest struggle; the primary difference between the duality of creation and the trinity of truth; the principle of faith; faith, identification, and directed energy; the purpose of our being on the Earth planet at this time; why the function known as money is the first and most predominant of all of the functions; why we believe that there is never enough of the function of money; how money is the effect of directed energy; learning what robs us of our peace and abundant goodness; making sure that our spirit stands guardian at the portal of our mind; the spiritual substance of common sense; educating our desires by the faculty of reason and the guiding light of patience; remembering there is always a payment before attaining our desires; attachment and the need to control; why we feel a need to sleep in class; how the mind tries to protect what it thinks it controls.

CC-191

Time and space, the journey through the mental realms; becoming aware of the unity of all when the faculty of reason rises supreme in our consciousness; how the mind forgets what it judges it can no longer possess; why making the effort to control our mind is so difficult; the illusion of self, the greatest illusion of all; discussion on thought forms and experiences; our birthright of choice; patience, the soul faculty in

which wisdom lives; the Law of Attachment; accepting responsibility for our thoughts, feelings, and experiences, and thereby freeing ourselves from them; why our destiny is at our command; the importance of not placing blame outside for our own experiences; rejection and judgment; faith, the greatest power in the universe; using the forms of your mental creation wisely to serve you well, to be instruments through which you may experience the goodness of life; understanding the great responsibility the human has merited in eternity; how to bring about the balance to experience the goodness wherever you go; seeking the causes and not the effects in life; faith, the faculty that is inseparable from poise and humility; becoming the living demonstration through the Law of Application; humility, the faculty that views through the Law of Total Acceptance and is the love of all the universes.

CC-192

Facing the Law of Personal Responsibility, the very foundation of The Living Light Philosophy; what is meant by the statement: "If the Light is too bright 'tis best they see it not now;" how the obstructions in our life were created; chasing the universe to find what is already inside of us; the necessity for organizational rules and regulations and how they come about; the second soul faculty of humility, poise, and faith; peace, the intelligent power of the universe available to all life form; how to become receptive to the power of peace; the faculty of encouragement; faith, the power to move any obstruction we have created; living in the door of opportunity; using the soul faculties to bring us the success of good living; how to once again become the captain of our ship and the master of our destiny; freeing ourselves through disassociation; reason, the light that is brought to the world through a perfect balance of the faculties and the functions; the difference between mental substance and spiritual sustenance; the process of educating desire; response to a question about children in the spirit world.

CC-193

The inward journey; our experiences, the embodiment of thoughts that we have entertained within our own realms of consciousness; explanation of the saying that things always get worse before they get better; how to free ourselves from the control of the forms that have already been created in our mental universe; learning how to control our own destiny; awakening our mind to the simple truth that we have the right to choose intelligently how we wish our lives to be; response to a student's question about cloning; the basic principle upon which the pyramids were built; finding a state of peace through breathing exercises; failure or success, the demonstrable effect of directed energy; explanation of the teaching that hidden in failure is the secret ingredient of success; awakening the faculty of patience.

CC-194

Understanding total acceptance, the basic principle of The Living Light Philosophy; how we establish our own Law of Destiny through judgment and denial; the benefit of flooding our consciousness with the simple truth, “God is the true and only source of my supply;” finding out who we are by becoming honest with ourselves; how to work on the faculty of duty, gratitude, and tolerance; how vibration, whether positive or negative, is created by our own attitude of mind; the inseparability of cause and effect; changing through the Law of Repetition; how we bind ourselves to self-created laws until they are fulfilled; changing our attitude and changing our life’s experiences; the importance of accepting the Law of Personal Responsibility; how we become the instrument to bring about changes within another; how to expand our consciousness and not be limited by the Law of Identity; how we limit our will to blind desire; how our thoughts, acts, and deeds have a beneficial or detrimental effect upon the whole; considering our responsibility to the universal whole.

CC-195

Understanding constructive imagery; the power of imagery; what happens when we permit our mind to dictate that the cause of anything we experience is beyond our control; recognizing that without the acceptance of personal responsibility we do not start on the path of reason, but continue to serve creation; how to gain control of our own life and destiny; becoming aware that our thoughts are our tools, designed to serve us in peace and harmony; why we have difficulty making commitments; the necessity of demonstrating the courage of our convictions; accepting that everything we could possibly desire is within our own realm of responsibility; the benefit of daily, positive affirmations to counteract the negativity flooding the consciousness; approaching the gates of victory; recognizing the signs that we are moving forward in our efforts; choosing the greatness, the goodness, and the fullness of life each and every moment; accepting personal responsibility in the truth that we are the cause and the cure of all of our experiences; becoming the living demonstration of an abundant goodness known as God.

CC-196

Beyond the human mind of creation; peace, the power of the universe; how to rise to higher realms of consciousness; using the great power of peace for constructive good to the fulfillment of the very purpose of life; discovering the realms of harmony, abundant good, and fulfillment; looking to the eternity which we are, in the moment of awareness; evolution, the principle of change; the Law of Identity and the evolutionary process; times for beginning and times for ending; becoming united within our own house in order that we may be part of the unity of the One; practicing

the principle “it is within” to rise in consciousness; charting an intelligent course through eternity; freedom from all creation, the acceptance of responsibility for it; moving serenely on the sea of time; the greatness of life, the reflection of our own vibration; choosing the way of peace, the way of fulfillment; success, the effect of the power of peace; maintaining the principle of continuity in our efforts to change; individualization of the soul through the expansion and contraction principle; coming ever closer to the light that transfigures us; going forth through the great void with the soul faculty of courage and the light of faith; giving the greatest gift we have, the gift of self; the thought of I, the very principle of separatism, which stands between us and what is rightfully ours; learning about our constant companions as we pass through the great void, homeward to the light.

CC-197

The human mind and how it works; the power of peace; the Law of Creation; the destiny of discouragement; recognizing that everything we experience is vibration, always dependent upon our attitude; understanding the Law of Giving; learning to accept, whether we like it or not, to ultimately have all the fullness of life we could desire; the importance of keeping the mind active and in some degree of control; demonstrating that to the Infinite Divine Intelligence all things are possible; the unchangeability of spiritual principles; taking seventy-two hours to weigh out important decisions; how we become a victim of circumstances; accepting the Law of Personal Responsibility; encouragement, a very positive vibration; learning the simple truth: fear keeps us where we are, and faith puts us where we want to be; spiritual motive and vibration; discussion about the lapse of consciousness called sleep; the importance of making the effort before going to sleep and upon rising to guide and control our thoughts; the necessity of repetition, the law through which change is made possible; what it means to follow the path and give up everything; how the thought of I builds the barrier between you and the infinite abundant supply; giving up fear, demonstrating faith, and flowing with the endless, the ceaseless, abundant good of life.

CC-198

Beginning a new semester with the 198th public class; how thought patterns and attitudes of mind grow and develop; bringing an awareness to the conscious mind of the different things we are being controlled by; how the world that we experience is governed by the various acceptances and denials of our early childhood; how, by directing our thought to something greater than the limited self, we will continue on the path of evolution in a harmonious and peaceful way; what is meant by “self”; how we become the victim by permitting our mind to think that someone or anything

outside of our own universe is the cause of any obstruction in our path, thereby giving power to things beyond our control; making an intelligent effort to control our thought by becoming aware of ourselves; how fear controls us; the first step of personal responsibility; the acceptance that our life is the direct effect of what we are letting our mind think about; using the “harness” of reason to transform our lives; remembering that to God all things are possible to one who has the wisdom of patience; the cause of impatience; accepting the constant process of change that is taking place in all our lives, in all the universes; the necessity of accepting the going as joyously as the coming in all of our experiences; how our destinies are born from our denials; accepting the truth that already lies within us; conscious awareness, the true light of our path; making the conscious choice of being one who acts or reacts; how we are responsive to the Law of Duality; making the conscious choice that this is a beautiful day; accepting the possibility of something greater, in order to establish the law which is necessary for it to enter into our universe; response to a student’s question about allergies; how denying the existence of anything in truth helps it grow; discussion on the delusion of uniqueness, separatism, and the united eternal consciousness of which we are an inseparable part; remembering that the light of reason shines brightest when our thought is in the eternal moment of now; how the Earth planet became populated; the building of the Egyptian pyramids; understanding that whatever it is that you choose to do in life, become that which you choose, and the experience will follow.

CC-199

[This is a very good introductory class for someone who is new to the Living Light Philosophy.]

Facing personal responsibility in life, the very foundation of The Living Light Philosophy; the meaning of “personal responsibility;” discussion on the Law of Like attracts Like and Becomes the Law of Attachment; tracing the thought pattern inside ourselves to find out what law we have set into motion in keeping with the Law of Personal Responsibility; the many ways we experience greed; how and why our “chickens come home to roost”; taking the first step on the path of reason by accepting that it’s all inside; demonstrating that balancing the soul faculties and the sense functions brings about a harmony, a rhythm, that brings to us peace, joy, and the happiness which is in truth our birthright; discussion about the meaning and understanding of principle; how transgressions give birth to rules and regulations; the necessity of becoming aware of the first thought we have when we awaken in the morning and the last one before going to sleep at night; the principle of honesty, which is a soul faculty; how to deal with a thought or a feeling that is not beneficial to us; how our fears in life cause us to sell out; demonstrating our unshakable faith in God; standing firm on the rock of honesty within our own being; finding God in the midst of the greatest fear, if we do not sell out; becoming aware of what we fear so that we

will know our master; honesty, the only thing that's going to lead us through the jungle of creation; how our mind makes life a law unto ourselves; growing by facing our own levels; how the negativity of self causes our exhaustion; learning how our thoughts poison our body and our judgments break down our health; discussion on the Law of Denial and the benefit of acceptance; practicing the teaching: "He who loves himself more than he loves me shall lose himself to find me, but he who loves me more than he loves himself has found the truth, eternity."

CC-200

The importance of thought and of our attitude of mind; facing personal responsibility for the thoughts of our mind; learning why we shy away from the Law of Personal Responsibility; how to truly fulfill the purpose of our life; becoming the captain of our ship and the master of our destiny; learning to communicate with our whole being; becoming aware of who we are; how we merit our lessons in life; understanding that the attitudes and patterns which are detrimental to us are our greatest lessons; why we do not reach the goals we set in life; traveling in consciousness; the awakening process; expanding our consciousness and broadening our scope in order to truly find that we are the Universal Whole; what dictates the Law of Struggle and Difficulty in our life; expectation, the covering of all of the judgments and dictates of our mind; what it means when we say, "It will work out in Divine Order"; total acceptance, which sees the good in everything; how we abuse the Divine Law of Harmony; discovering that what we are really seeking is the light and the life, which is known as Love; the necessity of making self-control our number one priority; learning that when the test is the greatest, we have all of the power necessary to pass it; becoming aware how our mind drifts, taking us to realms we do not choose to go.

CC-201

The light within, the path of reason; how denials created by the mind obstruct the divine will, known as acceptance; how to be free from the mental laws that dictate a limited destiny; learning that to pause to be at peace is to enter the light that is within; the difference between the soul faculty of reason and what our mind judges to be reasonable; the necessity of becoming aware of our true purpose; recognizing that that which enters the heart permits the soul to speak and to guide us in our lives; understanding that all things to all people are possible when the acceptance of the possibility is freed from their mind and enters the depths of their heart; how to move along the neutral path; how to bring about a perfect balance in our life; experiencing freedom by separating truth from creation; bringing the mind under the control of the light within; using desire to educate desire; discovering that all you

could possibly desire is where you are; defense mechanisms, how they are created, and what controls them; response to a question about autistic children, and how to care for them; overcoming fear and fascination through the soul faculty of courage; the difference between enthusiasm and challenge to the ego; discouragement and the function of failure; understanding the circle of completion; the wisdom of completing all endeavors we have begun; flooding our consciousness with the divine right, our birthright, of harmonious, peaceful flow; the beauty of accepting responsibility for all our experiences.

CC-202

Repetition, the law through which change is made possible; overcoming patterns of mind that have proven to us not to be beneficial; why we find difficulty in flooding our consciousness with positive, beneficial affirmations; recognizing that whatever we identify with in life, we sooner or later become; the importance of taking stock not only of the things that we are thinking but the things that we are speaking; how we guarantee the Law of Greed in our lives; how a law established by us goes out into the universe and returns to us in keeping with the Law of Attachment; living in the eternal moment of now, the moment that we can bring about any change within our consciousness that we truly desire to bring about; learning how infallible and divinely just the laws of God truly are; the true mark of spiritual growth: becoming aware of how many times a day our mind blames outside for what is going on inside; accepting responsibility for our lives; how we become bound by others' vibrations; why desire is blind; understanding how desire begins as divine expression; making the effort to accept the divine source of all good in life; the importance of understanding the human mind; what causes us to experience fear; learning how to fulfill our desires; the benefit of redirecting our faith to God, rather than to the human mind; the sleep of satisfaction; guilt, the rejection of desire.

CC-203

[This class is a fine introduction to Spiritualism.]

Gaining a broader perspective of what it really is that we are seeking; recognizing that we are in a constant process of change because we are all an inseparable part of the evolution of form; demonstrating the Law of Continuity; facing the level of consciousness that doubts what it cannot physically see, hear, sense, or taste; God, a representative principle of the goodness of life; questioning the existence of spirit, of soul, and of our eternal existence; the purpose of spirit communication; making the effort to find God inside that we may find God outside; learning how we all use the great power of faith, whether negatively or positively; how we establish the Law of Payment and Attainment; learning that each thought our mind entertains we pay

for, and each thought we give to God we are free from; making the effort to set the laws of peace and harmony into motion, for the effect of those laws is the goodness of life; demonstrating to ourselves the full acceptance of the Law of Personal Responsibility to experience the goodness we are seeking; how irritation wakes the soul; becoming aware that The Living Light Philosophy works when it enters our heart; raising to spiritual realms of consciousness to be in the very essence of things; observing nature to learn from the little squirrel that it is a transgression of the soul faculty of gratitude and the expression of the function of greed to put away more than we need; seeing the beautiful, perfect balance of the Intelligence that is flowing through nature, and how the little animals are well cared for because they are in the eternal moment of now; the delusion of the mental realms that offer to man past and future; taking care of the eternal moment to be freed from concern about our tomorrows, and be free today.

CC-204

The teacher discusses what it's like to be a medium; taking the opportunity to turn to something greater when we can't see how to work things out; making the daily effort to educate our ego in order to sustain our faith in a higher power; how the patterns of our mind use fear, negative faith, to prevent us from making changes; identifying with something greater—the first step on the path of spiritual awakening; discussion on the true cause of irritation; becoming aware of our own weaknesses when we begin to work with the weaknesses of another; working with the faculties of duty, gratitude, tolerance, and encouragement; bowing the self-will for the good of the whole; using the Law of the Spoken Word to bring positive things into our lives; understanding that the human mind is a process of imaging; giving more consideration to the thoughts that we permit our minds to entertain; why money, ego, and sex are the strongest functions; the difference between fantasy and imagination; the teacher defines the following affirmation; “I speak my word into the universe, knowing that it shall not come back to me void, but accomplish that which I send it to do”; recognizing that we must deny what we have in order to experience need.

CC-205

Triune faculties and functions and the Law of Supply; the sleep of satisfaction or the unwillingness to change; why we have problems with the soul faculty of duty, gratitude, and tolerance; recognizing that everything around and about us is dependent upon all the forms in our sphere and zone of action; learning how desire, the divine expression, gets blinded by our dictate and our judgment; how to keep desire divine; tolerance, the key to success; self-love, the obstruction that stands in the way of the soul faculty of tolerance; how we get out of balance with the Divine

Law of Harmony; the teacher offers recommendations on how to find the divine love within us; possession vs. love for another; negative attitudes and how they affect physical objects; electromagnetic emanations of the human mind and the effects thereof; accepting that we can control the thoughts of our mind, that we can have whatever it is that we desire to have, that it is our right, if we are willing to demonstrate the natural laws through which it may flow into our life; finding the positive no matter what the disaster seems to be; working on ourselves to effect changes in our environment; the principle of clutter; discerning that only by cleaning up our own act will our world become beautiful.

CC-206

Discovering how negative vibrations can destroy electromagnetic equipment; accepting that the negative laws we set into motion and the negative experiences that we have are the direct effect of our attitude, our thoughts, and our emotions; how to free ourselves from negative and frustrated emotions and feelings; understanding that the Law of Continuity is indispensable to success; opening up the soul faculties in order to stay in the Law of Continuity; accepting the Law of Personal Responsibility; making a little more effort to encourage the changes inside of us; discussion on judgment and rejection; facing the crossroads in our lives—the choice between what the limited self has to offer and something greater, known as God; recognizing that it is our thoughts and the effort to discipline our mind that bring about the joy of life; the necessity of making sufficient effort to become aware of the thoughts that are passing through our mind; learning the difference between personality and principle; attachment, the fulfillment of temptation; finding that each time we are tempted we are controlled by fear; making the effort to declare the truth of how great life really is; becoming aware of thought forms and the benefit of creating angelic forms.

CC-207

The teacher discusses how the basic teachings of The Living Light Philosophy are demonstrated in our daily lives; tracing the cause of destruction of property; accepting the principle of personal responsibility; understanding rejection, retaliation, and revenge; opening up the soul faculty of care in our lives; considering the feelings, attitudes, and levels of consciousness in others; accepting that no one can exist in the universe without the whole; money, the effect of directed energy; recognizing there can be no success in life without organization, without tolerance, without some degree of opening of the soul faculties; discipline, control, and freedom; growth through exposure; embarrassment and attachment to a level of consciousness that we are unwilling at present to change; the importance of finding the level of consciousness

that causes destruction, in order to effect a cure; learning why people have problems with communication; how to establish more consideration in our life; understanding that God's laws are infallible and totally impartial; consideration, a soul faculty which is inseparable from the faculty of care; looking for the good, or God, in all experience; how we sell out principle and break the back of character; having value for the faculty of quality; recognizing that when we truly make the effort to flow through the faculties of the soul, through consideration for others, all of that goodness will flow back to us; "The bridge to understanding is the unexpected"; learning that there is no truth or freedom as long as fear is in control.

CC-208

Beginning a new semester, the teacher gives an introductory class on the basics of The Living Light Philosophy; learning that we get out of anything in life whatever we put into it; a short discussion on meditation; establishing with the consciousness that perfect peace and tranquility which is the true home and birthright of the eternal soul; broadening our horizons through a greater acceptance; how we establish the Law of Denial; eternity, the moment of our conscious awareness; what the statement, "Put God in it or forget it" really means; recognizing that without personal responsibility, there is no spiritual awakening; how gratitude builds our heavenly home; unity, peace, and power; allowing the mind to serve a beautiful purpose by keeping it controlled by the light of reason; awakening to the simple truth that life is ever as we make it and just the way we take it; jealousy, envy, and greed, and what it breeds; gratitude, the application of appreciation; what happens when we suppress desire; our conscious mind (the electrical field of our aura), and the subconscious mind (the magnetic field of our aura); recognizing that what we are getting in life is in keeping with what we are giving; exercising the principle "to ignore" to free ourselves from concern; taking the time to find the goodness inside ourselves.

CC-209

The teacher responds to the students on how to recognize what area of their lives should be worked on; the need of the human mind to identify with passing events; moving beyond the realm of time and mind by making the effort to be freed from identification and attachment; learning that all is in the moment of eternity; the necessity to remind ourselves daily that we are not the form, but the power that moves the form; power and the Law of Continuity; the benefit of discipline and control of the mind on a daily basis; balance, harmony, and peace, the path of Divine neutrality; our responsibility regarding the Law of Identity; the difference between the I and the thought of I; how to restore our health; the breath of life; the inseparability of identification and judgment; communicating with the universal

language of our soul; Love, the eternal home of our soul; the error of fear of tomorrow or regrets of the past; recognizing that our soul is very much aware that we have come to earth to serve a great and good purpose, though our mind may know it not; remembering that God's greatest work is done in the silence of the mind.

CC-210

Learning that change is not only inevitable but that it is indispensable to evolution; the teacher gives an explanation of how the process of exposure frees the soul; how to trace experiences back home to where they originate; choosing between the fruits of action and freedom from them; moving out of the mind to have new experiences in our lives; repetition, the law through which change is made possible; working toward the spiritual realms here and now; the benefits of acupuncture; why animals respond more quickly to treatment than humans; judgments, the only obstruction to the fullness and the freedom of life; being a part of the whole of life itself by expressing in universal consciousness; how to learn what our tomorrows will be; how we abuse the Law of Use; the importance of remembering that we are the stream of life; how we merit our experiences through the Law of Attachment; remembering that all of our experiences are beautiful mirrors to tell us where we are at any given moment; how negative cells in the body become cancerous; ways of restoring health in the body; remembering that when the struggle is the greatest, victory is at hand; "Stand guardian at the portal of your thought and the joy of life will ever be at hand"; our conscience, a spiritual sensibility with a dual capacity—it knows right from wrong; the importance of remembering that the mind is a vehicle designed to serve our soul; attachment and overidentification; principle and total consideration; how the soul impinges upon the mind to control itself.

CC-211

How life constantly offers us the opportunity to see where our priorities are; the teacher speaks in reference to applying The Living Light Philosophy; making wise choices in order that we may experience the true beauty and joy of life; judgment, responsibility, and discipline; how to bring about new and more beneficial experiences into our lives; self-discipline, self-control, and personal responsibility—the indispensable ingredients to peace, joy, freedom, and abundant good which is our birthright; why we have difficulty receiving that which we desire; recognizing that there is no problem that doesn't have within it its own solution; freeing ourselves from pride, the effect of the king of judgment; what happens when we ground out the electromagnetic field of energy within us; how self-thought decreases energy necessary for survival ; the inseparability of health and wealth; understanding that for each effort we make to encourage ourselves that things are better, they do get

better; accepting that tolerance is indispensable to success; giving up judgment in order to open up the first soul faculty; the difference between judgment and decision; freeing ourselves from the control of the mental world.

CC-212

Peace, the source and the power itself; how to free ourselves from the control of discordant thoughts; the ultimate effect of directing our energy to concern; the benefit of a daily process of flooding the consciousness with positive affirmation; recognizing that it is our birthright to consciously choose to be captain of our ship and master of our destiny; freeing ourselves from the great wars and battles in our minds through the power of peace; how to overcome fear; how the mind uses the function of concern for the glory of control; understanding that the soul faculties cannot be controlled by mind; how to live in the world and not be a part of the world; judgment, concern, and control; judgments and the force of creative energy; the beauty of balancing the mental world with the spiritual world; learning that our experiences in life are the mirror of the thoughts we choose to entertain; how to make the philosophy work for you; the meaning of “being with a thing and not a part of it”; taking control of what we want to identify with in order to enjoy the goodness in the world; learning that a seeming bad experience oftentimes produces excellent results; recognizing that we have everything to bring us all the good that we could possibly desire.

CC-213

The teacher discusses the state of consciousness known as Divine flow; past, future, and the Law of Creation; how to enter the Divine flow; present, the moment of the power of God; how to free oneself from the magnetic field of emotional attachment; the power, the peace, and the presence; experiencing the life, the love, and the light; entering the dream as the observer; entering the presence in the moment of pause; heaven, an experience that is dependent upon our realization of it; how we interfere with the great river of life; force vs. the power of the stream of consciousness; letting go of the forms within our mental universe; our reality, the effect of the forms of thought that we depend upon; flowing harmoniously in the Divine consciousness; experiencing the great power and healing of odic energy, the very sustenance of life; response to a question about the Summerlands; explanation of the teaching: temptation leads us to God when all else fails; what is meant by: “God’s sadness is nature’s joy”; identification and experience; changing our experience by changing our reality; learning to become objective and to accept God’s manifestation of variety; how we weaken our spiritual fiber and character; facing our responsibility of taking care of the vehicle of our eternal being.

CC-214

Discussion on the application of the Divine Healing Prayer; realizing that nothing works for us that we do not identify with; identifying with the Infinite Neutral Intelligent Energy called God; how the Divine Healing Prayer works for us; gaining control of the multitude of desires that express in our mind; personal responsibility, the Law of Freedom; experience, an effect of our thought; how we create our own reality; how to open the door of opportunity; doing the work of our soul in the here and now; learning that The Living Light Philosophy is a very personal philosophy to be used each and every moment daily; identifying with the happiness and joy of life; how to free ourselves from the struggles of creation; taking control of our reality and becoming the master of our own destiny.

CC-215

Discussion on the Law of Use and Abuse; facing personal responsibility to be free from the many trials and tribulations we encounter; the Law of Freedom, the full acceptance of personal responsibility; the Law of Continuity of Effort; how we give away our divinity; discovering that the moment we accept our life the way we alone have created it, then we are qualified to change it; accepting our right and our divinity to bring balance in our life; explanation of the teaching, "To those who have, yea even more shall I give, and to those who have not, yea even that shall I take away"; the Law of Ingratitude and the Law of Lack; the benefit of placing our attention upon the goodness that we already have; understanding that whatever you tell yourself and believe, you become; making the effort to receive graciously then give graciously, so there is a continuous flow of goodness in our life; remembering that all things to God are possible if we permit them for us; the cause and effect of jealousy, envy, and greed; how blaming outside for our experiences gives away our freedom and the goodness in our life.

CC-216

The teacher has given the students an opportunity to participate by asking questions regarding application of The Living Light Philosophy; becoming aware of what motivates us; how to discern between self-will and spiritual initiative; discussion on attachment and the principle of detachment; why people have difficulty communicating their true feelings; how judgment and pride interfere with relationships; the spiritual Law of Commitment; how to be free from the Law of Duality in reference to commitment; how we put a damper on the spirit of spontaneity; using positive affirmations to lift our soul so we remove clutter from our consciousness; why most feelings are the effect of mental gymnastics; making the effort on a daily basis to gain control of the human mind so we may consciously choose

our levels of consciousness; becoming aware of the eighty-one levels through which our soul is expressing; how to bring balance into our lives; recognizing that beyond the human mind is the eternal spirit deep within which offers us the power of the present, not limited nor censored by mental activity; presence, the Law of Solicitation; how we establish the Law of Transgression; system and order, the Divine Law of the Universe; the inseparability of personal responsibility and system and order; organization and success; understanding our fears and how to overcome them; how we separate our soul from its universal source through the Law of Separatism; the cause and cure of a lack of enthusiasm; understanding that all effort is rewarded, it is the Law of the Divine, if we don't dictate through what channel it shall come; the importance of not becoming overactive mentally in understanding and applying a spiritual philosophy; how our mind reinforces the Law of Limitation; how making the effort to flood our consciousness with God as the source of our supply, our reliance gradually begins to shift from limitation to the wholeness of the Divine Spirit; the universal motherhood consciousness; what is meant by accepting one's divinity; how to deal with insecurity; remembering that to God all things are possible; taking the essence from all our experiences and using it for our greater good.

CC-217

Understanding that it is in one's best interest to first make the effort to gain some degree of control of one's thoughts before attempting a regular daily meditation; humor, the salvation of the soul; how concern is created by a judgment; what the statement, "Put God in it or forget it" means; recognizing that the same energy that is sustaining us at this very moment is sustaining the tree, the plant, the animal, all of life, and that when we accept that, we become the instrument through which that energy may flow unobstructed into the universe over everything that we see, hear, touch, or sense; how our concerns in life create our difficulties; how our minds interfere with the divine natural flow of life; discussion on organization; the Total Consideration Affirmation; explanation of the Law of Harmony; understanding that any thought we entertain in our mind that disturbs our peace of mind is directly related to a sense function which is out of balance with the corresponding soul faculty; how to trace a thought to the sense function that gave it birth; how to experience the Law of Harmony; how we become controlled by the Law of Creation; the effect of mental resistance to the inevitable expansion of consciousness; understanding the house of our soul and the nature spirits who share it; the process of aging and the fountain of youth; making God our greatest priority; why some people are impulse buyers; how to get fulfillment of our desires; demonstrating the Law of Continuity of Effort; how denial becomes our destiny.

CC-218

In the final class of the semester, the teacher reflects on the benefits the students have derived from their efforts to apply The Living Light Philosophy; the Serenity Plan and the spiritual benefits derived from daily effort to apply it; the benefit of constructive discipline; sticking to something until we get where we want to go; how the Serenity Plan gives us the daily opportunity to gain control of our mind; how desire and pride can be used to serve a good purpose; understanding the connection between weight and affection; taking the good out of a seemingly bad experience; how we separate ourselves from the divine universal infinite whole; the Law of Success, the continuity of effort; how our judgments obstruct what is available to us; learning that we only get out of a thing what we put into it and no more; giving the greatest gift of all, the gift of self; awakening to the delusion of time-pressure; the meaning of selfless service, service with no return to the self; the Law of Balance; remembering that goodness flows from an eternal spring, and whoever receives it and holds it, guarantees the law to lose it; the importance of giving what we have to give and to care less what they do with it; redirecting the Law of Acceptance; realizing that it is not our soul that suffers, it is only our senses that have the experience; how God's angels do their part; accepting that all that is good that our heart can possibly desire is waiting for us at this moment; understanding that we do our part in the moment of acceptance.

The Living Light Dialogue, Volume 8 includes transcriptions for the Consciousness Classes 219 through 246, or CC-219 through CC-246, and their synopses follow.

CC-219

Giving the most precious gift we have for the path of truth; discovering what our most precious gift actually is; understanding what takes place during a period of wasted time; why we fear; awakening to a spiritual realm; identification and the thought of I; discussion on the process of death and transition; establishing the Law of Application; how we are tempted by the weaknesses within us; repetition, the law through which change is made possible; the Law of Responsibility, the ability to respond; how, through the function of procrastination, our weaknesses become weaker and we become more tempted in our life; delusion, illusion, and truth; time pressure; understanding the Divine expression called desire; educating desire through communication; the effect of suppressing desire; learning to be good company with oneself; the teacher shares with the class that the key to success is something that we already have, and the laws involved in turning the key in our own consciousness; becoming aware of what it is that tempts us; when the human mind steals desire from the Divinity; awakening to what we are, for in that awakening shall we make the necessary changes that will free us; learning that our lessons are revealed in the temple of God, the human form; the importance of allowing ourselves seventy-two hours from the first thought of our desire before making the final choice; enthusiasm, the power of God, the Divinity itself; discovering what robs us of the enthusiasm, the vitality, the success that is our right.

CC-220

Understanding the spiritual principle of promptness; respect, a spiritual soul faculty; finding the path of freedom; discussion on the principle of life; the Law of Becoming; the difference between a thought and an idea; the Law of Mental Substance, the need to form; recognizing that our struggles in life are only the effect of identifying through the realm of thought to the bondage of form; understanding the great void; harmony, the Law of Peace; accepting that we are the Law of Harmony, and that peace is our soul; how to restore your health, wealth, and happiness; rising to the realms of freedom; attachment, the effect of identification; taking charge over all creation; declaring the truth, “that which my mind seeks I already am, and because I already am and my mind does not know, then I have a great responsibility to educate my mind”; refining the form; the difference between power and force; the necessity of controlling the illusion and delusion of the thought of I; becoming receptive to our true being; the call of temptation; flooding our

consciousness with beauty, harmony, and unity for good health; understanding that to be united in thought is to be harmonious in our act and beautiful in our expression.

CC-221

Understanding that like attracts like and becomes the Law of Attachment; why we find change in our thinking and patterns of mind very difficult; how to change our experiences; understanding that without control over the human mind and the thoughts that it expresses, there can be no freedom or abundant good; learning that working with our mind, understanding it, and educating it is the path of peace and the path of prosperity; the eternal benefits of gaining control over the vehicle of the mind that we are expressing through; awakening within ourselves to what we are and who we really are; understanding that whatever we find in life that we find distasteful, difficult, and such a struggle to endure, contains within it a golden opportunity to bring about a change in our consciousness, so that we can live more harmoniously and more abundantly; receiving truth and freedom in the demonstrable Law of Self-Control; discussion on the Law of Disassociation from the Law of Identification; understanding that we are an inseparable part of a whole, a part of everything we see, sense, feel, and witness in life; declaring the truth of what you are, the witness of life, inseparable from it, but the viewer of it, and because you are in the position of viewing it, you are not affected by it; why the thought of I builds all the struggles in life; understanding the cause of anything we are adverse to; the principle and the key through which a desire comes to pass; recognizing that we are spiritual beings expressing through animal form; discussion on sleep from boredom and the realms of suppressed desires; an idea, the essence of the principle of the Law of Fulfillment; the difference between a thought and an idea; how to apply the teaching, "Put God in it or forget it," in our daily lives; how declaring who you are in the eternal moment which you have power will have its effect upon the attitudes of mind that caused a health problem; how to educate desire and not suppress it; learning that hope is essential to the education of desire; understanding that without tolerance, there is no friendship; how all tests reveal to us the degree of our tolerance in life; understanding, the very foundation of all the soul faculties; how understanding frees us from judgment and offers us fulfillment; how to gain understanding and compassion in relationships; response to a student's question on the difference between serenity and peace; how we limit our divine right; awakening our varying levels of consciousness to perceive our truth, for truth is individually perceived; how, if you identify with the thought of I, you will experience the rise and fall of creation, for it is the Law of Creation; how to live serenely in creation through the Law of Disassociation; recognizing that the moment of your conscious awareness is the fullness of life; how we build obstructions in the river of consciousness, and then things do not flow freely through us; survival, the miracle of life; the most important of all things to try to understand, the river of life, the stream of

consciousness, what our thoughts do in blocking that stream, and why we have such great struggle and difficulties of getting or giving.

CC-222

Why we fail to communicate; how failure to communicate causes a lack of understanding and the problems we have in life; freeing ourselves from the self-images we hold in consciousness; the first law necessary to establish if we want to make a change; keeping the force of desire on the goal that we set for ourselves; living or surviving; the necessity of feeling good about ourselves; understanding that there is no limit, no impossibility, to the eternal soul; how we strengthen our obstructions by directing energy to them; gaining control over what we call our reality; response to a question on how to know if our creative work is being channeled from something beyond the mental realm; a student has asked the question, “Can any individual be successful through the Law of Continuity?”; the Law of Evolution, the Law of Change; the difference between decision and judgment; decision and the Law of Consideration; how the mental world uses fear to control the spiritual world from expressing itself; recognizing that the more control we have over our mind, the less fear in life we will experience; understanding the “hissing hounds of hell” that come just before the victory; the Law of Transmutation; desire, the expression of God, the Infinite; learning to use desire for the greater good; understanding that we are not using the mind the way it was designed to be used; the importance of monitoring our thoughts; what it means to “Put God in it or forget it.”

CC-223

The importance of thinking; recognizing that our experiences in life are totally dependent upon what we think about ourselves; why we have concern about what other people think about us; communication, understanding, and the soul faculty of honesty; why there is a breakdown in communication; becoming aware of what we are thinking; the inseparability of the soul faculties and understanding; remembering that whoever meets a soul and leaves them worse than they have found them incurs a debt to the Divine Principle, and they will have to face that debt and pay it; the Law of Duality—for every act there is a react; looking for the good that is in every experience; living in the eternal moment in which the power flows; how we guarantee adversity to levels of consciousness that we become attached to; the Law of Limit and the Law of Denial; freedom through control of the mind; responsibility, the ability to respond to each and every law that we alone set into motion; the difference between living and existing; making peace with our adversities through the Law of Understanding; understanding that what we are is peace, and peace is the power; how to control the human mind; freeing oneself from a judgment through the soul

faculty of forgiveness; why reformers try to convert every person they see; how to redirect our attention to something else; accepting the Law of Personal Responsibility; recognizing that life is an evolution of form; why we have difficulty making changes; discussion on healing and freeing the soul.

CC-224

Becoming familiar with the human mind, how it works, its benefits, its detriments, and how to use it wisely; why self-thought is destructive, instead of constructive; the necessity of forgiving what we want to forget; the meaning of forgiving; the importance of being free from the vibration of discord in order to be receptive to the healing power; learning that the absolute vibration of harmony is necessary for the restoration of one's health; forgiving and forgetting the self for the healing to take place; understanding that cancer grows and prospers in the form through disturbance, discord, and frustration; making the effort to be in creation but not a part of it; concentration, the key to all power; the eternal moment of choice; making the changes so that we can experience broader horizons and more abundant good in life; casting the light of reason upon the emotional body, the subconscious mind; why the light of reason takes the feminine aspect of nature; demonstrating the law to love all life and know the light; self-thought as it relates to the force of the mass consciousness; why it is necessary to work moment by moment to restore and maintain our health, wealth, and happiness; opening up the soul faculties to enter the cosmic realms of consciousness; the difference between the realms of the cosmic consciousness of limitlessness and the pain-and-attainment of the mental world.

CC-225

Recognizing that our stay here on earth is entirely dependent upon laws that we alone set into motion; becoming aware of what we are doing to set ourselves up for difficult experiences; understanding our feelings of rejection; the Law of Non-attachment; how the thought of I places us in a realm of consciousness which offers rejection and limitation; learning about power, force, and compelling desire; the teacher gives an example of one of the ways we can awaken and be free; the necessity of taking a minimum of seventy-two hours before making an important decision; making decisions on the foundation of reason and wisdom; separating truth from creation; realizing that our health, wealth, and happiness is totally dependent upon whether we are the victim or the master of the forms we have created; the necessity of our vital body to have pure energy flowing through it for good health; understanding that our health is totally dependent upon our effort to be free from the thought of I, in order that the energy may flow through our vital body without being

dissipated by the mental forms of creation; the teacher discusses the realm of desire; recognizing that there is nothing wrong with desire, it's how man uses it.

CC-226

The teacher discusses respect for oneself and others, and how our desires play a role; payment and attainment, the Law of Creation; gaining control over the experiences in our life by accepting the First Law of the Universe, Personal Responsibility; accidents, the effects of what we think and how we feel; moving each moment in conscious awareness in order to stay free; experiencing the fullness of life by bringing balance in all our motivations; the difference between fulfillment of desire and satisfaction of desire; pausing in consciousness to see the good in all our experiences; establishing the Law of Transmutation; how our bad experiences can become the greatest good in our lives; what seeing the obstructions in our path has to offer us; understanding the law through which a miracle takes place; the factors involved in the healing process; the necessity of making a sincere daily effort to fully open the soul faculty of honesty within oneself; fear, the most important factor that establishes the law in the mental realm; understanding that it is not possible to control what we are unaware of, for it is contrary to natural law; how faith in the human mind offers us a life of fear; response to a student's question on payment and attainment; learning that when there is a perfect balance between the soul faculty and the corresponding sense function, we are freed from identity with the Law of Creation; making the choice of what we identify with; discussion on pride and ego and how it can be used to serve a useful purpose; the importance of doing a job well or not at all, in order to have healthy forms to live with in eternity; understanding that the soul faculty of quality is indispensable to good health; how suppressed desires set us up for our experiences; understanding that we always get the principle of what we really want; discovering why our will power is not serving us well; learning that health is restored in keeping with the soul faculty of honesty, which opens up the doors of harmony where health reigns supreme.

CC-227

Remembering that if we think abundantly, that's what we experience, and if we think we have little, we guarantee the law to have less; recognizing that we will always be the victim of what we call circumstances until we accept the Law of Personal Responsibility; the teacher explains a way for us to become more honest with ourselves; expressing our divinity by bringing balance between the eighty-one levels of consciousness; how we establish the Law of Limit with the thought of need; the inseparability of denial and limit; learning that the same law works either in the negative and destructive way in consciousness or in the positive and constructive way in consciousness; making the effort to control the thought or letting the thought control us; discussion on the difficulty man has in giving, receiving, and asking;

declaring the truth, “I am not the thought, but I am the power that sustains the thought”; understanding that we are not creation, we have never been creation, we will never be creation, but we are that which uses creation; inspiration and creativity; the law through which energy flows is the Law of Attention; how to free ourselves from the magnetic force of creation; what happens when desire enters the mind; understanding why we have resistance to communication; being honest with ourselves before entering a relationship.

CC-228

The teacher explains that the teachings in life we receive are reflections of our growth and our efforts in life; presumption, the Law of Descent and the birth of disaster; why we presume; choosing consciously what we will identify with; making effort to declare in our consciousness that we are not the thought, but are the power that moves the thought; why we continue to be controlled by patterns and forms that are not in our best interest; understanding that our obstructions are the thoughts we continue directing energy to; exposure, the light of reason; accepting that whatever we think we need is not dependent upon what we think some person has or has not; justification and the sense functions; the difference between life, living, and existence or simple survival; the Law of Continuity, the repetition that is necessary to take us through the gate of victory in anything in life that we desire; disasters, the experience that we merit in keeping with the way we insist on thinking and acting in life; understanding that no one is master of their destiny as long as they permit their mind to think that any experience they encounter is a circumstance beyond their control; learning to cast the light of truth upon the thought forms that we have created.

CC-229

How we limit God’s Law of Total Consideration, which is Divine Love; the cause of our struggles and the obstructions in our lives to the things that we desire; presumption, the Law of Descent, which is the birth of disaster; awakening to how beautiful life truly is; the necessity of changing the way we think to broaden our horizons and accept something greater than what our mind has already offered us; rejection, retaliation, and revenge; God’s way, the broadest of all horizons; how to educate our ego; the Law of Creation reveals to us that change is a constant process in all form; freeing ourselves from form while still flowing through form; the dignity of discipline; understanding that freedom is the effect of self-control.

CC-230

Personal growth, the effect of changes; why we have difficulty making changes; how we guarantee the experiences that we fear; the Law of Creation, the Law of

Duality; using the Law of Disassociation to enter a realm of objectivity where we do not react; separating truth from creation to experience freedom; why we seem to forget experiences in our life; understanding our fears and how to overcome fear; learning to still the mind in order to be freed from fear, frustration, dictate, and disappointment; understanding that money is the effect of directed energy; awakening to what our true job is that we come to this planet to do; discussion on soul talent; explanation of the statement when you open a door, you close a window, and when you open a window, you close a door; the teacher explains that it is our soul talent through which we grow; pride, man's belief in his own perfection; pride and the emotional world; the teacher gives an exercise to become aware of what our mind does to what we really want to do; understanding that our heart feels, our mind senses; the difference between feeling and sensation; the importance of what we do with what we receive in life; growing the faculty of tolerance, which is indispensable and absolutely necessary for success.

CC-231

Awakening to our soul talent; becoming an individualized soul through the Law of Identity; identification, limitation, and belief; pride, man's belief in his own perfection; the difference between belief and faith; choosing to live in the shadows of the past or to grow in the light of that which is; understanding that truth is a constant continuous flow of the Light itself; how to take charge of our consciousness; learning that all of life is subject to the images that we hold within our consciousness; what happens when we pause to think; taking control of the mind to use it for the purpose of its design; understanding that creation is subject to the infallible Law of Duality; how we become the victim of circumstances; explanation of the teaching that the stone the builder rejected became the cornerstone; an explanation of judgment; the teaching is to like creation, love God; what the word "trust" means to the human consciousness; the control of the house of clay in which our true being is expressing itself; emotions, the servants of our pride; discussion on the destiny of denial; freeing our emotions from dependence on anything outside; how to feel good at any moment by conscious choice; response to a student's question about having more than one soul talent.

CC-232

Discussion on eons of evolution; the Law of Experience; how we broaden our horizons by expanding our beliefs; following the path of the spirit; how to gain control over the mind and the fear which it offers; total acceptance, the will of God; what is meant by "the will of God"; accepting the right of expression of all things in the universe; how we become the victim of our own intolerance; the difference between

rest and sleep; the importance of taking control of our mind before going to sleep; faith, the power of the spirit; the difference between faith and belief; identification, belief and uniqueness; comparison, judgment, and denial; how we establish denial and experience need; the karmic wheel of cause and effect; how to enter the realms of faith through disassociation; the Law of Like Attracts Like and becomes the Law of Attachment.

CC-233

The power of faith vs. the force of belief; the Law of Separation; belief and resistance; the importance of having a conscious awareness of our thoughts and feelings; how to use past events to our benefit; understanding our purpose in our evolution; how we limit the divine expression of desire; the Law of Judgment; the Law of Resistance; the Law of Limit; why we experience frustration; the difference between belief, what we hope to be, and what is; belief and the Law of Duality; moving from form past and future to formless, that which is; the demonstrable Law of Personal Responsibility; resistance, the key to concern; why self-concern, self-pity, is the most destructive force we can experience; the path of nonresistance, the path of peace; the five steps of creation; the teacher explains why more energy is dissipated when speaking to a person on the telephone than when we speak face-to-face.

CC-234

The importance of understanding those laws we choose to apply in our lives so that they bring beneficial results; the teacher discusses the process of being successful in any endeavor; controlling compulsion; system and order; survival, the basic instinct of the human being, the animal form; belief, the glue of creation; viewing rates of vibration that register in the consciousness as an image; understanding that all form exists only in the consciousness; explanation of the process in which, throughout history, people have passed through objects; growing older graciously; health, the effect of the Law of Harmony and the greatest wealth we'll ever know; disease, the effect of the Law of Discord; how we become discordant; Earth, the fifth planet, the planet of faith; freeing ourselves from the force of belief in order to use the power of faith.

CC-235

Discussion of the cause and control of experiences; learning about the amalgamation between the soul faculties and the sense functions; bringing the magnetic field of our being into balance with our electric field to be free; how to go

into the electrical field of energy; understanding communication and its absolute necessity to creation; gaining control in the moment we pause; guilt and rejection; how we establish the Law of Denial; how to bring about a balance between a soul faculty and a sense function; how to communicate within our own consciousness; response to a question about despair and how to pull oneself out of it; making the effort to consciously choose what we are going to wear in the closet of our consciousness; remembering that honesty will see us through; finding our true motive in the light of reason and the faculty of honesty; learning that success in any endeavor is ever in keeping with the flow of the soul faculty of duty, gratitude, and tolerance; the two steps absolutely essential in moving through creation; how we suffer the Law of Discord by establishing the Law of Limit; the Law of Fear; the Law of Need to Protect and to Preserve; how to clean the closet of our consciousness.

CC-236

The parallel law of life—the power of will or the force of will; learning about the connection between belief and our emotions; the path of peace, the path of nonresistance; understanding that will is the power of the soul and the force of the mind; the teacher discusses the images in mental consciousness and how they affect our lives; the path of the functions—belief and identification with form vs. the path of the faculties, which is the expression of the soul; responsibility, the ability to respond; creating images intelligently to serve a useful, beneficial purpose; separating truth from creation; discussion on conscious dining; communicating honestly with one's inner being; the importance of removing need from one's consciousness; how identification with our beliefs establishes the laws of force; why that which returns to us rarely meets the expectations that we send out; understanding that we are greater than we know; the Law of Life, the Light itself; rising in consciousness to the will of God; the teacher explains how we are physically affected by what we are doing mentally within our consciousness.

CC-237

The teacher continues on with a discussion on belief, faith, creation, truth; individualization, the effect of the Law of Identification; understanding the cause of the battle within our own consciousness; the three perceptions of will power; suffering, the path created by denial, the direct opposite of total acceptance, the will of God; the moment of conscious choice; using the power of God to bring about a change in our lives; time and the Law of Identity; accepting the possibility that there is something greater than that which we believe we are; judgment, comparison, and the Law of Duality; personality, the overidentification of self; jealousy, envy, and greed; paying the price of the Law of Duality; accepting that to God, to goodness, to

that which we are, all things are possible; how the light of reason moves obstructions from our consciousness; the Law of Individualized Evolution of Form.

CC-238

The two paths of thinking; the difference between looking inward or looking outward to see the world, and what we establish as a result; discussion on aging; experiencing the need to attain from a consciousness of denial; recognizing that the physical manifestation of anything is only the solidification of the mental substance which is the cause of it; understanding the vehicles through which our true being is expressing; steps on the inward path of light; finding our way out of anything by the way we got into it—through the Law of Identity; paying the price of the Law of Comparison and the Law of Dependence; total acceptance, the movement of goodness through the consciousness; freedom from denial through total acceptance; fear, a direction of intelligent, infinite energy, directed by the will of man to a mental world; being transformed by the light of reason; the reason for a short attention span.

CC-239

The eternal search; choosing the path of knowledge or the path of wisdom; flowers, the spirit of harmony; serving the purpose of our being; the Law of Qualifying; emotions, the defenses of mental attachments; the detrimental effect of the emotions upon the physical and mental body; the Law of Harmony which is the Law of Health; gaining objectivity by entering the faculty of reason; learning that the demonstration of life is the freedom from the bondage of belief; how man's beliefs keep him on the path of constant frustration; the Divine Edge—the path on which freedom casts the light of goodness on the eternal journey; discussion on communication with oneself; understanding the ebb and flow of supply in our lives.

CC-240

The fullness of life, the joy of living; the process of identifying; how we establish the Law of Denial; need, the effect of belief; how to stop the process of illusion; understanding pleasure and pain; the universal clock; definition of friendship; the difference between pleasure and good; the true purpose of our evolution; the correlation between the Law of Expansion and Contraction and the universal clock; understanding what selfless service really is; the teacher explains what it's like to be a true prophet in our world of illusion.

CC-241

The evolution of man, the principal of faith; the origin of the species; the difference between making a judgment and establishing a decision in life; choosing between belief and bondage or faith and freedom; evolution of birds in relation to that of man; accepting the demonstrable truth that man is a law unto himself; walking on the path of freedom to experience the joy of living; acceptance, the will of God; what happens within our consciousness when either we accept or we deny; establishing the Law of Freedom in our lives; the payment for laziness; temptation, the function of that which we believe we are; giving belief that we may gain faith; response to a student's request to explain what it means to deny; how to find freedom from discouragement; choosing the power of faith rather than the force of belief; why each generation of mankind seems to grow larger than its predecessor; entering faith to experience power.

CC-242

The teacher continues on with the class on evolution; the principle of peace, the power of God; the expanding and contracting principle of limit; the first and second faculty of being; how we create our struggles and frustrations; moving in our evolution from self-awareness to universal awareness; what the gift of self is; how we find freedom from want, need, and desire; the purpose of the free spirit entering the bondage of creation; the awakening process; faith, the avenue through which the principle of peace expresses itself; the teacher responds to a student's question about poise; the lamp of honesty; the soul faculty of duty, gratitude, and tolerance; discussion on the expansion principle as it relates to flowers and plants; discussion on our responsibility to children and animals in our care; the price of living in the shadows of the mist; the shadowland; what it is that tempts the consciousness; the process of identification; how man steals the Divine expression, desire; the error of praying for "things."

CC-243

Discussion on defilement of the temple of God; the meaning of dedication; total acceptance, the will and the unobstructed flow of goodness; how total acceptance frees us from the frustration and suffering and the transgressions of natural law; how the Law of Adversity guarantees the attachment to what we are adverse to; the principle of goodness, the effect of total acceptance; the Law of Duality, the principle of comparison through which pride expresses in what is known as judgment; need, the effect of denial; how we direct energy to limit; the Law of Association; the importance of redirecting our attention; discussion on the intelligence of dogs; what happens when we give it to God or forget it; response to a student's question on disassociation; how we become the victim of our own denial, and how to free ourselves from that

bondage; the benefits of daily meditation; the Law of Conscious Awareness; growing in the light of reason.

CC-244

Faith and belief and the principle of good; taking the step in evolution to separate truth from creation; broadening our horizons by expanding our consciousness; choosing the soul faculty of fulfillment over the temporal pleasures of satisfaction; understanding the Law that Like Attracts Like; how we demonstrate that we are successful in whatever we choose to be successful in; facing the fickleness of the human mind; shadows, the effect of an obstruction to the light of truth; how to find the cause of our feeling poorly and how to correct it; regret, the payment for the pleasure of satisfaction; response to a student's question, "How is the spoken word life-giving energy?"; how God, the principle of good, is fulfilled in consciousness; pride, born of an insatiable need, the effect of denial, and its necessity to control; understanding the comings and goings of the soul; the importance of accepting personal responsibility.

CC-245

Discussion on the step-by-step process on the path of freedom; how we deny the law that frees us; how the functions of money and sex both serve to glorify what we call our ego; evolving the forms through an expansion-contraction principle; accepting the freedom of personal responsibility; why we have difficulty in freeing ourselves from our disturbances in life; the Law of What I Send out Shall Return to Me; awakening the light of reason; life, a joy to behold; becoming an instrument through which the Law of Gratitude is unobstructed in our life; the teacher discusses the various bodies that the soul expresses through and our responsibility for them; the difference between the divine spirit and the individualized soul; the Law of Individualization; why man is nearest to God when he is in a garden; driving out the demons through the Law of Disassociation; the principle of the Law of Delusion; dedication, the death to all distraction.

CC-246

Understanding creation in our life, our world, and how we make it; the importance of placing our attention, or energy, upon the way and to remove our attention from the obstruction; what causes us to believe that we are the victim of circumstances; suspicion, the cause thereof; taking control of one's life by taking control of one's thoughts; accepting responsibility for our life and all the experiences contained

therein; the Law of Directed Energy; need, the price of our denial; understanding self-concern; the difference between being master of our destiny or the lackey of someone else's; separating truth from creation; testing mental value with the faculty of reason; sleeping in the realms of satisfaction; accepting the possibility of making a change in our life; discussion on motivation; the importance of putting our house in order each morning before confusion sets in.

The Living Light Dialogue, Volume 9 includes transcriptions for the Church Lectures 1 through 81, or CL-1 through CL-81, and their synopses follow. The title of the class is included when it is known.

CL-1: Our Spiritual Responsibility

“When we make the daily effort to become aware of ourselves, to go within . . . and when we balance our spiritual faculties with the functions of this sense body, then, my friends, and only then shall we be free and shall we know the peace and the joy and the bliss that passeth all understanding . . . It is true in evolution . . . that in time we will all find the way, but there is no particular way for everyone at any one time . . . It is the motive that is the germ, that is the seed, that produces the tree and all the effects . . . if you will look sincerely and honestly within, you will find the cause of all things at all times. For nothing, my good friends, can ever happen to us that is not caused by us.”

CL-2: The Freedom of Faith

“For freedom to us is to be without bondage, to feel the expression of the divinity within us. Now faith is usually associated with some particular religious sect or philosophy but in the way we are presenting it . . . it means to us a conviction, a conviction beyond the shadow of any doubt . . . When you keep faith or conviction with this reasoning faculty that is within each and every human being, when we do that, we shall find this great freedom.”

CL-3: Morals and Natural Law

“We have choice and we are free to do what we consider right or wrong to the degree of our awareness and understanding but . . . whatever it is that we do or are doing, it shall return to us, for that is a law of the universe.”

CL-4: The Vital Force of Psychic Phenomena

“The thoughts that we entertain release this vital force from our very being and thoughts are more than things, they are the causes of things . . . Man is the great creator, sustained by this vital force and do not be deceived . . . and think that we have reached the gates of heaven because . . . we may have awakened a certain psychic faculty . . . the psychic realm is not the realm of spirit . . . and the spirit realm cannot be reached . . . until we have opened to some degree the faculties of our soul.”

CL-5: Levels of Awareness

“Many religions for untold centuries have spoken of have spoken of heaven and of hell . . . but the level of awareness that we have at this moment is the one that we will take into those other dimensions and, therefore, if we do not make the effort today to awaken this soul, then we are going to take with us all of our desires, all of our envies, and greeds and jealousies, all of our hates and all of our fears and all of our superstitions into what is termed an earthbound realm . . . All things that we experience are but the effects of the level we are expressing through at that moment.”

CL-6: Divinity and Direction

“When we truly awaken to the divinity within us our lives will become divinely directed. God does not give us health or its opposite. God does not give us wealth or its opposite. God Is. We and we alone make the choice whether we want to accept it or to reject it.”

CL-7: The Love of Living

“For that that is pure love is a love that goes out, has no consideration or want or desire for return, and when love flows through our being on that level of awareness, it goes forth into the universe and according to the law upon which it is sent out, it does indeed return to us.”

CL-8: The Living Demonstration

“The living demonstration is the demonstration of this moment . . . You have the right to express through a level of awareness that frees us. That is the divine birthright of every human soul. That is the living demonstration.”

CL-9: The Living Dead

“The dead are not all in the so-called world of spirit . . . our minds are cluttered and entertained with what everyone else is doing because it does not meet, oftentimes, with our petty approval. Does not that type of thought of prejudgment, of knowing what is right for everyone but ourselves, is that not a demonstration indeed of the living dead? Dead to understanding, dead to consideration, dead to reason, dead to logic and even dead, oftentimes, to hope.”

CL-10: Inner Levels and Outer Limits

“As man continues to direct his faith. . .to . . . negative disturbing things then that is what man will ever continue to experience. Our outer limits are narrow by ourselves . . . It is more than helpful to spend a few moments of each hour to think where our thoughts are. Are they limited or are they limitless?”

CL-11: Evolutionary Incarnation

“. . . the soul is evolving through forms and forms unlimited . . . it has entered this earth planet, this physical form, at the moment of conception according to laws that it has set into motion at another time, in another place, in another age . . . On speaking of evolutionary incarnation, I ask that you not be confused with what the common theory of reincarnation is.”

CL-12: The Meaning of Salvation

“When we as individualized souls of truth make the daily moment to moment effort to be at peace with ourselves, then indeed we will find this so-called true salvation, for we shall find ourselves and having done so, we will experience the peace, the freedom, the joy of eternity.”

CL-13: The Web of Destiny

“. . . we are the spiders that are weaving . . . webs. Remember that a spider can only traverse the web that it has woven, the soul can only express on the patterns of thought that man has chosen to express upon.”

CL-14: Man's Only Suffering is his Denial of God

“If God doesn't choose hell for us, why does a sane man choose it for himself? That's denying your own divinity.”

CL-15: Man, The Universe

“For many years . . . friends through the world of spirit have repeatedly asked that we broaden our horizons, that we expand our consciousness, that we be more

receptive to the possibilities and the probabilities, that life is not only eternal but that life is everywhere . . . What inside of us could possibly entertain the thought that we and we alone are the only evolved intelligent beings in all of God's universes?"

CL-16: Attention and Energy

"If it is true and nature herself demonstrates that truth—that everything is the effect of directed energy, then it behooves man to choose wisely what he is directing his thought to."

CL-17: The Wisdom of Tolerance

"Each time that we express intolerance we give, from our very being, power to the thing that we are not able to tolerate. For that that disturbs us, my good friends, is that which controls us."

CL-18: The 125th Anniversary of Modern Spiritualism

"We see from the beginnings known as the spirit rappings that a whole new concept of spiritual awakening came to the world. Out of this new era birth was given to many new philosophies—a teaching that we were no longer eternally damned, that we and we alone were responsible for all of our acts and all of our activities, that indeed there was no savior waiting for us, that the salvation that the world had spoken of for so many centuries was inside of us—the only place we will ever find truth."

CL-19: Genuine Mediumship

"Mediumship is an awareness of why a person is experiencing certain effects in their life. It is a revealing, a revelation, of the causes that the individual soul has set into motion. Without mediumship in the world there is no awareness of the dimensions we truly live in."

CL-20: Growing in the Light

"We understand in our use of the word 'Light'—we use that as a meaning or an expression of truth, for wherever there is Light, darkness disappears. And so it is,

throughout the ages that man has looked upon darkness as error and ignorance and upon Light as the path and the truth.”

CL-21: Psychic Common Sense

“Every human being is psychic to some extent but of what benefit would being psychic be to anyone unless they know the laws governing the phenomena, the science, so that they may ever remain in control of the things that they view, that they receive and that they hear. It would be much wiser to sit at home and to view the variety of programs that are telecast over your television set, for the psychic dimensions are not there for people with common sense to view them like a movie.”

CL-22: Man’s Magnetic Field

“When we awaken to the great truth that we must express more fully this magnetic power known as love; when we awaken our minds and stop limiting the Divine flow, then we will receive a more abundant influx of this so-called energy known as God. . . We are sending and receiving sets. We are receiving ever equal to what we have set forth into the universe.”

CL-23: Expanding Consciousness

“We understand in this Association that the word consciousness means God, the Divine, the Infinite Intelligence. And so it is, while we are here encased in flesh that we are striving to expand our awareness of this Divine, this God that is everywhere present.”

CL-24: [Class Excerpts]

“We all in this world are seeking something. That something to us means our success, whatever the endeavor may be. We understand that success is ever in proportion to our expression of the soul faculty of duty, gratitude and tolerance.”

CL-25: Acceptance, the Divine Will

“Divine Will. . . a state of consciousness within ourselves—the highest state of consciousness possible—where Divine Will manifests itself and knows beyond the

shadow of any doubt what is best for our own soul. Acceptance is the Divine Will, for without acceptance there is no experience and without experience there is no growth, there is no progression, there is no evolution. And it is the Divine purpose, plan and will that the soul encased in form is in a constant state of expansion, growth and progression.”

CL-26: The Journey of the Soul

“The teachings of Serenity are not that your soul has come direct from God as a new expression but that it has and is evolving not just through what is known as the earth realm or the earth planet, but that it is evolving through the solar system.”

CL-27: Adventures in Consciousness

“And so it is . . . with all of our experiences we first must imagine them; we must believe them in order for us to experience them. And so it is in life that man has and is imagining many types of gods, many types of beliefs, but without that process of belief or imagining, he cannot experience because he cannot experience what the mind cannot first accept.”

CL-28: New Horizons

“In this understanding, there has been much discussion on the value and the importance of our own mind, our thoughts, for they are indeed the universe that we ourselves experience . . . We understand that success is ever in proportion to our expression of the soul faculty of duty, gratitude, and tolerance . . . This day let us ask ourselves honestly the question, “What has true value to my life?” . . . If it is true—and it is true, I assure you—that we take our emotions, our feelings, and our attitudes with us, that those are the realms, the dimensions in which we shall live and express ourselves, then let us weigh within our minds what attitudes we have, what things we are mentally, emotionally attached to, because that’s where we’re going to find ourselves, friends . . . In these worlds known as worlds of spirit—and many dimensions there are—our thought becomes the most important asset that we have . . . Find out, my good friends, what you are, then you will know who you are.”

CL-29: Respect—The Law of Consideration

“If respect is an expression or demonstration of the Law of Consideration, does man in truth respect all things that he considers? . . . We find that is not necessarily true. For there is another part of that faculty of respect and consideration and it is

known as value. We find . . . whatever we have a value for, we have a desire to attain. And the degree and the extent of that value and desire prompts us to a greater consideration. And as we demonstrate that Law of Consideration, we express some degree of respect.”

CL-30: The 126th Anniversary of Modern Spiritualism

“Spiritualism did not come to this world to build physical cathedrals of stone and mortar. It came to this world to build cathedrals of the soul.”

CL-31: Value—Man’s True Mirror

“. . . experience in truth is the mirror of our own thoughts, attitudes and acts. When looking into this mirror of life known as experience, we gradually, slowly but surely, awaken within ourselves a greater understanding of what it is in truth that we value.”

CL-32: Third Anniversary—Serenity Church

“. . . all of us have a responsibility. We have a responsibility to what is known as Divine Justice, for that that benefits us is not what we try to push down another’s throat, but it is our responsibility to share with those who are seeking that which already has proven to help ourselves.”

CL-33: Man’s Spiritual Search

“The obvious reason why we are not able, seemingly so, to stay with any particular study or endeavor is because of our unwillingness to surrender. Until we reach a state of consciousness within our being where we are willing, ready and able to surrender what we consider is our knowledge, what we consider is right, until we reach that state of consciousness and we are willing to surrender to a Divine Wisdom, to a Divine Intelligence, we are not going to find the things that we are truly seeking.”

CL-34: Mediums and Their Message

“The purpose of mediumship is to reveal . . . the cause of the experiences that you are experiencing, to help you to see that there is a better way to live in life, that there

is a purpose to the moment in which your soul is expressing . . . The spiritual world, my friends, is the spirit within your own being here and now . . . there is no death, my friends. There's only a change, a change of form . . . We teach in this understanding that all experiences are the direct effect of a level of consciousness or an attitude of mind of each and every individual . . . whatever you are seeking is indeed also seeking you . . . But be rest assured, my friends, if those who have gone before us to another dimension . . . are able to reach your consciousness to help you to make a change in thought, to bring about a more peaceful, a more fulfilling, a more abundant life here and now, then indeed the purpose of mediumship has been served . . . Our soul is an evolving process. It has expressed through untold centuries and will continue to express through untold centuries."

CL-35: Leadership and Responsibility

"We look across the land and we see so many things that we desire. But it has been stated many times that desire has no light. And indeed it has no light, for when the mind desires something, it does not at that moment use the faculty of reason . . . What is it within us that has an eternal, lasting value? What is it that will weather every storm and every change, which is the Law of Creation? That something that is above and beyond, and yet expressing through creation, is called by many names. It's called God. It's called Infinite Intelligence . . . It is the only thing in life itself that will not fail you, because it is not dependent upon the fickle mind of man . . . For when you're truly at peace, you will have all of the so-called love, attention, or energy that you could possibly utilize at any given moment . . . Don't you see, my friends, we sell our soul to the things that we think we need . . . All things are the effect of directed energy through the power of thought . . . And so when man believes in his heart, in the depths of his being, that he has the image that he has created, then man will experience it in this physical world."

CL-36: Psychometry (Aura Sensing)

"Psychometry can be stated simply as soul knowing or aura sensing . . . We are all transmitters and receivers . . . Man, know thyself and ye shall know the truth and it is the truth that will set you free . . . And so it is that we go on the inward journey to know our own mind. To know the things that we have long forgotten. To know the desires of yesterday, for they are the laws, my friends, that are controlling your today . . . We always experience in life what we really want to experience . . . God, peace, freedom, abundance, call it what you will, must mean enough to us to make the daily, conscious, constant effort . . . If you turn your back on the things that are difficult today, you will face them throughout eternity, until you have mastered them . . . So become aware of your thoughts, my friends, your attitudes, and your feelings, for

those are the laws that you are setting into motion . . . What is worthwhile and peaceful to entertain in thought? Well, my friends, it's peace itself. Peace, that great peace which brings balance in our life, that is the power known as God . . . Prophecy is nothing more nor less than the revelation of the laws that you and you alone have set into motion."

CL-37: Magnetism—The Invisible Power

"When we truly believe anything, we create it in our consciousness . . . when our conscious and subconscious mind is in harmony this so-called Divine Intelligence, known as God, moves through an unobstructed vehicle called man . . . So whatever it is that you are seeking in life, remember it is within your power to attain it, dependent, of course, upon the effort that you make—and you alone make—to bring balance into your life . . . man always gets what he really wants. And so few people seem to want to agree with it . . . Today's manifestation in life is the effect of the various laws that we set into motion by our acceptance, by our belief, by our thought of yesterday . . . This is the only moment over which you have any power to do anything. Think about that, my friends. Yesterday's gone; tomorrow has not yet come. This is the moment that you are in God . . . We teach that each moment, each moment is a new day and a new beginning, if you choose to make it so . . . Where is our energy directed? . . . And let's open up our soul, our heart, and our mind to a God that can really do something. And then we will know in truth the joy of living."

CL-38: Justice and The Law

"We understand in this philosophy that all experiences in life are simply the effect of a level of consciousness that we have chosen to express upon . . . man, in truth, is a law unto himself. He sets the laws of life into motion by his own attitude with any experience that he encounters in life . . . And that law must be fulfilled to the degree and to the extent of our own acceptance . . . if we encounter an individual who we find is difficult for us to tolerate, then what we have done, in truth, is given the power of our own consciousness to that individual that we cannot tolerate . . . when man gets understanding, he then is in a position to apply the divine laws that he now understands . . . The teaching is, also, that understanding is the very foundation of all our soul faculties . . . Man is a physical being, which is the effect of a mental body. And man is a mental body, which is the effect of a soul body, and that is the expression of what we call the Divine or God . . . Whatever you are seeking is also seeking you . . . So let us pray for more understanding."

CL-39: Self-Control—The Philosophy of Spiritualism

“Without awareness, there is no control. And without control, there is no freedom . . . Without self-control, my friends, whatever thought your consciousness is exposed to controls your life . . . Our teaching and philosophy is that like attracts like and becomes the Law of Attachment . . . And so it is in life, the only thing worth seeking, the only thing that has any power to change your life, to transform you, to bring you the fulfillment your soul is seeking, the only thing is called peace . . . Peace, which we understand to be God, the divine, neutral, intelligent Energy expressing through all form, that great Peace we experience through self-control . . . Often we have spoken that heaven is not a place you’re going to go to, but it’s a state of consciousness that you’re growing to this moment in the here and in the now . . . Let us strive to be a bit better. Let us strive for a little more awareness, a little more freedom . . . This philosophy does not teach you what is right or wrong. It teaches you the divinity of your own soul . . . let’s stop trying to do something in life and let’s just get it done!”

CL-40: Experience, The Mirror of Motive

“. . . because we have been granted what is known as choice, we, therefore, have become a law unto our self . . . However, that divine right, known as choice, does not come to us without its own responsibility . . . And so we have a teaching in this philosophy and that is that energy follows attention through the vehicle of thought . . . Our teaching is that forgiveness frees our soul from the bondage of self . . . God is ever equal to our understanding. And so as we expand our understanding, our God becomes more full in our lives . . . Only through a lack understanding is man intolerant to the rest of God’s creation. Let us not be so important in life that we know which path another human soul must walk . . . Let us not worry what our brother is doing, for that energy that we use for that level of consciousness is depriving that energy to heal our own mind, to heal our own body . . . when we set the Law of Intolerance into motion, we guarantee that experience that we are intolerant of to come to us someday . . . Let us commit ourselves to our own God within our own consciousness, because only through commitment to that which is our only life can we truly be free.”

CL-41: Application—The Law of Supply

“Most of us, I am sure, are aware that supply of anything, be it material, mental, or spiritual, is nothing more nor less than the effect of directed energy . . . If we permit the experiences of yesterday to be the guidance for our eternal moment of now, then the emotions and the feelings of yesterday will continue to control our lives . . . It does not benefit mankind to learn the divine, natural laws of life and not move them into physical, material, mundane application . . . When we feel emotional concerning our

seeming temporary inability to attain what our minds are seeking, it simply means that the divine law is not being applied in what is known as the electrical field of your own being . . . We have the divine birthright to enjoy the fullness of the world in which we are expressing . . . Let us not look at another and desire what he or she has. For in so doing, my good friends, you deny what God has waiting for you . . . Let us accept the world the way that it truly is: filled with love and beauty, filled with prosperity and purpose.”

CL-42: Self-Will, The Wheel of Illusion

“When man exercises what is known as his conscious choice, we understand that to be an expression of his will . . . The experiences of our life, of times that have already past, are the motivating forces within us that make decisions for us in our life, when we are expressing self-will . . . Until such time as we make a greater effort to know about our own mind, to know how it controls our life and guarantees all experiences that we encounter, then we, as individualized souls, will not be free . . . I know of no other way to free the soul, besides a daily, honest soul searching to find out what you have accepted in your lives as truth . . . Many philosophers have taught that joy is an inside job. My good friends, Spiritualism teaches that all of life is an inside job. For what in truth is life, but the limit of man’s own experiences? . . . when you find truth in your own soul, you will not have to be told; you will know that you are an inseparable part of one Divine Intelligence . . . Truth is individually perceived. If you think that you do not have truth, it simply means that you have no self-control. For freedom is the direct effect of self-control and truth, my friends, is freedom.”

CL-43: The Love of Living

“. . . when we accept that demonstrable divine truth of personal responsibility for all experiences that we encounter in life, when we truly accept that law, then we will demonstrate what is known as divine will . . . divine will is total consideration, total acceptance . . . Without acceptance my friends, there is no faith . . . All of us are controlled, to a great extent, by what is referred to in this philosophy as the tapes of past experiences . . . There is no reason in any mind to suffer and experience a life of grief and misery. It is only our absolute refusal to accept a higher power, a Divine Intelligence that holds the stars in space, to which all things are possible . . . Whatever man relies upon becomes his master. Let us not forget that . . . Let us become aware of who it is that is guiding our ship of destiny.”

CL-44: Fourth Anniversary—Serenity Church:

“It is the inherent nature of all people, of all form, of all creatures to strive to organize themselves in order that they may fulfill their chosen desires . . . through a

lack of control of our own mind, we find ourselves in what is known as chaos and disorganization . . . our teaching in this philosophy is an education, a balance of our functions of desire and soul faculties of aspiration . . . we often use as an excuse the lack of time . . . he who sees the obstruction, that soul shall not find the way . . . a wise man will place his attention on what he wants to become in life, not place his attention upon what he is desiring to overcome . . . For organization is an effect. It is an effect of a balanced mind, it is an effect of understanding . . . If things in this world of creation had lasting value, business would not boom as it does . . . desires of the moment are fleeting . . . we cannot express in our consciousness what we have not yet accepted . . . we all change. But we don't necessarily change the way someone else wants us to change . . . let us first become the living demonstration of organization before we decide to suggest and demand how another organization should organize itself."

CL-45: Destiny—A Spiritual View

"... religions of our world have taught and continue to teach that God is love, that the true shall set us free . . . acceptance is the divine will . . . rejection is the self-will . . . We do understand that a seeming bad experience is nothing more nor less than seeming underdeveloped good . . . by our own acceptance, by our own rejections, we in truth are declaring and have declared our own destiny . . . that that guarantees pleasure is destined to guarantee pain . . . he who relies upon man for his joy, his supply, his health, his prosperity, comes under the control of man's law, not God's law . . . If you cannot be honest with yourself, you cannot be honest with your God . . . A wise philosopher once said, "Manifest the divinity within yourself and all things shall become harmoniously arranged around you" . . . the manifestation of divinity is whole, total, and complete acceptance in consciousness . . . divine law is total consideration . . . satisfaction permits our soul to sleep, but irritation wakes the soul . . . That which you give thought you, you give power to . . . look at how, when, and why you receive your goodness and you will know your bondage and you will know your eternal destiny."

CL-46: Patience—Pain and Pleasure

"... patience is a soul faculty . . . And patience, perseverance, and promise is a soul faculty . . . truth cannot and does not exist in a dual expression called mind . . . our soul is taken to its true home and that is called our heart . . . In creation, the illusion created by mind stuff brings us fleeting moments of pleasure, but each fleeting moment is guaranteed by the laws of creation to bring us equal pain . . . man's only suffering is his denial of God . . . Bondage is in the head . . . It is where we have decided what will bring us joy and happiness . . . until we learn to separate truth from

creation, we will never have the divine freedom that is our eternal right . . . it takes self-control to reach your heart . . .there's a bottom to self-will . . . when we hit the bottom, we start to rise in divine will . . . man cannot desire what man already has . . . learn to bow the head in humility . . . bow it in the depths of humiliation that our soul may rise in the heights of humility . . . God, in truth, is the most humble servant of all."

CL-47: Spirit Lands and Spirit Bands

"Spirit is not something that we are going to, necessarily, after so-called physical death or transition . . . The only moment that man knows truth is in the eternal moment of the now . . . The Living Light Philosophy is a philosophy of everyday living . . . the mind knows the mind, the body knows the body, the soul knows the soul, and the spirit is the truth . . . Truth does not set us free until we demonstrate the Law of Application . . . We know that outward experiences are direct revelations of inner attitudes of mind . . . Freedom is the eternal moment of the now . . . truth is taught through indirection, demonstration, and example . . . What man grants unto himself he may then grant to another . . . when the mind has suffered enough, it will pause and it will become still. And when the mind is stilled, the heart will move . . . the spoken word is life-giving energy. And the more energy you feed through mental activity called thought, the less you receive from the realms of beauty, of truth and freedom . . . only your faith in reason will ever transfigure you and free your eternal, divine soul."

CL-48: Sailing the Ship of Destiny

". . . the ship of destiny, our own eternal soul . . . Sailing that ship is the mind of man . . . It is not a God that has been created by man . . . the more we control the mind, the more express our divinity, the more we express our own godhood . . . Knowledge knows much, but wisdom knows better . . . The lack of use is abuse . . . So if we must cry . . . let us cry for God, and we will not be so concerned about this material world . . . When we stop blaming, we will start living . . . What will bring youth back to you—if you think you're losing it or have lost it. There's one word that will rejuvenate you spirit: it's called enthusiasm—to be in God . . . All you need is the spark of enthusiasm."

CL-49: The Fountain of Youth

". . . for man in his evolution has become so important that he dictates to divine nature law how things shall be . . . the effect of those transgressions is poor health

and age . . . We cannot see disturbance in the universe until we become the disturbance that we may view it and know it inside of our self . . . My friends, we cannot live without energy, which, in truth, is God . . . it is time to consider more frequently how we are going to permit ourselves to receive the sustenance, known as Intelligent Energy, for our own good . . . Whenever the mind feels that it has been unjustly treated, it goes out into the universe seeking sympathy . . . sympathy is guided and controlled by self-interest . . . When we become less concerned with ourselves, God will consider us more than we could possibly imagine...This philosophy teaches that selfless service is the only path to spiritual illumination . . . the longer we continue to entertain these mental thoughts that have no act or deed, revealing their motives [are] not so pure, then we're not going to have the eternal fountain of youth . . . For to complain and to criticize is a revelation of how little effort, my friends, that we have made to understand the laws of life."

CL-50: The Way We Are

"... it is truth that sets man free . . . man must know himself in order to find the truth so that he can be free . . . satisfaction is sleep of the eternal soul . . . in the teaching of this philosophy, we find no blame outside of our own universe. It is not the world and it not God . . . we are where we are because we have made our minds what they are . . . We can change it at any moment or we can continue on the wheel of illusion and delusion that it's someone else's fault . . . The soul does not aspire to remain in such a disastrous condition . . . the mind is the vehicle through which the soul expresses . . . I admit that it takes a bit of effort to try to control one's own mind . . . we are where we are because we have made our minds what they are . . . When we start to think a bit more of God and a bit less of self, we won't have to be so concerned about the pollution in the world. . . when you've had enough hell . . . you will surrender and let go to an authority greater than your created minds . . . Take care of today and you'll know right where you're going."

CL-51: Beginning Anew

"It is the divine law of God that all souls shall be free. It is the law of man that the soul shall be bound . . . we limit the expression of our own fullness of life . . . the minds of men contradict themselves and a house divided cannot long endure, nor stand . . . consider beginning anew, a new thought and a new attitude in reference to what it is you truly desire . . . the mind or so-called brain, the vehicle through which it expresses, is controlled by what we call desire . . . This philosophy understands that we are, in truth, spirit, formless and free; whatever we think that and that alone we shall be . . . total consideration is divine love . . . total acceptance is divine will . . . our life is the direct effect of the laws that we alone have established . . . Beginning anew

takes a perspective, an effort, an application of the Law of Personal Responsibility . . . If you are not happy with your state in life, look within . . . God is an infinite, intelligent Power called Divine Love, called impartial Energy . . . attention is the vehicle through which God's love flows . . . our minds are limited in respect to divine law . . . a man not concerned over the effects of his efforts is a wise man."

CL-52: Forgiving, The Path of Freedom

" . . . a clarification of the spiritual understand of the word *forgiving* . . . The only everything that man change is in keeping with divine law . . . whatever happens to us in life is caused alone by us . . . Nothing happens to us by chance . . . We establish laws. And those laws, demonstrable, return unto us . . . The Spiritualist movement knows the Law of Personal Responsibility . . . we get out of a thing what we put into that thing and not one iota more . . . it is possible for someone to know something about you that your minds do not yet know themselves . . . there is one God . . . there is one consciousness . . . if, in your efforts to pray, you establish the Law of Total Acceptance, which is divine will, then that divine will flows through your life and the transformation of your life is the result . . . we are not alone no matter what we want to think about life . . . we are in truth, indeed an inseparable part of one consciousness; that whatever *we* think and whatever *we* do is affecting another human soul . . . Friends, when you're in love with God, you will know what happens everywhere, at all times, and will have the feeling for the souls that are struggling to be freed from the glory of their bloated nothingness."

CL-53: When It Means Enough

" . . . our sense of values in life are dependent upon the degree and the guidance of discipline that we have had at a very early age . . . Without discipline in life, our sense of values run far out of proportion and out of perspective . . . man does not value what he does not make effort to attain . . . When the going gets rough, those who have been lacking in discipline are the first to quit . . . the key to success is the principle of effort . . . the principle of effort is the lack of concern . . . our success in life is dependent upon how much it means to us. Not by what we tell our self it means to us and not by what we tell others how much something means to us, but how we demonstrate it . . . Know in life what it is you want to do . . . you must know what you want to do on Monday as well as Sunday . . . you see how simple the Law of Success truly is when it means enough to you."

CL-54: Our Brother's Keeper

"Are we in truth a separate, independent unit in all of God's universes or are we an inseparable part of a whole, called Divine Infinite Intelligence?" . . . we are

personally responsible for our own thoughts, our own acts and activities . . . How does man in truth become his brother's keeper? By being the demonstration of honesty within himself . . . Total consideration is the expression of divine will . . . no man can grant to another what he has not first granted unto himself . . . our brother's keeper must be a keeper unto our own soul first . . . we and we alone are personally responsible for every experience we encounter in life . . . For if we blame someone for our own weaknesses, then we must, in keeping with that law, blame them for our strengths . . . It is the process of educating the ego that is necessary . . . First, we must understand what the uneducated ego truly is . . . reason is a perfect balance . . . know thyself and ye shall know the truth and the truth shall set you free."

CL-55: The Fifth Anniversary of Serenity

" . . . anything in our mind that we have convinced our self we cannot do without—that is the very thing we shall learn, in time, to do without in order to be free . . . For like a great magnet, that that is entertained in mind goes out into the universe and it returns unto us . . . We cannot face ourselves until we accept the divine truth of personal responsibility . . . there is nothing outside—whether they call it the devil or God—that is responsible for what we do with our life . . . If we have not learned the lessons of yesterday's transgressions of natural law, then we continue to experience the effects of today's transgressions . . . creation is governed by a dual law . . . It is through the process of surrender to that Divine Intelligence that man is freed, that man is successful, that man is healthy, that man is happy, that man is fulfilled. . . it is not what you need to put into the mind to free your soul, it's what you need to take out of it to free your soul . . . our adversities become our attachments . . . reason is balance . . . 'I am Spirit formless and free, whatever I think, that will be' . . . we are the effect of what *we* think; we are not the effect of what everyone else thinks."

CL-56: Plants, Animals, and People

"For without plants and animals, there would be no people on this earth realm . . . we cannot broaden our own horizons unless we make the effort to look beyond them. And we cannot make the effort to look beyond them unless we can accept, in our consciousness, the possibility of an equal intelligence expressing through forms that are different than our own . . . the purpose of our soul entering earth form is not only for our own soul evolution, but [to also be] an instrument for the evolution of all form in which it comes [in] contact . . . in becoming aware of your attitude, you will know in that moment whether you are harmonious with nature or you are discordant . . . let us consider entertaining a level of consciousness of gratitude and appreciation for the food that enters our human body . . . The only thing that man can take is the physical form. No one can take that which isn't in their power to take . . . We must

learn to treat the four-legged friends much differently than we have been treating our two-legged friends . . . we cannot use our blown-up nothingness called the human intellect to commune with them . . . They don't need to study English or any other language to understand what you're feeling. They don't need dictionaries to understand what your thoughts truly mean."

CL-57: Accepting Our Birthright

" . . . we, in truth, are constantly changing . . . judgment is based solely, wholly, and completely upon the accepted experiences, upon the thinking that we will permit our minds to entertain . . . when it is that we view life from the seat of judgment, we guarantee those lessons and experiences necessary that we may surrender our thoughts and dictates of right and wrong . . . We cannot view the cause of anything that we are involved in. We must step back in our mind and look from a vantage point of objectivity to see, in truth, where we really are, not where we think we are . . . Whatever changes we make within our own mind has a direct and an indirect effect upon all minds . . . Life around us and about us is just the way that we accept it . . . that we may graduate in this school of life from one grade to another and another and another. For that, my friends, in truth is what life is all about . . . This philosophy teaches that our adversities become our attachments because we direct energy to anything that we are adverse to. And by directing that energy to it, we create and attract it into our lives . . . our life it just exactly the way that we are taking it."

CL-58: Dynamic Perspectives

"We always get what we really want, while being deluded by what we think we want.' . . . The basic principle of this philosophy is the Law of Personal Responsibility . . . the lessons of life, in truth, are the blessings of life . . . We think, in our delusions in creation, that we are judging others. In truth we are not. We are judging our own perspective of things outside . . . man's destinies are his denials . . . the steps to the depths of hell are the steps of judgment . . . the rail upon which we lean as we descend is the rail of pride . . . man takes pride in his denials . . . like attracts like and becomes the Law of Attachment . . . each thought that man entertains by the Law of Identity . . . man creates the shape, the size, the beauty, or its opposite of that form that man, through his thought—through the vehicle of thought—is creating . . . Only the minds of men have possessions, which guarantee obsessions . . . man is not aware of his paradise because man is in the mind and not the soul . . . we have all created what is known as thought forms . . . By entertaining that thought, the form grows . . . We must all pay in life for the lessons that are necessary for our eternal peace."

CL-59: Review and Renewal

“ . . . we must make that effort to find out why we react to experiences in life the way that we do react . . . the only benefit to experience is that it continues to repeat itself. It only continues, my friends, until we accept what the experience truly has to offer us . . . we are indeed all successful in what we alone have chosen to do in life . . . a failure is the greatest success, for it is success in a negative, but it is indeed success . . . There is no such thing as an original thought in the minds of men . . . the trouble with desire, my friends, is that it changes so often. It changes from moment to moment. The moment that you fulfill it, it demands more . . . It is stated here that through repetition change is made possible . . . that which you hold destroys you, and that which you free unfolds you . . . For as you give you become a clearer channel for that great divine eternal Intelligence to flow through you unobstructed . . . It is the givers of life who are never without . . . My friends, in your giving will you find joy. And in your giving you will free yourself from the things that bind your being. It's in your giving through your heart, not your head.”

CL-60: The Lessons of Life

“ . . . change is made possible through the Law of Repetition . . . creation offers to all of us a duality of experiences . . . he who seeks the things and not the cause of things is ever controlled by the fluctuating desires of the human mind . . . divine right is not dependent upon people, places, or things. Divine right is dependent upon divine acceptance . . . our adversities become our attachments . . . God sustains whatever thought, whatever pattern of mind, whatever attitude you choose to make . . . put God in it or forget it . . . that will of the Divine is known as total acceptance . . . when we take stock of what we really do accept, we find we are extremely limited in our lives . . . when we dictate to the Divine, we are, in that moment, becoming greater than the Divine . . . No man can change the thought of another . . . You are not the things that you entertain in thought. You are the cause that is behind them . . . Choose more wisely your thoughts, for they are the magnets that are pulling you to your own waiting experiences . . . There is no God and no angel that controls your mind . . . it is the freeing of ourselves from ourselves that is the true joy of Life herself.”

CL-61: The Fullness of Life

“We understand that divine will is total acceptance . . . divine love is total consideration and desire is divine expression . . . the decisions that we make are dependent upon the limited acceptances of our past experiences . . . in that dictate, we are no longer in the divine flow of God's expression, but we are, in that moment, the victim of our own rejections and our own acceptances . . . The fullness of life is the

acceptance of life, but man dictates to God how life shall be. That, known as judgment, is the greatest cross we have to bear . . . Intolerance is a judgment and a denial of the right, the eternal right, of God's expression . . . 'I am only a witness of time passing on. A witness of things that have come and gone. Never the jury or the judge will I be, for I am the witness, the life and the tree' . . . be the witness of life."

CL-62: The Awakened Soul

" . . . that that has no beginning has no ending . . . And it is that created substance, known as the human mind, that is the veil between our eternal soul and the view that is our divine right of eternity itself . . . You cannot be objective about anything as long as you entertain thoughts and dictates of the human mind concerning it . . . there is something above and beyond all creation . . . To the awakened soul, man experiences that goodness, for man no longer judges and dictates to God how it shall be . . . Why does man neglect? Because man has risen in his self-importance and is dictating to divine Infinite Intelligence how all of his life shall be . . . Man says it's difficult to accept the authority of God . . . man is the greatest borrower in the universe . . . For whatever man lets go of, God takes control of . . . we cannot experience in life what we are not willing to accept . . . And only you alone can accept something better . . . If we refuse to accept the right, the infinite right of evolution, known as change, then we're swimming against the tide of life. And the tide of life is greater than the thoughts of man . . . Let us graciously accept all that life has to offer . . ."

CL-63: Harmony, The Law of Health

"And it is through this process of identification with the objects that we observe that we become bound by so-called limit or form or creation . . . An education is something that takes place when man makes the effort, the daily, moment-by-moment effort, to accept the infinite divine right of God to express through a variety of levels of consciousness . . . Let us truly become the observers . . . This body that we have now is known as the temple of God. Everything that happens to it reveals what our attitudes and thoughts truly are . . . You cannot experience anything that you do not first identify with . . . If you only identify with your limited mental acceptances, then that's all you will ever be aware of experiencing . . . negative faith is known by man as fear, the authority of the limited mind over your eternal life . . . A petrified mind never freed a human soul . . . Let us lift our hearts to something that is greater than what our minds can possibly conceive."

CL-64: Promise, The Destiny of Life

“... the thought of being tired is dependent upon judgments of the human mind . . . love all life and know the Light . . . Each and every day of our life we are experiencing the dictates of our own mind . . . Whenever the limited will of the human mind rises to dictate in any experience, in *any* experience its authority over the right of divine will, then man suffers . . . man suffers from his denials in life . . . our denials, in truth, are our destinies . . . The greatest failing known to man is the failing of placing the blame and responsibility in life's experiences outside onto someone else or something else . . . It is our opinions that, in truth, are causing a lack of goodness in our life, but those opinions, created by our minds, can be changed . . . It is through honest prayer that we are freed from these dictates of yesterday . . . place God, that Divine Principle, in your thought and God will move whatever mountain your minds may have already created as your obstruction . . . the easiest thing in the world is to accomplish what you desire. The difficulty is in knowing what you desire and sustaining the effort necessary to do it . . . That better life is waiting for everyone, but it is directly dependent upon their willingness to change.”

CL-65: Six Years of Serenity

“... whenever man makes a decision it's known as a judgment . . . This church was founded on the basic principle of personal responsibility, founded upon the total acceptance . . . life, in truth, is the way we alone are making it . . . It is in our mind that our peace and our wars are waged . . . we must learn to accept. It is the denials in life that are our own destinies . . . All things in creation are sustained by this neutral, infinite Divine Love . . . This philosophy teaches that presumption is the Law of Descent. It also teaches to investigate everything and to presume nothing . . . humbleness is the path of peace; acceptance is the door through which we enter into paradise . . . we do not consider what we must give up to gain that something better . . . you must be willing, through study and application and through daily effort, to give it all to what is called God . . . each time you give with reservation you are standing outside of the divine flow . . . And whatever it is you want in life, whatever is your number one priority, give that, your greatest desire, to God . . . And so the greatest gift that you have to give is your own totality.”

CL-66: Inspiration

“... we must view this soul faculty known as inspiration as an inseparable part of a trinity, for inspiration flows through the soul faculty of reason and consideration . . . the human mind is not designed to consider all . . . And so we must consider something that is greater than the experiences in life that we have already encountered . . . man values only that which he makes an effort to attain . . . Take

hold of your thought. Awaken yourself consciously to what your beliefs really are . . . You have identified with the limitation of form . . . For the greatest gift to God is the gift of self . . . For that that is healthy is abundant, harmonious, and good . . . You are responsible for the thoughts that you permit to pass through your mind . . . Heaven is what you yourself have accepted and are demonstrating . . . put your house in order each and every morning before confusion sets in . . . Those houses are built by your thoughts and your attitudes . . . The workers win . . . our heaven is within our consciousness. It is dependent upon your acceptance and your beliefs . . . ‘What is my attitude of mind this moment?’”

CL-67: Man’s Law

“. . . man, in truth, is a triune expression . . . destiny in life is the effect of our denials . . . For the human mind is commonly referred to as the throne of negative faith . . . The unknown is not unknown to your true being . . . ‘What is, in truth, our need to be different?’ . . . He who does not seek to possess has all he could possibly use wisely . . . we must look within, become aware that it is within . . . And our view in life is directly dependent upon the judgments that we have made . . . your refusal to accept the demonstrable, harmonious laws of life is your fear to protect what you think you possess . . . So whatever it is you like or you don’t like about what you call yourself, remember, it is exactly what you yourself established . . . acceptance is the will of God . . . you must demonstrate God’s will . . . The moment, whatever your problem may seem to be, the moment you give it up, it rises into a realm of consciousness within where all things good are not only possible, but constantly being demonstrated.”

CL-68: The Fullness of Life

“. . . the fullness of life is an effect of an ever-expanding consciousness. The expansion or broadening of our horizons in life is dependent upon the faculty of acceptance . . . The freedom from the bondage of desire is directly dependent upon the education, not the annihilation, of desire . . . So man needs not to be worried and to be impatience with his desires. Man simply needs the common sense to pause and to place it under the light of eternal reason . . . Change is an expansion of your consciousness . . . Man can soon see, at any moment he chooses to see, whether or not he has a desire or a desire has him . . . The created or false gods in our mind slowly, but surely, begin to disintegrate as we begin to awaken within ourselves that this divine intelligent Energy is a servant to all . . . the mind does not permit any inspiration or idea to pass through it that is not already in keeping with what it has prior acceptance to . . . in all your giving, give the gift of self . . . For without that gift, without a giving of it, the wall that stands between man—within his own being—and

his freedom, his abundant living. And when that disappears, man will have the realization of the true purpose of his experience here on earth.”

CL-69: Harmony, The Law of Health

“ . . . to work upon the effects is not to free us from the cause . . . peace is the only power that sustains all form . . . man is deluded by the belief that he is the experience . . . For man, and man alone, is the creator of all of his experiences . . . man and man alone can change those experiences . . . a form is more than just a form. It has intelligent movement. It has want, need, and desire . . . discord is the birth of disease . . . the physical body is a direct effect of the mental form created by the minds of men . . . O man, know thyself . . . it is an opening of our minds, that our heart, the vehicle of our soul, may fully express . . . the obstruction is the human mind . . . like attracts like and becomes the Law of Attachment . . . So if we want a change outside, then we must first make the effort to do the changing inside . . . the cause of all things in within . . . let’s add to the list of our acceptances our right, our divine eternal right to the wealth, the health, and the happiness that is, in truth, the goodness that God has given to us.”

CL-70: Life’s Purpose

“ . . . whenever we direct thought, we create form . . . We have entered earth with untold centuries of evolution and experience . . . When we, through our own identity, identify with a thought and believe that we are that thought with which we have identified, then we become that thought, that form . . . time and space is an illusion created by our own mind . . . as long as we insist upon holding on to thoughts and attitudes of yesteryear that are no longer serving a beneficial and useful purpose in our life, then we cannot broaden our acceptance and horizons . . . The moment that we accept, we no longer become or are the obstruction in our own path . . . We have earned or merited the experiences that are before us, here, on this the earth realm . . . We must go beyond positive thought. We must go to the source, that which sustains not only positive, but negative thought . . . irritation wakes the soul and satisfaction lets it sleep . . . acceptance is the will God . . . man is the cause and the cure of all of his experiences . . . God is not a doer and God is not a giver. God is a sustaining intelligent Energy . . . we must first make the effort to do the changing inside.”

CL-71: The Joy of Teaching

“ . . . all of life is teaching us something . . . For we are all teachers and we are all students . . . the laws of evolution are greater than the thoughts of men . . . For there

is no experience that man can encounter in life that does not contain a lesson that he and he alone has personally earned . . . Let us view objectively, with the light of reason the things that we desire within our lives to change . . . whenever the mind permits the illusion, the dictate that anything is outside of the power that lies within us, then we are the victim of so-called circumstances . . . everything that is taking place in your life is an effect of the attitudes of mind, the levels of consciousness that you are choosing . . . a house divided cannot stand . . . Let us take stock of our thought . . . we get out of anything what we alone are putting into it . . . the law is impartial . . . So the more we worry about anything, the more we demand to control it . . . When we stop insisting upon controlling things, we will stop worrying about things . . . For you cannot be a good teacher unless you are, at the same time, a good student . . . a good student never stops asking.”

CL-72: The Source

“An accident implies something that just happens without known cause or responsibility. This philosophy teaches and demonstrates that there are no accidents in the universe. . . reason will cast light upon the shadows of the mind . . . we always get what we really want . . . whatever in life you judge you shall not do, you establish the laws necessary in consciousness that you shall have to do . . . So that’s the way it is with our thoughts. Don’t hold to them so tenaciously. They build walls and obstructions between you and the goodness and supply of life . . . if we make that effort this moment each day, then we will rise from the levels of consciousness called duality.”

CL-73: New Experiences and New Attitudes

“. . . all experience is directly related to an attitude of mind . . . Once we accept, consciously, that we are responsible for all of the experiences that we have, we start on the conscious effort to reach the cause of all things in our life . . . For our judgments in life do not see clearly . . . For our experiences each and every day or revealing to us constantly what we are doing with our life . . . the will of God is total acceptance . . . And it is the unfulfillment of our desires that cause us to entertain so much judgment . . . Let us view desire in the light of reason . . . It is the judgment of the fulfillment of desire that limits man and causes man so much lack in life, so much struggle, and so much discord, which is the true cause of all disease . . . To educate a desire is to cast the light of reason upon it . . . We quit because we judge there’s too much effort and it is too much of a struggle . . . For we can only grant to another what we are granting to ourselves and so few of us have learned to encourage our self . . . truth needs no defense . . . if you change this moment for the better, you will never again be concerned about your tomorrows.”

CL-74: The Continuity of Change

“... change is an inevitable law that nothing in form escapes ... the thoughts that we form in our mind, we should not attempt to hold to them ... Something cannot come out of nothing ... For whatever you accept in life, you free from controlling your life ... the intelligent Energy sustains whatever you choose to think ... It is totally, wholly, and completely impartial ... Life shall ever be however you take it, for life is always the way we make it ... How does man find what he is seeking inside? By first accepting the demonstrable Law of Personal Responsibility ... The moment that we judge how we will gain anything, we establish a mental law, and all mental laws are dual laws ... there is no loss and there is no gain to divine neutrality ... It all depends upon our willingness to accept the possibility of something greater regardless what our judgments have dictated in the past ... if you let your judgments go, the gates of heaven and all of the goodness that is waiting for you will open ... each time you bow a judgment you open a door to the goodness of life.”

CL-75: Our Changing Attachments

“... each and every moment we are in a process of change ... It is our thoughts in life that make things right or wrong ... the human mind is an instrument designed to attach to whatever it accepts. And the human mind is an instrument that uses what is known as fear to protect what it thinks it has ... A wise man makes his decisions and accepts everything necessary to attain it ... To understand anything is to place you, your consciousness, in a position to work harmoniously through it ... what you view outside of your life is only an effect of your attitude towards it ... We become the victims of circumstances through an error of ignorance ... Your parents were chosen in keeping with the law that you alone set into motion ... like attracts like and becomes the Law of Attachment ... There is never a moment when the human mind is not expecting something ... If we cannot become the living demonstration of goodness in our personal life, we certainly are in no position to dictate or try to counsel another how to bring the good into their lives ... the demonstration in our life is the revelation that we alone are doing.”

CL-76: Attaining Universal Consciousness

“We know we are not the mind, that the mind is a vehicle or instrument that our true being, known to us as the eternal soul, uses to express on this planet ... We are not the experiences of the mind ... All things we see and hear are censored by the limited experiences that we have already accepted in our lives ... It is our mind that fears, not our soul ... So our lives this moment are the revelation and demonstration of what we have been placing our attention upon ... in order to change anything in our life, we must first become aware of it ... We must give up the thoughts and the

attitudes that tell us life is so bad . . . there is no power, there is no force outside of our own personal universe that can bring us anything good or so-called bad . . . We help our self by helping another . . . God, the Divine Infinite Intelligence, works through man, not directly to man . . . Our responsibilities in life, we must never allow to exceed our love of God . . . no matter what level of consciousness you experience, you are never alone . . . No one denies us but our self.”

CL-77: Seven Years of Serenity

“. . . whatever in life that we experience we are directly responsible for . . . And when you accept the principle of personal responsibility, you begin to face yourself, where the changes must, someday, be made . . . heaven is a state of consciousness . . . This is the moment that we can do something with . . . we must make the effort to free our mind from so many judgments . . . It is not God or some power outside our self that tells us that it's a terrible day . . . If we hold not to it, then we shall not be controlled by it . . . freedom is the direct effect of self-control . . . That that you need to control is what is presently controlling you . . . we can free our self by the very simple principle of discipline . . . when your mind thinks of peace, your little computer rises up with war . . . we get out of life what we put into life . . . So often man despairs in life . . . when the effort to truly experience the divine right of your life is not really that great an effort. It's just a constant effort. It's a little bit every day, instead of a lot now and then . . . there is something better waiting for you. But it's up to you to open the door of reason and accept it.”

CL-78: Our Invisible Friends

“The basic teaching of this philosophy is the teaching of personal responsibility . . . Both doubt and fear, a function of the human mind, does only one thing to our life . . . It takes a little effort each and every moment to remember the world on this earth that we are presently experiencing is a mirror revealing our own mental world . . . It is our attachments in life that bring us our suffering and our pain . . . It is through this help that we receive from those who have experienced this earthly life and who have gone on to other dimensions to other levels of consciousness, it is through their assistance, for they are indeed with us daily, that we are inspired and encouraged to make, yea, even greater effort . . . the price of pride . . . there is no lasting security in identifying with the things that come and are guaranteed to go . . . We are not the thought. We are the intelligent energy that has created the thought . . . All of life is vibration . . . We cannot experience these invisible friends in our conscious mind until we first accept the possibility . . . Man fears what he judges he cannot control . . . All our health and all our wealth and all our happiness is inside . . . accept the possibility of something greater.”

CL-79: The Power of Acceptance

“ . . . the will of God or the divine will is total acceptance . . . Our struggles in life are the effects of what we reject . . . we never are those experiences unless we permit our minds to delude us into the false belief that we are the experience . . . The greatest blessing that man has ever had or will ever have is what is known as the divine right of choice . . . When you do not consider in total, then you are not in the divine love of God . . . whatever in life we place our attention upon, we have a tendency to become . . . each harmonious thought we have in our mind sends a healing balm out into the universe and has a direct effect upon all of nature . . . For each denial that you set into consciousness closes the doors of opportunity that are waiting to open. It is our dictates that send us on our destiny, through the path of denial . . . You can change it by first accepting its right of existence and, in so accepting, accept the right of something better and something greater.”

CL-80: Survival, The Miracle of Life

“ . . . the minds of men can change many things, but they cannot change the very principle of life itself . . . No one and nothing can change our life, but our self . . . we must first learn to accept that we are, in truth, the masters of our ship . . . It is in the acceptance of anything that the law is established to experience it . . . all discordant thoughts and feelings are the children of denial . . . Man’s only limit or struggle is what his mind dictates . . . we must pay the price of our judgments; we must pay the price of our denials . . . to do it well is a demonstration and a revelation of consideration . . . When you have total consideration, then you have the love of God flowing in any of your endeavors . . . When we bring unity to our mind, we bring success to your life . . . the cause of the discord, the lack of not experiencing the fullness of life, is only thoughts, created by our mind, that are not in harmony with each other . . . when you find the cause, the cure is ever evident . . . before any victory in life, be it in the material or spiritual realms, the dues you have incurred, they must be paid . . . It is our attitudes that change our life . . . ”

CL-81: New Attitudes and New Experiences

“ . . . we always in life get what we really want . . . The change, my friends, takes place in our own mind . . . Nothing, my friends, takes place outside. Everything for us takes place within us . . . We can change our attitude in this moment by changing our thought . . . if you are not good to yourself, you cannot be good to another . . . Man established those mental laws. God impartially sustains them . . . Anything created by the minds of men is limited by the minds of men . . . hold not to form, my friends, for form shall pass . . . it is through repetition that change is made possible . . . So

when we've had enough of what we don't like, we will begin to accept what we do like, no matter what it takes."

The Living Light Dialogue, Volume 10 includes transcriptions for the Church Lectures 82 through 101, or CL-82 through CL-101, as well as Church Questions and Answers 1 through 24, or CQA-1 through CQA-24. Synopses of these classes follow.

CL-82: Faith, the Power that Frees Our Soul

“ . . . the secrets of the universe are never given to the blabbermouths . . . When you speak forth into the universe what you are making an effort to accomplish, you expose your effort to all the negativity, to all of the discouragement that others have experienced in their lives . . . It is faith that brought us to the earth realm, and it is faith that will take us to the next and the next and the next . . . Man cannot experience anything in his life that he does not have faith in . . . There are many things that we know. There are few things that we apply when it comes to making a change . . . our mind is always subject to the errors of its own experiences . . . It is indeed a most unreliable source, our human mind . . . we are ever limited by what we identify with . . . God sustains whatever thought we choose to entertain . . . As long as we permit our mind to think of the obstructions in our life, we will never find the way . . . without doing, we become grounded within our own limited thought patterns and we lose the beauty, the goodness, and the joy of life itself . . . when you are not active, when you are not doing, what is your mind thinking about? . . . that which disturbs us controls us.”

CL-83: The Lighted Path

“Our denials in life become our destinies . . . total acceptance is the will of the Divine . . . there is something greater than what our minds have already offered to us. But to experience that something greater, we must make our own effort to rise above and beyond the dictates of our human mind . . . our experiences are only in keeping with our faith . . . If you wish your life to change, then only you can change it . . . Man lives in an illusion of self-created thought . . . We are where we are in life because of the way we have thought in life . . . For we cannot grant to another what we have not first granted unto our self . . . Success is an effect; it is an effect of effort . . . When you want to change and the change involves another, remember, don’t try to change the other . . . Change you, and that that you wanted changed, it will grow or it will go . . . it is your faith that is doing the work . . . You, your attitude, your thought, and your effort is what is doing it . . . All we need to do is to choose what seeds we plant . . . Patience is the key word to experience the continuity of goodness in anyone’s life.”

CL-84: A Working Philosophy

“ . . . no philosophy presented at any time can work for us unless we work with it . . . Our thought, in this earthly realm, is the most important vehicle through which our eternal being is expressing . . . It is when we think of self that we become the victims of past experience . . . a thought never dies; it only goes to sleep . . . When we know our self, then we know the world and everything that is in it . . . as long as we’re in self we will desire constantly . . . To desire is the way of things. To know why we desire, why we express the divine principle in a particular way, that is what’s important in life . . . without the drive of the human ego, there would not be progress, change, and evolution in this world of creation . . . All things are possible to he who believes . . . Think more often and more deeply . . . We only fear what we don’t understand and we don’t understand what we make no effort to understand . . . outward manifestations are revelations of inner attitudes of mind . . . Fear, we created. We can put it to sleep . . . For our world is ever as we are within . . . There’s nothing outside that you really need, unless you believe that error of thought.”

CL-85: A New Dawn

“ . . . we cannot experience to the fullest anything that is new until we let that which has passed go through from our consciousness . . . When we accept that all of life is taking place within our own consciousness, that it is not dependent upon anything outside of us, then we begin to truly live. And we begin to fulfill the purpose of our soul’s journey, here, on this Earth planet . . . we quickly see our problems in life are only the things that we are holding to beyond the purpose which they were born to serve . . . Youth is an attitude of mind. It is not dependent upon a physical form...When we begin to think of something beyond our limited thoughts that flood our consciousness from day to day, then we begin to free our self from our self . . . It is your thoughts that create your attitude and it is your attitude of mind that establishes the law in your life . . . It is not possible to experience fear when you are true to yourself.”

CL-86: Review and Renewal

“ . . . when we willingly accept the changes in our life—for indeed they are many—then we can move more harmoniously along the evolutionary path . . . something does not come out of nothing . . . Whenever we permit ourselves to encourage ourselves we begin to find that life takes on a more positive, a more joyous meaning for us . . . All our joys and all our sadness is created by a thought, an attitude of mind that we permit to exist within our own consciousness . . . Because we often cannot see the reason and the purpose of a lesson that we are in does not in any way detract from its value and its necessity for us . . . This philosophy teaches that repetition is the law

through which change is made possible . . . There is no accident that brought us to earth. There is no accident that's going to free us from earth . . . it is that that is within us that attracts its kind in the world in which we live . . . For that which disturbs our mind reveals the greatest truth: that is what controls our mind . . . 'Can we live and live fully without the things that we think we have to have?' . . . Negative faith, to our world, is one word, known as fear."

CL-87: The Winds of Change

"Change is inevitable . . . We have a tendency to become whatever we place our attention, our thought upon . . . whatever we believeth, we and we alone becometh . . . If we truly believe that we are an inseparable part of a Divine Source, that man calls God, and that to this divine source all things are possible, then we shall experience the possibility of all things in our life. It is only our limited thinking that stands between us and the very source of our life . . . It is when we permit our mind to dictate how we will experience what we choose to experience, that is when the mental law becomes established for us . . . desire is blind . . . when we have reached that point in so-called time to be freed from the shackles of this physical world, we'll take everything that's in our mind with us . . . There is no dramatic change in consciousness at the moment of so-called death. There is only the experience of leaving the physical body, of being lighter and freer. . . let us grow to this heavenly state of consciousness by making some effort to bring harmony, the divine law, into our life in its fullness . . . be not without hope, for it is, in truth, through the Law of Repetition that change is indeed made possible."

CL-88: Our Ship of Destiny

"... what we cannot tolerate in another, we have yet to educate in our self . . . The attainment and payment balance law is in keeping with our own acceptance . . . we do not get something in life for nothing . . . So the intolerance to what you see in others reveals the intolerance to that very level that exists within you . . . The world before us is in keeping with our attitude . . . work is love made manifest . . . There is something better when you accept the possibility that there is. But there is nothing better in life, until you first accept its possibility . . . When we say the struggle is too great, remember, the priority of making the change is not yet very high on our list of priorities . . . no matter what your mind thinks about anything, there is always the possibility of change. Things get better when man accepts that they will. And things get worse when man accepts that they will . . . in the thought of I is the denial of God . . . Man is the cause and he is also the cure of his discomfort, of all his discord, of all his disease . . . We limit ourselves by our own thinking . . . Let us be a light into the world, for in so being the light, the world will be so much brighter for us."

CL-89: Looking Ahead

“. . . if we will make, truly, the effort to view the opportunity, the golden opportunity that lies deep within each and every experience, we will soon find that this great negative fear, this cloud that so often obstructs our view to the beauty of life, will quickly disappear . . . the spirit has revealed there is no drastic change on leaving your physical world . . . when we change our view, we literally change the laws that we and we alone have established . . . We can see the good, if we choose to do so, no matter what the experience is . . . the cure is in, of course, the cause . . . When we fill our minds with that enthusiasm, with that spirit of life, then we experience all the goodness that it has to offer . . . luck is a loser's excuse for a winner's position . . . I believe that man and man alone, as an inseparable part of the Infinite Intelligence, establishes all the laws in his life . . . knowledge knows much, but wisdom knows better . . . Our greatest asset, our greatest benefit, our greatest wealth is our health, our spiritual health, which reflects in our mental health, which reflects in our physical health . . . you have the divine right of choice to believe in that that brings the goodness in your life.”

CL-90: Our Journey Inward

“. . . that which works for us is what we make the effort to make work for us . . . it is our motive that establishes the law that we alone must follow. If our motive is pure, then the manifestation for us is right . . . by becoming aware of our true motive, we know beyond a shadow of any doubt what the outcome will be . . . it is the things that we attach our self to that cause us the greatest struggles and the greatest difficulties in life . . . So let us make a little effort to pause each day a little more often, perhaps, than we have, for in so doing we are going to find that great peace that is within us . . . In all our searching, in all our gathering, and in all our garnering, we will not find that great peace or that great freedom [outside] . . . Freedom is something that we know deep within our self is our divine, eternal birthright . . . the greatest transgression of the principle of freedom is the denial of the Law of Personal Responsibility.”

CL-91: Reaping the Harvest

“This philosophy clearly teaches to put God into all our thoughts or to forget them . . . Man, we understand, is a law unto himself . . . Every experience in our life is absolutely necessary for our own evolution because we are a law unto our self . . . Unfortunately, we oftentimes look to others for a better way . . . We are the creators of the good in our life. We are the creators of the so-called bad in our life . . . if we choose to see the struggle, we cannot find the way of peace . . . But the false gods will not

crumble and the false gods will not fall for us until we accept that all that we experience we created . . . because we did it to our self, we can do something better.”

CL-92: Fulfillment

“This philosophy, The Living Light, clearly shows that desire is the divine expression . . . the fulfillment of everything is ever within us . . . If you will make the effort to see the good in everything, to see the good in all thought, to see the good in all experience, then you will, by seeing the good, first have risen the good within your own consciousness . . . God can only do for you what you allow this Infinite Intelligence working through you to do for you . . . whatever we can blame outside as the cause of our problem, we do not have to face personal responsibility for it. And therefore, we have to make no changes in our attitude, no changes in our thought, no changes in our feelings . . . the moment that we stop blaming outside for what is truly going on inside, in that moment will we stop denying the demonstrable, eternal truth, which is known as personal responsibility. For when we deny truth, we deny God . . . he who judges another has first judged himself . . . We cannot grant to another what we have not first granted unto our self . . . It is when we hold to our thoughts and when we hold to things, that’s when our struggle begins . . . It is only difficult to let go of the things that we choose to be difficult to let go.”

CL-93: A New View

“. . . in order to attain a new view of anything, we must release the view that we already have . . . We cannot expect, in a few moments a day of directing our thought and our attention to a new view, to completely bring about the demonstration of the change for us when our old view took so many untold thousands of hours to bring into being . . . Thought has brought us where we are and thought will take us on . . . repetition and only repetition is the law through which change is made possible . . . God will not change your life; God will only sustain what you choose . . . why do we choose the struggles of life? Why do we choose those things that we alone create? What value to what level of our mind do they have? . . . whatever your mind tells you that you need, you are lacking in giving . . . a gift is that which we free from our own universe, from our own mental thought . . . To separate truth from creation is the great personal responsibility of mankind . . . everything for us is within us . . . There’s a vast difference between the mind’s dictate of ‘dependent upon’ and accepting, a simple acceptance that you have it. When you accept that you have it, you will experience it with your whole being . . . Wisdom lives in the faculty of patience.”

CL-94: World of Spirit

“World of Spirit is something that we are in, in this very moment . . . That which is beyond question is known as truth . . . it takes great effort of our will to bring about a balance . . . This philosophy teaches that acceptance is the divine will, that it is the will of God. Now we all have acceptance . . . When we choose to broaden our acceptance of the divine right of all, then we move into what is known as a godly state of consciousness . . . The way for you, for all of us, is always and forever dependent upon our willingness to accept the possibility of experiencing those aspirations in our own life . . . For whatever we think and whatever we do, it shall return unto us . . . What is it that causes us to make so many judgments in our life? It’s known as pride . . . the greatest lesson in spiritual awakening is the freedom from the error of judgment that we may no longer deny . . . we cannot deny until we have judged, and we cannot judge until we have separated our self with the illusion of the thought of I, until we have separated our self from the universal whole known as God or goodness.”

CL-95: Gratitude, The Faculty of Fulfillment

“. . . we cannot, and do not, experience what we have not yet accepted . . . man’s experiencing of abundant good is ever dependent upon his receptivity to it . . . the slightest change in our thinking brings about the changes we are seeking in our experiences . . . There is no power beyond your control, unless you, in your thinking, make it so . . . nothing in life is ever so good that it cannot be better . . . If we wish more good, then we must grant, to our self, more good. And that goodness begins in our heart . . . Our health, our wealth, and our abundant good is not dependent upon anything that our mind can think of, until by our own belief, but the direction of our own faith, we make that a law for our self . . . before we can experience the fullness of that goodness, we must first accept our right to it . . . let us pause and remind our self that our divinity is a perfect harmony, that health, wealth, and happiness is, in truth, an effect of that perfect harmony or God.”

CL-96: Looking Ahead

“We are in truth evolving . . . like attracts like and becomes the Law of Attachment . . . For any of us to change any experience at any time, we must first accept that the experience is an effect that we and we alone, in our errors in our own thought, have set that experience into motion by our own attitude of mind . . . no matter where we go in life, we will never go away from what we have created . . . hope, without the effort to establish the laws to fulfill it, is of no value . . . whatever we place our attention upon we have a tendency to become . . . It is our denials in life that establish our destiny . . . I assure you the only obstruction to the absolute awareness of the simplicity of truth, the *only* obstruction is the judgments of our own mind based upon

the experiences of our own past. There is no other limitation. There is no other obstruction. It is only our thought . . . We have the right to change that which is ours and our thought is ours . . . But first you must accept your right to your thought.”

CL-97: A Year of Fulfillment

“For only that which disturbs us can control us . . . energy efficiency . . . efficiency is the handmaiden of success and all of us are seeking success in something in our lives . . . It is the unity between the thought and the spoken word that permits the entrance and the flow of the divine, eternal, spiritual energy to go out through us to the universe . . . we can only grant unto another what we have first granted unto our self . . . without sadness, we cannot experience the fullness of joy . . . When we accept the reality of what we *really* are, these problems will pass into the nothingness . . . money is the effect of directed energy . . . Fear is nothing more nor less than the lack of faith in the power of God . . . a judgment, we make it. It’s very rigid. It won’t change without a lot of emotional trauma . . . A decision has the light of reason and common sense . . . If you are interested in your own survival, stop and accept with all of the fullness that is right that you know that is within you that no vehicle, be it a dollar bill or a ruble, that has had so much faith and honesty and determination and goodness poured into it is going to die from this planet, because it is not.”

CL-98: Ninth Anniversary Service

“. . . our adversities in life, indeed, do become our attachments . . . we do have a purpose in life to serve . . . All things indeed are possible . . . our teaching has always been never to suppress the desires in your mind, but to fulfill or to educate them . . . Repetition is the law, and the only law, through which change is made possible . . . the best time to make some effort to still the mind, which most people call meditation, is early in the morning before it comes so extremely active . . . in your thoughts of judgment in life, remember, they lead quickly to adversities and from those adversities to long-lasting attachments . . . to be successful is to be successful within . . . whatever you think within is what manifests for you without . . . If you have thoughts of goodness and joy and harmony and peace, then you will experience those realms ever in keeping with your own merit in life . . . if in the possibility of accepting that new way of thinking you say, ‘That’s fine, except’ or ‘but,’—when you make that statement, you are not able to create your own reality consciously by your own volition and experience that goodness of life . . . The only obstruction is the mental world. It is our mental world, our thoughts.”

CL-99: Tenth Anniversary Service

“ . . . vibration is much more important than the physical body . . . ‘A wise teacher suffers well the growth pains of his students’ . . . the gift without the giver is absolutely worthless . . . humor is the salvation of our soul . . . exposure frees our soul . . . that [that] we hold binds us . . . we all know, in honesty and truth, that the war around us is a reflection of the war within us . . . The God of truth is the God of freedom . . . what we strive to possess in life, in truth, is possessing us . . . The most important soul is the one that knows it’s not important . . . you can’t buy love . . . But you can buy and sell the delusion called possession . . . that that you have earned you are. But you’re not destined to stay at that stage of evolution . . . when something goes great: we’re the first one to leap on the bandwagon and take all the credit . . . man makes the choice of his thought, God sustains our choice . . . opportunity is ever present, never absent or away. It is ever with us, if we will still our mind . . . What makes things impossible is the judgment which we give a higher priority than God . . . ”

CL-100: [The Spirit of Spontaneity]

“ . . . the spirit of spontaneity . . . is the willingness to respond to change without thought, without concern, without judgment . . . So the motivation to communicate with another dimension must never override the desire to awaken the soul faculty of discernment and the spiritual faculties of personal responsibility, the light of reason . . . We can only fear what we doubt, and we can only doubt what we think we do not control . . . For it is only the mind that requires proof . . . Religions for untold centuries have taught and demonstrated the benefit of fear, for fear is nothing more nor less than faith in the vehicle known as the human mind . . . we teach to suffer senses not in vain for freedom of the soul is gain. And if it is your choice not to make the conscious, moment-by-moment effort by controlling your own mind in the illusion, be of good cheer, Life herself will extract the payment from you, and you will understand it as struggle, as suffering, as discord and disease. . . Man cannot experience discord until he believes he *is* discord . . . For only through wisdom shall man become qualified to gain control over his own illusion . . . ”

CL-101: [The Laws Governing the Continuity of Organization]

“ . . . it is our job, our effort to awaken to the very process through which we can become most receptive to an intelligent, neutral Energy that supports and sustains whatever it is we choose . . . the court of last resort . . . when we, at any moment, free our self completely from all judgment, that is when we leave the mental world and enter the spiritual consciousness . . . a law, being a universal law, is not dependent upon anyone . . . it is our divine birthright to experience or reflect—for that’s what

experience is—to reflect the goodness that we truly are . . . we *can* experience the truth we are when we take control of the human mind . . . We are always controlled by what we are dependent upon . . . Your effort and temptation to bring about a change in another person is not only foolhardy, but it is self-destructive . . . we always get what we really want . . . Promptness reveals the Law of Consideration . . . whoever tempts to break universal laws of consciousness, that are unbreakable, shall be broken by them . . . Whoever permits themselves the sanity of encouragement awakens within their own consciousness the soul faculty of courage . . . We can free our self from the basic design and nature of the human mind by not over-identifying with it and believing that it is us.”

CQA-1:

“ . . . until we learn to control our mind and to control . . . our emotions, we cannot, in truth, be objective in reviewing past experiences. . . A judgment is a bound decision . . . For a judgment demands and dictates what the effects of its bound decision or judgment shall be. . . Anything that is form has beginning and, by the very Law of Beginning, has its own ending. . . When you experience will and are freed from judgment, then you can be assured that it is divine will and not self-will. . . When we’re interested in helping another, we are freed from the concern of helping self. . . It is true, however, that many of those who have passed to the other world before us will . . . greet us as we cross over from this blind, earthly world . . . The temptation is a process that is taking place within us. . . When we accept personal responsibility for all experiences in our life, we establish the very law by which freedom and abundant good can be experienced by us. . . all of our experiences are the light in our world revealing to us what we’re sending out. . . the more identified we are to this particular incarnation . . . the less we view of what really is. . . . We are not the thought patterns we think we are.”

CQA-2

“ . . . we understand that man, this divine spark within him, which is formless and free, is expressing through several bodies here and now. . . As we make that awakening within our self, we open the doors to communication and, through communication, we gain a broader understanding, for without communication, there is no understanding. . . We know deep within ourselves what is right for us. . . What is right for one does not . . . guarantee in any way that it be right for all. . . Once we have exercised that free will in anything, called choice, then . . . we must follow the choice that we have made, for we establish a law, as man is a law unto himself. . . Universal consciousness very simply means a universality in our own acceptance. . . We cannot be aware consciously in our mental world of this soul, which is our true

being, until we still the mental activity. . . the only obstruction to the experiencing of abundant good, to experiencing the health, wealth, and happiness of life . . . is the false belief in lack. . . the levels of consciousness are attitudes of mind created by thought patterns. . . thought is not limited to man. . . That that is individualized, we will all agree, must have form . . . Try to understand that the true you is not what you believe in any given moment.”

CQA-3

“It is only when we make the judgment when it is going to happen and how it is going to happen . . . that we experience what is known as sadness. . . We can never fear what we do not judge. . . When we accept whatever experience we encounter as that being our destiny or our fate, then we remove our self from the Law of Personal Responsibility . . . Deep within us . . . is the awareness that we all are a part of one infinite, eternal Divine Principle. . . this need to be wanted, this need to be liked is nothing more nor less than a distortion of the divine awareness within us that we are, in truth, a part of everything, everywhere . . . The things that disturb us in our mental world are the things that control us. . . We are all mediums and communicants to some dimension. . . think humble, yet well of our self . . . the lessons that we have here in life . . . are always in keeping with the unfoldment of our own soul . . . The soul faculty of happiness and the spirit of joy is known as a total acceptance. . . friendship, being use and not abuse, respects the rights of difference and weathers any storm. . . The intelligence in the animal . . . is identically the same intelligence that is expressing through us. . .”

CQA-4

“This philosophy teaches that so-called evil is nothing more nor less than undeveloped good. . . Integrity considers the all of anything and everything that is within its sphere of interest . . . truth is taught through indirection, demonstration, and example. . . when we set the example by working on ourselves, one of two things takes place with children or people: they grow in harmony with our efforts or they go. . . The vast difference between a feeling or sensing body and an emotional body is that one is controlled by the function of judgment and the other is controlled by the faculty of consideration. . . Many people are not yet ready to make the daily effort to gain some degree of control over the thoughts of their mind. . . Whenever we entertain the thought and the feeling and the emotion of desire and we permit our thoughts to judge how, when, and where the desire will be fulfilled, we immediately, in that moment, limit the divine expression. . . The step from the mental realms to spiritual realms is a step that is easily accomplished. It’s known as total acceptance. . . Nothing grows over night. . . when the tools of life no longer serve the worker, then the worker begins

to serve the tools. . . Creation never, ever was designed to be master. . . the secrets of the universe are never given to a blabbermouth.”

CQA-5

“Without the use of concentration, which is, in truth, the key to all power, there is no ability to control thought. . . Truth is not something you will find with your mind. . . The teaching is to think humble, yet well of thyself. . . It doesn’t matter what you think to the infinite, divine Intelligence, for the infinite, divine Intelligence, known as God, is neutral. It will, it does, sustain any thought that you choose. . . when we accept the divine right of expression, we will be on the first step of recognizing that whatever exists in one human exists in its potential in all humans, including our self. . . Whatever you cannot tolerate in another, you establish, in that intolerance, the law that brings that very thing into your life in order that you may gain in understanding . . . a so-called bad experience can and does produce excellent results, if we will take the essence from the experience, which is the indispensable ingredient for the reeducation of our own senses . . . everything you think you need for your benefit is within you this moment and every moment. The only obstruction between us and the good that we seek is the judgments in life that we entertain in thought. . . We deny that goodness when we experience something contrary to our judgments.”

CQA-6

“The Living Light Philosophy teaches . . . that man, the eternal soul, passes through on an evolutionary path throughout the planets of the universe. . . The essence of peace is the Law of Responsibility. . . When man lets go, God indeed takes control. . . It is one of the basic purposes of the Living Light Philosophy and the Serenity Church to help man to help himself to clearly see the difference between truth and creation. . . the experience . . . is only an effect. . . Eternity is only the present. . . As long as we believe in the illusion to attain what we seek we must go through certain steps, then we are bound by the illusion . . . when we lose a part of our self, there’s room for greater good to come in. . . it’s not a physical object that causes us the grief in life; it is a thought. . . The only reason we have those problems is because somewhere in our mind we have a judgment that blinds us to the beauty of life. . . O suffer senses not in vain, for freedom of your soul is gain. . . we have, many of us, become attached to patterns that served us when we were little children. . . We always get what we really want, sooner or later. . . the only way we’re going to be free from being a victim is to accept personal responsibility.”

CQA-7

“God does not work to us, that God’s work takes place through us. . . It is only when we make the judgment that we own, only then do we lose. . . There are no accidents in the universe. . . The thoughts that bother us are the ones we try to hold. . . that that we free, unfolds us, and that that we hold, controls us. . . It is only when our cup is emptied that it can be filled. . . It is not what we need to put into our mind to free us. It is what we already have in our mind that we must empty out to free us. . . When we declare, by our mind, that anything . . . is not possible, we deny God for us. . . our denials are our destiny. . . how you think is the way your life will be. . . whenever we depend upon our mind, we become bound by our mind. . . when we procrastinate, we reveal . . . that we are not yet able to control our mind. . . when you free yourself from dependence, you’re freed from bondage. . . All you have to do . . . is to make the effort to help someone else. . . Color is vibration. . . Thought is not dependent upon substance, for substance, in truth, does not exist. It only exists in a realm of belief. . . dream a life of beauty . . .”

CQA-8

“ . . . communication is indispensable to understanding. . . as we make greater daily effort to communicate with our self, we will grow in understanding of our motives and our feelings and our thoughts in life. . . when we alone deny that we are an inseparable part of a universal whole . . . we move from freedom into limit, into bondage . . . When we resist that law that considers all . . . we begin to suffer. . . We create. God, the neutral Infinite Intelligence, sustains. . . It is the thought of I that moves our eternal soul . . . from the universal whole of infinite good to the limit of error of the past mental experiences . . . Do we consciously, in the light of reason, desire to continue the experiences that we have already had? . . . You must judge to experience intolerance. . . God is not a judge, but an infinite, intelligent, neutral Divine Power. . . Repetition is the law . . . through which change is made possible. . . All the good your mind seeks, your mind can bring to you. . . It is only our minds that want to know, for our spirit and our soul already know. . . the only reason our minds control us is because we became lazy. . . because we did not stay on guard, the vehicle has become the master. . . the greatest moment of your life is the moment of now.”

CQA-9

“ . . . the true meaning of the word work is love made manifest. . . we all have two consciences. . . judgment is a rigid rule established by our mind that has no possibility of change . . . we cannot grant unto another what we have not first granted unto our self. . . the justice we grant unto our self is the only justice we grant to another. . . ‘Your cup runneth over.’ . . Without thought, for us, it does not exist. . . The moment

you entertain the thought of I . . . you deny your inseparable unity of the whole. . . Destiny is only at our command when we go beyond the denials that create it. . . the first step in making a change in a thought is to become aware of the thought that you want to change. . . Fear is absolute faith in the mental world. . . if man wants to consciously move forward in life, he must understand his own mind . . . our mind alone limits us. . . Fear is created by judgment. . . if you truly want to move ahead, you must understand fear . . . and free yourself from judgment. . . The will of God is total acceptance . . . by permitting our mind to make a judgment, we guarantee the repetition of yesteryear's experiences in that area of our life. . . when you rely upon your mind, you must ever and forever pay the price."

CQA-10

"... a wise person makes some effort each day to free themselves from the bondage of creation. . . It is simply our mind the denies the existence of that that sustains it. . . The moment we accept something beyond the realm and control of our mind, in that moment do we become freed from the limits and the law of the mind, which is duality. . . there are no accidents in the universe . . . what we believe are accidents are nothing more and nothing less than a lack of understanding the cause the experience. . . That's the most common cause of our dreams: suppressed desire. . . So when you reject a desire, you experience guilt. You are denying the principle of the Divine itself. Therefore, in that denial, you establish the law of your own destiny."

CQA-11

"When we permit our minds to judge what is to be or to judge what is, we immediately come under the Law of Denial. . . everything that happens to us is a demonstrable law and is caused by us. . . the lack of use is abuse . . . whatever we place our attention upon we have a tendency, by the infinite law, to become it, because energy follows attention. . . Remember, nothing and no one affects us until we alone make the choice and the decision for that to be so for us. . . harmony is health . . . harmony is balance . . . it is not easy for the human mind to accept what is beyond the human mind. . . The human mind will reject anything that it cannot control . . . if you want to stop the suffering that you experience in life, start the self-discipline and the suffering you'll no longer experience. . . It is when man dictates how the divine expression will fulfill itself—the divine expression known as desire—that man establishes the mental laws of duality. That's when man pays the price. That's when man suffers. . . All that you need, you already have. All that you desire is waiting in consciousness. . . judgment is the fallen angel."

CQA-12

“Our denials become our destiny . . . each attachment guarantees its own adversity, and each adversity guarantees its own attachment. . . Neutrality is not a do-nothing experience in life. It is the effort to discipline and to control the fluctuating desires of our own mind. . . no one saves us but ourselves. No one can and no one may. . . learn to be with a person, place, or thing and never a part of the person, place, or thing. . . the body is an effect of the mind. . . God will sustain the choice you make. God is not a doer. God is not a giver. God is not a taker. God makes no choice. God, like truth, just is. . . If you believe the times are tough, if you believe it, for you they will be. . . We’ve never been without the key that opens the door of truth. We all have it. It’s time, of course, that we all use it.”

CQA-13

“Decisions free us and judgments bind us. . . Decisions have total consideration with the full acceptance of the possibility of change. Judgment has limited consideration without any acceptance of the possibility of change. . . God works through man, never to man. . . only from judgment do we make the effort to appear a certain way to a certain person or people. . . without change, evolution and growth is not possible. . . Perfect health is our right. It is not something that we should seek, for it is something we already have. . . that that bothers us in life, controls us. . . Now if a man and his wife are having problems, you must go to the one who is having the problem, to the one who is bothered. . . the one who is controlled is the victim—the victim, my friends, of their own judgments. . . How beautiful life is, if we permit our self to accept it. . . we are as good as we will allow our self to be. . . If we want to know where we are, don’t bother to look in the mirror; look at the people around you that bother you, for those are the people who are controlling you. . . Today’s fiction, my friends, is always tomorrow’s fact.”

CQA-14

“It is when man stills his mind that he becomes the living light in the world of God . . . eternity is the moment of which you are conscious. . . when we judge, we place our self in consciousness to that which has been. . . encouragement being a soul faculty through which the light of reason, the power that transfigures us, flows unobstructed . . . the divine, infallible Law of Duality, the positive and negative, is the very principle of creation. . . Formless and free is an awakening in our heart. . . The Living Light Philosophy teaches very clearly to still the mind. To still the mind is to rise in consciousness—because our consciousness is God—to rise in consciousness above the mind. . . Remember, my friends, we are limited only by our denials . . . judgment is a shadow upon the light of reason. . . the moment we accept that whatever happens to

us is caused by us, we, in that moment, once again gain control over our destiny. . . God does not flow freely in our consciousness when we establish the laws of denial . . . Emotions are what we do with our suppressed and expressed desires in life. . . when you accept all your experiences as effects . . . when you really accept that, you will find that you are, in that moment, freed from the magnetic pull, demand, and compulsion to have what you want when you want it . . . to God within us all things are possible.”

CQA-15

“Fear is not a conscious function. . . fear is an emotional reaction based upon the seeming unknown. . . judgment in the human mind is not possible without the foundation of past experience. . . mathematics is the principle of perfect balance. . . We cannot understand what we have not first accepted, and we cannot first accept what we do not make an effort to understand. . . when we make the effort to control our breath, we will control our thought. And then this vehicle, designed for our soul to express through, will move where our soul inspires it to move. . . when our hindsight becomes our foresight, we will in truth gain insight. . . If we cannot or will not make the effort to control our breath, then it is of no benefit to attempt to control our thought, to control our mind. . . duty is based upon the Law of Personal Responsibility. . . gratitude is the door through which abundant good doth flow . . . Let us have no desire greater than the power that brings us truth.”

CQA-16

“One must learn to discern to be freed from judgment. . . Whenever we understand anything, there is no judgment. There is, however, discernment. . . It is only when we use the function of the mind that we are limited. . . Limitation is totally dependent upon mental substance. . . man is a law unto himself. . . To attempt to work on the effects of the law is a total waste of one’s energy. . . The tendency of our mind is to blame outside for the unwillingness to grow inside. . . The greatest difficulty for the human mind is to give up a thought that it cherishes. . . The moment we judge we own or possess, in that moment do we become the victim of that that we think we possess. Instead of it serving the purpose for which it has been designed, we begin to serve it. . . Our body, for the sake of our good health, does not require the hours of so-called sleep. It requires minutes of total consciousness for total rejuvenation. . . There is no freedom without discipline . . . there is no right or wrong to that which is neutral and divine.”

CQA-17

“The obstructions along our path in life are the things that we have identified with. . . it is indeed human to forgive, but we must remember that it is divine to forget. . . We cannot be freed from anything that we cannot first control. . . First, it must exist in a mental world to be experienced in a physical world. . . self-control, self-discipline, personal responsibility are inseparable. . . if it is discipline, does not deny. It does not deny the right of expression of the desires entertained by our mind. It simply places them under the light of reason and puts them in their proper perspective. . . God helps those who help themselves by helping others, for God works through man, never directly to man. . . the stone the builder rejects becomes the cornerstone. . . We cannot grant to another what we have not first granted unto our self. . . We do not help people by doing things for them. We help people in the sense that we are the living demonstration to show them the way. . . We are the creators of the thoughts we think, the experiences we have. Our health, our wealth, and our happiness is dependent upon our own efforts to control our own creations. . . our abundant good is dependent upon what we have done with our thoughts.”

CQA-18

“Man, the eternal soul, is never alone. . . judgment has limit. . . thoughts are more than things. They are living forms created by a living substance known as mind or mental substance. . . use, not abuse, is the path to freedom. . . man is a law unto himself. . . mathematics is the key to the universe . . . man never values anything that he doesn't make effort to attain. . . there is no way that we get something for nothing. . . Spiritualism, its science and its philosophy, has always been with us and always will be. . . If we choose the good and we make the effort to see the good in all things, then the good in all things will be ours. It is entirely up to us. . . Our life, it's ever as we make it. . . We don't have to live any way that we choose not to live. . . eighty-one levels of consciousness is a full-time job.”

CQA-19

“That with which man places his attention upon, he has a tendency to become. . . All experiences, we alone will into action, for that is a demonstrable, subtle law. . . When we are in desire, there is no limit, there is no extreme that we will not go to, to fulfill what we think in that moment we desire. . . we always get what we really want. . . when we free our self in consciousness from the mental body, creation, as we know it, does not exist. . . We can only be aware of what we identify with, and we identify with in keeping and in rapport of what has been. . . Put God into it or forget it! . . Only by working with the conscious mind can we ever expect to gain control of the so-called subconscious. . . when your mind thinks times are the toughest, that's the time

to spend and that's the time to grow. . . I do not believe in diets because I do not believe in deprivation. Self-control, the effect of which is freedom, is what I believe in. . . Everything we need—that we think we need is always right where we are.”

CQA-20

“That which denies its source is discordant . . . one finds the answer to all questions within the consciousness, for it is our consciousness that is God. . . It is our denials of possibilities that place us under the law of a mental world. . . man cannot identify with that that the mind does not first entertain the possibility of . . . it is not possible for the human mind to judge without the foundation of that which has passed, for that which has passed is an indispensable ingredient to forming a judgment by any mind. . . all things that happen to us are caused by us. . . The greatest gift we can ever give is the so-called gift of self, for it is the belief that is the gift. . . God is not a doer. God, the infinite, eternal, Divine Intelligence, is a sustaining power flowing through us. . . Put your attention on the good, the beautiful, and the good and the beautiful will be, from this moment, the life you live.”

CQA-21

“Our reality is dependent upon what we are doing with our thought process. . . As we believeth—the teaching is simple—we become. . . He who sees the beauty in all things, becomes the beauty within. . . Let us be. Let us not become, for becoming is a mental world of thought. But let us be. And we cannot be until we awaken that we are. For as we seek pleasure, we guarantee pain. . . Fulfillment is a soul faculty that clearly is what it states it is. Man is filled and no longer seeks, and when he is filled and no longer seeks, he is. We think we have not because we seek to have. And by seeking to have, we cannot see what is. . . in the Law of Repetition is man's security. . . Remember, my friends, the greatest effort is to accept the Law of Personal Responsibility. . . There is nothing beautiful about judgment, for it is not a spiritual faculty.”

CQA-22

“We are an inseparable part of the divine laws of nature . . . When we lose sight of what we truly are, then we become, in the limits of our mind, what we think we are. . . this experience here on this particular planet is not the first, nor can it be the last of the experiences that lie before us and that are behind us. . . It is not what we must put into our mind to awaken us; it is what we must make the effort to remove from our mind to awaken us. . . all philosophies of all ages have taught, “O man, know

thyself, for only then shall you know the truth. And only then shall you be free.” . . . To race around the universe looking for fulfillment is nothing more and nothing less than experiencing temporary satisfaction. And that that satisfies does not fulfill. . . . Now it doesn’t seem like much, but if you place your attention upon it, it becomes everything. Because when you place your attention upon a thing—that’s everything that is not the thing your attention is upon—that’s known in this philosophy as true concentration, the key to all power. Peace is the power. . . . truth, which is freedom, which needs no defense because it is That that frees us is what we are Judgment is simply a form created by our mind based upon all past experiences that we can recall.”

CQA-23

“Truth . . . is individually perceived. . . in silence there is no mental activity. . . . The tree, like the animal, simply responds to what is. . . . Illusion is that which is dependent upon what has been. . . . heaven is not a place we’re going to; it’s simply a state of consciousness we are growing to. . . . love all life and know the Light. . . . That that we love, we consider. That that we consider, we have compassion for. That that we have compassion for, we have understanding of. . . . once we know our weaknesses, we have established the Law of Possibility. The possibility of making the effort to do something about it. . . . When we go to train an animal, let us begin by training our self. . . . that that you are adverse to, by the Law of Adversity, becomes your attachment Now fear’s a devise that the human mind uses to defend and protect the judgments that it already has. . . . The moment we over-identify with form, we become the victim of form. . . . we must separate what we think we are from what we are. . . . whatever you seek, by the law of your seeking, is also seeking you. . . . So, when you seek, accept the possibility, for it is taking place—never out there! . . . There is no understanding without personal responsibility. . . . Spontaneity is the Law of the Spirit”

CQA-24

“There cannot be form, there cannot be individualization without limit. . . . intelligent life is not limited to the planet Earth. . . . the function known as challenge stimulates the human ego. . . . the question must rise, “In what way have we limited ourselves to feeling good?” . . . judgments are the shadows that stand between us and the light of reason that frees us. . . . Man is a law unto himself and is creating his own destiny moment by moment. . . . repetition is the law through which change is made possible. . . . freedom and truth is an effect of self-control. . . . freedom or bondage is not dependent upon that which is without. It is ever dependent upon that which is within. . . . We can feel good, or God, no matter where we are and no matter what we be or

what we do if we awaken in our consciousness and, in so doing, take control of our thoughts. . . For if we do not grant unto our self the right of choice, there is no way possible that we can grant it to another, for man can only give what he first has. . . If we choose to see the limits within our self, then that's what our life shall be. . . Let us not be so insecure, mentally and emotionally, that we must impose upon another the restrictions, the limits, and the suffering that we have imposed upon ourselves."

The Living Light Dialogue, Volume 11 includes transcriptions for the Church Questions and Answers 25 through 57, or CQA-25 through CQA-57. Synopses of these classes follow.

CQA-25

“Something does not come out of nothing. . . So everything comes from something. . . Man’s thoughts are an inseparable part of the whole. . . We only seem to have difficulties in accepting responsibility for the disasters, the struggles, the pain, and the suffering that we have, at times, in our life. . . when man stops identifying with the thought of I, he is freed from the form. And being freed from the form, he is freed from the duality of creation; being freed from the duality of creation, he becomes the I which he truly is. . . knowing the truth is the first step in accepting the truth . . . ignorance of the law is no escape from the law. . . he who judges lives in that which has been . . . we cannot tolerate in others what we refuse to educate within ourselves. . . Selfless service is service minus, or less, the thought of self. . . if we think we’re doing selfless service, it’s one of the first indications that we are doing self service. Because it takes the self to think that we are serving, and that is contrary to the demonstrable truth of selfless service. . . opportunity is like the hands of the clock: it meets every so often. . . lack of use is abuse. . . Whatever the talent is—and they are varied, of course, as man himself—whatever the soul talent is, that soul has spent centuries in evolution, in evolutionary incarnation upon incarnation perfecting that particular service to the universe.”

CQA-26

“And so it is in life that freedom, the effect of self-control—not the effect of controlling everything outside, for the only thing we can ever in all eternity control is that for which we are responsible. . . If we do not like what enters our life, then let us change the level of consciousness that has attracted it to us. . . Let us be honest with our self and we will never again be disturbed by that which is beyond our control. . . that which disturbs us is that which controls us. . . we must first be in personality (or identified with) in order to understand form, whether it is positive or negative, male or female. . . we must become the thing to understand the thing . . . If it disturbs us, then, of course, the law for us has been established; that it’s on its way, if not already there in our consciousness, to control us. . . our purpose in evolution is to be in a world, never a part of the world. . . let’s become aware and become honest with our self, and let’s start cleaning up, as they say in today’s language, our own act. And we will be so much better for it.”

CQA-27

“ . . . when we have had enough of anything in life, we will make the change in our thinking which will bring about the change in our experience. . . We can only attach to anything through the Law of Ignorance. . . Let us remember we can only experience, seemingly without, what we are already experiencing within, for life is a mirror of illusion and that’s all that it really is. . . Balance is the law through which the Divine Intelligence flows unobstructed. . . bondage exists in attachment. . . When we have stress, that reveals that we have contradictory and conflicting desires . . . We are the victim of anything we are attached to. . . freedom is the effect, the effect of self-control. . . Remember, limit exists only in the mental world. There is no limit, there is no restriction to that world known to man as spiritual consciousness. . . we grow or go. . . It does matter that we become the captain of our ships and the masters of our destiny. . . when we understand the law that governs anything, it is the first step in gaining control over it.”

CQA-28

“ . . . it is not possible to be in reality anything that we have not first identified with. . . our mind changes in keeping with the experiences of any moment that it registers and records in consciousness. It is a reactor. . . as long as we permit our mind to identify with what has been, without our conscious, direct control thereof, then we shall ever be the bondage that we are. . . without accepting the Law of Personal Responsibility, we cannot be free from the self, the self-thought, which is dictating a repetition of experiences that have already been. . . All a person can give you is what they have already found. . . There is no luck, my good friends. There is no such thing. . . You want to have a better life than what you’ve already had. You’ve got to ask something besides self, because self can only offer what has already been.”

CQA-29

“As we demonstrate gratitude for what we have, we establish the Law of Increase. . . of all things that is not in our best interest to harmonize with it is what man refers to as our subconscious. . . Reason does not exist in what we call the subconscious mind. Only emotion exists in what we call the subconscious mind. . . freedom is the effect of the control of self . . . ‘Tis better to make a seeming poor decision than to live in indecision . . . creation is a tool designed to serve the eternal being. . . For he who is a victim to what has been, certainly, is not demonstrating the principle of freedom. . . when a person looks to the future and experiences fear, he is serving that which has been. . . repetition is the law through which change is made possible.”

CQA-30

“One sees things one way and someone else sees the same thing some other way. So it only reveals to us that we see in keeping with the censorship of our mind, in keeping to what we judge or judge not and, of course, in keeping with our own limits and our own degrees of intolerance. . . God is good. . . Why we do not experience more good in our life is because we won’t permit more good to enter. . . we are the obstruction: our mind, in its error. . . when we think of self, our mind, our fear, becomes the captain of our ship and the master of our destiny. . . we do not evolve until we let go of what has been in consciousness and accept the possibility of something that we desire to be. . . We can only see what we alone, in a mental world, create. . . we are not the thought. . . energy follows attention. . . when you think a thought, you are opening up the door to all that has been in form, all experience associated with it; and all of those laws, they go out and they return unto you. . . a wise man, gaining control over his mind, speaks his word forth into the universe knowing that it shall not come back to him void, but accomplish that which he sends it to do. Our word returns to us void because the energy necessary to bring it back fulfilled is dissipated . . .”

CQA-31

“Many things seem to be around and about us. We don’t have to be a part of them because they’re in the world in which we live. . . If we still believe that we are subject to and, therefore, the victim of any force or any power that is beyond our own conscious control, then we will constantly be the victim of circumstances, not the captain of the ship and not the master of our destiny. . . the only good we’re ever going to find is the good we consciously choose in our own consciousness. . . there is no thing in all of the universes that is not spiritual. For it is the intelligent, neutral Divine Energy that sustains all things. . . When man accepts the possibility of the worst, then he is prepared to experience the best. . . when you have no fear, life, then, is beautiful. . . Hell is sustained by what man calls fear. . . We can enter the mental world, hell, fear, only when we think in our consciousness and, by thinking, identify with separation, which is the thought of I.”

CQA-32

“Nature teaches us the demonstrable Law of Balance. . . We have come to Earth to understand and to demonstrate the Infinite Intelligence that is, has always been, shall always be. . . That which we serve serves us. . . man cannot experience good or God without being the living demonstration in that moment of personal responsibility. . . For when we begin to blame God for our struggle, we also blame God for what crumb of goodness we experience. Let’s stop blaming God for the good that

we may stop blaming God for the opposite. Let us accept personal responsibility and know beyond a shadow of any doubt that God or goodness is everywhere present and never absent or away . . . Let us accept God's will, the right of the power which sustains us, to sustain all life, to sustain all choice in keeping, of course, with personal responsibility. . . We are formless, free Spirit. . . it is unfortunate that we over-identify with the vehicle, the body . . . Change is difficult for man only because man is over-identified with the automobile that he's driving . . . Wisdom lives in the soul faculty of patience."

CQA-33

"... judgments require and are dependent upon intelligent energy for their own continuity. . . Remember, friends, misery not only loves company, but it is indispensable for its continuity. . . it's not what you need to put into your mind to free you; it's what you truly need to take out of your mind that will free you. . . our physical being is only a reflection of our mental being at any moment . . . There is absolutely and positively—I assure you from over forty-four years of working in these other dimensions—there is absolutely and positively no escape from what is established within consciousness. . . As long as there is need for it, the path is not spiritual. It is in truth mental, for the light of our spirit is freed from want, need, and desire. . . Now the purpose, basically, of the Living Light Philosophy is to show you the way to bring about balance in your life so that you may not be limited to mental and astral bodies for your expression . . . the will of God is total acceptance."

CQA-34

"... man, we see, is never left without desire. . . desire is the expression of the Divinity, God, or goodness . . . a wise man should not suppress desire . . . that which is suppressed is concealed; that which is concealed is falsehood. . . freedom without law, indeed, is license. . . Now to educate something does not mean, in any sense of the word, to eliminate it. To educate means to transform, to transfigure, to change the form, which the divine expression, desire, has taken. . . Whatever it is you want to be, stop wanting to be. Pause in consciousness and awaken to the truth that you are. . . For life is ever as we make it; she is always as we take it. . . The greatest bondage the human being will ever know is denial of the ability to personally respond to life, which *is* eternity. . . that which we hold destroys us, ah, but that which we give unfolds us. . . all opinion is based upon judgment. . . That which is limited cannot be true. . . One cannot be discouraged without thinking of an event that has passed."

CQA-35

“Now man needs what he thinks he needs, and man thinks he needs because he has the awareness within his consciousness that he is not fulfilled. . . Truth cannot be contained for truth is that which is. . . our denials become our destinies. . . There is good in all things for there is no place that God cannot be or is not. . . Whoever sees good in all things is awakened to the truth that God, the Divine Power, sustains all thought. . . So if we want to experience goodness without, we must first awaken to the possibility of the goodness that is within. And then like shall attract like and heaven shall indeed be upon Earth. . . Man may free himself; he can never free another. But in freeing himself, he is the instrument through which those who are attracted unto him shall be freed . . .”

CQA-36

“When we experience these likes and these dislikes—that things and people are not doing what we like them to do when we like them to do it—wisdom reveals unto us that it is something inside of us. It is a thought. Therefore, generating within our consciousness a feeling. And from that, an emotion. And from that, a disturbance. From that, a discord. Until finally we’re not at ease and we call that disease. . . we can permit our self to be what we are by the simple effort of controlling the thoughts that rise in our consciousness . . . Now we cannot be what we do not permit our self to be. . . put God into it or to forget it. . . A wise man ever works towards his goal. It is the fool who thinks he has got it. . . That which is dependent upon something else, be rest assured, is controlled by the something else that it is dependent upon. . . God, the Light that is, is not a power that is dependent upon man. And therefore, man, for goodness, is not dependent upon God. Man is dependent upon his own willingness to be receptive to that which is. . . every knock is a boost. . . We must face our adversities. . . goodness is everywhere, if it is first allowed within our own consciousness.”

CQA-37

“Now anything that is seeming or appearing, of course, is dependent upon our faith, for our faith is the very instrument through which we establish our own judgments, our own thoughts, and our own beliefs. . . Man is in a constant process of changing his beliefs. . . true friendship, as you know, respects the rights of difference and will weather any storm. . . So there is no escape from whatever law that we alone set into motion. . . you will always find in justification there has to be a victim. And be rest assured the victim will not be you. Someone else is to blame. . . The more justifications that we have reveals the more self-identification we have. We have a lot to defend. . . Change is inevitable. That includes our thoughts, our judgments, our justifications, and certainly our beliefs. . . One does not readily accept what they

cannot control. . . Health, wealth, and happiness are not dependent upon anything beyond our control. Health, wealth, and happiness are totally dependent upon a broadening of our horizon, upon a lack of demanding and dictating what the universe shall do to serve us. . . it is through denial that we destine our life to struggle, disasters, and disappointments.”

CQA-38

“Emotion does not make a successful living. Emotion does not make a successful endeavor. . . It is always difficult to know what is good or what is bad, when we are identified with the limited computer known as the self or the human mind. . . Without understanding, there is no communication, except with one’s own levels. . . The degree of attachment to any thought or judgment is totally dependent, of course, upon past experiences in one life and is ever in keeping with the degree of over-identification with the self, which is the limited computer of past experiences. . . One becomes less emotional through less identification with the self. . . The only reason we think we’re not good is because we identify with creation and the Law of Creation reveals to all of us the duality thereof. . . So by less identification with what you think you are doing, you will be doing what you are. And it cannot help but be successful, because it’s freed from concern.”

CQA-39

“Ever in keeping with our belief in limit, ever in keeping with our dependence upon something beyond our control to improve our life, does our world appear to us. . . If you are kind to yourself, then you have the kindness to grant to another. . . You see, it’s like consideration. It isn’t that we need more of it. We have plenty of consideration. I know many people who have a phenomenal amount of consideration. Why, they consider themselves constantly. So, you see, it isn’t a matter of having more of anything. It is only a matter of broadening or expressing in more avenues of expression what we already have. . . there’s nothing that we need. It is only our view.”

CQA-40

“So whether or not we believe or do not believe in an effort to seek God, it is the nature [of] us to return to that which we truly are. . . when we permit our mind to identify with what we call self or self-thought, we are, at that moment, controlled by all experiences that exist in what is known as the memory par excellence. . . Now because experiences are the effects and are never the causes, all experiences are in truth a mirror, which reflects and reveals to us the levels of consciousness that are

predominant or in control of our life at any give moment. . . In order to be free from the constant repetition of past experiences, man must make the daily effort to free himself from over-identification with self. . . outward manifestations are merely revelations of our own inner attitude of mind. . . belief is not balance. Reason is. Faith is its direction. . . But of what benefit is it, in truth, to learn and not to apply? . . nature reveals to us that she wastes nothing. . . There's nothing spiritual about a law that serves limit! . . For there is no judgment, by its very nature, that can free anyone. The only thing that frees us is accepting the truth that what we are is the way we are, for we alone insist that it be that way.”

CQA-41

“Repetition is indispensable to evolution. . . When we find difficulty in making changes that we know inside of our self are in our own best interests, it reveals to us that we are attached to the shadows of experiences that have already passed. . . it is important with what we do moment by moment, not year by year, but moment by moment. . . Fear . . . is indispensable to faith in the human mind. . . Fear is nothing more and it is nothing less than faith in the experiences that we have already had That's called fear; it is our faith in those past experiences. . . the degree of rejection that anyone experiences is totally dependent upon how much they rely upon what they consider self. . . If they have a very strong belief, through the love of self, which is the attachment to self, then the rejection feeling, of course, is very intense. With that amount of self-love, an attachment to self, we walk on very thin ice with what is known as a china-cabinet ego. It [is] very, very delicate. . . It is the mind that manipulates. It is the mind that needs. It is the mind that denies and therefore, it is the mind that suffers and never the soul. . . where we have been dictates where we are going as long as we insist upon relying on self. . . Tomorrow is not a question to man. Tomorrow is a question to those who believe in the shadow of yesterday. . . we cannot expect, nor demand, to enter a spiritual world while we insist on being attached to a mental vehicle. . . My good friends, if you want to be attached to something, choose something with a little reason. . . we always get what we really need. We always get that, although we don't always think that we need it.”

CQA-42

“. . . reason, being a soul faculty, is not subject to the human mind or the dictates thereof. . . It is, for most people, rather difficult to accept the possibility of something that they do not have conscious realization of. . . the human mind is designed to serve the eternal being, known as the soul. It was never designed to dictate what the eternal soul shall or shall not do. It is through our error of ignorance that we have permitted, through over-identification with the mental world, we have permitted it to become

the authority in our life. . . God is not a giver because God is not a taker. . . do not suppress desire. Suppressed desire is the first thing to rise at the slightest opportunity to take control over our lives. . . If one truly is seeking to awaken to their natural talent, then one makes the effort to be receptive to something beyond the self-thought. . . belief fills our need. Our need serves our judgment. And our judgment is our denial. . . man is a law unto himself. . . That which sustains anything is greater than the thing that it sustains. . . A denial, of course, is a child of judgment. . . “Personal responsibility reveals to me that I am a law unto myself. What, now, am I doing with the law that I am?” . . . There is no freedom, for there is no truth, as long as we insist on believing what thought enters our consciousness. . . And so we fear life because we *believe* we are creation. We *believe* we are the physical body and whenever we believe that, we pay a dear price for it. . . everything that you experience in life is first taking place within your consciousness. First within your consciousness, then is it made manifest in a physical, material world of creation. . . When you want something in your life, you establish the law within your consciousness . . . For what is discouragement, the first line of defense to protect what we judge is right . . .”

CQA-43

“. . . ask and you shall receive. Ofttimes we want to ask questions of people, or a person, and we are censored by what is called fear. . . fear is simply faith in what our mind is offering at the moment. . . one of the many purposes of the Living Light Philosophy is to awaken within our own consciousness that we may personally demonstrate that that is what is truly happening in our lives. . . our dependence reveals to us our own denial. . . fear is the power of faith directed to mental substance . . . one must first grow in consciousness to the demonstrable, revealed truth that everything, *everything* we can possibly desire is right where we are. . . Life is not dependent, and never has been dependent, upon what someone else does. . . it is, in truth, dependent on what *we think* someone else does; it’s our thought. . . How do you gain the solution to a problem? Through study, through application, through effort. . . we are not the thought our mind thinks . . . we and we alone make life the way life is for us. . . For eons of time flowers have been used as an instrument through which healing can take place. . . [Flowers] are instruments through which we may enter a realm of consciousness that is harmonious and, being harmonious, is an instrument through which our health is regained or restored. . . health is harmony. It is the law of the Divine. . . what good is it to work on the physical and totally leave out the mental world? . . . you may physically remove a person from a world of creation, but you cannot mentally remove them.”

CQA-44

“. . . all experiences are effects; they are never causes. . . the cause, therefore, lies within the experiencer. That means, of course, our self and that’s known as personal

responsibility . . . Life reveals to us in this world that we attempt to ridicule and to destroy what we fear. . . What we cannot control, we attempt to destroy or to ignore. . . A fool fears what he does not understand and is a fool because he's not willing to make the effort to investigate. . . We cannot gain tolerance until we make the effort to understand. We cannot make the effort to understand until we have suffered sufficiently with what we think we already have in consciousness. . . to bring about a change, we must let go of what we think we have. But that is not what our minds want to do. . . The Living Light Philosophy teaches evolution through self-application of the laws revealed. . . goal is a lifeline; choose wisely. . . There is nothing that stands in the way of our purpose, in the way of our goal but the judgments of our mind that tell us we haven't achieved it yet, we're so far from it, what's the use? . . . Humility is a soul faculty. . . sex or procreation is a sense function. . . no one ever understands anything that they do not communicate about. . . Once we understand and are satisfied with our understanding of what it means to us, then we will find a balance begin to take place in our consciousness between the soul faculties and the sense functions. . . our thought of need is a delusion, an effect of denial."

CQA-45

" . . . that which stimulates and challenges the senses, indeed, helps the ego to expand. We don't teach it helps the ego to be educated. It does just the contrary; it helps it to expand. . . If a person judges that, first, they desire something and, second, that they do not have it and, third, that it is attainable somewhere beyond them, then in keeping with those laws established shall man bind himself to the realm of consciousness in which he has established the law. . . When we tempt to impose our will, our limited views and judgments upon another, we open the door to what is known as problems or trouble. . . that which grants us freedom is personal responsibility. . . denial in this philosophy reveals our destiny. . . 'Therefore, I am truth. Therefore, I am free. Therefore, I am not dependent upon anything beyond my own consciousness, which is God, the Divine itself. I am not dependent upon anything that is beyond that; therefore, I do not experience need. Not experiencing need, I do not establish the laws of denial. Not establishing the laws of denial, I do not experience the destiny of want.' . . fear is the mind's control over the eternal consciousness or the eternal being or the soul. . . Now the power of will or the will power of man is the lord or the law of man's universe. . . energy follows attention. . . whatever in life bothers us, that is what is controlling us. . . Personal responsibility is not a popular teaching in this world today. But personal responsibility is not a new teaching. Personal responsibility is the oldest teaching of the universes, for it is demonstrable truth."

CQA-46

“ . . . ofttimes no is God’s direction. . . we are not the thought; therefore, we are not the form, which is the effect of the thought. We are the intelligent, infinite Energy that moves the thought, that moves the form. . . From denial grows need. From need grows demand, frustration. . . man is a law unto himself. . . we cannot grant unto another what we have not first granted unto our self . . . only in being honest with oneself can one truly perceive the obstructions in their consciousness that would be the instruments of magnetically holding them, through their emotions, to a physical or earth realm. . . there is no reason in the realms of emotion. . . If you truly love the animal more than you love yourself, you will be joyous; you will flood your consciousness with the goodness of life that your friend, your pet, your animal got to take their journey into the happy lands where we’re all going. . . whatever happens to us is caused by us . . . The physical body is only necessary for physical existence. It has absolutely nothing whatsoever to do with being necessary for the mental existence.”

CQA-47

“ . . . in order to experience the truth that frees us, we cannot permit our minds to deny the Law of Personal Responsibility. . . to permit our self to think that there is something outside of our own consciousness that has the power or the potential to control our lives is a total denial of demonstrable truth. . . that type of giving, mental giving, is not from the heart. It’s from the mind and it must pay its just due of the dual law of creation. . . that which we are responsible for, that we do not make the effort to guide or control, sooner or later shall control us. . . all judgments, of course, are based upon a mental world . . . And so it is fear that causes discord, disaster, and war. . . if we permit ourselves to think that our beliefs and our thoughts are us, then we have a great struggle in life. . . as long as we *believe* in our own limit, then that’s all we can offer to the universe. . . We are our own obstruction. We also are the way. . . truth is individually perceived. That doesn’t mean that truth is individual. . . A wise man gives what he has to give in life and cares less what the receiver does with it. . . we grant to others what we have first granted to our self . . . the Law of Presence is the Law of Solicitation. . . in all disaster there is Divinity. . . For one must ask themselves why they feel good, as well as why they feel bad. . . to deny this power that flows through us by giving it so freely, in delusion, to something that is beyond our control is the path of suffering.”

CQA-48

“ . . . if you don’t move with the changes in life, then you soon find that the joy of life has passed you on by. . . all experiences in life are direct effects, in one’s own

evolution, of transgressions of natural and divine law. . . if you have ever shared experiences with a reformer, you soon find out that either you are reformed or you're annihilated. Well, what that simply reveals is that a person who suppresses a pattern of mind, a person who suppresses the limits of their desires, a person who does not make the effort to educate them, is a person who is very insecure and constantly in fear of being tempted. Therefore, they must support their own security by forcing their particular reformation or their change upon everyone that comes within their zone of action. . Man is freed from the limits of judgment when man stops believing that he is the judgment that he creates with his mind. . . he is responsible for the thought, but man cannot be the thought, for thought is form and form is limited. . . We form the limit because we fear. Because we fear, in our consciousness, survival, the animal instinct rises to defend and to protect us. . . Truth, not having need, needs no defense. . . energy follows attention . . . So if we go with that understanding (give what you have to give, care less what they do with it), we will remain free."

CQA-49

"For it is through the over-identification with oneself that we find our problems in life. . . The reason that we react to the experiences we encounter is simply from a lack of effort to control our own mind. . . prejudice is to prejudge any experience that we encounter. . . Now to presume, which is to prejudge based upon past experience, is indeed a most detrimental expression for the human mind. . . to presume, to prejudge, is to reveal to our self that we are prejudging each and every opportunity that's coming our way. . . to presume is based upon what we have already personally experienced. And to assume something is the lazy way of the human mind not to even bother to go through the process of presuming. . . Man shall never find anything more blinding or deafening than desire. . . a temptation, that which tempts us, reveals to us where our weaknesses are. . . Now the laws of creation clearly reveal to us that which is created is subject to the Law of Duality. . . man relies upon what he has already experienced for a false security. . . we must move from belief to faith. . . Nature reveals itself: that which sustains a thing is greater than the thing which it sustains. . . form exists in the realm of consciousness known as belief. . . As you believeth, you becometh. . . So man is limited when he believes. Man is free when he moves in faith. . . But what man refuses to accept is that his denials are effects of his own beliefs."

CQA-50

". . . whatever we forgive or give forth, of course, no longer entertains our mind. It is no longer considered by us. . . it is truly divine to forget. . . suppression of desire is one of the most detrimental experiences that a human being can encounter. . . do not

suppress desire; fulfill it or educate it. . . the greatest gift that man can give to God, in order to be free, is the gift of self. . . repetition is the law through which change is made possible. . . That which serves us best is that which we serve selflessly. . . the nature of the human mind is to control everything that comes into its sphere of action. . . it takes 72 hours for the consciousness to move through all of the various levels of the human mind. . . Health, in this philosophy, is the effect of harmony, the Law of Harmony, where all things flow united, serving the purpose of their design. . . When a person—and life has already taught us that—is not willing to bend like the willow, then the person must experience the breaking of the branch, for the storms and winds of creation are ever with us. . . Decisions, as I stated, accept within their very formation the possibility of change. Judgments do not accept the possibility of change.”

CQA-51

“ . . . like attracts like and becomes the Law of Attachment. . . force is an effect of fear. . . fear is the effect of a judgment. And so, judgment is the effect of past experiences. . . we can only have control over what we first accept . . . weight problems are directly related to emotional starvation. . . to suppress a desire is to guarantee frustration someday. . . You educate the desire or you fulfill the desire. The one thing you never do with desire is suppress it. . . Discord is the opposite of harmony. Harmony is health and discord is disease. . . For nothing is ever lost. . . Let us rise to love because the Light is ever above us. . . And by wanting something from man, we deny its avenue of flowing from God, that is within us. . . if we live for believing how much a person likes or dislikes us, then we must accept the demonstrable truth: the reason we live that way is because we want something out of those people. . . It’s not important whether or not someone likes you or loves you. What is important is that you like yourself. . . when something no longer serves the purpose for which it has been designed, reason reveals that you remove it from your universe. . . you can’t have harmony when there is emotion, which is the defense mechanism of any judgment that you make at any time.”

CQA-52

“ . . . joy is the effect of the expression of gratitude. . . the opportunity of experiencing joy is ever available to us. . . the ability and the willingness to make changes in our life is ever dependent upon the degree of control that we have of our own mind. . . belief is a device of the human mind to keep us from making intelligent effort that we may finally accept that we are not the thought that passes through our mind, that we are in truth the Power that moves the thought, that we are not the judgment that binds us to discord and disharmony. But we are the power used by

mental substance to create that bondage, that victimization, and that slavery. . . Misery not only loves company, without company it does not exist. . . When our goodness and our God is dependent upon what our mind and physical body can do at any given moment, then our God is demonstrably the false gods, the golden calves that someday in our consciousness are destined to crumble.”

CQA-53

“. . . anything that is composed of a dual principle is destined to experience both ends of that principle. . . fear is demonstrably revealed to be nothing but the power of faith directed to a mental world. . . what the mind judges, the mind limits. As the mind judges and the mind limits, it restricts itself from the abundant flow of the only power there is in the universe for the restoration, the restoring to balance, the effect of which is known as peace or perfect health. . . God is not a judge. Judgment does not exist in the Principle of Peace. Judgment only exists in the duality of creation. . . Principle is a neutral law. . . For God sustains, being a divine, neutral Infinite Intelligence, God sustains the so-called good thought of man as well as God, this great power, sustains the so-called bad thought of man. . . Justice is ever in keeping with the Law of Personal Responsibility. . . as man sends out thoughts of good, man experiences thoughts of good as a return of what he sends. . . to blame another for our struggles and our difficulties reveals to us, in the law that we cannot grant to another what we have not first granted unto our self, it simply reveals to us that we are blaming our self. . . creation is the mystery. The light and the purpose of the Living Light Philosophy is to take that “mist” out of the mystery.”

CQA-54

“. . . we alone make life the way we find life. . . there is no such thing in the universe known as chance. . . And so when man becomes bound to the belief that he is the limit of his own mind, then man must live in the limit that he alone has created for himself. . . So what is man’s greatest responsibility? To awaken within his consciousness; to free himself from the bondage of prejudice . . . Our greatest responsibility to life is to permit our self, by control of our own vehicle called our own mind, to accept the possibility and divine right of all expression throughout the universes. . . And whoever sees the good within, experiences the good or God without and is freed from the bondage of his own ignorance and therefore, truly fulfilling his responsibilities to life. . . our physical body is an effect of what is taking place in our mental body. . . all judgments are effects of denials. All justifications are servants of those denials. . . We are as good, as happy, as wealthy, as healthy as we will permit ourselves to be through our own effort to awaken. . . Without tolerance, there is no success. . . the weight of responsibility to a wise man never exceeds his love of God.

For a wise man knows that the weight of responsibility is the judgment of his own mind. . . our life is ever the way we make it and, of course, it's always the way we take it."

CQA-55

" . . . whatever we expose our self to has [an] effect upon us. . . the only way to experience that which is greater than the thought of man is to go beyond the thought of man. So we cannot go beyond our own thought until we first make that step to go beyond our belief. . . the joy of life is in the effort, never in the reward. . . There is nothing more destructive to the human mind than the pity of self. . . A wise man does not dictate that what he desires shall be filled in keeping with the judgments of his mind. . . A wise person does not concern themselves with the fruits of action . . . God helps those who help themselves by helping others. . . we can only grant to another what we first grant unto our self. . . that which we hold destroys us; that which we free unfolds us. . . for ignorance is no escape from law. Law is impartial. Law has no feeling. Law has no emotion. Law has no personality. Law is blind to the fickleness of creation. . . Our soul came to Earth in keeping with its own evolutionary path. . . we can do something about everything in our life. . . Like attracts like and becomes the Law of Attachment. . . we can only be limited by identifying with limit or form. . . when we are identified with limit, we're only half there and, therefore, we are not fulfilled. . . You cannot see objectively, impartially, when you look at a person that there's any degree of attachment with . . . There is no thing that we cannot do something about. Because it's our mind. It's our thought. It is our judgment. . . Our consciousness is our ship of destiny. . . Without emotion is the light of reason. . . that which disturbs us is that which controls us. . . he or she grows or goes. . . acceptance is the divine will. The Divine Will, God, is the Principle of Goodness. . . man experiences through his own acceptances . . . that which sustains the thoughts of the minds of men is far superior than that thought that it sustains."

CQA-56

" . . . the blissfulness of ignorance is very short-term . . . belief is limited to and dependent upon a mental world and the minds of men. . . The longer we choose to make no effort to awaken, the longer we believe in the so-called bliss or absence of personal responsibility in our life does not keep us free from it. . . we find that our world is subject to and is dependent upon what we accept and what we reject. . . We find in life that which we deny or reject we are destined to experience. . . our adversities are guaranteed to become our attachments. . . we cannot grant to another what we do not first grant unto our self. . . if we insist on denying our right to abundant good, then we do not have that to grant to others. . . There is the potential

of good in all things. . . The only thing that puts the light out for us is what we know as our own thought, our own judgments. . . It does not benefit man to have a perfect physical body at the expense of losing peace of mind. . . It is our belief that is our bondage. It is our own belief that is the obstruction to the goodness that we are. . . life is what you choose to make it. . . When we permit our self to believe that our God, our goodness, our happiness, our joy is what someone else does, what someone else doesn't do, then we have opened the doors to slavery and become one of the willing workers."

CQA-57

"... growing up is known in the Living Light Philosophy as personal responsibility . . . Destiny is at our command when we grow up mentally and emotionally and accept what is justly and divinely ours. If we find difficulties in life, they are only effects of our attitude, but we have the ability to change our attitude. And through a change of our attitude we change the Law of Vibration and through that change, we attract unto us, in keeping with the law that like attracts like and becomes the Law of Attachment, we attract unto us the things that we truly want: the goodness of life. . . that which disturbs us is that which controls us. . . divine justice is not dependent upon fickle, mental experiences. . . in a mental world we believe that we must take certain steps in order to attain what we desire. . . only in truth, the eternal moment, is there freedom. . . In harmony, there is health. . . a house divided is a house of discord. . . failure is a great success; it is a success of the forms we alone have created."

The Living Light Dialogue, Volume 12 includes transcriptions for A/V Seminars 1 through 18. Synopses of these classes follow.

A/V Special Seminar

“The discussion today, for this seminar, is the descent and the ascent of man. . . . When the mind looks out at the world, it judges what it has and what it has not It is the nature of the human mind to control anything and everything that enters it. . . . Whatever in life we seek to control, we, in time, find that we are controlled by it. . . . All of our experiences, all of our successes, all of our failures are revelations of where we are in consciousness at any given moment. . . . Only through personal responsibility can we experience freedom and the abundant good and joy of life. . . . You make the change within your consciousness and suddenly, they seem—*they* seemingly are transformed. . . . Your freedom, your goodness is ever in keeping with your acceptance of the divine right of life. . . . Knowledge knows much; wisdom knows better. . . . Wisdom is that which is our true being. It is that which is not clouded by mental substance. Wisdom is that which contains the joy of total acceptance; nothing is limited; nothing is denied. . . . We lose the joy of life when we permit our self the need, through our own denials, we permit our self the need for critics. . . . One cannot fear what one does not first judge will be detrimental to them in some way. . . . That which disturbs us controls us.”

A/V Seminar 1

“This special seminar [is] . . . on the evolution and the true purpose of being. . . . Our purpose of being is the awareness of the evolutionary path that we are on We cannot control what we are not aware of. . . . The Law of Adversity is the Law of Attachment Love or goodness is ever present when we choose at any moment to take control of our own mind We are not the thought. We are the creator of the thought. . . . Faith is not dependent on anything outside of you. . . . For those who make an effort to control another shall be controlled by those who they are controlling. . . . Honesty is the lamp of the light and reason—honesty with oneself. . . . If you feel you must believe, at least choose something that won’t limit your life. . . . Desire *is* the divine expression. What we do with it oftentimes is far from the Divinity. . . . Something else is controlling your mind when you are not consciously in control of it. . . . Man requires rest, not sleep. . . . Each time a judgment rises, you are judged by it. . . . The obstruction only exists in the belief. . . . Put God in it or forget it. . . . The good you put in is the good you get back. And if something else is what you’re getting back, pause and take control of your mind because something else, that you don’t like, you see, has been putting something else in there. . . . We do not have a living hell or purgatory to look forward to, unless that is the law that we have established. . . . If you give up

100 percent [of all those past experiences], you will have 100 percent of goodness flood into your consciousness. That's the law. It does not fail."

A/V Seminar 2

"Welcome to this special seminar . . . on our inevitable journey. . . Heaven and all the things that we desire are not dependent upon anything outside of our self . . . The light that one must learn to follow is the light of their soul . . . God, or goodness, is not a judge. . . Judgment exists only in a mental world . . . So whoever denies the Principle of Good that they truly are by believing that which they are not must pay the price of that denial . . . There's never enough of what we desire. . . We do not fear what we know . . . We only fear what we judge we cannot control. . . We teach "Control your mind." It is the vehicle of your soul. . . A wise man does not suppress desire. A wise man fulfills his desires or educates them. . . Energy follows attention. . . One cannot desire what they already are and are awoken to. . . When the eye is single, the soul is in heaven. . . When your eye is single, there is nothing in life to compare. . . Rest rejuvenates. Sleep destroys. . . Faith has no dependence. . . One has no question when one is in service to the principle known as faith. . . For suppression is a guaranteed service to the prince of darkness. . . When we are in service to the prince of darkness, the cause of our joy, the cause of our satisfaction, the cause of our upset, the cause of our suffering is ever and always another . . . The slavery and bondage of the human mind is something we can do something about. We can do something about it and truly enjoy life. . . Enter the realms of joy through the arc of personal responsibility where the angels of reason wait to guide your footsteps into the true fulfillment of life."

A/V Seminar 3

"We are going to discuss the expanding consciousness. . . In order to deny we must first judge. . . We all dedicate ourselves to something. What have we dedicated ourselves to? . . . Where there is unity all things are harmoniously in motion. . . Things are separate from what is. Things are forms. They are limits of truth. . . Only in the belief of a thing is the thing enabled to live for a time. . . When you no longer believe that you are that which you have created, it will no longer have you as its servant. . . You must learn to give without thought of gain. . . If you make the effort to control your mind, then the Light that is ever present will strengthen your heart. . . God doesn't control, God serves. . . Time is the domain of the realm of delusion . . . That which we fear is that which we serve. . . Put God in it or forget it. . . Heaven is where you experience the joy of living. . . We need something because we believe we don't have it. . . Without your question, you do not expose what you should expose for

exposure frees the soul through revelation. . . How could anybody possibly need anything that they are?”

A/V Seminar 4

“Welcome to our class this evening on the subject of living. . . The truth reveals itself: you can never lose what you are. You can only lose the deception that you may, for a time, believe that you are. . . Whatever man conceives, man depends upon. And whatever man depends upon becomes man’s master and man’s false god. . . You create your thoughts. You form them in keeping with your motives. When you believe what you have created is you, then you begin to serve that which you have created. . . Whoever believes they are in need has identified in consciousness with what is known as the fire center . . . Power is God . . . Will is the movement or the action of God. . . If you find change difficult, if you find change an emotional experience of trauma for you at the very thought of change, then be rest assured, you, at that very moment in your life, have fully identified with one of the four planes of consciousness of the functions of form . . . Division is the Law of Destruction. . . You can gain more control through understanding than you can through force. . . It’s our belief that we are the functions; that’s what’s in the way. . . When the worker believes he is the tool, he begins to serve the tool. . . Prejudice is prejudgment . . . The only reason a person ever experiences fear—ever—is by believing they are the thoughts of their mind.”

A/V Seminar 5

“This evening’s discussion: experience and why we need it. . . In life, as in anything, we get out of it what we put into it. . . That which disturbs us in life is that which controls us. . . Presence is the Law of Solicitation. . . We grow in life or we go in life. . . The lack of communication with another only reveals the lack of communication with oneself for we cannot in life grant to another what we have not first granted unto our self. . . Outward manifestations in life are simply revelations of inner attitudes of mind. . . Health is all things in harmonious motion. . . Each thing that we deny in life we destine ourselves to it. . . Our world is just exactly the way we make it and exactly the way we take it. . . The more acceptance in life we have, the more awareness we have. . . when you allow yourself to be disturbed and you then tell yourself, “This is beyond my control,” then you deny the truth that you are. . . A wise man forgives; yet while in form, he does not forget. . . To forgive is the path of wisdom and freedom . . . [Disease is] an imbalance between the faculties of the soul and the functions of the senses or the body. And that imbalance creates a discord which is known in this philosophy as disease, the opposite of health. . . Repetition is the law through which change is made possible. . . The more we depend on something outside, the smaller our God is inside. . . [Emotion] is the expression of forms that

you believe that you are who are determined to have their own way. . . Faith is above and beyond limit.”

A/V Seminar 6

“At this evening’s seminar we will be discussing experiencing what you want in a world of creation . . . That which obstructs the Light that you are, in truth, absorbs the Light that you are . . . For all adversities and all attachments are in truth obstructions. . . We are, of course, peaceful when we are not concerned. . . When man accepts what he does not want, he frees himself from identification with the obstruction to what he does want. . . To be concerned and to be worried is only to create greater obstructions. . . Personal responsibility, the only path to freedom, clearly reveals that nothing beyond our control controls us. . . If it bothers us, if it disturbs us, then, of course, it is controlling us. . . Whatever we accept, we then control. . . Each and every one of your thoughts, they die without your attention or your energy. . . We do not qualify our self to understand what we do not first accept. . . The will of God is total acceptance . . . Total consideration does not exist in a mental world . . . Man sees with his mind and views with his soul. . . A wise person in a world of creation, certainly, doesn’t say never. For never is a guarantee of sooner or later . . . The soul aspires; the mind perspires.”

A/V Seminar 7

“This evening we shall discuss piercing the layers of experience with the pen of reason . . . It is necessary in our evolution to remove the logic, a function of mental substance . . . When one believes in anything, one becomes the servant of which they believe in. . . We cannot experience need until we deny the wholeness that we are. . . “Man, what are you doing with the law that you are?” . . . That which frightens us is that which controls us. And it only frightens us because we believe we are the limit. . . That which is balanced is good, for that which is balanced is God. And that which is balanced is healthy and harmonious and abundantly good. . . Whoever carries the lamp of honesty is walking hand in hand with God. . . Love is the reflection in another of the goodness in oneself. . . Be in creation and not a part of it. . . The thought of concern can only express the belief in limit, for no concern exists in what you are. . . Gratitude is the door through which supply continues to flow. Whoever is grateful for the experience of good in their life guarantees the law which brings about its continuity. . . Judgments are made by the brain . . . When we take moments to see the good within our self, we will offer that to the world. And so, whoever offers good to the world can only experience good from the world.”

A/V Seminar 8

“Experiences in life repeat themselves until we no longer believe we are the judgments that have in truth created them. . . Regret is used by the mind in order for one to continue to experience the hopelessness of effort to make changes. . . The eyes of man are covered with the mist of what has been. . . Whoever faces their adversities honestly, slowly but surely, shall gain control over them before they awaken to the attachment, which is in truth the final effect of all adversities. . . Man faces his responsibilities in life best at times of seeming disaster. . . Whoever frees themselves from concern of the fruits of action is a person who is working intelligently or smartly. . . Anyone who believes they are the judgments of their mind is ever a delicate being and can easily experience being intimidated for their judgments, which they temporarily believe that they are, are threatened...Boredom is an experience that the mind has when it believes that it is trapped. . . Concentration is not the key to power. Concentration is the key to *all* power . . . A person who feels emotionally secure is less identified with what’s going on outside. They’re not as consciously aware of temperature changes because they’re so comfortable with the temperature within. . . The soul is expressing itself through the limits of the human mind . . . We attach ourselves to the mirrors that best reflect the fulfillment of our denials, which we experience as needs. So a person can understand their denials from their attachments.”

A/V Seminar 9

“Emotion, which, of course, is an effect judgment . . . We always get what we really want in life. . . Acceptance is the will of goodness, the Principle of Goodness, which is God. . . Experiences no longer repeat themselves when we no longer express the judgments which are the causes of the experiences. . . Your body, whatever body that is, is an effect of the 51 percent or more of your own identification. . . A lack of honesty with oneself guarantees anxiety and frustration and a very turbulent life. . . Keep your faith with reason; she will transfigure thee. Reason. Use reason and balance in all things. . . One expects wisely by expecting the possibility of change in their expression and effort in the endeavor. And so when you expect something to happen, accept it is happening with the possibility of change. Then you will keep yourself free from that trap known as attachment. . . Life is ever as we make it and it is just the way we take it.”

A/V Seminar 10

“Man is freed through his own acceptance. Man is bound through his own denials. . . That which is darkness is lesser light . . . Whoever resists survives; whoever accepts lives. . . One is bound by what they deny. One is not bound by what they accept. . .

Force is the limit of power. It offers you a temporal, false sense of glory or superiority or self-importance. . . The water center is the center where all judgments are created. . . Well, no one truly wants to be a fruit, for we all know that fruit rots and none of us want to rot. So if we don't want to be a fruit, then we should make greater effort not to identify with the fruits of our action. . . If you wish something to manifest in the physical world and it is your sincere desire that you not be attached to it and, therefore, controlled by it, then a balance between the mental and the physical realm is absolutely necessary under the guidance of the spiritual light . . . Whoever has a relationship with their expectations is one who is thrilling with their fascinations."

A/V Seminar 11

"We're going to discuss experience, the movement of limit, and time, the viewing thereof . . . Attitude of mind is the movement of mental substance. . . Whoever denies, limits. Whoever limits, believes they are that which they have denied. . . The less acceptance that you have or permit in your life, the greater density that you have. The greater density that you have, the greater are your needs in life. . . If you want to move through that experience, [and] you would like that experience to come to an end in your life, then all you have to do is accept truth: accept that it is an experience, an effect of what you have created. And when you accept that, you gain control over it...You can't control what you don't create...We are not bothered by the things that we accept. . . Good and bad is ever in keeping with what one believes that they are. . . Man calls many things good and bad. Try to understand that good and bad are limit. . . That which is sustained cannot control that which sustains it. That's why your mind cannot control you until you permit yourself to be convinced you are your mind. . . The mind speeds up when you first make the effort to enter a state of peace. . . When a person establishes the law that they are half there or half a person, then they experience a need for someone to fill that half. . . How could you possibly need a person and accept what you are? . . . You don't have to be concerned [about] what's in front of you. That's clear. Be interested in what's sneaking up behind you. . . [An obstruction] is a solidified judgment, a shadow of the past, a distortion of the true purpose of design."

A/V Seminar 12

"This evening we will discuss the purpose of design. . . Self is the belief that we are the images, forms that we have created...All things created, become demons when we believe we are that which we have created. . . As we love the thoughts in form that we create—and that's known as the love of self—then, of course, we are controlled by those things that we have created . . . When we permit our self to be receptive to the soul, to that which we are, in so doing we awaken to the true purpose of design. . .

The more we love what we create, the more we believe we are that which we have created. The more that we believe we are that which we have created, the more bondage we have in our life, known as experiences or limits. . . Your mind, which, in truth, is a servant of your higher bodies . . . That which sustains anything is greater than the thing with which it sustains. . . The faculty of reason is what will bring about a change in respect to the illusion created by an over-identification with what we create. . . That which we create lives only by energy directed from our attention to it; it is a soulless creature. . . It's human to forgive; ah, it's divine to forget. It takes the Divinity in order to free oneself from that which they have created because of the great love of those things. . . "He who loves himself more than he loves me shall lose himself to find me." . . . Through your daily spiritual exercises, you put your house in order before you do any service to creation. . . Self-love is the love of that which you create."

A/V Seminar 13

"How can you have judgment without comparison? You cannot judge anything until you believe in limit. And believing in limit or form, there is no way possible to judge unless you have something to compare it with. . . All of your experiences in what you believe is life, creation, form, and limit, all of your experience are dependent upon judgment. . . Wisdom is what you are. Knowledge is what you believe that you are. . . When we refuse to learn the lessons that we have to learn ever in keeping with the ones that we have, well, as you would say, flunked before, failed, refused to learn before, when we do that, then we repeat them. Again. And again. And again. . . Denial of what you are is a thirst that cannot be quenched. . . A titanic ego is ever in need. . . Attachments to the fruits of action reveal a titanic, uneducated ego. . . It is only when one is in the water center, in the magnetic vibratory wave of expression, that one is the victim of the forms they create. . . Your teachings of Adam and Eve, as allegorical as they are . . . He who lives to hurt another shall live to see the day when all his selfish motives pain shall take away. . . When you experience what you judge as pain, remember, it is an effect of laws you have set into motion. You are not without hope, for that is eternal. . . When we deny what we are, we must pay (and we do pay dearly) for what we are not."

A/V Seminar 14

"Opportunity is something that we create. . . When we understand that we create opportunity, then we will begin to free our self from the dependence on what something or someone, that by divine law we cannot control, does or doesn't do. . . We create our opportunities as effects of our judgments. . . When you create a thought, an attitude of mind, you do it with the breath of life. . . The control of the forms is

subject to the control of the breath of life . . . Inspiration, to that which you are, is perspiration to that which you are not. . . Do what you don't want to do so you may awaken to who you are. And by doing what your mind tells you it doesn't want to do, your mind understands that as perspiration. . . Repetition is the law through which change is made possible. . . It is very important in affirmations to have the proper music . . . You cannot be objective with that which you believe that you are. . . By believing in one's own form, then one is controlled by all forms. . . The mind can only offer the letter of the law. It cannot offer the spirit of the law . . . If you're not willing to take control of your mind, then you cannot experience the joy of life. . . A function is an undeveloped faculty. . . Until you separate yourself from what you believe that you are, you cannot experience that which you truly are: the goodness, the joy, the happiness: life itself. . . The heart is the vehicle through which the soul expresses the faculties of being. . . When it's a faculty, it's love. When it's a function, it's lust. . . What you believe you are has all the limits and all the restrictions."

A/V Seminar 15

"We'll begin our class with the questions . . . on the subject of retaliation. . . The judgment is made in the water center. . . Retaliation is an expression of a person who believes they are being rejected for they are attached to their fruits of action . . . An uneducated ego is a blatant denial of the Law of Personal Responsibility. . . If you will free yourself from the thought of I, then you will be able to see clearly and to demonstrate the principle which will free you from being the victim . . . If you reject that which you have given birth to, you deny the Law of Personal Responsibility . . . Acceptance is the divine law of God's expression . . . Thought patterns and thought forms are children we create. They remain children. They do not grow up. . . Uneducated egos don't ask. By not asking, they don't have to face personal responsibility . . . The moment you presume one thing, you are presumed upon. . . Self-thought is the most destructive force that you will ever know in, in all of the universes. . . The mind is, is an empty vacuum that can never be filled . . . Yet it ever strives to be filled. It ever experiences need. . . Retaliation is a premeditated thought process. . . Take your attention off what you want to overcome; place your attention or energy on what you want to become. . . People who are miserable demand to express their misery...People who have need are people who are denying the goodness that they are . . ."

A/V Seminar 16

"Love all life and know the Light for the Law of Light, the Law of Life is Light. . . Light is intelligent, pure Energy. . . One does not express the fullness of their life until they awaken to what they are . . . Truth, as I have said so long ago and so often,

is individually perceived. . . Move from making things in life to guiding things in life. . . Frustration is not experienced without dependence. . . When you educate limit, you expand its consciousness. . . No movement of the physical body is the first step of rest. . . Whoever permits their mind to see the way is never controlled by the obstruction . . . If you want to be attached to anything, just be adverse to it. . . Man is the world's, the universe's greatest borrower. . . Show me a person who believes they are limit, and I'll show you a person who does not, in any sense of the word, do something without the thought of return or profit. . . Man's uneducated ego is what has the identity crisis for he has all these forms that he has created. I think in your world you call it judgment. . . When you are following that which you are, then there is a peace that one experiences within their being. . . When one finds themselves becoming freer from concern of what others think or don't think, then one is following the inner Light."

A/V Seminar 17

"Whatever experience we encounter in life, eternity, we have established the law through which it comes to us. . . We find our self on the mountaintop, only to blink our eyes and find ourselves in the depths of the valley. Well, of course, we make adjustments in our perspective never on the mountaintop, [but] always in the depths of the valley. . . To those who see the Light, there is no difference between the valley and the mountaintop . . . The seeking of things puts one in competition with the king of things . . . The principle of the desire is not the problem. It is the personality of desire or the conditions that the mind puts upon the divine expression which is known as desire. . . The conditions are mental substance; the desire is spiritual essence. . . Seek ye first the kingdom of heaven, and all things shall be harmoniously arranged around you. . . Seek first the Light, for the Light sustains all things. And that which sustains anything has the power of controlling it . . . The seeking of things shall destroy you. . . Knowledge knows much, yet wisdom knows better. . . One cannot gain in tolerance until one learns the wisdom of patience. . . When a person fears what another does or does not do, then, you see, they've lost their God and they've got a new one. . . We turn to the Light when we're in the depths of the valleys. We do not turn toward the Light when we believe we are on top of the world . . . When we are as grateful for the things that we like as, as the things that we don't like, then we demonstrate gratitude."

A/V Seminar 18: The Function of Rejection and What We Experience from It & Questions

"We will discuss what is known as the function of rejection . . . The principle of a law is impartial, for it is formless and it is free. When we tempt to define the law, we

put it into limit. . . The only obstructions in our path are the temporary beliefs of the judgments that we have created. . . You are never left without the golden opportunity of choice. . . Principle is not dependent on form. Personality is dependent on form. . . Nothing's good or bad, but thinking makes it so. . . "Dreamer, dream a life of beauty before your dream starts dreaming you." . . . Functions are servants of self; faculties are servants of soul. . . Functions are bondage; they serve limit. . . There is nothing wrong with a function, as long as you remain in charge with it . . . One only grows for oneself. . . Whenever we face the possibility of making a change, we must face all of our judgments who sit so satisfied and give us the false sensing that we are secure. . . Only that which has no beginning has no ending. . . Concern is not good business. . . The classes are not something you depend upon. The classes are simply a sharing of understanding that is, in truth, inside of yourself. . . Your survival is what you create . . . When welfare becomes workfare, we'll all be free and happy."

The Living Light Dialogue, Volume 13 includes transcriptions for A/V Seminars 19 through 35. Synopses of these classes follow.

A/V Seminar 19

“It is better to pause than be competitive in a world in which one is tempted to believe that they are. . . And so man is blinded by the largest form for he is intimidated by that which his mind considers is bigger and therefore better. So we are tempted, of course, by our minds to control that which we judge in our minds is bigger or better. Wise are those who accept the crumbs of the mind for they shall indeed guarantee the loaves of the heart. . . that which is of import in your life spiritually, let it be done prior to the noon hour for that is the change. . . man stands in his own light by his attachment to what he creates. . . discord is the cause of disease. . . A shadow is still a shadow, an obstruction to what we are. . . Whoever chooses the path of denial shall walk through the wastelands of need ever crying, ever in greed. Ever. . . Age does not guarantee wisdom. Adversity brings balance, and balance is wisdom. . . Remember, the human mind ever tempts itself to destroy what it has judged it cannot control. . . When one directs intelligent energy to limit—do you understand?—the limit of their own form, they poison their own body. . . A nature spirit has a specific work to do . . . there is no soul in a mental form. . . Interest is a soul faculty. And what do you think concern is? . . . Nature spirits cannot be understood by mental substance, for mental substance cannot control them. And what man thinks he can understand, he ever tempts to control. . . The tree is not subject to the dictates of the human ego. The tree, however, must suffer being exposed to the human mind. . . whatever serves the purpose of its design and the Law of Balance is constructive work.

A/V Seminar 20

“Fear is an experience in our emotions or water center which is an effect of the judgments that we believe that we are when they are threatened. . . Anticipation is a servant of fear. Expectation is a servant of fear. Acceptance is a faculty of freedom. . . Creation is king of the functions. . . As acceptance is a faculty, which is the direct balance of denial, man enters the Law of Harmony and is freed from the expression of fear which he knows as need. . . Remember, we always fear what we first judge we cannot control . . . expectation presumes the cost; anticipation does not. . . everything is dependent upon our perspective. . . Fear, fear is the king of limit or creation. Need is the effect of denial. When you deny what you are, you experience what you are not. And when you experience what you are not, you believe that that is need. . . That is why the workers win, the workers who move into something besides the thought of self. . . self-thought is the most detrimental and destructive experience that a human being could possibly have. . . An uneducated ego is an ego that will not look up to the light of one’s own reason. . . An educated ego looks up to the air center. . . You see, if

a person doesn't change, of course the next one's like the last one. The next one of anything is like the last one of yesterday because they really haven't changed. . . outward manifestations are revelations of inner attitudes of mind. . . do not suppress desire. . . And wherever there's emotion, the light of reason cannot and does not shine."

A/V Seminar 21

"The so-called miracle of life, known as survival, is only possible through the Law of Adaptation. . . That which controls is more advanced than that which is controlled. That is the Law of Evolution. . . We are the victim of that which we believe in to the degree that we believe in it. . . For example, present is power. . . Past is force. And future is fear. So if you move out of the present in consciousness, you move into force, which guarantees fear. . . So whenever you move out of the Light, the present moment, you enter the reflection. You are therefore controlled by the shadows of past events. Being controlled by what has been, you fear what is to be. . . For that which has been always fears what is to be, for that which has been is force. . . So if you permit yourself to over-identify with image, then image only exists in the past. . . You see, those who believe in image are controlled by force. . . And so this planet and the beings upon it, of course, it is the planet where you're to learn faith for you're offered plenty of fear. . . that which is of value and priority to the mind is never lost. . . And remember, tranquility is that faculty that we experience when we are not disturbed. And let us not forget that that which disturbs us, in truth, has controlled us."

A/V Seminar 22

"We all know that success of anything is ever in keeping with our degree of tolerance. . . So concern, of course, is not a benefit. . . Now acceptance is the will of God. Now God or goodness is the Law of Perfect Harmony. So if a person is desirable of restoring their health, then it is necessary for them to maintain and to sustain thoughts and attitudes of mind which are harmonious, which are healthy, which are good. . . So our denials become our destinies. Our acceptance becomes our freedom. . . it's the greatest freeloading virus that you're going to find. It's quite a freeloader. Because it denies personal responsibility. . . Well, the more that one identifies with oneself, the more discordant one is in consciousness. And discord, the effect of discord, of course, is disease. . . You see, the greatest sabotage that's being done by the mental world is the refusal to take a look at what is happening on your planet. . . you must understand from lack of understanding and communication, there is great fear. . . as we enter more denial, we also enter more demand. Is not society more demanding than ever before in the history of your—recorded history of your planet? . . . When you deny, you depend. . . The best thing that can be done is education . . . Air is death

to a water virus. . . The thing is, sometimes by not having much, one's better off. . . You see, there's one thing about minorities: they unite to survive. Masses, they revolt and hope to survive."

A/V Seminar 23

"A balanced mind is an enlightened mind. An enlightened mind is a servant of the soul faculty of reason. Without faith, one cannot express humility. And without humility, one cannot express faith. . . humility is necessary in order to bring about a balance or an enlightenment of the human mind. A poised mind is a balanced mind. . . Now humiliation is a registration in the uneducated ego that something outside of one's control is the problem or cause for their experience of humiliation. . . And a denial of personal responsibility closes the mind to the soul faculty of reason . . . Now we cannot have anything control us that we do not first deny responsibility for. . . The devil exists within the consciousness only through denial. . . we always get what we really want. . . those functions, money, ego, and sex—ego being the great pride of it—only survive under the Law of Denial. . . You see, when we accept personal responsibility, we open up the door to faith, poise, and humility. . . Man is the creator. God is the sustainer. . . You see, the longer that we refuse, that we refuse to accept responsibility for the experiences in our lives, the more patience we had best have. . . The Law of Denial is the Law of Separation. . . It takes 51 percent in the consciousness to make the change . . . When your humility equals your faith and your faith equals your humility, you're in poise, yes, and you are transformed or transfigured, yes."

A/V Seminar 24

"Know what you want, for it is easy to attain. Frustration is an unpleasant experience in the mind, the effect of a judgment that what we depend upon we cannot control. . . There is no limit to the things that the mind can and does choose to be dependent upon. . . whatever we suppress, you see, we strengthen, and we weaken our resistance to it. . . If a person gets weary of anything, in time they will let it go . . . an unpleasant experience does not mean that it is negative and is not beneficial, for in every negative, there's a positive. . . And so how does one free themselves from such a distasteful experience? By declaring the truth: "I am that I am. I am not that which I have created. I am only responsible for what I have created." . . . First, communicate with oneself in order to gain objectivity. . . Honesty cannot flow where there is pride. . . the goodness is in the act of the doing within the consciousness. . . When pride steps in, the good feelings start to go. . . The selfish mind diligently works to destroy what it makes no effort to understand. . . That that is feared by the human mind reveals its own value. . . And remember that whatever we find our self

dependent upon in life, we are diligently making effort to control. . . The control of the breath is one of the indispensable steps in controlling the emotions. . . Now a person attains many things. None of them do they obtain, for none of them do they possess. . . Exposure helps any mind to think more than once about what they're tempted to do with their selfishness."

A/V Seminar 25

"Now to have value for anything, we must first arrive at a conclusion in our own mind of what it does for us. . . Now a problem is a problem and not a solution as long as we permit our mind to tell us that the solution is in what someone else does. A problem is a solution when we accept the possibility within our self of changing. The moment that we accept, in a problem, the possibility of making a change in our thinking, we instantly, clearly see the solution. . . You see, you do not solve a problem by denying your responsibility for it. . . And if someone doesn't do what you want, then stop wanting them to do it. . . Because, you see, images are not what we are. Images are what we create . . . How does one gain that respect? By respecting themselves. . . You see, when you have respect for yourself, all of the character assassination, all of the slander, and all of the slaughter will have no effect upon you . . . And so the more that you rise in a material, mental world, the bigger target you become for assassination. . . the good that we see and the good that we identify [with] is the good that we experience. . . that which disturbs the mind controls the mind. . . I'm not interested in convincing them that I'm honest. My life is my demonstration. And everyone else's life should be their demonstration, you see. . . when you don't want something out of them, then you're not dependent upon them. . . We always become the victim of that which we desire to control . . . As long as you have absolute conformity, you do not have evolution."

A/V Seminar 26

"The expression, of course, of fear is what is known as frustration. . . The business of living is the lack of concern . . . And by increasing the reliance upon the mind, you increase its fear, for faith directed to the mind is fear. . . when our hindsight becomes our foresight, we then gain insight. . . You see, we always get what we really want. We don't understand it when it arrives at our door. . . Now remember, a problem is nothing but a solution that we refuse to accept. . . Put God in it or forget it. . . total acceptance is the will of God. . . And by the acceptance of the right of existence of a desire does not mean that you must fulfill it. . . The lack of concern is the fulfillment of the desire by the divine expression. . . So that it may be fulfilled in the way of goodness, for acceptance is the will of God, and the will of God is goodness. . . you may not like a person, yet through that person you receive the fulfillment of your desire.

Then you must overcome your adversity because, you see, the stone the builder rejects becomes the cornerstone. . . Over-identification with limit is the true error of ignorance . . . The love of self is the love of that which we create. . . “Love all life and know the Light” is freedom, for it is truth.”

A/V Seminar 27

“As I stated to my channel some time ago, heaven is where our heart is. Now one should always be aware of where their heart is. Their heart being an expression of their soul. So often we confuse our heart with our emotions. . . Our attitude of mind affects the chemistry of our body. Our attitude of mind is an expression of the believing that we are the thoughts of the mind that we alone have created. . . You see, to love oneself is wisdom when one knows what oneself is. . . Anything that is conditional is controversial. And anything that is controversial is not healthy for it is not specific. . . You see, oftentimes when you tell a person, “No,” it’s the kindest thing that you could possibly do for them. You know within your own heart that no is no and oftentimes no is God’s direction. If they cannot see the goodness of that at that time, it’s simply because they haven’t evolved yet to that state of consciousness. Someday they will, you see.”

A/V Seminar 28

“. . . each and every cell of the physical body is an intelligent entity. . . we cannot feel rejected without feeling dependent. . . to depend upon anything that is not within our rightful domain is to establish that law of denial, destiny, rejection, and frustration. . . For if we accept responsibility for our ship, we will not have to be concerned about what the crew will do, for our crew is the intelligent cells of our own being. Remember that to concern ourselves with what someone else will or will not do is to deny one’s own responsibility to the intelligence that they are responsible for and, in so doing, by that denial, to experience rejection through dependence and, therefore, live a life of discord, known as frustration. . . a physical world is a manifestation of a mental world, which is, in truth, another manifestation of a higher world . . . And when desire no longer exists, the light of reason reveals itself. There is no desire concerning it. . . love is not dependent. . . Now that which you find yourself dependent upon is desire . . . the feeling of anger is a defense of a judgment that a person has made. . . Man is the creator. God, the Divine Light, is the sustainer. . . It’s only in ignorance we are the victim because of our belief and dependence on something that is not within the realm of our control . . . You can’t create what you don’t accept. . . God manifests in the silence of the Light. . . when one thinks of where one’s going, it reveals . . . concern of the future. . . And denial of the present. . . the divinity of disaster is encouragement. . . give what you have to give and care less what

they do with it. . . Remember that Light is power and it is electric, and magnetic is force.”

A/V Seminar 29

“ . . . man is a law unto himself. And when man believes that experiences are life, then man is indeed affected by them. . . So whoever permits contradiction to flood their consciousness willingly chooses, in fact, desires to be controlled. Now anyone who desires to be controlled is a person who has permitted themselves to believe in need and, therefore, becomes dependent. . . Fear is used to secure us. It is a security mechanism of the mind. . . So responsibility isn’t something, when we look at it in the light of reason, responsibility is not something that is a heavy weight or a burden. It is a freedom that we know inside is that precious something that we truly are. . . luck [is] the loser’s excuse for a winner’s efforts . . . dependence causes our mind and our attention to be extremely active with what’s happening to what we’re dependent on . . . the law clearly reveals that which disturbs us controls us. . . Life is as we make it, and just the way we take it. . . one who loves their judgments more than they love the Law of Responsibility is one who is in deep trouble. . . You see, we always get what we really want, but we have to face the judgments we created that are in the way. But we always do get what we really want, you see. You see, the only thing that stands between us and this fullness of life are all the judgments that we’ve created and, by creating them, believe that we are them. . . We’re tempted by what we believe, we believe brings us what we want. . . You cannot be tempted by that which you already have and are responsible for.”

A/V Seminar 30

“Accepting that life is better is the beginning step. Giving it energy to manifest itself by the spoken word is step number two. . . To lose sight that we are making our own life is to walk upon the path of self-destruct. . . A wise man realizes that time is something that he alone has created. He realizes that he has created it. And by realizing that he has created it, he is not controlled by it. . . outward manifestations or experiences are revelations of inner attitudes of mind. . . if you are as religious with cleaning inside as you are with cleaning outside, that is, the temple, the house in which you live, then the changes will come about. . . It is when you depend on something that by the very divine law you cannot control, that’s when you become half a person and have half a life. . . So if we don’t put any care into it, we certainly aren’t going to get any joy out of it. . . whatever you begin to depend upon, you do so at the sacrifice of your individual freedom. . . “Now this is what I have done. Because I have done it doesn’t mean I can’t change it. By the law of doing it, I can undo it.” . . The experience they encounter is only a reflection of the attitude or vibration they

have taken to it. . . When a person no longer is getting something out of what they think they're putting time into, they must remember the Law of Care is diminishing."

A/V Seminar 31

"We ever seek perfection for without that seeking, we do not make changes; we do not grow; we do not evolve; and that is contrary to the law that is. Without seeking perfection, we are not inspired. Without seeking perfection, we do not change. . . Therefore, that which we judge is a threat we keep, certainly, at arm's distance. . . Remember, without thought, without attitude, there is no experience. The control of thought is the control of attitude and the control of experience. . . You control your own experience until you permit your mind to judge and be dependent from that judgment on what someone else will or will not do. . . whatever we are attached to is in truth a mirror reflecting back to us where we are at the time of the attachment. . . The law governing the dawning of understanding is the full acceptance of personal responsibility. . . Now need is something that will do anything to fulfill itself. We understand that, don't we? That's known as manipulation."

A/V Seminar 32

"This evening we will discuss, for our class, shadowlanders or, more properly known as, inhabitants of the shadowland. Between adversity and attachment lies the neutrality of spirit. . . Creation is an effect of the Law of Resistance. . . we are controlled by what we resist. . . We resist the natural Law of Evolution by resisting change, which is indispensable to evolution. . . we are freed by that which we accept. . . When we accept what we have resisted, for what we resist we create, then we are freed from it. . . When we resist the possibility of anything, we create the obstruction necessary for the experience. . . You see, when we turn to the Light, we do not see the shadow, which is the effect of the obstruction that we are making. . . attachment and adversity are one and the same thing. . . Pause in the midst of creation; pause and accept who you are. Not what you are. . . Truth is. See, truth needs no defense because it has no belief, you see. See, belief is bondage. Truth just is. You cannot defend truth. . . So that which requires defense or resistance is not truth; it is the opposite of truth, known as falsehood. The mind is not truth. . . If you want to be controlled by something, make great effort to stay concerned over it. . . Through the acceptance of personal responsibility, concern disappears."

Seminar 33

"When a solar system is born, it gathers unto itself energy from surrounding solar systems. It does this in keeping with natural law. . . Whenever form begins the process of what you know as death, there is a release of energy that is indeed

measurable. . . All things, all form, all planets, all people, all animals, all things, all limits return to the source, to their sustenance, are transformed and renewed. . . Without it, you have no health. Without it, you have no wealth. Without it, you have no joy. Without it, you have no understanding. And without it, there is no wisdom. . . That which governs the blade of grass is governing the solar system. . . Familiarity is an effect of our attachments to patterns of mind that, through error of ignorance, we believe that we are. . . who you are is not what you are . . . These classes are about who you are. . . You are greater than what you believe; you are lesser than what you demand. . . Concern is a function activated by fear. . . Be not concerned about money. Be concerned who you are, and then you will do your fair share and no one will be concerned about anything. . . humor is the salvation of the soul. . . Seek not money. It will destroy you. Seek the law. Seek not things. Seek not pleasure. It will destroy you. Seek the law that governs all of it. . . But remember, that part of you that is part of society is what you believe you are. It's never, nor can it ever be, who you are."

A/V Seminar 32

"Now creation is the effect of a mental spin. . . The soul is a retrospin. . . What we accept in our consciousness, we free our self from. Whatever we deny in our consciousness, we are destined to experience. . . So each time you permit yourself to think and to feel rejected, you establish the law that guarantees, in a mental world, the experience. . . It is indeed difficult for the mind to accept that it has what it desires, but by not accepting that you have what you desire, in keeping with the Law of Personal Responsibility, the alternative is that you reject it and, in so doing, experience the effects of that rejection. . . Suppression is one of the most dangerous of all of the functions. . . when you worry about how long something is going to take, you establish the Law of Resistance. You are resisting the process for it to fulfill itself. . . Desire is created in the conscious mind. . . Retrospin is positive, and spin is negative. . . Your breathing exercises and your affirmations are designed to permit one to rise to a soul-consciousness level, which would place one in a retrospin. . . The reason that the mind spins is because it believes it is without. . . a prideful person is one who has much denial and great rejection. . . Because they have entered the bondage of believing that they are the source of all of their experiences. . . Humiliation is an attack upon the judgments and the defenses of the sense function of pride. . . a person has pride based upon the judgments they have made that they are special, unique, different, or etc. . . Look inside for everything you desire, for everything you desire has always been inside of you. You will not find it outside."

A/V Seminar 35

"Tolerance is not difficult to the mind that truly accepts personal responsibility. . . Tolerance is an effect of understanding. . . Become aware that you are dependent upon that which you are intolerant to, and being dependent upon it, you are controlled

by it. . . You see, a person is not disturbed by anything that they are not first, by denial of personal responsibility, what they are not first dependent upon. . . The denial of personal responsibility is the denial that you are captain of your ship and you are master of your destiny . . . So what you cannot tolerate in another is what you, in truth, fear within oneself. . . But you must remember, as without, so within; and as within, so without. . . oftentimes in life the stone the builder rejects becomes the cornerstone . . . God works through man, not to man. . . Fear is man's faith in his own mind. . . whatever you create in your mind you're responsible for. . . It is the responsibility of the individual to consciously know and consciously choose what they're flooding their consciousness with. That's the individual's responsibility. . . whenever you run from an experience you have created, you establish the law of its return. . . Remember, intolerance is an adversity created by an attachment to one's own judgment. . . everyone will agree what they are attached to, they are emotionally controlled by."

[Although A/V Seminar 35 is not the last class that will be published, it is the last recorded class of the Living Light Philosophy given through the mediumship of the founder of the Serenity Association, Mr. Richard P. Goodwin. This class was given on February 16, 1989, and on February 24, 1989, Mr. Goodwin passed from this world to his true home.]

The Living Light Dialogue, Volume 14 includes transcriptions for A/V Class Private 1 through 15. Synopses of these classes follow.

A/V Class Private 1

The teacher discusses varied approaches to experiencing the goodness of life; how we establish the Law of Mental Conviction; establishing the Law of Success; explanation of our reality; accepting the possibility of a change; changing our own reality; how to use the realms of believing, realms we create, to our benefit; how fear and procrastination work together; using the cleansing breath to bring about necessary changes in our life; how to do the cleansing breath; the difference between belief in the fulfillment of life and acceptance of the fulfillment of life; the wisdom of accepting that which you are; a response to a student's question about an addictive personality; how the cleansing breath works; the teacher describes the best position in which to rest; rising to the air center of consciousness to bring about a balance in our life; justification, the defense of all judgment; understanding that all experiences in life are effects of the forms that we have created in consciousness and continue to create; turning conflict into harmony; the centers of consciousness.

A/V Class Private 2

The topics discussed include the enjoyment of sleep; the importance of flooding the consciousness with the cleansing breath before going to sleep and upon awakening; making the effort to truly understand what is going on when we sleep; applying the cleansing breath for emotional upsets or lack of control of our life; the teacher responds to questions about the cleansing breath; how we serve the form we have created; recognizing that all of life's experiences are direct effects of the forms in the mental world that are being fed; how to know what kind of forms we are feeding and what kind of forms are in control; the Law of Return; experiences, the justification and defenses of the judgments we believe that we are; the teacher responds to a student's question about what stands in the way of our continuity of effort; the relationship between our emotions and our judgments; the difference between judgment and decision; using the cleansing breath at the moment temptation rises; the magnetic principle of our being, known as love; the importance of taking control of our mind before something else does; the teacher responds to a question on where the soul goes upon transition; the purpose of placing the tongue on the roof of the mouth during the cleansing exercise; response to a student's question about how much rest is required for the body; accepting the demonstrable truth that through certain attitudes of mind and certain states and conditions of mind, we release within the physical body certain chemicals, some beneficial, some of a narcotic state; gaining control so that we will release the chemicals that are beneficial to our body and to our mind.

A/V Class Private 3

The teacher welcomes the class to a new dawn; how we solidify our thought forms into judgments; personal responsibility, the Law of Freedom; the cause of the continuity of past experiences in our lives; the importance of using the cleansing breath; how acceptance of the forms that we create helps us to separate form creation; applying the law which frees us that we may have intelligent, harmonious experiences in our lives; how judgments cloud and obstruct our view; response to a student's question on if our forms are all from this particular earth experience or ones we have brought with us from other experiences; the teacher explains why, sometimes, it is not as difficult to separate as it is at other times; paying the price of denying the air center, where the faculty of reason exists; what causes a person to nod off when they should be paying attention; acceptance, the movement of the Principle of Goodness; what the cleansing breath is designed to do for us; what happens to the neutralized forms after we have done our cleansing breath; making conscious choice in our mind and being aware of what our mind is doing; the difference between charity and self-glory; how the mind creates more of its own kind when we are not at home in consciousness.

A/V Class Private 4

The teacher discusses evolving to the step in evolution of "Being"; declaring the truth, which is "I am the goodness that I know for I am the one that makes it so"; instructions by the teacher on how to use the notes of harmony that bring about a perfect balance within our consciousness; understanding success; looking into the law that causes one to do what they understand is right, yet the results are wrong; the Law of Motivation; guaranteeing the return of experiences, in keeping with the unity of motivation and the spoken word; the necessity of being honest with ourselves and looking at our true motivation; the purpose of sleep; explanation of time-pressure; what it means to be qualified; the correlation between blaming outside and dependence; returning to personal responsibility, the effect of which is freedom; why some people feel inferior; how to be free from the Law of Payment and Attainment; communication, the avenue through which understanding expresses itself; discussion on initiative; why demons cannot walk a straight line.

A/V Class Private 5

Some of the topics discussed include the river of life, the living light; the relationship between our ship of destiny and our identification; the power of will; virgin birth, the creation of form in the purity of the light of reason; force, the servant of the lower four centers of being; how to recognize forms created in the odic realms of consciousness; how to expand your horizons by visualizing the sky; uniting our

motivation with the spoken word; explanation of what it means to “cast our pearls before the swine;” the nine gates to heaven; why we have trouble doing what we know we should be doing; understanding the spirit of spontaneity; what the cleansing breath, the mantra, offers to us in relation to our ship of destiny; understanding that we are a ship of destiny by the very Law of Individualization; how we become subject to and a victim of what we call need; bringing about a marriage of what we believe we are into the natural flow of what we are; when our ship flows on the river’s natural flow, that is balance and we are free; response to a student’s question on inspiration; recognizing that if we deny what we are, we must pay the price of our denial; understanding ourselves so we can understand the natural laws.

A/V Class Private 6

The teacher discusses the virgin river of life and how all thoughts are dependent for their formation upon it; understanding that separation, individualization, is totally dependent upon the thought of I, which offers belief and bondage; maintaining the natural flow of the river by the power of will; how to know what centers of consciousness we are in; explanation of personal responsibility and its effect; the limitation of belief; how to annihilate mental forms that do not serve us well; the importance of using the rhythmic cleansing breath; how the forms defend themselves; balancing the centers of consciousness; how to unite your motivation with your spoken word; faith, the servant of freedom of the Light of eternal truth from the higher consciousness; living intelligently; all the chemicals exist within the air center of consciousness for physical manifestation; how doubt and fear are used by the mental forms.

A/V Class Private7

The teacher calls upon the students to answer questions from their study of the Living Light Philosophy; the nine centers or planes of consciousness in the human body; discussion on will power, its location, and its frequency or numerical value; why earth, fire, water, and air centers of consciousness are controlled and dependent upon belief; why one chooses belief over faith; why the water center is essential to our existence on the planet Earth; understanding that the Principle of Good is activated in our consciousness only by the power of will; experience is the return of the forms that we believe at any time that we are; how to move from belief and bondage to faith and freedom; why faith offers freedom and abundant good; how we destine ourselves to the continuity of distasteful experiences; understanding that we have entered creation with the great responsibility of awakening that which has denied the Light, to once again serve the Light; how to evolve beyond bondage and belief and enter the realms of freedom; how to be aware of where we are at any moment; what causes the

separation between the electromagnetic forces; understanding that there is no way possible that we can deny the rights of others until we first deny the rights of ourselves; the Law of Disassociation; how a celestial birth occurs.

A/V Class Private 8

The topics discussed include electric thought forms and why it is in one's best interest to create them; the difference between an electric thought form and a magnetic thought form; understanding how a thought must ascend and descend in order for us to have an experience of it; why belief offers temptation to everyone; using creation wisely through the faculty of reason; how it is possible for anyone to experience heaven when there is no thing and nothing outside of them; what to do with a thought form when it returns and demands that you service it; why the water center has the greatest need; discussion on the odic center of consciousness and why it is called odic force; attachment, bondage, and loss; the plane of ozone; clarification on why the magnetic level of consciousness is in the upper four centers; the difference between a decision and a judgment; possibility and hope, and how that frees us from our denials; the purpose of evolving; the interdependence between man, birds, animals, plants, and trees for their own continuity; why it is important not to move during meditation.

A/V Class Private 9

The teacher discusses superimposing the higher four centers of consciousness upon the lower centers of consciousness; experiencing what is in life by letting go of what we believe; paying our debts of personal responsibility; identification, the nature of the human mind; how to be freed for a time from over-identifying and believing in what is known as self; understanding that we evolve at the cost and the expense of making changes within our consciousness; freedom from the debts of our belief that we are creation; applying the laws of the fourth dimension; a person who perceives round sees the eternity that they are; the more awakened we are, the sooner returns the experience from the transgression; the importance of moving in consciousness at an ever-increasing rate of vibration; how to move an obstruction from the consciousness; remembering that we have a responsibility to guide creation in our service to creation; the benefits of reclining in a 45-degree angle.

A/V Class Private 10

The topics discussed include what we are, a spiritual being, and what we have, a mental limit; how we establish the Law of Solicitation; the cause of disturbances in

our lives; explanation of how identification with limit causes us to experience the lower centers of consciousness, while that which we are is moving on its eternal journey through the higher centers; how the soul enters form at the moment of conception; how to change our experiences in life; what the cleansing breath is designed to do; how we establish the Law of Ingratitude; the positive and negative effects of chocolate; the benefits of celery and onions; fire, the center of consciousness you must pass through to enter the higher realms; what is fire to a world of limit is light to a world of truth; the difference between a saint and a sinner; why ideas come at a very high frequency; understanding that the essence of a thing is the actual speed of a thing.

A/V Class Private 11

The topic of discussion is “Under Contract”; entering the Great Rotunda of Divine Justice; how we choose the contractual agreement with the Prince of Darkness and the Prince of Light; understanding the contracts that we have signed in the Great Rotunda and what our responsibility to them is; how to fulfill our contract of Light, Truth, and Freedom; preparing ourselves for our answer to the question, “What have you accomplished in your stay on the planet Earth?”; explanation of the sleep of satisfaction; understanding that only through illusion do we experience need; discerning the difference between illusion and truth; the importance of refraining from the temptation of believing; why darkness must have its salt; how we become aware of our spiritual responsibilities; why it is that when the struggle is the greatest, victory is at hand; our responsibility in expressing through limit is to be in it but not to be a part of it; freeing oneself from the contract to the Prince of Darkness through the Law of Disassociation; the payments that are made with the Contract of Darkness; the Akashic Records in the Rotunda of Truth; the hazards of suppressing desire; why only 5 percent of the people on earth will make it to the Light; understanding that the spiritual contract is the contract with what you really are, not what you believe you are; disappointment, the payment for renegeing on the contract with the Prince of Darkness.

A/V Class Private 12

The teacher discussed the three most important questions the human mind has to ask itself; understanding that we are wherever our attention is; the importance of understanding that when we are not present, something or someone is present using our body; temptation, a weakness of the direction of the power of will; why encouragement is something to identify with; as exposure frees the soul it contaminates the form; why truth is at the equator; explanation of truth; demonstrating that desire is of the mind and care is of the heart, which is a vehicle

of expression of the soul; responses to questions on the fourth dimension and regarding our response when we reach the Great Rotunda.

A/V Class Private 13

The teacher discusses that to question what we believe we are is to accept the possibility of being something better than what we have been; the cloud exercise; how we inadvertently declare the Law of Unhappiness; how we establish the law to grow, to evolve, and be what we are, free, happy, and the joy of living; discussion on success; the inseparability of belief and identification; realizing that in truth we are a movement, we are energy itself, we are the golden Light, and as it moves and as it gains speed and frequency, varying colors begin to appear; the electromagnetic frequency in its expression; experiencing consciously what our next moment shall be, in keeping with the law of the unity of our own consciousness; an explanation of the principle of the law that governs fine film making and how it relates to ourselves; the brighter the light, the clearer the obstruction; fear, the effort of mental substance when it judges that its existence is threatened; understanding that truth is individually perceived from within one's own being; the teacher reveals the color that is healing for everything, including plants and animals.

A/V Class Private 14

The topics that are discussed include the law of what we put into a thing is equal to what we get out of a thing and not one iota more; our reason for being in class; fear and self-interest; the mixture of color in our universe; ego and judgment; the educated ego; the cause of our need to be used by others; Infrared and infinity; inspiration; healing, vibration, color, and numbers; salt, its uses and origins; communication beyond the physical senses; acceptance; how the thought of self has clouded man's perception; changing from spin to retrospin; fear of mental forms; the application of the cloud exercise.

A/V Class Private 15

The teacher discusses how we establish the Law of Dependence; walking upon the path of the beauty of life; response to a student's question about our guides and teachers and the Great Rotunda; discussion on the cloud exercise; explanation of small thinking vs. universal thinking in consciousness; a response to a question about leadership; what fire represents; understanding the question we are all to be asked, "What have you accomplished?"; the link of life; the difference between enthusiasm and excitement; the celestial realms; the electromagnetic emanation of light and how

it reflects to our emanation; how to help someone through prayer; how to keep the door to our understanding closed; the inseparability of control and responsibility.

The Living Light Dialogue, Volume 15 includes transcriptions for A/V Class Private 16 through 35. Synopses of these classes follow.

A/V Class Private 16

The power of the word and its loss to mankind; color vibrations and how they affect us; the spiritual explanation for the world's disasters; the importance of guarding our beginnings; response to a student's question about whether the earth was always in duality; accomplishing 51 percent of our spiritual contract to move to another expression; how to know if we've passed a lesson in consciousness; how to bring about harmony in our lives; the teacher states that a wise person may have many thoughts, believe that he is none of them, and therefore ever remain free; how Haley's comet affects our world each time it comes around; realms of the nature spirits; the superconscious, the conscious, and the subconscious; discussion on relationships; the odic force and the element water; the laws of association; the dictionary of light and the dictionary of darkness.

A/V Class Private 17

New horizons and new shores of experience; the element air, the element through which the light of eternal truth is more fully expressed; what the destiny of denial truly is; acceptance and its effect, the joy of living and the abundant good of life; understanding that through the control of the present moment, we are free of all that has been and whatever may yet be; explanation of why "work is God's love made manifest;" how to determine our own accomplishments in life; Haley's comet, a symbol of an awakening on our planet; bringing about a balance within our universe through the use and understanding of color; the teacher states that the music should never stop when there is healing being done.

A/V Class Private 18

The teacher discusses emanations of color and vibration, and what various frequencies of color can do; response to a question on what is good music; why salt is necessary for the existence of the realms of darkness; explanation of what is one's greatest responsibility; the correlation between middle C, the color "white," balance, and the number "five"; the electro-magnetic principle; what happens when we permit our skin to be pierced; belief, a magnet that binds us, and faith, an electric power that frees us; serving the purpose of our journey through form; the difference between a person in need and one who is free.

A/V Class Private 19

The payment of denying the divine right of existence of all forms in a world of form; understanding that the fulfillment and joy of life waits for everyone in the moment of total acceptance; the importance of neatness and cleanliness; how attitudes of mind affect color frequencies and vibrations within a room; the difference between dependence and reliance; looking for the divinity in disaster; our responsibility to use the anatomy to the full purpose of its design; how knowledge is instrumental in bringing about a balance between the realm of emotion and the realm of logic and facts; the evolutionary journey of the soul through the planets; matter and energy; how we experience atoms, electrons and molecules; the teacher reveals that film records shadows, it is a registration of illusion, and that the mineral crystal reflects the light as it is; response to a question on the higher realms of the spirit world; how to demand an accounting of our vehicles; what balance truly is; explanation of the horizontal law, the parallel law, and the upward law of continuity, and how it pertains to the river of life; the ozone layer; how to demagnetize and purify our aura; the spine, the physical instrument through which the river of life flows; why some healers absorb the disease of the patient in the healing process, and how they eliminate that from their own forms; the true cause of senility; the light of reason, the movement of wisdom; the sun, the moon, and the electro-magnetic principle.

A/V Class Private 20

The teacher explains that we are all receptive to vibration because we are vibration; discussion on color and vibration; difficulty, an expression of a lack of honesty with oneself; the importance of being aware of our attitude of mind; explanation of law; attainment, the effect of changes in attitude in a person's mind; explanation of an error of ignorance; what the "new" planet Vulcan represents; water, the element of life; the cause and effect of disturbance to the nature spirits; response to a question on intuition; understanding that we are light; the triune nature of law; facing the joy of personal responsibility; the teacher reveals that the spine is designed to respond to our will power; how the flute can bring us into harmony with our true being.

A/V Class Private 21

Incentive and survival; how God's angels fulfill the law, and man is a law unto himself; comparison, a servant of the judgment of mental substance; looking at comparison with the light; life force vs. light power; how suffering is an effect of attachment to the fruits of action; how to move from belief to faith; how to experience the Law of Harmony; monitors of the earth planet; discussion on psychics and mediums; the importance of refraining from concern over spiritual efforts in life; the

faculty of respect, kindness, consideration and cooperation; the Law of Disassociation; the plane of purification; how to educate judgments; moving from logic to reason; the teacher states that like attracts like in order to support and sustain itself; response to a student's question about the spiritual ramifications of having plastic surgery; spiritualism, the science of understanding life.

A/V Class Private 22

Discussion on the need for close relationships; the difference between the functions of knowledge and logic and the faculty of wisdom; how to be receptive to what we truly are; the divinity of disaster; the benefits of the Law of Disassociation; understanding the disasters that happen from man's disregard of the laws of nature and the laws of balance; response to a question on immune deficiency; the nature of crystal; the Law of Exposure; the teacher reveals that an answer is only the return of a question; how the Divine Laws of the Universe bring about a counter-balance to extreme imbalance; how to strengthen the vital body; balance, the natural flow of frequencies in the universe; the bondage of belief; how to be free from the dependence of the Law of Familiarity; what the gums represent spiritually; how to know when a law is fulfilled.

A/V Class Private 23

Taking responsibility for that which we have earned in life; understanding that the increased frequency of natural disasters are forewarnings to civilization to make changes in the course it is on or face what civilizations before have faced, self-annihilation; the necessity of balancing increasing technology with spirituality; what the joy of living is dependent upon; balancing our frequency; response to a question about nature spirits; the teacher reveals that that which is positive is that which is neutral; discussion on the 150-year cycle of great composers and great artists, and how they are spiritual bearers of the light; becoming aware of the faculty of reason expressed in nature and other species; why we are responsible for everything that takes place in our lives; why some people have a need to please people; the dependence of life's experiences upon our attitude; monitors of the Earth planet.

A/V Class Private 24

Understanding that we are the originator and creator of our thought; why man makes changes as Haley's comet moves closer to earth; why it is more difficult, after leaving the earth realm, to learn the lessons we have failed while yet on earth; how to experience the healing vibration that is ever available to us; judgments, the mist

that stands between our sight and what is, between our hearing and what is; accepting that we are the pure, intelligent, eternal Light; Divine Will, the expression of Truth; viewing what is, and not what appears to be; the teacher explains more on atoms, electrons and molecules; the benefits of the pressure points; the teacher reveals that man's removal of layers of earth by mining or cutting off mountain tops, is releasing vibrations of eons ago that have been dormant for centuries; explanation of the saying, "The essence of dreaming is the Law of Life, and the law of life is Divine Will or God's expression;" the importance of remembering that we are not what we think we are- we are what we are.

A/V Class Private 25

How the cleansing breath works to help us take control of our experiences; the doorway of imagination; an explanation of the principals of photography; the spiritual significance of the elephant; how to bring balance to advancing technology; how to keep from being dependent upon the technological forms we have created by our advancing intellect; the Summer Lands; the burden of reference; the teacher explains that the electro-magnetic energy captured by the crystal is of the highest possible vibration known to man; understanding that atoms which compose our body contain recorded history of eons of time far beyond the planet earth; glory, an expression of pride; why people become reformers; world hunger, an error in the thinking of the people on our planet; the Oracles of Delphi.

A/V Class Private 26

The teacher responds to a question about the Akashic Records; dematerialization and the Law of Identity; what credulity is; evolution of birds on earth; why bells are used in churches; understanding that we are the servant of anything we create; how technology really works; rejection and resentment; how the law demonstrates to us that whatever we have no value for, we guarantee to lose; evolving through the various realms of consciousness; photography and the electro-magnetic process; making the effort to be with a person, place or thing, and not be a part thereof; the cause of severe, leg cramps; pressure points and the river of life; the process of apport; establishing the Law of Slavery by thinking of self; how to encourage ourselves; how to overcome self-pity.

A/V Class Private 27

Gaining sufficient self-confidence to meet any challenge; the teacher explains the meaning of a Hopi Indian prophecy; understanding that from the destruction of one

thing is the birth of another; the natural progressive steps of evolution; how exposure helps man to expand his consciousness; the path of non-resistance; making the effort to become in harmony with the purity of the white light of eternal truth; the importance of total consideration of all levels of our mind before making a commitment; diamonds, an ancient symbol of deception; Mars, aggression, and the fire center; the importance of understanding that we cannot experience denial without becoming an instrument of deception; the purpose of the nine rings around the planet Saturn; the evolution of signs and symbols over eons of time; understanding the difference between night and darkness, as it relates to light; the difference between rest and sleep; how we guarantee our service to the forms of our denials.

A/V Class Private 28

The meaning of numbers; the effect of our attitude upon atoms, electrons and molecules; the electric, magnetic and neutral parts of an atom; fire and earth centers as related to our planet; broadening the horizon of communication; why the best follower becomes the greatest leader; what sarcasm reveals about a person; the benefit of being honest with ourselves; the teacher reveals that all form is moving—that it is man's perception that deceives him; judgment, limit and boundary; the joy of living—the effect of the wisdom of expression; the teacher discusses will power; justice, the process that each individual goes through moment by moment; pain and fear; the Law of Evolution which governs all form; the river of life; reason and logic; cause and effect; the teacher emphasizes that we are the user of the human body, we are not the human body; the basic primary symbols of creation; perceiving with the eyes of the various centers that our consciousness is gradually moving up through; identifying with the spirit of joy that we are.

A/V Class Private 29

Granting others the right to their evolutionary steps; understanding when people are ready to make a change in their lives; the breakdown in family structure; mathematics, the expression of pure organization, the effect of a disciplined mind; resistance, an effort on people's part to express what they believe is their way regarding their rights; accepting that we are the cause of our experiences; how to become the captain of our ship and the master of our destiny; how to free oneself from limit; why the uneducated ego ever seeks to destroy what it cannot control; gradual, consistent change, the principle of evolution; the teacher explains the benefits of the pressure point exercise; the difference between being cheerful and being joyful; the ozone layer; awakening to what we truly are; spirit babies; how the succession of middle C notes played at the beginning of A/V CP 4 serve to break down the molecular

structure of negative forms; response to a question about an aborted fetus; replacing fear with faith; discerning the difference between sensation and feeling; what the nose and nostrils represent; the cause of over-identifying with one's job.

A/V Class Private 30

How discord and disease becomes established; humor, the salvation of the soul; the purpose of the left and right hemisphere of the human brain; the evolution of planets; mathematics, the pure expression of organization and the key to the universe; faith, the freedom of limit or belief; the Law of Intimidation; taking control of our creations; how technological advancement will ultimately help man along his spiritual journey; explanation of the expression that every knock is a boost; awareness and disassociation; how to take control of forms that we have created; the teacher explains our grave responsibility to educate the forms that we have created to serve the purpose of good; understanding that we are number, know and identified by name; why we are more receptive to spiritual inspiration while crossing the equator; disassociation, to be with a responsibility and not attached to the fruits of action by judgments of how it shall be fulfilled; how gratitude and relief relate; the law of effort and personal responsibility bring the joy of living.

A/V Class Private 31

Bringing a balance between the faculties and functions to become receptive to that which is good; the difference between motivation and credulity; walking the path of wisdom; how to be the living demonstration of peace and harmony; mathematics, the key to the universe; understanding that accepting what we are frees us from the panorama of forms; the soul faculty of compassion; how to free oneself from an addiction; the necessity of applying the law of separating truth from creation; the difference between the dream of life and fantasy; numbers and names on the evolutionary path; memory par excellence and the human cell; multiple personalities; earthbound spirits; concern, the cloud that keeps one from finding what one is supposed to do; working with our soul talent; how to maintain good physical health; changing attitude, the single most important thing we can do; understanding that death and birth exist only to those who have denied what they are and believe what they are not; astral realm; the difference between organizing our thoughts and disciplining our thoughts; the molecular composition of a positive thought; the river of life; the planet Uranus; love all life and know the light; witnessing the birth of a planet.

A/V Class Private 32

The teacher explains the meaning of the saying: “I am only the vehicle of the Light, and it is the Light that doeth the work, and that is all that is eternal”; evolving from the bondage of believing to the freedom of faith; Masonry and the Tower of Babel; understanding the “missing link”; the golden eagle, the highest in the hierarchy of birds; the lifetime awareness of the destiny of Martin Luther King, and others like him; separation of the Isle of Hist; how to bring about new experiences in our life; recognizing the indicator that shows we are about to bring about a neutralization between the new form that we are creating, and the old one that has been created; why judgments are born in the water center of consciousness; the moment of now is the eternal present; how to secure our house of clay before temporarily leaving it; understanding our mind; illusion and delusion, known as time and space; returning to cause, that which we are; gathering and garnering, the process of creation; origin of the earth planet; Saturn, the planet of understanding and wisdom, the planet of awakening; communication in the higher realms; being in the world and never a part of it; strengthening the immune system.

A/V Class Private 33

The importance of understanding the balance of electric and magnetic vibration, or frequency; the control of gravity; the number five as it relates to a law of physics; past, future and time, the great illusion; separating the circle of eternity from the line of infinity; belief, a frequency of adhesion—faith, a frequency of freedom, or release; the spiritual definition of discernment, the spiritual relationship between the owl and the cat; the wisdom of evolving from the function of suspicion to the faculty of caution; the principle of addition.

A/V Class Private 34

How functions evolve and express as faculties; the root cause of disease; how to keep from being grounded in the water center of consciousness; fire center, the center of purification; the lost continent of Atlantis; the crystal of the consciousness; explanation of the spasmodic stretch in humans and animals upon awakening from sleep; elephants at play with humans; creating a higher frequency through the Law of Frequent Application; limitation and the lower frequencies; balance, the path of reason and light; balance and color; the human being, the most dependent of all beings on earth; the difference between a pause and hesitation; attitude correction, a change in one’s frequency; the teacher discusses the founding of the United States, and the spiritual purpose behind it; fear and confusion; lack of concern, the success of a good businessman; mathematics, perfect organization and perfect flow.

A/V Class Private 35

Freedom, what we all seek; personal responsibility, the acceptance of the demonstrable laws of life; the importance of tracing the laws from the cause to the effect, and how they move through our universe; how to bring about changes by establishing new laws in our life; how we ground ourselves; the karmic wheel of resistance and adhesion; accepting an experience as an effect of the Law of Ignorance that we have served and are serving; applying the Law to Ignore; the symbolic meaning of lightning; the river of life; explanation of the teaching: work is God's love made manifest; moving on the pathway of what is known as principle; why there is a struggle prior to a change; the inner being, the direction where one's guides and teachers reside on the other side; the importance of a daily meditation; the principle of subtraction; experiencing what we truly are, whole, complete and perfect; choosing to create a wonderful feeling.

The Living Light Dialogue, Volume 16 includes transcriptions for A/V Class Private 36 through 50. Synopses of these classes follow.

A/V Class Private 36

This class in diagramology defines the question, “What are we?”; eternity, our perception of infinity; experience, the movement of limit; the action of being; the number of responsibility, the number of power; understanding that all experience takes place in our perception of what we are; moving in keeping with the Law of Gravity; establishing the law that governs manifestation; the delicate balance of experience; the cause of low self-esteem; the difference between self-esteem and pride; feeling good, the Law of Sustenance; infinity, a circle of return; the laws of the solar system; overcoming the Law of Gravity.

A/V Class Private 37

Diagramology and the centers of consciousness; the teacher explains how we perceive what we are; the three parts of manifestation which must have equal balance in order to manifest; parallel perception, the dream state; the fire center; whatever we create on the Earth planet is a manifestation of what we have already created in celestial realms of consciousness; frustration, a disturbance of created forms in the water center; conviction, an expression of a form that is solidified in the water center; how to bring balance between conflicting forms; understanding that the river of life is infinity; recognizing that our perception is controlled by the Law of Gravity; the importance of starting any endeavor with a clean slate.

A/V Class Private 38

The teacher asks the question, “Why is hell belief in what you deny?”; the teacher continues with diagramology to explain the teachings; desire, the divine expression; understanding that fulfillment of desire only exists in the higher realms of consciousness; how we guarantee the Law of Need; whenever we make the effort to see the good in all experience we change our perception; the spin and counterspin within the centers of consciousness; explanation of what it means to put God in it; light, shadow, and darkness; where obstructions exist; acceptance, the movement of the Divine Principle known as God; centers of consciousness in which we experience need and those where we experience fulfillment; why desire is blind; belief and fear; the superconscious, a conscious awareness of all three; the conscious, subconscious, and unconscious; the teacher reveals that you can only experience need at a 45-degree perception; how we step into the Law of Gravity; whoever denies descends, whoever accepts ascends; the reason for the similarities in the shapes of numbers.

A/V Class Private 39

How denial, need, and temptation relate to the earth, fire, and water centers of consciousness; the teacher explains that denial is in direct proportion to over-identification with limit, form, creation; response to a student's question on relationship; increasing the spin of our consciousness to change from two to three to four dimensions; learning how to perceive other dimensions that affect our lives; the importance of making the effort to understand the true purpose of design of all form; explanation of what goes on the moment we believe we are the thought that is in our mind; the teacher reveals that that which is individualized is divided within; accepting what we truly are, the will of good; understanding the spin and counterspin of our consciousness; reversing the spin in consciousness to find our way out of temptation.

A/V Class Private 40

The teacher explains that in the moment we face the Light, there is no shadow, there is no obstruction; changing the molecular structure of an obstruction; when to use the principal of ignore; using discernment with our spiritual exercises; discussion on breathing exercises; using retrospin to bring about a change; understanding that that which we resist we in truth are attracting.

A/V Class Private 41

The importance of the affirmations, "The Laws Be" and "The Controlled Spiritual Environment"; why it is important to be in a vertical position when speaking forth the affirmations; the symbol of the cross; the meaning of the number ten; the definition of eternity; moving from a horizontal consciousness into the vertical perception that we may know what we are, why we are, and who we are; how to reverse the spin from clockwise to a counterclockwise spin in consciousness; understanding that we create a thought form as an effect of denial of what we are; feeding the forms through the Law of Reference; using the golden opportunity to separate what we are from what we believe we are; discussion on the nature spirits; understanding that all centers of expression are the responsibility and the work of the nature spirits.

A/V Class Private 42

The wandering soul; the three parts of creation; bringing the cause and that which is created into balance; how the soul is driven out to wander in the universe; applying

the laws through which the soul can return; the teacher reveals that the destiny of denial is the wandering of the soul; how Lucifer increases his kingdom; applied appreciation, the Law of Gratitude; being transformed by the light of reason; the relationship between sugar and forms created in the water center; understanding that the human mind is designed, by its very purpose of design, to be an expert substitute; how chemical changes take place in the mental and physical body; the Law of Objectivity; how affirmations help the soul to return; the responsibility of the nature spirits; how the soul is driven out.

A/V Class Private 43

Discussion on the vital life force; resistance and adhesion; creating angelic forms in the light of reason; why truth is individually perceived; the difference between forms created in the realms of darkness and those created in the light; understanding that the soul creates the vehicles through which it expresses; the difference between our reality and fantasy; reality, a conscious realization of passing events; the importance of being aware of what is behind us; the teacher discusses reaction forms and how they work in our universe.

A/V Class Private 44

Discussion on spin and retrospin; understanding our centers of consciousness as they relate to diagramology; how to move from that which is controlling us to that which we are; recognizing that our security is based upon our fear when we are in the centers of consciousness of the functions; the teacher reveals that all thoughts build a bridge and wherever it is going shall be our destiny; how the form changes ever in keeping with our perception of it; discussion on accepting the possibility; explanation of the faculty of poise.

A/V Class Private 45

Discussion on the nine bodies or centers of consciousness; the water center, the force of the magnetic field; the importance of separating truth from creation daily; total acceptance, the will of the Principle of Goodness within the consciousness—accepting the possibility; why we experience doubt; response to a student's question on why 4 represents security to the emotional body; how to tell the difference in our consciousness between the fire of the flesh and the fire of the Light; why quality is so critically important in everything we do; the importance of starting over when we make an error, instead of trying to fix the error.

A/V Class Private 46

The importance of making the effort to consciously choose what we are, not what we believe we are; why we think we cannot control what we believe we are; the difference between the functions and faculties; our will, the lord of our universe; payment and attainment, a dual law that governs all limit; how to teach a child to make choices in life; the teacher explains that all form has a price tag, that creation is a price tag, so choose wisely what you buy; how the angels of darkness wear the garments of the angels of Light; how to learn the price of what we desire; understanding that when your love is divine, you're 51 percent in the Light, and you don't have to worry about expecting from creation; why expectations bind us; the teacher reveals that a person easily tempted is one who is totally over-identified with the vehicle they are using and are tempted by the shadows that are created by their obstruction to the Light; how to tell whether we are a great obstruction or small obstruction to what we are.

A/V Class Private 47

The teacher equates the charge and discharge of a battery with the centers of consciousness of the human mind; he explains that we always charge a center of consciousness at the discharge of another center of consciousness; identifying with the pause of the lion's strength; how to balance the charge with the discharge in consciousness; how we have realization of form; imbalance, the Law of Creation; the story of Lucifer; explanation of why animals have no problem seeing in the dark; beginning and ending, the relationship to limit or form.

A/V Class Private 48

The microcosm and the macrocosm; the difference between Atlantean astrology and Babylonian astrology; the relationship between the nine centers of consciousness and the nine planets in our solar system; the celestial marriage—the true contract between the Light and the lesser light; the importance of making greater effort to awaken to the way things really are; understanding that debts to the forms (soulless creatures) are paid in energy; how the various frequencies create what we understand as a particular form; universal divine law indicates that the more intelligent energy is directed, the more atoms, electrons, and molecules gather into the limit we have created; comparison between seeing and viewing; why denial is destiny.

A/V Class Private 49

“Love is the reflection in another of the goodness in oneself,” the celestial marriage; understanding that every experience we have is an effect of energy that we

have used; using our energy intelligently; how humor becomes the savior of the soul; the temptation of discouragement; the difference between seeing and viewing; understanding, an effect of communication; recognizing that whatever we see is only a reflection of what we send out.

A/V Class Private 50

Broadening our understanding on “Be the observer and not the observed”; the Law of Progression is subject to the Law of Participation; how we abuse the Divine Law of Use; the Law of Involvement; understanding that astrology is indicative, not compelling; learning to discern between the letter of the law (the mental law) and the realm of consciousness which is our heart; the difference between being guided by our feelings or by our emotions; how we establish the Law to Participate; how to participate and be the observer; the business of common sense; the contract of the Celestial Marriage and its relationship to solar influences.

The Living Light Dialogue, Volume 17 includes transcriptions for A/V Class Private 51 through 71. Synopses of these classes follow.

A/V Class Private 51

The teacher explains that only those forms which have the conscious awareness of individualization are subject to contract in the Rotunda; Adam and Eve, a principle of Light and lesser light within our own consciousness; returning to the Source through a unification within the consciousness; consciousness, the Principle of Good, God; the breath of life, the most precious thing that we have; the teacher reminds us that a slow growth is a healthy growth; understanding that faith overrides all emotions all judgments. there is no progress without participation.

A/V Class Private 52

The necessity of educating desire and how it is accomplished; how to recognize if we are in control of the function of anger; discussion on possession; how we establish the law which opens the door for decarnate souls to possess our form; understanding that everything is light and the emanation thereof, which is color; regret, a registration in the conscience that one was not at home; the teacher explains how the death penalty produces even more crime; the difference between obsession and possession; why great effort should be made daily to be aware of one's thoughts, so that they are not over-identified with form or limit; why one must not suppress desire; how to educate desire; the importance of not thinking about oneself for one's own survival; understanding that "that which you are not affected by you are not in service to;" opportunity, that which we create; the difference between using and abusing the Law of Creation; what the "lion" represents in the teaching, "the sense to pause is the lion's strength;" the cause and prevention of temptation.

A/V Class Private 53

"Through denial of the right of ownership we destine ourselves to indebtedness of creation." The teacher explains what self-image is; the importance of refraining from thinking about our self-image; recognizing what sudden changes of attitude reveal; the difference between the Law of Self and the Law of Selflessness; understanding that law is absolutely neutral; the importance of having the awareness of form without the belief that we are the form; the importance of separating in consciousness that which we are from that which we are using; understanding that the Infinite Intelligence that expresses through the animal is identically the same, and has the same potential, as the human; how to make changes in a harmonious way; how to experience the great goodness of life; the Law of Abuse; the teacher reveals that self-

thoughts are absolutely magnetic; the importance of keeping our electromagnetic field in balance; the importance of encouraging ourselves; the difference between encouragement and stimulation; why work is God's love made manifest; the teacher states: "The only shortage of work in any world is the absolute, blatant refusal of the human uneducated ego to recognize and accept a greater authority, known as the Principle of Goodness."

A/V Class Private 54

The act of good; the teacher explains that whoever accepts the possibility cannot experience need; why we experience need, turmoil and upset; why the human animal is the greatest predator of all; the basis of retaliation and the logic that the mind offers for it; the teacher discusses the mental forms and how they use us through denial; the benefit of declaring the Law of Personal Responsibility before doing the cleansing breath; response to questions on celibacy; the belief we are the form we have created.

A/V Class Private 55

The topic for discussion is peace and force; violence, an effort of the human mind to protect by force whatever it is attached to; explanation of the difference between victims and victors; peace, the power of God; force, the denial of that which sustains it; the teacher expands on his personal history behind the wall; acceptance, the divine will; how to pass through the wall which we have created by our own denials; the importance of understanding the payments that are offered; the teacher explains that there is only one way to victory and it is known as the path of peace; recognizing that we will have to pass beyond reference in order to enter the fourth dimension; reference, an indispensable ingredient for bondage and slavery; fear, a stimulation of the senses; pride, an expression of our attachment to what a wonderful job we've done with ourselves; freeing ourselves from the destiny of denial by accepting personal responsibility.

A/V Class Private 56

The laws of giving and receiving; the Law of the Spoken Word; applying a positive vibration of constructive good; making the effort to free ourselves from the forms of creation; why one helps himself by helping another; the purpose of entering the planet Earth; how to evolve a form; communication and understanding; the teacher reveals that time and space do not exist in a fourth dimension; discussion on time, distance, reference, and space.

A/V Class Private 57

The teacher states that there is nothing to desire when we are what *is*; understanding that everything is reflecting what we think we are—all obstructions, and all ways; the truth about discouragement; how to evolve the form of desire; discussion about saying “I can’t;” understanding that the duration of a distasteful experience is dependent upon how much energy is directed to it; remembering that no new thought can arrive in the consciousness when, through proper breathing, we take control; how to experience that which is; understanding that time, space, and distance exist only to limit; separation in consciousness, the teacher says, is ever in keeping with identification with limit; dreams, designed as vehicles for us to drive; how to help a person make changes; “The spirit of the law giveth life for creation, then, serves the Light.”

A/V Class Private 58

Discussion on the law which states “Lack of use is abuse;” suffering, the effect or experience that we have from believing we are that which we have created; the teacher discusses the important law, which states whoever does not use what they have created shall be used by that which they have created, and we understand that experience as pain and suffering; how to intelligently monitor our responsibilities; how a thought form solidifies into a judgment; understanding that thoughts we have created utilize physical chemicals from our body; the interaction between the mind and the chemicals of the body; belief, an over-identification and an attachment to that which we create; the teacher explains the difference between using and being used by the forms we have created; understanding that creation is here to be used, and in the process of using it, it is refined and evolved; the Law of Disassociation; applying the Law of Frequencies; acceptance, the will of God; the expansion and contraction principle; why it is that belief is bondage and faith is freedom.

A/V Class Private 59

This class is missing.

A/V Class Private 60

Experience, the expression or movement of whatever is created in mental substance; the difference between concern and personal responsibility; the detrimental effect of concern and how to rise above it; the benefit of seeing the good in all things; the teacher reveals that suppression weakens the faculty of reason and

strengthens the selfishness of greed; discussion about animal instinct, its purpose, and responsibility; the delicate balance of all life forms on the planet and in the universe.

A/V Class Private 61

The relationship between need and judgment; how to find freedom from the bondage of belief; why it is in our best interest to see the good in all things; accepting the possibility of experiencing the goodness that we are; the detriments of contradiction in consciousness; the benefit of a twenty-minute rest; evolving in consciousness to where we know beyond a shadow of all doubt that we are not the limit, which is the Law of Creation; understanding that a judgment is born out of denial; the teacher explains that desire is the divine expression—the limiting of it is the thrill of man's senses; explanation of the principle of affection.

A/V Class Private 62

The class of application; viewing the way or seeing the obstruction; understanding that obstructions can only exist in time-consciousness; discussion about problems and solutions; the teacher explains that the fire center controls the nervous system of the physical body; pride, the servant of judgment; understanding the electric-magnetic centers of consciousness that are in all forms; finding the solution to a problem through the light of reason; "Whoever insists on seeing their obstruction becomes a servant of their own disaster;" concentration, the key to all power, as we face the cliff on our journey through evolution; why we experience a problem with money; completing the triune function of manifestation.

A/V Class Private 63

The teacher begins the new semester bringing a broader perspective and understanding of the macrocosm; discussion on the minerals and gems of our planet, and what they have represented for eons of time; why the diamond is known as a symbol of deception; response to a student's question on the object in space known as the shadow of the source; how the Ice Age came about; our solar system and its monitor planet; the reason for the rise and fall of advanced technology through the ages; the difference between macrocosm and microcosm; the great importance of encouraging oneself, as related to the whole.

A/V Class Private 64

“When the distance between two spheres equals the circumference of both spheres, the Law of Harmony is established;” discussion on the need for security and what it means to the mind; finding the spiritual meaning of the diamond; the teacher reveals that there are 6,153 minerals on the Earth planet; response to a student’s question on the disappearance of the Mayan and Inca civilizations; understanding that we cannot experience goodness as long as we permit ourselves to believe that we need it; using our birth number to find the number which rules our faculties; the teacher states that the planet from which we came is the governing ruler of our faculties; “Whoever does not accept personal responsibility does not, *does not* recognize, nor accept, the limit of its rights”—a basic law of physics; the monetary system; hierarchy, the Law of Form.

A/V Class Private 65

The teacher speaks on all of the faculties and functions; duty, gratitude, and tolerance, a basis of the faculties of our soul; how faculties descend and are known as functions; the difference between perception and conception; explanation of the love of self; recognizing what center we are expressing on by what we experience; understanding that whatever we fear reveals what we are dependent upon; why the human mind has a great love of the negative; why it is necessary to monitor our thoughts; imagination, the doorway to the realms of spirit.

A/V Class Private 66

Fulfillment, experience, what is it and how does it work? Experience, an effect, a reaction to the activity of mental substance, our mind; action, reaction, and inaction; the difference between conception and perception; the teacher explains that knowledge is dependent, wisdom is free; the difference between satisfaction and attachment to the fruits of action; how to give the thought to the Source; the expansion and contraction principle.

A/V Class Private 67

How soul faculties become sense functions; interest, a soul faculty, and its corresponding sense function, concern; learning that fear offers stimulation to the uneducated human ego; faith, the domain in which faculties express, and fear, the domain in which those faculties are pulled into the senses under the control of fear; problem, the sense function of the soul faculty known as solution; need, the sense

function of the faculty of fulfillment; when principle leaves the soul faculty it becomes the sense function of personality; how interest becomes concern in the air center; the air center is where we form our thoughts; the water center is where we take our formed thoughts and solidify them, believing and convincing ourselves that what we have created is us; recognizing that communication is indispensable to understanding; determination, the soul faculty of tenacity; when we declare “no problem” we are in the solution, for we cannot be concerned when we have no problem.

A/V Class Private 68

How the soul faculty of dedication becomes a sense function; understanding that the electric center of consciousness is the will power; addiction, the sense function of dedication; “the brighter the Light, the darker the night,” dedication—dead to all distraction; dedication maintains the light of reason, the moment-by-moment choice; how we give our will power to the king of creation; how to free ourselves from our addictions; the king of creation, the ruler of “has-beens,” the difference between dedication and addiction.

A/V Class Private 69

The Isle of Hist, also known as the scales of balance, and the Law of Harmony; where the Isle of Hist is located; conscious thought, electric power; subconscious activity, magnetic force; fear and faith; how fear controls through our subconscious; understanding that one cannot express fear without dependence; discussion on separation of the Isle of Hist; understanding that restriction on something is a denial of all other possibilities; how to tell whether we are on the ascent or on the descent in consciousness; how to help the energy move up to higher levels of consciousness; the teacher recommends studying Helen of Troy and Jason and the Argonauts as mythological teachings of the Light; the vulture, the hawk, the golden eagle and what they depict symbolically; conquest, a function, and victory, a faculty; we are electric and magnetic beings; when we are in balance, we are one, electromagnetic.

A/V Class Private 70

The pillars of salt; need, our denial of what we are; what chemical solidifies thought forms; understanding that the “golden fleece” of which we seek is in truth the Divine Light; paying the price for the luxury of deceiving ourselves; how we drain our faculties of ectoplasm to service our functions; Acceptance, the Law of Life; the difference between living and surviving; tenacity or determination; self-thought, self-

destruction; the freedom of self-control; remembering that possibility is always with us; why expectation is greater than the results.

A/V Class Private 71

Why we experience trauma when facing change; understanding that the only thing that controls our mind is fear; the Law of Distraction; making the choice whether to react through the water centers of emotion or to act through the centers of reason; harmony, a faculty; discord, a function; those who believe they are limit are easily tempted, never fulfilled; the difference between a desire and a conviction; how to establish the Law of Conviction to make a change in our life; understanding that the spoken word is life-giving energy; the teacher reveals what happens when we make a commitment; we must have personal awakening inside of ourselves in order to discern between truth and creation; how one becomes receptive to the will of God, the Principle of Goodness; how to abstain from judgment; why we are controlled by that with which we are familiar; the teacher says that a thought always seeks its mate in the water center.

The Living Light Dialogue, Volume 18 includes transcriptions the annual world forecast series of classes, which were typically given in December and concern the events and trends of the upcoming year, as well as thirty-nine individual classes that were not associated with a series.

Fourth Annual World Forecast

The astrological and psychological effects of 1968 . . . regarding Vietnam, talks over a table . . . no end to the Asian situation . . . a great influx of troops into North Vietnam by Chinese regulars. . . The month of August will be prosperous on Wall Street. . . Very pleased about the mayor of San Francisco. . . Fire in Los Angeles in the dry season, one of the greatest. . . de Gaulle will have a physical relapse about April, but no transition in 1968, but he takes his flight in mid-time of 1969. . . U.S.S.R. will have a great space achievement in the early part of 1969. . . One of the greatest diplomats the world has ever known is coming from Finland and will become known to us in 12 more of your earth years before you are aware of his influence. . . There is a great and strong desire of the advisors of Fidel Castro concerning consideration for renewal of friendship with the U.S. . . The governor of California is counseled by advisors not to run for the presidency. . . In Alaska, mountains slip and slide; earthquake along the coast, not disastrous or great. . . In the space program, one failure, one success, and one greater success for the U.S. in 1968. . . The spirit of President Roosevelt is close over Washington. The pioneers are close to the capitol to inspire the masses to reelect the present president.

Seventh Annual World Forecast

“We read from the Books of Cause and interpret to the best of our ability the effects which are forthcoming. This year of 1971 is a year of fulfillment and totality. It is the year of nine and once in each cycle it appears. . . the situation in Asia in Vietnam, as was said before, shall come to an ending in the year of ’73. . . And new leaders with strong desires are once again rising across the land of Africa. We believe, from the vibrations set into motion, that a discord of momentous proportion will be coming forth within the coming four months . . . We find that a greater stability, a greater prosperity is awakening for the country of the United States. . . Floods are welling across the Midwest as we end the year of ’71. . . A new law is about to be revealed concerning the drilling of oil off the California coast. . . We do not wish to read to you only the seeming disasters and catastrophes, but I am sure that you realize, in creation, it is the balancing forces in nature.”

Eighth Annual World Forecast

“And in this coming year, it is the beginning of the nine cycle. Being a one year, it behooves all to consider wisely their beginnings in this coming year. . . the ending of the Vietnam situation in the year of ’73. The situation in Asia will reveal many errors, in ’72, on the part of the United States. . . We find a renewal and a continuity of the chief in your White House. . . We find quakes in the year of ’72, greater ones in the year of ’75. . . In regards to the heart transplant, it has been our view, from this Book of Causes, that success will be attained with the artificial transplant . . . On the political horizon, we see great changes in England and in Russia. . . The concerns over so-called depressions are without solid foundation. . . Strikes reveal themselves in the southern part of England. Continued turmoil in Ireland and martial law, stronger than ever before, will become necessary before the May month of ’74. . . We had read before and read once again: turmoil in Africa. . . A change in office at the White House, most unexpected. . . My good friends, it is not always pleasant to read from this book filled with so much strife and seeming disaster, but as long as your world continues to create it, we can only read to you those effects.”

Ninth Annual World Forecast

“Once again it is our pleasure to bring to you the forecast for the coming year of 1973. As we read from this Book of Causes, we find the world entering, according to its cycles, the year of duality, the year of creation. . . we find that this seeming earthquake scare that seems to be ever amongst you should not be of great concern to any in the West Coast of the United States. . . we touch into that country of Germany and we find a great increase in production. . . As we go forward and touch into the land of Japan, we see new trade agreements, new contracts, a greater unity, a greater sharing between that land and the European market . . . We touch into Canada and we find most of the medical advancements are coming through the doctors and the scientists in that country . . . As we touch into outer space, we find, in the year of ’73 and especially in the spring of ’74, a great breakthrough . . . Remember, my good friends, that in your earth realm fear has long been the ruler. Many a politician has used that force to control the masses. . . A new car from General Motors—extremely economical, extremely small . . . A world council of religions is already being formed in our realms, and it shall bring indeed a great peace and understanding to your world in the year of ’87.”

Tenth Annual World Forecast

“In forecasting, we must realize that the spirit reads the projections that are created in the ethereal waves by the mass thinking and acceptance of the people of this earth realm. . . In this coming year of 1974, it is a three year, a year of

manifestation and revelation of the true causes of the turmoil which seem to beset your world at this time. . . On the Washington scene, there is an ever-increasing and growing influence and importance of the man Kissinger. . . A new, practical method of obtaining energy is already knocking at the door of the United States. . . we find this so-called scandal, known as Watergate, will come to a full investigation in the sense that the causes, the true causes, for it will be revealed within the coming five years. . . We do not foresee at this time nor in the foreseeable future a so-called impeachment of your president. . . A great need for the coming elections in Israel, a great need for thoughts and efforts for peace within its own country. As a relatively new political country, it has strong aggressive elements. . . A greater acceptance in the medical profession in England and the United States and Canada of the therapeutic benefits, the health benefits of meditation and a silent and still mind. . . As we look forward across the shores of China, we find a greater, a more understanding relationship with the Western world, namely the United States.”

Eleventh Annual World Forecast

“In this coming year of ’75, there will be an ever-increasing influence of stability throughout the entire United States. . . An industrial giant is indeed rising in Asia. Her name is Japan. . . Photography will play a great part in medicine within the coming sixteen months. . . although the seeming steps to depression are recession and inflation, we do not foresee that for the country of France at this time . . . we see within the coming two to two and a half years, the dawn of hope and cure for so-called cancer. . . Troubles continue to plague the Middle East, but a sure cure is on its way. . . Greed is the true cause, and the only cause, of inflation. . . A greater self-control is coming into the consciousness of the American people, and through that the inflation recedes and prosperity comes to the country. . . The country as a whole will not, I repeat, *will not* experience a depression in the year of ’75, ’76, ’96, or 2006. . . Will we ever have peace on Earth and stop all wars? The only peace we will ever experience on Earth is the peace that we guarantee for our self, by expressing, applying a degree of self-control. . . Acupuncture, my good friends, is like a pill, but it’s not a pill. What it does is not remove the cause of the so-called disease. It simply redirects the energy into another channel.”

Twelfth Annual World Forecast

“A forecast is a viewing of the laws of causes, viewing them and their effects upon this our Earth world. . . in the State of California, and there, laws established by your Governor Brown, though seeming drastic, will not reap an unbeneficial harvest . . . we find the man Rockefeller ready, willing, and able to bow peacefully and quietly from the political scene . . . we now go into the city of New York. There, due to the

corruption of the politics, the greed of the politicians in charge of the city, we find that her bankruptcy condition will continue, *will continue* to deteriorate. . . And now we view the ever-expanding consciousness of the medical profession. There we find ever-increasing interest in the power of the mind and its effects upon so-called physical diseases. . . The greatest need within the United States . . . is your farmworkers. . . Healing of a spiritual nature is gaining more respect, more interest in your world than ever before. . . look for the good in life and the good in life will become your eternal destiny. . . We have spoken before in reference to this so-called Bermuda Triangle. It is an experience in keeping with natural law. It is not something of a sensational nature where little men from outer space are capturing the planes and ships . . . We are interested in what is called the electrical engine . . . it will be, and is, the engine of the future.”

Thirteenth Annual World Forecast

“As you enter into the year of ’77, you will find an ever-increasing wave of prosperity . . . the Law of Life is the Law of Balance. . . Much shall be learned by your new president as he will realize in the first four months of the year that there can, in truth, only be one leader. . . Relations with the Middle East are going extremely well and the seeming crisis or shortage of oil will be of no future concern . . . New developments in solar energy will reap a beautiful harvest within the coming twelve years. . . in the year of ’78 there will be an overabundance of rain and water in California for all. . . I wish to take this opportunity to encourage each and every soul within the sound of my voice, for your days ahead are brighter than you could yet imagine, for everything that is necessary is taking place to free you from any obstruction that is in your path. Look at your lives in gratitude for the opportunity that your soul has earned in its evolution, for each and every experience of the moment is a necessary ingredient for the freedom and the goodness that is awaiting you. . . Begin your year with the divine principle of acceptance, and through that divine principle, ye shall rise to heavenly heights in the eternal moment of your consciousness. . . Do not place your heaven in the theories of tomorrow, for your heaven is in the moment of your acceptance.”

Fourteenth Annual World Forecast

“In this the coming year of 1978, a year of the seven, a year of understanding. . . No need for Californians to be concerned over these fears of earthquakes . . . Be grateful for the crumbs. Because, my friends, conservation is not a priority of the present rulers of your planet . . . The blessing or benefit of suffering is that in time . . . it does help inspire us to accept the possibility of something different and hopefully something better. . . we have spoken to you on the cause of disease, which is the

absence of ease. . . The true cause of that disease, cancer, will be revealed in the coming years by your medical profession as a disturbance, a discord of frustration that affects the fluids of the body. . . Until man changes his thinking and accepts the fullness of life, which includes food, as his divine, eternal right, you shall have hunger amongst you. . . My good friends, accept this moment, in this fourteenth forecast, the essence, the very essence of the Law of Prosperity. As the son ever seeks to return to its father, so the dollar, when you stop chasing it, will start (the dollar) chasing you. . . Declare your right to the joy of life. Declare that right within your minds, for your mind is the vehicle that you and you alone can take control of. Control your mind and your life will be ever the joy that you choose it to be.”

Fifteenth Annual World Forecast

“As we look forward into the year of 1979, you’ll see that it is under the vibratory wave of the number eight, symbolic and meaningful that all things in this year that we face shall return unto themselves. . . A new government is in the birth and is forming in South Africa. It will take approximately ten years of your Earth time to realize the benefit of this new government, which will bring a greater freedom to the South African peoples. . . Ever closer to that wonderful cure of the disease known as cancer is science, in your world, moving. . . So much is misunderstood about health, for man does not yet understand the Law of Harmony. He has not yet thoroughly investigated the healing chemicals released in his body by harmonious thought and the poisonous chemicals released in his body by negative thought. . . In the midst of all of the seeming disasters that are around and about you, remember that your experience is dependent upon what you choose to do with your thought. . . And in this cycle that you face tomorrow and for a full year, choose your thought and choose it wisely, and all that you desire, you will see the law, personally for yourself, that will bring it to you. . . I wish you a good day. I wish you a good year. And above all the wishes of the world, I wish you the total acceptance of personal responsibility that you may be free as never before.”

Sixteenth Annual World Forecast

“As you enter the new year of 1980, you enter the year of totality, a year of nine, a year in which the unfulfilled and unfinished endeavors and activities could be best completed. . . Let pride bow to the great light of humility, for he who is willing to give shall receive without question. . . Japan, struggling with ever-increasing inflation, will make drastic changes, drastic changes in its political structure . . . more and more the medical profession is awakening to the great truth that nothing can affect the body that the mind has not first accepted. . . each time you encourage yourself, you encourage the world and your world becomes a better place in which to live. . . Now

in the field of science, so many new things in your world. Ever designed to make your life seemingly more simple, but unfortunately granting too much time for self-thought . . . As the American people slowly but surely and oftentimes begrudgingly move from the oil consciousness to the possibility consciousness, you'll be freed from being the victims of others. . . man can only be a victim when he permits himself to be dependent. . . Electronics, the pride of the United States, is at the doorway of crisis. . . all struggles and all crises shall pass ever in keeping with man's belief."

Seventeenth Annual World Forecast

"This year, being the year of one, the year of 1981 will reveal new vibrations, new events, and new endeavors not only for the world but for all people. . . Russia, for when it knows its limits, and its limits are only known by being firm, but kind and understanding, it will not, *it will not* invade the country of Poland . . . A wise man cares for his own garden in his own backyard before caring for the gardens across the sea. Take care, my friends, of your home and in taking care of your home, you will become the light of the world. . . Remember, my friends, prosperity is the effect of an attitude of mind freed from the fallacy of judgment. . . hell only exists in past events. It cannot exist in future events. It can only exist in what has been. Heaven exists in future events, for it contains the light of hope. . . prosperity is dependent upon the Law of Balance. Let us remember that for ourselves and then for those we love and for our countries. . . many people have good intentions. Few are qualified to bring those good intentions into application in the world. So when our good intentions balance our effort of application, we experience all the success we could possibly desire."

Eighteenth Annual World Forecast

"The coming year, [1982], a year of two, a year of conflict and struggle and duality, will end a victory not only politically for the United States but economically. . . The Russian Bear slowly but surely is being drained economically as her political aggressions continue to increase. . . Man has, for the last thirty-five years of your Earth time . . . become more dependent upon creation for his good, for his supply, for his sustenance. He has become more and more dependent on what is outside that he may, in his judgment, feel better inside. . . We have, as a society and a civilization on Earth, permitted ourselves to become the victims of what we call convenience. And the payment of what we call convenience shall be very great. . . We do not awaken when we judge that all is well. We only make the effort to awaken when we are greatly inconvenienced. . . Education is the true charity of life, for each soul has come not to be dependent upon the minds of men, but to be free to work, to live, and enjoy the abundant good of their birthright. . . that which we depend upon becomes our master

that we serve. . . He who wishes to change the world must learn and wish to change himself . . . And when we are concerned about the world around us, our concern is ever equal to our attachment to it . . . if we judge not, we have no interest in those who do.”

Nineteenth Annual World Forecast

“In forecasting coming events, whether they are events concerning us directly and personally or indirectly and on through the chain of events, personally, we must understand, someday, that our world, our reality is wholly, completely dependent upon our own rate of vibration. . . It is rare that we run to the grocery store to express our temper and our anger. It is of no benefit, of course, to any of us to be angry, unless in the anger there is a change of attitude: so that the law that we have established, that was the instrument of making us angry in the first place, becomes the instrument through which [we make] a change in our thought, a change in our attitude, a change in our vibration, which makes a change in the law that we follow, which makes it good for us. . . I can assure you that an experience which has passed only reoccurs through our identification with it. . . If we think that times are economically tough, we establish the law, by directing energy to the judgment that we have made, to prove to our self how right we are. And yet we can use the same law to prove to our self how abundant life is for us. . . To be freedom, it must and is formless and free. To be truth, it must and is without limit, without judgment, without concept; it just is.”

Twentieth Annual World Forecast

“This forthcoming year, [1984], a year of stability and security, revealed numerically as a four year, will bring about a final stability in the troubled waters of the Middle East. . . Try to understand, my good friends, there is no disease without discord. . . And so so-called incurable diseases are incurable only to those who do not understand the cause of the disease or discord. . . the survival of the planet Earth is dependent upon a greater understanding, a broadening of one’s horizons, of one’s views in reference to cooperation of the human race for the good of all. . . It is difficult for anyone to change identity, for it is in the belief of the identity that we find the false security to the human mind that is ever seeking to gather, to garner, and to be more and more secure. Try to remember, my friends, it is the nature of the human mind not only to gather and to garner, but to place its faith upon what it can put within its realm of domain and control. . . understanding that we are greater than what we know places us on the path of becoming what we truly are. . . we are tempted by what we think we have not. . . remember that the night is a lesser light; it’s still

light. . . The purpose of the Living Light Philosophy is to help the souls to awaken by a control of the mind. . . Victory never ever belonged to the quitter.”

Twenty-First Annual World Forecast

“We wish first to read, from these records of cause, the economic situation [in] the year ahead [1985] for the United States. . . That is the great danger and detriment of scientific advancement. Not a detriment as a science and an advancement in and of itself, but a detriment because man believes in that which he judges gives him the most for the least effort expended. That’s the great danger when the scientific advancement far exceeds the spiritual growth and awakening. . . And so you will slowly but surely begin to see that whatever man depends on for his survival, whatever man depends upon for his pleasure of his senses becomes man’s god. . . a change within the consciousness of each and every person will bring about the freedom that is sought, for it only exists within the consciousness of an individual. And when we permit our mind to view our freedom dependent upon that which is beyond our control, then indeed do we suffer. . . As man is a law unto himself, man alone must ask the question, “What am I doing with the law that I am?”. . . And so when we want a change of anything, the law reveals: remove the concern we have over it and something else, the minute we move that concern, something else will move in. And we will be the recipient of experiencing what the Principle of Good, known as God, can do in anything at any time, the moment we may move out.”

Twenty-Second Annual World Forecast

"And so in your lifetime you will not experience what you understand as the peace and harmony [among all nations and countries] that you know in truth that you are. For all people, at one time, to rise to the awakening that they are the user of form and not form itself is something that is, in your world, in the far distant future. . . Churches, as you know churches, the majority of them, are based upon the motivation of self-interest. And anything that is based upon the motivation of self-interest is governed by the mental world. And in that respect, of course, they could not unite for that would be contrary to the very nature of mental substance. It is not a substance that unites; it is a substance that divides as it ever seeks power and can only experience force. . . And so, when you move from belief that you are the limit, when you move from the belief and the bondage that you are the form, then you will qualify yourself to control the form. . . Adjust with the changing economic times. Be grateful for the bread that you have on your table. Things are not as bad, unless you insist that you gain more from believing that than from experiencing the good that is ever available to you.”

Twenty-Third Annual World Forecast

“This year that you are facing is the year of a seven, mathematically, the year of 1987. It is the year of manifest stability or security. . . *What will be the circumstances and the effect on our society of our planet being contacted from outer space?* . . . Well, the effect, of course, will be what you would consider one of fear. Because a person has in their minds, of course, security in that with which they are familiar. Not being familiar with other intelligences, the reaction will be that of fear, for man fears what he’s not familiar with because he has judged that which he is familiar with he is capable of controlling. . . As long as religion is a device for mental manipulation, religious, so-called, wars will continue. . . Well, as the masses of any country in any world become more sleepy with their satisfaction, as they become more sleepy in satisfaction, then those who have always been in control begin to rise up and become more blatant. . . The more you believe that you are what you create (attachment to the fruits of action), the more you become involved with what you create until you have extreme difficulty in leaving what you have created. . . Selfish people have great difficulty, for they attach themselves so quickly to the fruits of their action. . . people who have great needs to be satisfied are people who are begging to be victims.”

Twenty-Fourth Annual World Forecast

“This being the year of the eight [1989], numerically, you will have the opportunity [to] make yourself receptive to the stability and the security of the universal laws of life. . . Now all obstructions, you know as students, are created by a judgment of the mind. Therefore, it can only be removed by an acceptance of the mind to the possibility of its own removal. . . usually we expect perfection out of another because we’re so frustrated in not finding it inside of our self. . . the ego does much better when it’s stimulated with challenge. . . You will find no nuclear holocaust on your planet. You will find what you may call defense shields, which will be made of the control of light energy.”

Twenty-Fifth Annual World Forecast

“This year of ’89 is the year of fulfillment. . . And so it is that all things we have sown shall be reaped in this year of ’89. . . And so it is a year to rejoice. It is not a year for new endeavor for one does not tempt themselves to sow when they are in the process of reaping. . . It is not practical nor could it be called wise to permit precious vital life energy to be used by forms unseen by physical sight and unknown by physical ears when the daily use of that which you have already received is the only protection available to you. . . We are what we direct our attention to, for that is what we create; that is what we direct vital, life-giving energy to. . . Confusion is an effect, not a cause, an effect of indecision. . . Try to understand, in eons yet to be, that which

is born from anything by law returns to the source of its birth. . . It is better to study 20 minutes in 24 hours, to study your spiritual studies, to do your spiritual exercises daily, than to spend 20 hours in one week, for there is no continuity and there is no benefit to experience. So it is the daily effort, every day, not an effort that when the need is the greatest that we turn to our spiritual studies, our spiritual breathing, and our cleansing breath. . . Remember, happiness is a thought away.”

[This is one of the last classes given through Mr. Goodwin's mediumship. He passed on from this world to the higher life two months after this class was given.]

The Lost Discourse – Giving

An extensive explanation into the importance of why the giver is the one blessed; you progress only to the degree and extent in which you help another on the eternal ladder of progression. Those who give without the thought of receiving are doing so because they have learned the giver is fulfilling an absolute law which causes them to go on and on upward in progression. If we are not true givers, then we hold things to ourselves. The giving is not of things, but of the self, which is what you hold most dear. The art of giving is a guarantee of the great freedom that awaits you. “Today I am an apple / Tomorrow I’ll be a tree / And when I am an apple tree, / I’ll no longer be just me.” The mind must be balanced with the spirit. Wise are those who know when they have served and the work is done, that they be guide to another and another and another. The mind must be balanced with the spirit. Hold not to things and thoughts, for they must and will change in the purifying processes of progression. God is not without, but God is within.

Impatient Progression

This is a recording of what is known in Spiritualism as rescue work, in which a spirit or entity that is trapped in the lower realms of consciousness is permitted to express through the medium in order that it may evolve to higher realms.

Control Points

“The Light is shining even though the night has not yet gone. For our discussion at this time, we shall speak on vibrational receptivity, a method of releasing the Light within, dimensional activation through pressure stimulation. . . Through proper pressure you will activate the centers necessary to viewing in the various dimensions. . . No growth, my children, ever came to anything without pain. The disintegration processes of form are just as painful as the integration processes. You do not, at this

time, recall the pain of your birth into your world, but the day will come when you shall view it; and then you shall know that life in form is continuous pain and pleasure; action, reaction; and neutrality the only peace we'll ever know."

Discourse July 29, 1971

"Desire born in faculties attracts and reaps a good harvest, and desires born in functions repels and attracts its opposite. . . Birth and death are the eternal cycle of creation. And the forms are brought together to be refined, and refinement is friction, because without friction, there is no refinement or change or evolution. . . Learn to disassociate yourselves from the form in which you are expressing. Learn to be free, for the form shall ever battle, and it shall ever struggle as it constantly, like the diamond, shows forth its great luster. . . We have spoken, at times ago, that all things are under the Law of Merit. The soul's expression in your form has been guaranteed, my good students, by your prior form. . . Be not attached to form and ye shall be in form and free from form and your next expression shall be one of greater expansion, of much broader horizons. It is your attachments of the past that have guaranteed your present expression and experience. Try to learn the great Law of Disassociation."

The Fort Bragg Seminar

"Now the teachings of Spiritualism are to awaken what we term the soul faculties. Our spirit is, at present, encased in form trying to express itself according to the level of awareness, of mental awareness of the individual at any given time; [and] that is the level that the spirit is expressing itself on. . . The philosophers of all times have said, "O man, know thyself, and ye shall know the truth." Spiritualism says a way to knowing oneself is to become aware not only of the conscious mind with which we are most familiar but of our so-called inner mind or subconscious mind, where we have untold multitudes of experiences and belief[s], computed not only while in this form but through the hereditary factors. . . We understand in Spiritualism that that which we give power to in our thought becomes our master. We are free only to the extent that we are able to control our own creations. . . For the body is nothing more than an effect of the image held in mind. . . Man is a law unto himself and that is indeed personally demonstrable. . . The law is very clear: "Whatever I am seeking is also seeking me." . . Heaven is not a place we go to; it is a state of consciousness that we grow to here and now or hereafter. . . that that we suppress, we guarantee to arise. That's the law: the duality of creation. That's why the teaching is, "Our adversities become our attachments;" [and] that understanding grants tolerance, and tolerance guarantees success."

The Vacaville Seminar

“Thought is the cause of all things. . . Whatever we entertain in thought, we create in form. . . The teachings of Modern Spiritualism are that man is a law unto himself; that whatever man sets into motion, man and man alone is responsible for. . . When the mind is stilled, it reflects what we understand as the essence of soul. . . Imagination is the doorway to the world of spirit, through which we must pass. . . We understand meditation to be an attitude of mind when there is no thought being entertained. . . We experience without whatever we are within at any given moment. We accept this Divine Infinite Intelligence, known as God, to be within us. . . Whatever the mind believes, it does in truth become. . . “Our problems, they are companions as long as we love them.” . . What we do not learn today, we shall learn tomorrow here or hereafter. . . Spiritualism teaches the law of eternal progression of form; that the doorway to reformation is never closed against any human soul here or hereafter. . . He who judges another in truth is judging himself. . . Hope’s eternal, but truth is inevitable. . . A long time ago a teacher said service, selfless service is the only path they’ve ever found to spiritual illumination. . . There is no such thing as death. There is only eternal life. . . He who respects the rights of his own freedom cannot help but respect the rights of another’s freedom.”

Discourse June 5, 1972

“As you know, the lessons that have been given are brought forth in an ever-unfolding and expanding way. Such is the Law of Progression and such are the laws of merit. . . We are grateful for our channel, for, as you know, the channel cannot step any higher than the students which are being served. . . And we are indeed pleased to note that there is, level by level, step by step, greater, ever greater selfless thoughts and selfless service. . . And to our understanding at this time, there is no greater life than the life of freedom.”

Discourse June 12, 1972

“We have been discussing selective concentration, freedom from emotion. . . To concentrate is to be one with a thing. Unless there is daily practice, the selective principle of concentration, the mind will hold to any thought wave that enters it and will be unable to release it. . . The way to release is as simple as the way to hold or to concentrate. Whenever the mind, being concentrated, holds on to a wave of disturbance, it can, through the selective principle, transmute the wave of thought and rise the spirit within to a greater level. . . Without freedom [derived] from concentration, you will burn out, so to speak, the electrical body and become the self-inflicted victim of the emotional body. . . The path to the Light is inescapable. Our spirit and our spirit alone places us upon it. The necessity of freeing the spirit from

the self-preservation realms is critically important, for without freedom from those levels within, the spirit cannot serve its purpose through the form.”

Discourse June 19, 1972

“He who seeks to gain the freedom of his soul shall pay the price in the coinage of his goal. . . My good students, that which is forever can never be known by that which is passing in the illusions of so-called time. It is [not], and never has been, what must be gathered to be free, but what must be removed that the spirit may once again return to its home. . . When the soul is ready, then it is willing to give up what it seemingly values to be free. . . My good friends, you cannot be free as long as you insist upon holding to these passing so-called values. To become aware of what we value is to awaken the form in which we are encased this moment. . . Become aware, children, of what you’re really doing to your spirit, to your soul, [by] the bondage and the darkness that you insist upon keeping yourselves in.”

Discourse June 26, 1972

“He who bears the Light shares the Light. We are discussing at this time the soul’s journey through the form’s evolution. . . we should like to speak on your planet Earth. As you know, it is the fifth planet in your solar system: the planet upon which the soul’s incarnation is earning and learning faith. . . And from your planet to other spheres, we all shall travel. . . The student in time is destined to be the teacher . . . Free your mind from so much of passing creation. . . Only your soul, my children, is eternal. All other things have come to you and all other things are passing from you. Take greater value of the formless and the free. That is truth to you and truth to me.”

Class July 20, 1972

“Prejudices, so to speak, are born and given birth in the darkness of ignorance from lack of understanding. . . Reality, my good friends, is but a conscious realization of any passing event. What is real to one in one dimension is not real to one who is in another dimension. . . That that we are seeking is in the very process of seeking ourselves. . . The motive to serve the Divine is the only motive that is eternal, that is permanent, and that is truly useful. . . Without belief, there is no creation, there is no form here or hereafter. . . Expression of the will may or may not be in divine order. . . When we release our desires and aspirations to that divine level, known as divine order, where Infinite Intelligence reigns, then we are freed from the mental level of cause and effect. . . “Can one spirit communicate with another at will?” Only those spirits who are on similar or equal levels of expression can communicate with each

other. . . Our understanding of your word, *Spiritualism*, is an awakening and an expression of the divine Spark within all. . . The divine Spark within, known as Spirit, covered with soul, is the greatest healer you will ever know. Therefore, it is the divine birthright of all souls to heal themselves.”

Class July 27, 1972

“Children are children only in form, not in truth, for the soul, when it enters your earth realm, is not new; it is indeed very, very old. . . Children, like so-called adults, need and respect proper discipline. However, proper discipline is not given from a level of emotionalism . . . When we rise our spirit to a higher level of understanding, when we in truth know that all is law, that there is no exception to divine law, then we will have a greater understanding and see and know the totality, which indeed is truth. . . Just because a person leaves the physical body does not in any way guarantee a change of their attitudes. . . As our thought goes to the Divine, the Divinity within us expresses itself. . . For when self is set aside, God the Divine, the Light herself, flows freely and brings indeed heaven in your being. . . My dear children, man is a law unto himself. Let us ask in sincerity, What are we doing with the law that we are? Whatever happens to us is not superstition or so-called luck; it is the setting into motion of various laws. . . The conscious and subconscious minds *are* creation. . . Personality, so to speak, is the individualization of so-called form. . . Rules, my children, are form. They begin, they change, and they end. We are concerned with the spiritual awakening of the students. . . Be ever the dreamer, my children, and not the dream herself.”

Common Sense Meditation Part 1

“We have found that the true purpose of meditation is to still the mind in order that the soul, the Light, the Spirit may express itself through the vehicle of form in a clear, unobstructed way. . . meditation is not something to be taken lightly. The stilling of the mind is not an easy task for many students simply because they have not practiced for a sufficient time. . . To find oneself is to find truth. To find oneself is to be perfect harmony. This, my good children, is accomplished through your daily efforts. As the sun arises on your planet, so let your soul arise. . . You may put your house in order before confusion sets in. I mean by that statement, declare the truth in your daily meditation. Not your will, but divine will. Be receptive to its flow. . . Think, my students, we cannot be receptive to that that we have not grown to. . . When the motive is pure, the manifestation is inevitable. . . I am Spirit, formless and free; / Whatever I think, that will I be.”

Common Sense Meditation Part 2

“Meditation is a form of receptivity to higher dimensions than the mind, in its activities, usually encounters. . . When proper meditation is practiced, you will find a greater freedom, a greater understanding of your being. . . That that is form is limitation. . . The spirit is known by the spirit, and the mind is known by the mind. They are two separate things, not one. . . [The greatest lesson to learn is] self-control. . . The mind, my friends, controls the body. And therefore, that that controls a thing is greater than the thing that it controls. . . The greatest counsel that man can ever have is the counsel known as silence, for silence is indeed the power itself. . . Stress, my child, the importance of thought. Become aware of all your thoughts for your thoughts are creating your lives. They are the seeds that you are planting in fertile soil. And you will make a garden of beauty or a jungle of so-called hell.”

Class October 19, 1972

“We understand the purpose of meditation to be an attunement, a oneness of the spirit encased in form with the universal Spirit. It is a process by which the mind . . . is stilled that the soul may express itself in its fullness . . . When one is truly meditating, they are at one; they indeed are the Silence, the Truth, the God. The result is freedom. Freedom to know that which is right and to know it and to do it beyond a shadow of any doubt. . . It has often been stated, my friends, that color is vibration. . . We know that when colors are perfectly blended that they produce what is known as purity or the color white. White is the highest vibration there is. It is the color of purity, of perfect harmony, of peace herself. . . The lighter the color, the higher its vibration . . . Each word has its color. . . To still the mind is to attune oneself with the Divine. It is in the silence that God does his greatest wonders. In all your getting, get self-control. . . There are three parts to the so-called daily meditation; and that is concentration, meditation (or stillness), and manifestation (or communication). . . My good students, the law is very clear: indeed, do we get from a thing what we put into the thing. . . My dear children, there is nothing greater than the true, eternal spark of Divinity that you are this moment.”

Journey of the Living Light Discourse 1

“Some time ago we mentioned to broaden your horizons, to expand your consciousness, to awaken, my dear children, that, in so doing, you may receive a greater degree of Light, of freedom. Remember, friends, freedom comes as we willingly and gratefully let go of whatever we hold in mind, for he who releases is freed from all his created things. . . Now we all know that nine is the number of totality. And we all know that nine is the number of service. . . The soul evolves

through time, so-called. It does not return in the sense of payment, but there are nine great lessons to each expression.”

Journey of the Living Light Discourse 2

“We are discussing the soul’s journey through time and its evolution through the solar system. . . Now you know that totality, fulfillment is the number, mathematically, of nine. You know that your soul, in its present journey, is expressing through the fifth planet. . . That that has been shall be again, as that that comes from a thing shall return to the thing. . . As you awaken within, you will personally become aware of varying influences within your being. . . Remember the exercises that have been given to you. Use them wisely.”

Journey of the Living Light Discourse 3

“In reference to the soul’s incarnation into the form and forms that you have at present, those forms of which you are aware and the forms of which you are yet to be aware, broaden your horizon a bit more, open your mind, expand your conscience, and you shall indeed awaken to a fuller and a greater expression and freedom of your Light. . . There is in truth no difference in the soul of the tree or the soul of man. . . The soul’s purpose, my children, is the redemption of nature, of creation. . . The greatest power of the universes waits quietly inside your being. . . That that comes from the thing shall return to the thing. . . There is no escape from the true self. . . You are a universe much greater than the one of which you permit awareness to yourself. . . To still the mind is to make the mind a clear reflector of the Light herself.”

Atlantean Astrology Part 1

“We have spoken of its visits on the various planets and we have discussed the meaning of most of those planets. And at this time, we should like to state that the planet known as Pluto is ignorance; the planet known as Mercury is wisdom. . . You know that that with which we identify we become attached to. And so it is in the soul’s journey. . . One cannot experience the peace that passeth all understanding unless one has the willingness, the ability, and the strength to control that which is distracting, that which retards one’s growth, that which keeps them from the Light itself. . . You may, by checking your birth dates, become aware of the planetary influence that you are under, which is indicative, for you, of the identification you have had with that life’s experience. . . Hold not to form, hold not to things, for they bind you with the chains of so-called creation. . . Time was made by fools who cannot

find eternity. So be at peace and find yourself beyond time, beyond space. One and only one is truth.”

Atlantean Astrology Part 2

“We will continue on with our class in our discussions of the solar consciousness and the journey of its expression through the universes. . . The question arises in the minds, Why is it necessary for the soul to pass through these many, many, many forms? My dear children, the soul is not the spirit, but it is the vehicle through which the spirit is individualized that it may express in form. It evolves through many planets and many, many forms. This is why we have stated that the so-called missing link of man will not be found on your planet . . . As you learn the lessons that you have merited, as you study more thoroughly what has been given, you will change, to some extent, your next expression in form, for once the lesson has been perceived, it shall not be repeated. . . Remember that peace and peace alone is the power, and the only power there is in truth. Be pure of heart and sound of mind and you will not eternally evolve in this little solar system.”

Discourse January 12, 1973 (Discourse U12) [ST051]

“Once again, we’ve come to share with you our understanding of the soul’s journey. And so it is from planet to planet, Life indeed is expressing herself. . . When the allness of life becomes the purpose of your being, oneness will manifest and you shall awaken to this great eternity and know where you’ve been and, in so doing, know where you indeed are going. Now, my good friends, all souls are not equal in their expression, for they come from different planets in your solar system with different experiences, with different lessons. . . Astrological forecasting can be more than indicative; if you will remember when the planets are in certain positions in the solar system, you may check the controlling planets in your life and it will reveal unto you the influences that they have at any given time. . . Try to be more receptive to your own sun, to the Light that is within your own being. If your soul has entered the planet of faith to learn the lesson of knowledge, of wisdom, of emotion or, yea, even war itself, learn it now and learn it well for this is the only moment that you have any power over. Yesterday has gone; tomorrow is not yet here.”

Discourse January 18, 1973

“Again, we come to share with you our understanding of the soul’s journey. We are speaking at this time on the reason and the purpose of the soul’s incarnation on the particular planets. As was stated before, your Earth planet may be likened unto a

melting pot where the souls from the other planets have all gathered to learn the lessons they came to learn through faith. . . The birth number under which your soul has incarnated reveals the incarnation prior to your last one. . . As the soul journeys through space, it enters the planet that it has merited. . . When certain planets are in certain locations in the so-called heavens, according to the identity, you become influenced, to some extent, by them. . . However, if you will broaden your horizons, your soul will be freed into a greater universe and truly awakened. Remember, the lesson that is not perceived guarantees its own repetition. In time in eternity, it shall be perceived; it shall be demonstrated. . . It is very important that you understand the reason of your soul's incarnation on to your planet of faith."

Discourse January 19, 1973

"We shall continue on at this time with our discussions concerning the soul's journey. . . Remember, my good students, it is not our purpose to deprive you of your divine right to attain that which you may value. And so it is that the teachings are designed in as simple way as possible and, yet, so presented that they will not take away your rights of effort and attainment. . . Once understanding dawns in your universe, you know that you have, and therefore there is nothing to gather and nothing to gain. . . Understanding frees your soul and awakens the mind. When, for example, man truly understands the principle of so-called love, he never again will entertain the thought of need for anything, for we cannot need what we already have. . . Be simple in your thinking. Be humble in your heart and you will know beyond a shadow of any doubt where you are, why you are, where you've been, and where you're going. . . And so it is, my children, that all planets respond and are balanced in understanding."

Discourse January 26, 1973

"As you look upon the destiny chart that has been brought forth, you will find in Pluto the word concern. And so it is reading on the horizontal path, concern of self guarantees emotion. . . My dear friends, the nine states of consciousness are the nine planets of the solar system upon which you have identified, your soul. . . He who knows the path on which his soul has entered, he who knows the reason that his soul is upon that path has a greater benefit, a greater awakening and, using and applying the knowledge gained, may free himself from the constant repetition of experience upon experience. . . When a lesson is to be learned, wisdom dictates to learn it. Only a fool would postpone the inevitable. . . The purpose of the soul's incarnation is to awaken the forms. . . So let your light shine forth into the universe through application, through demonstration. . . Remember that man only limits man. We are ever permitted to give what is in accordance to the laws already set into motion by

yourselves. . . Be not entrapped by the Law of Satisfaction, for it is satisfaction that stunts our growth and retards our progression. . . You know and you know well, my students, the reasons why you have entered your earth realm. You know the lessons that you have to perceive. . . Become the demonstration of that that you are destined to be.”

Discourse February 2, 1973

“We shall continue on with our discussion. What happens to the tree whose desire tells the wind, “Cease to blow”? And so it is that man stands ever in his own light as he refuses to accept the divine natural flow of infinite and eternal Intelligence. . . Now the question arises, How did we fall—if *fall* could be the term—so far from our natural abode? My good students, as often has been spoken, the soul is on its journey through time and space. Time and space being created of mind stuff, it is only recognized and accepted by mind. . . Only through self-control and self-discipline can we attain this understanding and this freedom. . . Be not a part of the cycles. Witness them as you would a passing scene. . . You cannot change that which is infinite, immutable law, but you can flow through a higher state of consciousness. You can indeed be fulfilled and not be disturbed by the opposites of forms.”

Spiritualism and the Christian Bible

“Spiritualism is the science, philosophy, and religion of continuous life, based upon the demonstrated fact of communication with the world of spirit. . . The teachers have spoken that heaven, or its opposite, is not a place we go to; it is a state of consciousness that we grow to. It is ever within us. . . Whatever happens to us has been caused by us. . . We understand that forgiveness is the greatest blessing known to man . . . One cannot grant unto another what one is not able to grant unto oneself. . . Man’s God is ever equal to his understanding. . . My good friends, man does not value that that is easily attainable. . . In simplicity lies truth; however, in complexity there is achievement. . . When our divine spirit expresses through the soul faculties, we understand that to be the expression of the Divine itself. . . God is indeed the true spirit of humility. When we express humility, we also express total consideration. . . Remember, he who is not willing to change is not willing to grow. . . My good friends, let us entertain the possibility that there is no place that God cannot be, for if God is truly God, then it is everything and everywhere. . . Fear is only faith in the negative . . . As you believeth, you becometh. . . Therefore, there’s no place to be lost because there’s no place that God does not express itself.”

Class November 15, 1974

“The soul is individualized; that the Divine Spirit, known as God or Infinite Intelligence, is expressing through this soul; that our soul entered this earth realm according to laws that it and it alone has set into motion. . . Life here and hereafter is a continuous school. . . Once we set a law into motion, we will follow that law to its fulfillment. . . A law is the effect of directed energy. . . Man directs energy through the vehicle called thought . . . Only through self-control will man experience what is known as freedom. . . Faith is a positive expression of the Divine Energy and fear is a negative expression of the Divine Energy, but they are both faith. . . Man in truth is the effect of his own beliefs. . . Selfless service is the only path, the *only* path to spiritual illumination . . . We can never experience in life what our mind has not first accepted. . . The greatest temple that man will ever know is not made of stone and mortar. It is made of a mind of peace. . . Our teaching is to educate the desire or to fulfill the desire. . . That that is accepted in mind is experienced in life, when it is truly accepted. . . A sincere leader makes great effort to be a good follower . . . When God is first, all is well; when man is first, all is hell. . . If you want love from another, then first set the law into motion and experience love from yourself.”

Stardust

“When the lips speak as the heart feels, words become the savior of the wise. . . The spoken word is life-giving energy. . . Concentration is the key to all power, for concentration is placing the vehicle of mind, through which the life force is released, upon the object of your choice until only the essence remains . . . Through faith, reason transfigures your being. . . Do you not yet perceive that personality is the control by the god[s] and goddesses below the fifth center or state of consciousness? . . . When all things flow freely, for truth is like a river, it continuously flows, the gods and goddesses above the fifth center are the angelic gods and goddesses that bring you all goodness and fulfillment of life. . . Promise is the divine principle that frees your soul. And what is promise? The constant revelation that all things in form are subject to and demonstrate the Law of Evolution, called change. . . The soul can and does all things create. . . This, my good children, is the divine will and mercy of God, that man shall free his soul from his own suffering of form from form. . . And so attach not that you adverse not, for God’s laws are immutable laws, and they are destined, my children, to free your soul. . . So look to nature and be closer to God. . . God lives in laughter. He dies in despair. For laughter is an expression from a bay of joy.”

Review #1

“We are pleased to return and share with you a bit of my life on Earth in the year 6000 B.C. During that time, I have spoken before about my duties as a magistrate. It

was during the time that your recorded history, long lost to you, calls Atlantis . . . In those days, my good children, there was no need for mechanics or machinery, for everything was guided and controlled by what you call the life force. . . Now, my good children, the innocence or purity of love is the freedom of expression. This was the first law that the people on the Earth planet forgot as they began their descent. . . And so the dangers are ever present: what man will do with the power that is. . . When man closes the door of the soul faculty of humility, then the descent begins. But humility, my children, what is it in truth but the acceptance, the recognition, and the truth that each man is a part of the whole; that the whole is the greatest of servants and the parts can be no less.”

The Dog of Destiny

“Again, in response to the request and great thirst of your soul for understanding, I have come to share with you the principle that governs the dream of life. We spoke before, “Dreamer, dream a life of beauty before your dream starts dreaming you.” . . My good students, the principle, which in truth creates form and experience, is the principle known as rejection. . . The soul, striving to express itself through the form or dream of its own creation, which is the effect of its own rejections or denials, creates the dream of life, and that is why we have stated that your denials are in truth your destinies. . . Look at life, your life, in the eternal moment called now. Is your life the same as yesterday? No, my good student. It is not because yesterday’s laws are today’s fulfillments. . . Without the dreaming process, there would not or could not be individualization . . . of form. And when the dream becomes greater than the dreamer, man suffers from his own dreams and in truth is freed . . . Remember, God, the formless, free Intelligence, denies none of his children. And destiny, in truth, is at your command. . . Take the eternal moment of now, the moment of peace, poise, and power, establish the divine principle of freedom, and enjoy the dream of life and all its beauty.”

Special Discourse – The Path

“I have come at this time to share with you the laws of attainment that you may gain principle and freedom in your eternal moment of now. . . We have also spoken to keep faith with reason for she will indeed transfigure or transform thee. We have also stated that reason is, in truth, perfect balance. . . When man transgresses the Law of Balance, he guarantees in truth an adversity to his own attachment because of his own imbalance. . . And so it is that each thought you entertain in mind stuff is building attachments and building adversities. . . So view wisely your attachments for you in truth are guaranteeing the law to be fulfilled. . . There is no experience in life that does not in truth reveal that Law of Duality. . . Seekers of peace and truth,

think more deeply what body you are directing the divine energies to. . . What you are entertaining in thought you are binding your own eternal soul to.”

Special Discourse – The Bee [ST266 & ST085]

“We shall discuss at this time the Destiny Diagram and the twenty-eight-day of cycle influence in your lives. . . And so, my children, view the Destiny Diagram well. Use the beneficial influences of those past life experiences and all will be peaceful and well, as you continue to awaken your souls. I am so happy and grateful that my prize graduate, so to speak, from our school, has come to you to work and help to free the souls of God’s children. . . He comes to you well qualified to accomplish the task that he has chosen and good works shall be done.”

Private Class 1

“As we move along in this great river of consciousness, we view many things that pass our sight. Let us, O seekers, view the eternal truth of this eternal moment that we may know and be the freedom that we in truth have sought for so very, very long. . . The soul, as we have stated before, may be likened unto the ship of destiny, a ship that moves along a river of consciousness called God. . . And when the oars are used to move your ship of destiny, your soul, unless they move in perfect rhythm and harmony, your little ship gets stuck along the way. . . Nature teach[es] to all who seek the truth: that Life, the River of Consciousness or God, is perfect rhythm, perfect harmony, perfect balance, and perfect peace. . . And so, if you make greater effort to flood your consciousness with balance, which is reason, and principle, which is law, you indeed will have the kingdom of heaven, which waits for you to arrive in consciousness within your own being. . . We stated long ago, “When the tools no longer serve the worker, the worker begins to serve the tools.” And so it is when the oars of your ship no longer work in harmony and perfect rhythm, you, your eternal being begins to serve those oars. . . think more often and think more deeply what is controlling you, your life, what is denying you your happiness. Nothing outside, my children, has ever done it. Nothing outside can ever do it.”

Private Class 2 - The Fountain of Youth

“And at this time, we should like to discuss the fountain of youth and how to perceive and become it. You all know in truth that Life herself, which is God, is a stream of consciousness in perfect flow. . . The affirmation is: Rhythm, Harmony, Balance, Peace. / Hold, release. Hold, release. . . And so it is because of the dreams of yesterday that you persist on holding in consciousness, you, your soul, cannot move

in the perfect rhythm and harmony along the stream of life. . . This ancient truth is revealed in your world today in many, many ways. One of those ways is what is known in your world as acupuncture; that is, the placing of needles in the human body in order to redirect the current or life stream. . . When something disturbs you, it controls you because you, through the power of thought, have directed the current to a dam which you yourselves have built. . . When you are concerned, you hold. And when you hold, you dam up the river of consciousness. When you do that, you create an obstruction. . . Take control of your mind and demonstrate the Law of Harmony, and you will have the fountain of eternal youth. . . It is only in neutrality that you express your divinity or godhood, which is goodness. That neutrality is when the magnet holds and releases in perfect rhythm and harmony all thought, all feeling.”

Private Class 3 - The Principle of Getting and Giving

“How good it is to be with you again in this way and to bring to you a bit, perhaps, more light on the Law of Getting, the Law of Giving. . . Wisdom is the application or expression of understanding. And so in keeping with eternal truth, in all your getting, get understanding; in all your giving, give wisdom. . . The Law of Harmony dictates perfect balance, which is in truth its beauty. . . The mind does not know wisdom. The mind has knowledge. The soul has understanding. The soul gives wisdom. . . You perhaps have heard before about the individualized soul. Now what does *individualize* truly mean? It means indivisible, inseparable. And indivisible from what? From the Allsoul of which it is in truth. . . What you seek is seeking you. And when you feel in the depths of your being what you call a lack or emptiness, it is simply the eternal drive of your soul to the fullness, the wholeness, and completion of itself. . . God and God alone is the sustainer, the designer, but not the creator. That job was given to the gods and goddesses of creation. . . I cannot grant you understanding nor wisdom. I can only share what I am receptive to. And I can only be receptive to that which I have made some effort to attain.”

Private Class 4 - Sanity and Self-Concern

“Now I am sure that you will all agree that a sane mind is a balanced mind. And whenever a person is concerned with self, it simply reveals a concern with the entertainment of their own dreams. . . We have taught many times a balance between the conscious thought and the subconscious, taped experience or dream. Only when you make that great effort to first become aware of the dreams that control your soul and put them to sleep, when, in reason, you view they are not beneficial in your present moment, [will you move toward balance.] . . And so, my students, any moment that you concern yourself with yourself, you are entertaining the dreams of your own subconscious mind. . . It is of the utmost importance that you make greater, yea, even

greater effort moment to moment to bring yourselves into balance, into sanity, and free yourselves from the insanity of self-concern. Think, my students. “When of thyself thou thinkest most, / Thine heart is closed to angel host.” They cannot enter your universe, my good students, when these multitude of dreams insist upon being entertained and fed. . . The kindness that you give is the kindness that you get. No more and no less. . . It’s well past time you did something with what you have received.”

Special Discourse - Class AAA1 Human Relations

“Man, in his sexual relationships, because it is governed and controlled by his mind and not free to be expressed by his eternal soul, man accepts and rejects the experience at the same time. . . The bondage of the functions, because they are entertained and controlled by the mental substance of hell, is revealed to man by the great magnetic pull of those functions. . . . The expression, in its pure and simple spiritual simplicity, designed by the Great Architect of the universe, is designed as a spiritual exchange of energy and soul amalgamation . . . How does man free himself from the bondage of his mind in those functions? Only through a constant and sincere prayer to the Divine Light . . . Because your soul has entered Earth under the control of the second center, known as the fire center of lust, whenever you have that expression, you are under the control and the influence of the experience at the time your soul entered your earthly body at the moment of conception. . . As a wise person once said, it is hell if you have it and it is hell if you don’t. It is hell because, my good friends, your mind has taken that which belongs to the divine, eternal Intelligence. . . If you concern yourself mentally with it, then you will be disturbed by it, for that that you insist on concerning yourself with takes control over your eternal soul. . . The separation of truth from creation is the separation of your eternal soul from the created tapes of your temporal mind. . . My students, look wisely at your rejections, for those rejections are the very lessons that you need to free your eternal being. . . It is your denials and your rejections that are the chains that bind you to hell. . . There is no judgment, my good students, in the Law of Total Acceptance. . . There is [not], and cannot be, any peace, true love, or harmony in sexual expression until your mind is taken out of it.”

Special Private Class 1

“Time, being an illusion, that is exactly what money is, an illusion. . . The law of the birth of illusion is the Law of Identity, created by the thought of man. . . If you know yourself, your mind, then you know your tomorrows . . . Only by freeing yourself from the thought of I can you free yourself from the mental Law of Identity and from the illusion of creation. . . You cannot be free in form. You can only be free when you

are no longer identified with form or the mental world. . . Now, many people think that the physical world has form. The physical world has no form without the mental world. . . The experiences we have in our lives, being illusions created by our mental world, affect us only to the degree that we have identified with them. . . Truth is individually perceived. . . Possibility is beyond limit. . . The essence of life is the spirit world. The essence of life itself. You must go through this doorway of imagination to enter the essence of life that you may bring back with you the essence, the necessary ingredient, to create a new illusion for your life's experience. . . You cannot bring changes into your life without the thread of association. . . The slower we move to make changes, the more energy we dissipate to the emotional realm of all these forms created by past judgments. . . They say he who procrastinates is lost. Lost in the sense that in the process of thinking about what is to be done, the energy to get it done is dissipating in the thought illusion."

Special Class 1

"A half a soul with God is better than no soul at all. . . The benefit of making the daily effort to gain some control of our mind is that we may experience the peace that passeth all understanding. . . The mind is never satisfied. Our mind can never ever experience fulfillment. . . We must understand someday that a thought is the birth of a law. . . Now the Law of Denial is the Law of Destiny. And what is the Law of Denial? The Law of Denial is not the I; it is the thought of I . . . We are a part of creation when we identify with it. . . Fear is the mind's control over the eternal soul. . . Whenever we permit ourselves to think of ourselves, we experience fear . . . Anyone that has to prove to themselves that they are right are [is] serving a realm of consciousness that can never bring any good. . . All we have to do, to know what is controlling us at any given moment, is to become aware of what affects us. . . One cannot become the observer until one is freed from the Law of Identity. . . The greater the struggle and difficulty for us to change, simply reveals the strength of the armies that bind us to yesterday. . . Never suppress desire. . . You reveal when you communicate. Whether you communicate truth or falsehood is not important to the principle of communicating, for in communicating you reveal, and the light within shall rise. . . Exposure frees the soul. . . Remember, it's never too late. It's always a beginning. Each moment is a beginning, moment by moment."